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²⁵ Hasil wawancara dengan bapak hanifuddin mahadun, kepala lembaga la roiba training center diwek jombang pada tanggal, 4 juni 2012

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²⁶ Ida Hanif Mahmud dan hanifuddin mahadun, Al- Asma' Alkhusna metode praktis menghafal cepat abad 21(jomabang: kinara 2006) hal: 2

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(Keakraban) .2

(Pola) .3

(Akronim dan Akrostik) .4

(Terorganisasi) .2

(Asosiasi) .3

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(Mejikuhibiniu)

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(1997 – 1979)

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,1989 (What works)

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²⁸ Pusat Bahasa, Ed, *Kamus Besar Bahasa Indonesia*, (Jakarta: Balai Pustaka, 2005), hal. 241

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²⁹ html.pkab.wordpress.com. www.Quantumlearning.com.

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³⁰ Donald H Weiss, *Meningkatkan Daya Ingat Anda*, (Jakarta : Binarupa, Aksara, 1990), hal. 16

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³¹ Suroso, *Smart Brain*, (Surabaya : SIC, 2004), hal. 10

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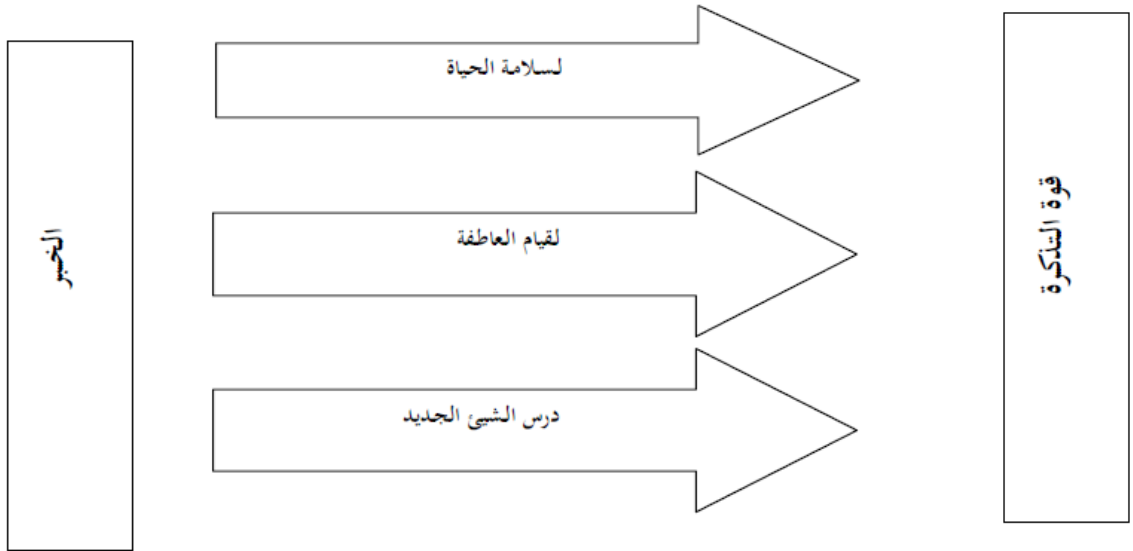
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³² Yusuf al-Aqshar, *Jangan Biarkan Lupa Menggerogoti Anda*, (Depok : Pustaka Liman, 2007) , hal. 10

³³ www.e-psikologi.com



صورة 202



(Amigdali) .

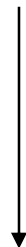
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(*Remembering*)



(*coding*)

(*Decoding*)

(*Decoding*)

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(*Arbiter*)

³⁵ <http://www.licen.seprameg.info>

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(*Konselor Management Stress*)

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³⁶ Donald H Weiss, *Meningkatkan Daya Ingat Anda*,, h. 19-22

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³⁷ www.primas.study.com

³⁸ Mhes Kapadia, *Mendongkrak Daya Ingat*, (Bandung : Jabal, 2005), 54-55

⁴⁰ Donald H Weiss, *Meningkatkan Daya Ingat Anda*,, h. 14

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(*Excitement*)

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(*Relaksi*)

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(*Semantik*)

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<i>Ibid</i> , , h. 51	42
<i>Ibid</i> , , h. 51	43
Hernowo, <i>Quantum Reading</i> , , h. 97	44
http://www.licen Seplateframesg.info	47

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(*Ruang Lingkup*)

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(**Teori Relatifitas**)

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