

CHAPTER 1

INTRODUCTION

1.1. Background of the Study

Literature is a phenomena and social product, so we can say that literary work is a media to express thoughts and ideas through description of experiences. Literary work also represents imaginative literature with its aesthetics elements through language. Luxemburg stated that Literature is born from imaginative process of an author and, a picture of real life and manners of the time in which it is written, so Literature also associate with norms and custom to the specific era (Luxemburg 23).

Literary works are not only created by author's imagination, but also the result of spiritual experience of the author about social life and culture phenomena. Those spiritual experiences can be the world's event or hot issue which appears attractive for an author to bring their thought and their idea to be a literary work. Most of author point out issues which happen at a time to be theme in their works (Sangidu 34)

Basically, literary works develop time by time up to now on modern era which influence by globalization. While, classical literary work's genre limited on epic, drama and poetry (Klarer 3), in the modern era, the genre has developed and most of author introduces prose or fiction such as novel and short story. The works in this era have various themes for instance social life, one of the social issue is a psychological problem; even controversial issue becomes a theme for literary work.

A literary work which sees as psychological phenomena will be shown psychological aspects through its characters. Thus, literary work can be approached using psychological approach. Literature and psychology have a close connection. Even though, authors do not think about psychology, but their works can still express something psychological. It is acceptable because between literature and psychology have a functional and indirect connection which mean both literature and psychology have the same object i.e, human psychological condition (Roekhan in Endraswara 144). Author and psychologist, both of them are ordinary people, they can capture the others psychological condition deeply and the result after being processing and expressed in the form of a work. What makes difference is that authors express in the form of literary work such as novel, poetry or short story, while a psychologists bring up the idea in the form of psychological theory (Endraswara 88)

A psychological phenomenon is the one of common issues that we can easily found in our daily life. The issues include human's life conflict in their interaction with the environment, and interaction to their fellow, their selves also their God. The issues also develop conflict and psychological symptom. The psychological phenomenon can be like something deviate such as psychopathic person, abnormal sexual orientation, or people with mental disorder symptom. The characters are the main interest to analyze a literature work during psychological approaches. Most of literary work on this day is under the manifestation of psychoanalysis and other cultural history phenomena (Klarer 72).

In studying psychological aspect from the main character, this research applies psychoanalysis theory. Psychoanalysis is a specific term in psychology of literature's research. There are some figures of psychoanalyst in the world such as, Jung, Adler, and Freud but Freud is the one who tells directly about arts making in case of pressure and problem stack in human unconsciousness. Psychological approximation lays on the development of psychoanalysis by Sigmund Freud that human is mostly lead by their inward. There are id, ego and superego that always fight in human mind. In result, the fight in their mind makes them anxious, worried, under pressure, insecure and others uncomfortable feeling. Yet, human can show a proper behavior for the moment id, ego and superego can work in balance (Endraswara 196-197). Erika Mitchell therefore created literary works which become controversial and associated with psychoanalysis.

Erika Mitchell also known as E.L James is an author from England. She writes erotic romance trilogy novel, in biography.com, James states that the idea of writing *Fifty Shades* trilogy comes from her response to Stephenie Meyer's *Twilight* Saga. E.L. James started her writing to write fan fiction featuring the *Twilight* characters Bella Swan and Edward Cullen. Later, she compiles the fan fiction and changes the names of the two main characters become Anastasia Steel and Christian Grey. Later, in 2011 she publishes her first series under titled *Fifty Shades of Grey* and the Sequel *Fifty Shades Darker* also publishes in the same year. Then the last book released in the following year under titled *Fifty Shades Freed*. Recently, reader

surprises by E.L James trilogy of *Fifty Shades* which point out about sadomasochism, bondage and submission, and succeed make her book become phenomenon.

The novel's plot is centered to the love story between a control-freak young successful CEO named Christian Grey who has psychological disorder and abnormal sexual orientation (he is enjoying submissive-dominant sexual relationship) because of some traumatic experience in his childhood to his adolescent, and Anastasia Steele, a younger girl than Christian who has no experience in love relationship and she has to deal with her love to Christian who do not know nothing about romance or any love relationship. In *Fifty Shades* first book (*Fifty Shades of Grey*), James starts the story about how Christian and Anastasia meet for the first time. The conflict in the first book is centered about how Anastasia makes a deal to accept his first love, Christian's different sexual orientation and agreement for being his submissive. Although in the end of this first series of E.L James *Fifty Shades of Grey*, Anastasia leaves Christian because Christian whip her and said that Christian got his sexual satisfaction through torture Anastasia (James 344). While, the sequel explains more about Christian's past and how it screwed up his effort to reset his life with Anastasia. Nevertheless, E.L James has written an interesting novel by point out a prostitute's son life that has a rough starts in his life. He survives after getting tortured by someone who kills his prostitute mother (as told on *Fifty Shades Darker's* Prologue). Later, he is adopted by Grace Trevelyan who saved him after four days neglected with his mother's died body without any food, he is found crying because he is starving. In his adolescent, he gets sexual abusing by his god mother's friend,

range of usual human experience and that would evoke significant symptoms of distress in most people. In short, Psychological trauma is how those bad experiences affect the victims psychologically. Again, writer finds this effect from trauma in Christian Grey.

Based on the background above, the writer will take Christian's trauma as the major topic to analyze for this thesis. E.L. James' sequel *Fifty Shades Darker* has chosen by writer to be the subject to analyze because Christian's past is mostly exposed in *Fifty Shades Darker*. While, the male main character Christian Grey is the chosen character to be analyzed because he is known as a fifty shades. He, himself admits that has a complex personality and he also admits that he had a rough starts in life. The writer is interested in analyzing more about the relation between Christian's mental disorders with his traumatic experiences. The writer will point out Christian Grey's past traumatic experiences and reveal how those experiences affect his present life.

1.2.Statement of Problem

Based on the background above, the writer formulates the problem that will be appointed as below:

1. What are Christian Grey's past traumatic experiences?
2. What are the effects on Grey after getting traumatic experience?

The second is, practically, to give contributions of the analysis of literary works in terms of traumatic experience. The writer hopes this study will give additional reference and motivate the other student to do further research.

1.6.Method of Study

Method of study is a method which uses to reveal the truth of critical thinking of researcher. The research is giving definition and redefinition to the problems, formulating hypothesis, making conclusion and researching on the conclusion to determine equivalent to the hypothesis. Thus, this research is using some method; research design, research data, data collection and data analysis.

1. Research Design

While doing this research, the writer chooses descriptive qualitative method which tries to describe and uncover the data related to statement of problems in details through some processes of describing phenomena, classifying it, and seeing how the concepts interconnect (Dey qtd in Alias and Hashim 144). The writer is also doing a library research by read a number of valid data such as books, e-books, and online resources related to the research.

2. Data Source

There are two data source used by the writer; primary data and secondary data. Primary data source is the second series of *Fifty Shades* by E.L James which is *Fifty*

