CHAPTER III

ANALYSIS

In the previous chapter, the writer has explains about the way to answer the statement of problem that mentions in the chapter one through theories of psychoanalysis. The writer reveals the traumatic experiences of Christian by finding the symptom that Christian has. It aims to know Christian mental condition after getting traumatic experience and how it leaves Christian live in the darkness, makes him suffer from the effect of his mental damage. How the trauma affects Christian's personality is explained by using Freud's organization of personality. It reveals about how Christian personality after getting the traumatic experience. After knowing his traumatic events and his mental condition, the writer analyzes Christian's attitude toward his environment after the traumatic events, whether he follows his desire more or still thinks about do something based on moral.

In this chapter, the writer explains and analyzes more about Christian Grey trauma in each phase of his life; childhood, adolescence, and adulthood. He continues life with his trauma and keep receive bad experience make him has symptoms of post traumatic stress disorders (PTSD). Of course, it affects him mentally and from here on, the writer explains the effect of trauma he suffers in three parts. First, his childhood traumas where he gets the worst traumatic experience that make him become fifty shades. Second part is his adolescence bad experience which makes him find a wrong way to fulfill his sexual gratification and to convey his anger to his past.

Last part, the writer reveals something interesting, that Christian has a turning point in his life after he starts his story of life with Anastasia. Anastasia leaves trauma to Christian too but it has good effect on him.

3.1. Christian Grey's Childhood Trauma

The main point of this novel plot is about a young successful CEO with a dark experience in the past. The writer finds that Christian Grey's childhood trauma has the most effect on his future. In this section, writer reveals that Christian have three main kinds of post-traumatic stress disorder symptoms.

3.1.1. Christian Re-Experiencing His Traumatic Experience

In the prologue of the novel, illustrate Christian Grey's memory about him tortured by his mother's pimp (Christian Grey birth mother is a prostitute). The pimp not only tortures him but also his mother. Christian often sees his mother whip with a belt by the pimp and later the pimp will get him and torture him to. Instead of stop her pimp, Christian birth mother let him whipped or hit by her pimp. The horrible memories of his childhood with his birth mother trapped in his mind. It is an indication that those horrible events for an innocent child leave trauma in his mind.

He's come back. Mommy's asleep or she's sick again.

I hide and curl up small under the table in the kitchen. Through my fingers I can see Mommy. She is asleep on the couch. Her hand is on the sticky green rug, and he's wearing his big boots with the shiny buckle and standing over Mommy shouting.

He hits Mommy with a belt. Get up! Get up! You are one fucked-up bitch. You are one fucked-up bitch.

Mommy makes a sobbing noise. *Stop. Please stop.* Mommy doesn't scream. Mommy curls up small.

I have my fingers in my ears, and I close my eyes. The sound stops.

He turns and I can see his boots as he stomps into the kitchen. He still has the belt. He is trying to find me.

He stoops down and grins. He smells nasty. Of cigarettes and drink. *There you are, you little shit.*

A chilling wail wakes him. *Christ!* He's drenched in sweat and his heart is pounding. *What the fuck?* He sits bolt upright in bed and puts his head in hands. *Fuck. They're back. The noise was me.* He takes a deep steadying breath, trying to rid his mind and nostrils of the smell of cheap bourbon and stale Camel cigarettes. (James, 1-2)

The prologue explains enough about how Christian gets his psychological trauma. Even his mother never torture him, but she is neglectful and do not protect Christian from her pimp. Christian continues re-experiencing his traumatic event of his childhood. He has nightmares about him being tortured by his mother's pimp.

He swallows and tenses before he sighs, a long drawn-out sigh. "I must be about three, and the crack whore's pimp is mad as hell again. He smokes and smokes, one cigarette after another, and he can't find an ashtray." He stops, and I freeze as a creeping chill grips my heart.

"It hurt," he says, "It's the pain I remember. That's what gives me nightmares. That and the fact that she did nothing to stop him." (239)

"Sometimes in the dreams she's just lying on the floor. And I think she's asleep. But she doesn't move. She never moves. And I'm hungry. Really hungry."

Oh fuck.

"There's a loud noise and he's back, and he hits me so hard, cursing the crack whore.

His first reaction was always to use his fists or his belt."(239)

"He has a morbid self-abhorrence. I'm sure that comes as no surprise to you. And of course there's the parasomnia . . . um—night terrors, sorry, to the layperson." (285)

Christian keeps dreaming about his appalling memories from his childhood, his feeling as if the trauma event happens again through his dream. Once he gets bad

dream about his past, his physic also reacts as he is sweating and his heartbeat is pounding (237). As Dr. Flynn (Christian's psychiatry) said above, he has parasomnia. Those bad dreams are his memory of traumatic childhood, about his neglectful mother and abusive pimp of her mother. All of his memories of tough pimp and neglectful mother trapped in his unconsciousness. It looks like those memories keep interfering him through his dream and he cannot run away from it. That is why, in the first series tells that Christian does not let anyone to sleep with him because he always has night terror.

3.1.2. Christian Grey Avoidance to Love

His neglectful mother makes Christian think that he is unworthy and unloved (239). Then, the tough pimp leaves physical trauma in Christian's body and makes him has hard limit of being touched by anyone.

"Touching is a hard limit for me, Anastasia," he whispers.

"I know. I wish I understood why."

After a while, he sighs, and in a soft voice he says, "I had a horrific childhood. One of the crack whore's pimps . . ." His voice trails off, and his body tenses as he recalls some unimaginable horror. "I can remember that," he whispers, shuddering.

Abruptly, my heart constricts as I remember the burn scars marring his skin. Oh, Christian. I tighten my arms around his neck.

"Was she abusive? Your mother?" My voice is low and soft with unshed tears.

"Not that I remember. She was neglectful. She didn't protect me from her pimp." (25)

Christian just can remember how abusive his mother's pimp and its makes him suffer haphephobia or fear of being touched. He just only knows that being touched is something harsh and he still feels hurt if anyone touches him. He feels excessive nervous when someone touch him. Especially in the place where he has scars over his body that he gets from the pimp. He also does not let Anastasia to touch him at the first time and makes her so annoyed because she wants to know the cause of Christian fear of touched.

Christian cannot remember whether his mother is abusive to him or not. He does not really remember about his mother. After he is found by Dr. Grace (his god mother) he is not talk for two years and he cannot remember what actually happens to him and his mother before his mother pimp finds him and his mother's body.

"My wife was the doctor on duty when the police brought him in. He was skin and bones, and badly dehydrated. He wouldn't speak." Carrick frowns again, lost in the awful memory, despite the up-tempo music surrounding us. "In fact, he didn't speak for nearly two years. It was playing the piano that eventually brought him out of himself. Oh, and Mia's arrival, of course." He smiles down at me fondly. (112)

As Carrick said that he does not speak for about two years after he found with his mother body that is Christian's avoidance to his traumatic experience. Since he avoids trauma-related thoughts or conversations, or probably, he cannot remember what happen before he is found by Dr. Grace. As Dr. Flynn also said, he has self-abhorrence. He cannot think of himself that everyone around him does care and love him. As the writer explains in the previous chapter that person who have trauma is hard to think positively. It is also Christian having the same feel of him, he thought that he is too dark and has no future. Everything he thinks is about the worst possibilities.

3.1.3. Christian Feeling Insecure of Everything

Christian considers himself as Fifty-Shades. His emotion is not guessable but in this series of trilogy, Christian's anger/ mood swing does not really seeable. The first series, *Fifty Shades of Grey* tell more about Christian's fluctuated mood. He is mad sometimes at Anastasia because of her stubborn. Christian has parasomnia, of course he has trouble when sleeping and he is become insecure of something as he thinks that his ex-submissive is in his apartment and endangers Anastasia, makes him and Anastasia shall move to hotels to prevent any possibilities of Leila, Christian's mental-sick ex-submissive (Chapter Eight) or as he always thinks that Anastasia will leave him. He also thinks that José, Anastasia friends from college is wants Anastasia to be his crush.

José hugs me quickly. "Stay safe, Ana."

"Sure. Great to see you. Next time we'll have a proper evening out."

"I'll hold you to that." He waves at us from inside the elevator, and then he's gone.

"See, he's not so bad."

"He still wants into your panties, Ana. But can't say I blame him."

"Christian, that's not true!"

"You have no idea, do you?" He smirks down at me. "He wants you. Bigtime."

I frown. "Christian, he's just a friend, a good friend." And I'm suddenly aware that I sound like Christian when he's talking about Mrs. Robinson. The thought is unsettling.

Christian holds up his hands in a placating gesture. (324)

Anastasia explains Christian many times that José is her good friend, even José is indeed has feeling to Anastasia but he never thinks to take Anastasia away from

Christian. His anxious and fearful behavior is also the effect of arousal of his trauma. He always feels insecure and he will do anything to make his feeling of insecure gone. At the same time as he does to stay Anastasia away from her boss Jack Hyde.

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"Oh, Christian, what are you talking about? He hasn't done anything wrong." . . . Yet.
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He just stands too close.

"He makes one move, you tell me. It's called gross moral turpitude—or sexual harassment."

"It was just a drink after work."

"I mean it. One move and he's out."

"You don't have that kind of power." Honestly! And before I roll my eyes at him, the realization hits me with the force of a speeding freight truck. "Do you, Christian?"

Christian gives me his enigmatic smile.

"You're buying the company," I whisper in horror.

His smile slips in response to the panic in my voice. "Not exactly," he says.

"You've bought it. SIP. Already."

He blinks at me, warily. "Possibly."

"You have or you haven't?"

"Have."

What the hell? "Why?" I gasp, appalled. Oh, this just is too much.

"Because I can, Anastasia. I need you safe." (39)

He is always careful of everything and he does well in use his authority to make everything in his control. He buys the company where Anastasia works in order to make him can easily protect Anastasia from her boss because he think that Jack Hyde is bad guy who has bad track record as long as he works at SIP.

From the explaining above, the writer conclude that Christian have problem with his mental balance between id, ego, and superego because of his traumatic experience in his childhood, especially before he meets Anastasia. After knowing the

cause and the symptom of Christian's trauma, the writer will explain about Christian's mental condition after the traumatic experience in the past.

3.2. Christian Grey's Adolescence Traumatic Experience

Christian never has a lovey-dovey relationship; it is because he has different sex orientation and he never trust in love, because he always thinks he is empty and emotionless.

"You're very easy to love. Don't you see that?"

"No, baby, I don't."

"You are. And I do and so does your family. So do Elena and Leila—they have a strange way of showing it—but they do. You are worthy."

"Stop." He puts his fnger over my lips and shakes his head, an agonized expression on his face. "I can't hear this. I'm nothing, Anastasia. I'm a husk of a man. I don't have a heart." (134)

He always thinks he is unworthy and he keep feels insecure because he always thinks about the worst in everything about him as Elena said in chapter twelve, page 193. Before he meets Anastasia, he enjoys himself in Dominant-Submissive relationship. He knows that kind of relation because in his adolescence, he becomes a submissive of his god mother's friend named Elena Lincoln/ Mrs. Robinson.

But who wouldn't go off the deep end? What normal, sane person would do that to a fifteen-year-old boy? How much has she contributed to his fuckedupness? I don't understand her. And worse still, he says she helped him. How?

I think of his scars, the stark physical embodiment of a horrific childhood and a sickening reminder of what mental scars he must bear. My sweet, sad Fifty Shades. He's said such loving things today. He's crazy for me. (86)

As Anastasia said above she thinks that Elena has the most responsible for Christian being had different sexual orientation. The writer has explained many times that the trauma event of Christian's past has bad effect in his present life. Beside he is being fifty shades; he also has a bad gratification to express his anger to his birth mother. He reveals that he likes to whip girls whom look like his birth mother. In purpose, all of Christian submissives have the same criteria, little brown-haired girls. He enjoys torturing those girls who looks like his birth mother.

He takes a deep breath and swallows. "I'm a sadist, Ana. I like to whip little brown-haired girls like you because you all look like the crack whore—my birth mother. I'm sure you can guess why." He says it in a rush as if he's had the sentence in his head for days and days and is desperate to be rid of it. (227-228)

Christian admits himself that he is not only dominant but also a sadist. As he enjoys whipping his submissive that looks like his mother, who means he has oedipal impulses too. Actually, he hides the fact that he is a sadist from Anastasia because he does not think that Anastasia is her submissive anymore and he is afraid that Anastasia will leave him if she knows the fact that all of his submissive look like his birth mother, including Anastasia.

Christian let his id win over his ego and makes him torture the others girl whom he thinks look like his birth mother. What the worst, he gets sexual his fulfillment from it. He also does the same to Anastasia. Once he punishes Anastasia by whipped her, she leaves Christian and strangely it makes Christian realize that he does not want Anastasia leave him.

Christian does exactly the same thing as the pimp does to his birth mother and to him. His memory about being whipped by the pimp continues echoing in his unconsciousness and when he finds different way to get gratification of his anger to his traumatic experience in his childhood, he chooses the wrong path and let his desire lead his way to life. By his wealth, authority of business, and domination, when he finds girls who look like his mother, he will search for their detail of their background then get close to them step by step in natural way.

"I do background checks on all my submissives. I'll show you." He turns and heads for his study.

I dutifully follow him, dazed. From a locked filing cabinet, he pulls a manila folder. Typed on the tab: Anastasia Rose Steele.

Holy fucking shit. I glare at him.

He shrugs apologetically. "You can keep it," he says quietly.

"Well, gee, thanks," I snap. I flick through the contents. He has a copy of my birth certificate, for heaven's sake, my hard limits, the NDA, the contract—Jeez—my social security number, resume, employment records. (74)

By offering of facilities and wealthy life-style, he proposes a contract of dominant-submissive relationship to those girls. Take role of dominant, make him feel secure because he always makes those girls obedient to him and he does not need to worry of being touched. He takes advantage of his domination to make others obedient to him, his desire of being dominated others is also the effect of his trauma. In short, the trauma leaves him become someone who does anything to get what he wants or Anastasia often says that Christian is Mr. Control Freak. Everything he does is about making him feel secure.

3.3. Christian's Adulthood Traumatic Experience

The only bad experience that Christian gets in his adulthood is the moment when Anastasia left him. In this part, the writer analyzes about the effect of Anastasia departure to make Christian turning point in his way of life. He thinks more about everything he does to avoid his lost of Anastasia for the second time. In short this part explains about how Christian considers his superego in order to avoid loses Anastasia again. Surprisingly, this resolution makes his personality be better; even it can reduce his trauma symptom. The writer explains it more below:

3.3.1. Christian's Overprotectiveness to Anastasia

The story of *Fifty Shades Darker* starts after Anastasia leaves Christian. She leaves him because she is whipped by Christian, it is her punishment for her disobedience and keep arguing with Christian. Out of estimate, Anastasia departure leave trauma to Christian. Christian endeavors to get forgiveness from Anastasia and make her back to him. In effect, Christian become insecure about Anastasia will leave him again and make him becomes very overprotective to Anastasia.

"Appearances can be deceptive," he says quietly. "I'm anything but fne. I feel like the sun has set and not risen for five days, Ana. I'm in perpetual night here"

I'm winded by his admission. Oh my, like me.

"You said you'd never leave, yet the going gets tough and you're out the door."

Christian admits that he becomes pathetic after Anastasia leaves him. Once he gets

Anastasia back, his desire not to lose Anastasia for the second time makes him avoid

everything he thinks will make Anastasia leave. At the same as he hides the fact that he is a sadist and the fact that all of his submissive are look like his birth mother. Even, he stays away from his only friend, Elena because Anastasia hates her. The facts that Elena is the one who introduces teenage Christian to BDSM world, make Anastasia hate her so much.

3.3.2. Christian's Left His BDSM Life-style

Christian feels his life better after he meets Anastasia. The writer has explained above that Christian has bad ways to fulfill his anger to her mother and his sexual gratification, and he always avoid everything that make him feel insecure such as letting anyone touch him, does not let anyone sleep with him. Everything changes after he decided to start his relationship with Anastasia. He feels more insecure if Anastasia leaves him, so he does anything to keep her by his side. It gives positive effects on Christian. He still dominates and intimidates her but anyway; he does not use punishment anymore to make Anastasia obedient to him, like he does to his previous submissive. He never considers Anastasia as his submissive but as his girl.

Christian has a special room for him and his submissive to do his sexual gratification which he calls "play room". He refuses to back to that room after Anastasia leave him. He thinks that there is probability for Anastasia leaves him once again if they are back to that room.

"The last time we were in there you left me," he says quietly. "I will shy away from anything that could make you leave me again. I was devastated when

you left. I explained that. I never want to feel like that again. I've told you how I feel about you." His gray eyes are wide and intense with his sincerity. (158)

3.3.3. Christian's Understanding about Love

As Christian begins his new life with Anastasia, he realizes he experience something new which makes him become more positive. Christian never is involved in any love relationship because his avoidance to love as the effect of his neglectful birth mother. His unconsciousness keeps telling him that he is unworthy and it makes him always think negatively for everything.

"I have spent all my adult life trying to avoid any extreme emotion. Yet you . . . you bring out feelings in me that are completely alien. It's very . . ." He frowns, grasping for the word. "Unsettling.

"I like control, Ana, and around you that just"—he stands, his gaze intense— "evaporates." He waves his hand vaguely, then runs it through his hair and takes a deep breath. He clasps my hand.

The fact, once he realizes that he loves Anastasia he feels like he gets everything he needs and his life become easier. Everyone surrounding him also realizes that Christian looks happier with Anastasia, including Elena (110).

"Christian told me a little about his past, so I think it's appropriate to support your work," I add, hoping that this might encourage Carrick to give me a small insight into the mystery that is his son.

Carrick is surprised. "Did he? That's unusual. You certainly have had a very positive effect on him, Anastasia. I don't think I've ever seen him so, so . . . buoyant." (112

Christian's god father's Carrick recognizes himself that Christian looks brighter with Anastasia by his side.

3.3.4. Christian's Symptoms' Reducing

The more effects in Christian after he realizes about his feeling to Anastasia are that the trauma symptom reduced little by little. Anastasia gives a huge effect in Christian change. The bad dreams, his fear of being touched, he can bear it little by little.

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"I want you sleeping with me. I don't have nightmares when you're with me."

"You have nightmares?"

"Yes." (162)
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In the end, Christian finds him feel secure when he is with Anastasia. He stops having nightmare when Anastasia sleep with him. That's why once he realizes Anastasia leave; the symptom comes back in flash. Even, it has double impacts; Christian bad dreams about his childhood and his fear of Anastasia leave him for the second time.

The peaceful tranquility is shattered by a visceral, primeval cry that makes every single hair on my body stand to attention. Christian! Holy fuck—what's happened? I am on my feet, running back to the bedroom before the echoes of that horrible sound have died away, my heart thumping with fear.

I flip one of the light switches, and Christian's bedside light comes to life. He's tossing and turning, writhing in agony. No! He cries out again, and the eerie, devastating sound lances through me anew.

Shit—a nightmare!

"Christian!" I lean over him, grab his shoulders, and shake him awake. He opens his eyes, and they are wild and vacant, scanning quickly round the empty room before coming back to rest on me.

"You left, you left, you must have left," he mumbles—his wide-eyed stare becoming accusatory—and he looks so lost, it wrenches at my heart. Poor Fifty.

"I'm here." I sit down on the bed beside him. "I'm here," I murmur softly in an effort to reassure him. I reach out to place my palm on the side of his face, trying to soothe him.

"You were gone," he whispers rapidly. His eyes are still wild and frightened, but he seems to be calming. (236)

Anastasia leaves so many good effects in Christian but still Christian traumatic experience of her departure, has more bad effect in Christian. In short, as long as Anastasia is beside him, he will be alright.

Step by step, Christian grows his trust to Anastasia; he tries to break his own limit that is being touched.

"You're my lifeline," he whispers, and he kisses my knuckles before pressing my palm against his.

With his eyes wide and full of fear, he gently tugs my hand and places it on his chest over his heart—in the forbidden zone. His breathing quickens. His heart is beating a frantic, pounding tattoo beneath my fingers. He doesn't take his eyes off mine; his jaw is tense, his teeth clenched.

I gasp. Oh my Fifty! He's letting me touch him. And it's like all the air in my lungs has vaporized—gone. The blood is pounding in my ears as the rhythm of my heart rises to match his.

He releases my hand, leaving it in place over his heart. I flex my fingers slightly, feeling the warmth of his skin beneath the thin fabric of his shirt. He's holding his breath. (226)

His courage becomes bigger to break his fear, to find security and lose his anxiety. He meets Dr. Flynn, a psychiatrist to do some therapy but for the last two years, they do not find any change in Christian. Dr. Flynn reveals that in the very limited time that Anastasia has known him, she has made more progress than him who has done it for two years (284). Christian never thinks about future with anyone (in terms of marriage) but Anastasia gives him hope and has him thinking about all sorts of possibilities (195). Later, he takes advantage of those feeling to be a chance for change his dark way of life as he has discussed with Dr. Flynn.

"Needs change," he says simply. "Christian has found himself in a situation where his methods of coping are no longer effective. Very simply, you've forced him to confront some of his demons and rethink."

I blink at him. This echoes what Christian has told me.

"Yes, his demons," I murmur.

"We don't dwell on them—they're in the past. Christian knows what his demons are, as do I—and now I'm sure you do, too. I'm much more concerned with the future and getting Christian to a place where he wants to be." (284)

Anastasia has agreed to marry Christian; it makes Christian possibilities to release from his trauma symptom bigger because after he realize about his love to Anastasia, his desire to his past life-style is disappear. His only desire is not to lose Anastasia and that impulses keep his superego to control his id's impulses, especially about his anger to his birth mother. He is no longer doing his sadistic habits; to whip girl who look like his birth mother.