

Here, Esther is explained as the one having a mental illness. She cannot receive the reality happened in her life. In some parts, there are explanations how she actually felt oppressed by the ideal life held by the society. She was also feeling distasteful for many things in her life. She hated someone for no reason. She made an unreasonable judgment. She thought everything negatively. Then, it led her to a complicated problem regarding her mental health. As being cited in Mackenzie Patel "*Psychological Analysis of the Bell Jar*", Esther was deeply falling into the chasm of despair and being further smothered by the stale air in her personal "Bell Jar". (www.learntravelart.com/2015/06/psychological-analysis-of-the-bell-jar.html). This complicated self – conflict of Esther Greenwood is one of the most interesting things to analyze.

This novel also talks about many things relating to Esther Greenwood's distaste of life. Mind vs. Body is probably one of the most talked things throughout this novel. *The Bell Jar* is an exploration of the divide between mind and body. When we read the whole story, we will find out how Esther loses control over her body as she grows into mental illness. She becomes unable to sleep, read, eat, or write in her own handwriting. There are many things she could not do because of her mental illness. When it grows up more, she even tries to go for suicide. Esther could not handle her own mind. This whole thing happens as part of Esther Greenwood's distaste of life. But, as everything happens for reasons, Esther Greenwood's distaste of life was also resulted from many kinds of condition.

There are many things which might be stored in Esther's mind from her childhood experience and everything happened in her past. Those things existed in her mind unconsciously. As being cited in *The Unconscious Mind* by John A. Bargh and Ezequil Morsella, the unconscious mind is viewed as the shadow of a "real" conscious mind (01). It is the part of mind beyond human awareness but it however motivates people words, actions, feelings. This is exactly what happened to the main character of *the Bell Jar*, Esther Greenwood. Esther's unconscious mind influences her in many ways till it seems like she does everything unconsciously. Esther Greenwood's distaste of life could be influenced by her unconscious mind till she does something which might others think weird. Many things also influence someone's unconscious mind as unconscious mind is resulted from the phenomena and experiences of a person.

1.2 Research problems

1. What are the causes of Esther Greenwood's distaste of life?
2. What are the effects of Esther Greenwood's distaste of life?

Based on the problems above, the objectives of the study are aimed for:

- [illegible]

This study is divided into four chapters. The first chapter focuses on the background of the study, the statement of the problems, the objectives of the study, the significances of the study, scope and limitation, method of the study, the organization of the study and the last is the definition of key terms. The second chapter will be focusing more on the literature review which consists of the theoretical framework and some reviews of related studies. The third part or chapter in this study is about the analysis itself. Here, the focus is on the cause of Esther Greenwood's distaste of life. Then it also explains about the defense mechanisms used by her as part of the effect of Esther's distaste of life. The last part which is the fourth chapter will give a conclusion about the whole discussion.

To avoid any different perceptions in understanding this study, it is considered essential to give some of definitions of key terms used here. That is listed as follows:

