#### **CHAPTER 1**

#### **INTRODUCTION**

# 1.1. Background of Study

In this life, human cannot be separated from the problems that present in their lives. The problems experienced by humans are often related to how they adapt to the environment, socialize with others, and interact with themselves and God (Desmita 198). Relates to these psychological problems which are faced by individuals. In general, they tend to be less or even totally unaware of it. Broadly speaking, these problems are based on two factors, such as from the individual itself and environmental.

The factor from individual itself is usually associated with the individual making decisions in any case in life. Individuals will experience a dilemma or confusion related to the individual's psyche. According to Suharnan, decision-making is the process of selecting or determining possibilities among uncertain situations. Decision-making occurs in situations that require a person to make predictions ahead, choose one of two options or more, make estimates of the frequency of forecasts that will occur (194).

Individual psychological problems are also found in literary work because literary work is a reflection of life. Literature is a form and the work of creative art which the object is human and their life using the language as a medium (Semi 8) Inspiration that writers get can be from the phenomena of life experienced by humans. It is expressed in the form of literature as a medium to deliver reflections

on the phenomenon of life. It is like when the characters in the story reflect their life through resolving many kind of problems. As Simma said that literature as a mirror reflecting the phenomena of life (3).

Because psychological problem also found in literary work, therefore psychology has the relation to literature.

"Psychology and literature are closely related because literature is an expression of the author's psyche which also affects the reader. In addition, the literature also contains a charge of conflict and inner experience portrayed through the characters. The relationship between literature and psychology is a methodical. The methods contained within psychology can be applied to field of literature and the reverse psychology phenomenon in literature was to provide feedback for the development of life sciences". (Harsono 16).

Rene Wellek and Austin Warren (90) in their book entitled The Literary Theory states that one of the literary psychology definition is a study of psychological type and law that applied in literary works. In literary psychology, a character is the main object to be analyzed. This character in a novel is discussed using psychological approach in order to know each aspect which happens in his/her psychology. This approach is also expected to know the character behavior, the cause and the chosen option of the character.

This study will investigate Tahereh Mafi's work. Tahereh Mafi is the New York Times and USA Today bestselling author of Ignite Me. She was born in a small city somewhere in Connecticut and currently resides in Santa Monica, California with her husband, fellow author Ransom Riggs. She can usually be found over-caffeinated and stuck in a book. *Ignite Me* released on February 4,

2014. *Ignite Me* achieves Children/Young Adult at the American Book Awards and Nominee of Goodreads Choice Awards Young Adult Romance Dystopian (Mafi 5).

The story is beginning with Omega Point destroyed, Juliette does not know if the rebels, her friends or even Adam are alive. But that will not keep her from trying to take down the reestablishment once and for all. She must rely on Warner, the one person she never thought she could trust. The same person who saved her life. He promises to help Juliette master her powers and save their dying world but that is not all he wants with her.

In *Ignite Me* novel, we will see development character of Juliette Ferrars.

Juliette become the strongest and most confident and how she made clear choices with what she wanted in her future, in terms of the reestablishment, the rebellion, and the guys makes the novel become interesting to read. The researcher choose the novel because there are many complex psychology issues. The complex issue itself is exactly represented by the character of Juliette Ferrars and also there is no previous researcher who analyzed this novel. Thus, this topic makes different with other researches.

Based on the explanation, this study will investigate novel Tahereh Mafi using the humanistic psychology Sigmund Freud theory, by focusing on the character of Juliette Ferrars.

### 1.2. Statement of Problem

Based on the background stated before, the problem of this study raises the following questions:

- 1. How is Juliette Ferrars described in the novel?
- 2. What are the factors influenced Juliette Ferrars to accomplish her ambition??
- 3. How does Juliette Ferrars accomplish her ambition?

## 1.3. Objective of The Study

Based on the statement of the problems stated before, the objectives of this study are formulated as follows:

- 1. To describe Juliette Ferrars's character and characterization in Thahereh Mafi's novel 'Ignite Me'
- 2. To Find out the factors that influence Juliette Ferrars to accomplish her ambition
- 3. To describe Juliette Ferrars's way accomplish her ambition

### 1.4. Significance of The Study

Through this study, this research can be a contribution to the development to the ones who study about literature especially in psychoanalytical approach.

Then, the researcher divides the significances into two categories. Both are theoretically and practically categories.

Theoretically, the results of the research are expected to give contribution to develop the study and analysis on literary study related to psychoanalytical approach on the Tahereh Mafi's novel *Ignite Me* 

Practically, researcher hopes that the study could be useful for academic and non-academic reader to give understanding about the theory of individual psychology by Sigmund Freud, and also can be applied in the real life to struggle to accomplish ambition. Furthermore, display the process of achieve ambition, and how she fights it toward the character to better life, provides motivation to the reader to struggle or success also.

## 1.5. Scope and Limitation

There are many kinds of narrations detail in the novel. Hence, the research needs limitation to make specific objects and the analysis will be focused on the activity of Juliette Ferrars. By scope and limit the research field based on the character's action, the researcher can focus on the research problems and objectives.

## **1.6.** Method of The Study

This research is library based. The writer was conducted by applying descriptive qualitative. According to Jackson (86) descriptive research method is pretty much as they sound they describe the situation. Strauss and Corbin (8)

claims that qualitative method could be used to better understand any phenomenon about which little was known yet. It could also be used to gain new perspective on things about which much was already known, or to gain more indepth information that may be difficult to convey quantitatively.

So, descriptive qualitative is used to describe in the data such as conversation and characteristic of characters in novel.

#### 1.6.1. Data Source

The researcher uses primary and secondary data in this study. The primary source is from the autobiographical novel by Tahereh Mafi's *Ignite Me*. The secondary source is from the books and online resources which related with the problem of the study.

#### 1.6.2. Data Collection

This study is using qualitative method. The research follows the following steps:

- a) Reading the novel as the primary source to get the complete and well understanding on the whole story.
- b) Taking note of the story *Ignite Me* by Tahereh Mafi
- c) Selecting and collecting the data in form of narration and conversation from the novel related to the problem.
- d) Reading the secondary source which related to the problem.
- e) Grouping the data based on the research problem.

## 1.6.3. Data Analysis

The researcher follows the following steps as follow:

- a) Analyzing the data collected by categorizing them into two points,
   dealing with the statement of problems
- b) Identifying the intrinsic element especially in character and characterization.
- c) Describing the factors that influence Juliette and the way to accomplish her ambition
- d) Giving the best conclusion based on the analysis.

### 1.6 Definition of Key terms

To avoid any different perceptions between the researcher and the reader in understanding the study, it is essential to give some definition of key terms used in this study. Here are the key terms explained:

- Ambition : The desire to achieve something, or to succeed, accompanied with motivation, determination and an internal drive.
- 2. Psychology : Study that explains about human behavior both individually and in group. In common, human behave in two ways. Open behavior and close behavior. Open behavior is a

behavior psychomotor which include act of speaking, sitting, walking and other while close behavior include thinking and feeling.

(Syah M)

