

DAFTAR PUSTAKA

- A., Hallen, 2005, *Bimbingan dan Konseling*, Quantum Teaching, Jakarta

Amin, Samsul Munir, 2010, *Bimbingan dan Konseling Islam*, Amzah, Jakarta

Ariffin, H.M, 1979, *Pokok-Pokok Pikiran tentang Bimbingan dan Penyuluhan Agama*, Bulan Bintang, Jakarta

Arikunto, Suharsimi, 2002, *Prosedur Penelitian: Suatu Pendekatan Praktek*, PT Rineka Cipta, Yogyakarta

Atkinson, Sam, 2012, *The Psychology Book*, Dorling Kindersley Limited New York

Az-Zahrani, Mufsrir bin Said, 2005, *Konseling Terapi*, Gema Insani, Jakarta

Azam, Ulul, 2016, *Bimbingan dan Konseling Perkembangan di Sekolah Teori dan Praktek*, Deepublish, Yogyakarta

Aziz Shah, Mohammad, 2009, *Kemahiran Bimbingan dan Kaunseling*, PTS Publishing Sdn. Bhd, Kuala Lumpur

Chan, Fong, 2015, *Counseling Theories and Techniques for Rehabilitation and Mental Health Professionals*, Springer Publishing Company, New York

Connell, Bill O', 2003, *Handbook of Solution-Focused Brief Therapy*, Sage Publications London

Corey, Gerald, 2017, *Theory and Practice of counseling and psychotherapy*, Cengage Learning, Boston

Corey, Gerald, 2013, *Teori dan Praktek Konseling & Psikoterapi*, PT Refika Aditama, Bandung

Dwairy, Marwan Adeeb, 2006, *Counseling and Psychotherapy with Arabs and Muslims*, Teachers College, New York

Echols, J.M, 1975, *Kamus Inggris Indonesia*, PT. Gramedia, Jakarta

Elizabeth, B. Hurlock, 2003, *Psikologi perkembangan Edisi 5*, Erlangga, Jakarta

Erford, Bradley T., 2015, *40 Teknik Yang Harus Diketahui Setiap Konselor*, Pustaka Pelajar, Yogyakarta

Erford, Bradley T., 2015, *Research and Evaluation in Counseling*, Cengage Learning, America

Faqih, Aunur Rahim, 2001, *Bimbingan dan Konseling dam Islam*, UII Press, Yogyakarta

Fausiyah, Fitri, 2007,*Psikologi Abnormal*, UI Press, Jakarta

Forest, Jay B., 1994, *Conquering Pain*, Empowering Press, Canada

Furham, Adrian, 2008, *50 Ideas you really need to know Psychology*, Quercus edition, London

Geldard, Kathryn, 2012, *Personal Counseling Skill*, Charles C Thomas Publisher, Springfield

Gladding, Samuel T., 2015, *Konseling: Profesi Yang Menyeluruh*, , PT Indeks, Jakarta

Hanton, Paul, 2011, *Skills in Solution Focused Brief Counseling and Psychotherapy*, Sage Publications, , London

Hesson, Olpin, 2016, *Stress Management for Life*, Cengage Learning, United States of America

Hoffman, A. Edward, 1959, "An Analysis of Counselor Subroles", Journal of Counseling Psychology

Idrus, Muhammad, 2009, *Metode Penelitian Ilmu Sosial Pendekatan Kualitatif dan Kuantitatif*, Terbitan Erlangga, Jakarta

Ivory, Beatrice, 2012, *Healthy Living Tips For Improving Physical and Mental Health*, Red Lead Press, Pittsburgh

J. Macdonald, Alasdair, 2011, *Solution-Focused Therapy*, Sage Publications, London

Kim, Johny S., 2014, *Solution-Focused Brief Therapy*, Sage Publications, United States of America

Kinra, Asha K., 2008, *Guidance and Counselling*, Pearson Longman, India

Klinik Community Health Centre, 2010, *Stress and Stress Management*, Canada

Komalasari, Gantina, 2011, *Teori dan Teknik Konseling*, PT Indeks, Kembangan

Leeming, David A., 2010, *Encyclopedia of Psychology and Religion*, Springer, New York

Losyk, Bob, 2005, *Kendalikan Stres Anda*, PT. Gramedia, Jakarta

Lubis, Namora Lumongga, 2011, *Memahami Dasar-Dasar Konseling*, Kencana, Jakarta

Luke Seaward, Brian, 2006, *Managing Stress: Principles and Strategies for Health and Wellbeing*, Jones and Barlett Publishers, Canada

Mahmud, Ali Abdul Halim, 2004, *Dakwah Fardiyah*, Gema Insani, Jakarta

Nefer, Barbara, 2009, *So You Want To Be a Counselor?*, Frederick Fell Publishers, America

Neukrug, Ed, 2016, *The World of the Counselor*, Cengage Learning, United States of America

Page, Linda ,1999, *Stress and Energy: Reduce Your Stress and Boost Your Energy*, Traditional Wisdom Inc., California

Peacock, Judith, 2011, *Depression*, Capstone Press, Minnesota

Pichot, Teri, 2003, Yvonne M. Dollar, *Solution-Focused Brief Therapy: Its Effective Use in Agency Settings*, Haworth Press, New York

Quick, Ellen. K., 2008, *Doing What Works in Brief Therapy*, Elsevier Inc, Amsterdam

R. Gregson, Susan, 2000, *Stress Management*, Capstone Press, United States of America

Ramayulis, 2007, *Psikologi Agama*, Kallam Mulia, Jakarta

Rao, S. Narayana, 2006, *Counselling and Guidance*, Tata McGraw-Hill, India

Rasool, G. Hussein, 2016, *Islamic Counselling*, Routledge, New York

S. Feldman, Robert, 2000 *Understanding Psychology*, McGraw Hill Publishing,
New York

Salahudin, Anas, 2016, *Bimbingan Dan Konseling*, CV Pustaka Setia, Bandung

Savitri, Intan, 2002, *Kenali Stres*, PT Balai Pustaka, Jakarta

Seligman, Linda, 2004, *Diagnosis and Treatment Planning in Counseling*, Springer Publishing Company, New York

Sharf, Richard S., 2012, *Psychotherapy And Counseling*, Cengage Learning,
United States of America

Sharry, John, 2004, *Solution-Focused Workgroup*, Sage Publications, London

Shazer, Steve D., 2007, *More Than Miracles*, Haworth Press, New York

Shbracq, Marc J., 2003, *The Handbook of Work and Health Psychology*, John Wiley Ltd, United states of America

Sirodj, Sjahudi, 2012, *Pengantar Bimbingan Dan Konseling*, PT Revka Petra Media, Surabaya

Sklare, Gerald B., 2005, *Brief Counseling That Works: A Solution-focused Approach*, Corwin Press, California

Sugiyono, 2011, *Metode Penelitian Pendidikan Pendekatan Kuantitatif, Kualitatif dan R&D*, Alfabeta, Bandung

Sunaryo, 2002, M.Kes, *Psikologi untuk Keperawatan*, Penerbit Buku Kedokteran EGC, Jakarta

Sutoyo, Anwar, 2013, *Bimbingan dan Konseling Islami*, Pustaka Pelajar, Yogyakarta

Takariawan, Cahyadi, 2012, *Konselor Dakwah*, PT Era Adicitra Intermedia, Solo

Trust, Runnymede, 1997, *Islamophobia: A Challenge for us all*, Muzammil Quraishi

Weeks, Gerald R., 2016, Techniques For The Couple Therapist, Taylor & Francis, New York

Winbolt, Barry, 2011, *Solution Focused Brief Therapy for the Helping Professions*, Jessica Kingsley Publishers, London

Winkel, W.S, 1989, *Bimbingan dan Penyuluhan di Sekolah Menengah*, Gramedia, Jakarta

Zaidi, Safraz, 2011, *Stress Cure Now: A Powerful 3 Step Plan to Cure Stress Without Medications*, iComet Press, America

<http://www.sinarharian.com.my/gps-bestari/berhenti-kerja-buka-pondok-tuisyen-percuma-1.513833>

<http://www.apa.org/news/press/releases/phwa-survey-summary.pdf>