

Motto .....	vii
Abstract.....	viii
List of Content.....	ix
List of Table .....	xii
List of Pictures.....	xiii
List of Appendix .....	xiv
<b>CHAPTER I: INTRODUCTION.....</b>	<b>1</b>
A. Background of the Study.....	1
B. Statement of the Problem .....	5
C. Objective of the Study .....	5
D. Significance of the Study.....	5
E. Scope and Limitation of the Study.....	6
F. Definition of Key Term .....	6
<b>CHAPTER II: REVIEW OF RELATED LITERATURE .....</b>	<b>7</b>
A. Brain Gym.....	7
1. The Definition of Brain Gym .....	7
2. The Function of Brain Gym .....	9
3. Mechanism How the Brain Gym Work .....	10
4. Brain Gym Movement.....	11
B. Speaking.....	18
1. Definition of Speaking.....	18

2. Type of Speaking .....	19
3. The Speaking Measurement .....	21
a. Accent .....	21
b. Grammar .....	22
c. Vocabulary .....	24
d. Fluency .....	25
e. Comprehension.....	27
C. Review of Previous Study.....	30
<b>CHAPTER III: RESEARCH METHOD .....</b>	<b>32</b>
A. Research Design .....	32
B. Hypotheses .....	34
C. Setting of the Study .....	34
1. Population .....	35
2. Sample .....	35
D. Research Procedure .....	35
E. Data and Source of Data .....	38
F. Data Collection Technique .....	39
G. Research Instrument.....	41
H. Data Analysis Technique .....	42
<b>CHAPTER IV: RESEARCH FINDING AND DISCUSSION .....</b>	<b>47</b>

A. Research Finding.....	47
1. The result of the experimental and the control group.....	47
1. Analysis of Pre –Test .....	47
2. The treatment.....	49
3. Analysis of Post – Test.....	51
4. Analysis of significance .....	55
5. Testing Hypotheses .....	57
2. Data analysis of students’ response .....	58
B. Discussion.....	60
1. The Result of Treatment .....	60
2. The Result of Students’ Response .....	62
<b>CHAPTER IV: CONCLUSION AND SUGGESTION.....</b>	<b>64</b>
A. Conclusion.....	64
B. Suggestion.....	65

**REFERENCES**

**APPENDIXES**

**LIST OF TABLE**

Table 2.1 Accent Description .....	21
Table 2.2 Grammar Description.....	23
Table 2.3 Vocabulary Description .....	24

Table 2.4 Fluency Description .....	26
Table 2.5 Comprehension Description.....	27
Table 2.6 Weighting Table .....	28
Table 2.7 Conversion Table.....	29
Table 3.1 Research Design .....	33
Table 3.2 The Teaching Procedure.....	37
Table 4.1 Pre-test score of experimental group and control group .....	48
Table 4.2 The post-test score of experimental and controlled groups .....	52
Table 4.3 The improvement of Experimental and Controlled group.....	53
Table 4.4 The calculation result of mean and variance .....	56
Table 4.5 The result of students' response of brain gym movement.....	58

#### **LIST OF PICTURE**

Picture 2.1 The Thinking Cap .....	13
Picture 2.2 Hook-ups.....	14
Picture 2.3 The Calf Pump.....	15
Picture 2.4 The Energy Yawn .....	16
Picture 2.5 Belly Breathing.....	17

#### **LIST OF APPENDIXES**

- Surat Tugas
- Surat Ijin Penelitian
- Surat Keterangan Penelitian
- Kartu Konsultasi
- Appendix I Lesson Plan
- Appendix II Pretest Score Of Experimental Group
- Appendix III Pretest Score Of Control Group
- Appendix IV Post-Test Score Of Experimental Group

Appendix V Post-Test Score Of Control Group  
Appendix VI Observation Checklist  
Appendix VII Questionnaire Form