CHAPTER III

ANALYSIS

In this chapter, the researcher wants to analyze conflicts undergone by the main character in Gayle Forman's *If I Stay* novel. This analysis will divide into three sections. The first section will discuss about Mia's character in this novel. The second section will discuss about kinds of conflict and also the causes of the conflict undergone by Mia as the main character. Two sections above will analyze use New Criticism theory which focused on the conflict. Then, the third section will discuss about Mia's self-defense mechanism settle her psychological conflict. This analysis uses Defense mechanism of Psychological approach by Sigmund Freud.

To make this analysis easier, firstly the researcher wants to describe the character of Mia as the main character in *If I Stay novel*. The data are in the form of paragraph, sentence, or dialog. The researcher analyzes the character of Mia based on the direct or indirect quotation from the utterances of the narrator or from the conversation in the story.

3.1 Mia's Personality

In this analysis the researcher chooses one of the main character in the novel to be analyzed. One of the main character was chosen is Mia. The researcher prefers to discuss about Mia's character because Mia is one of the dominant character in this novel. She is the main focus of the conflict in the story. Physically, Mia in this story is characterized as a girl who has brown hair and dark

eyes. It can be proved in the following quotations.

Dad sometimes joked that the hospital where I was born must have accidentally swapped babies because I look nothing like the rest of my family. They are all blond and fair and I'm like their negative image, brown hair and dark eyes (Forman 7).

The statements above tell that physically Mia has a brown hair and dark eyes. It is different with her parent who have blond hair and fair. It often becomes a joke

that happen swapped babies when she was born in a hospital.

In addition, in this story Mia is also characterized as a young girl from

Oregon.

... As I'd shuffled out, that same judge had told me that it had been a long time since the school had "seen an Oregon country girl." Professor Christie had taken that to mean a guaranteed acceptance. I wasn't so sure that was true. And I wasn't 100 percent sure that I wanted it to be true... (Forman 2)

... Teddy having just turned eight and me being seventeen means that we are long past giving off that sour-milk smell that makes adults melt. (Forman 3)

From the quotation above, the researcher argues that physically, Mia is a

young girl from Oregon. She called as an Oregon country girl because she and her

family lived in Oregon. She is seventeen years old. She is a students of secondary

school in Oregon. She is not stylish woman. She has a simple way on style.

I did a slinky walk as best as I could in the heels. I'd expected Adam to go crazy when he saw me, his jeans-and-sweaters girlfriend all glammed out. But he smiled his usual greeting, chuckling a bit. "Nice costume," was all he said. (Forman 30)

I sighed. I wished I could be so ballsy. In the end, I chose a long black skirt and a maroon short-sleeved sweater. Plain and simple. My trademark, I guess (Forman 11).

Usually in everyday life, she uses jeans or skirt and sweater. She never uses the other style. She doesn't like make up, high heels, and a dress who become trend in that time. She feels more comfortable by uses a simple style like jeans and sweater. Adam very amazed when he looks his girlfriend's style is very different as usual. She uses high heels and a glamour costume. She looks very nice and beautiful girl. He like her style now.

While in term of personality, she is described as lover, closed, and timid. It will explain as follows.

3.1.1 Loving

Mia is also described as a loving girl. She loves the people around them, such as her parent (Mom and Dad), her little brother (Teddy), her best friend (Kim), and also her boyfriend, Adam. Besides, she also loves Gran and Gramps who are not live in her house. Mia very loves her family than others. It shows when her father says that he asks to go to Henry and Willow's house.

"I'm in," I say. It isn't the lure of BookBarn, or the fact that Adam is on tour, or that my best friend, Kim, is busy doing yearbook stuff. It isn't even that my cello is at school or that I could stay home and watch TV or sleep. I'd actually rather go off with my family. This is another thing you don't advertise about yourself, but Adam gets that, too (Forman 3).

She accepts to go along with her family. She wants to go not because of Adam is on tour or Kim is busy, or the other reasons. But, she wants to go because she rather goes off with her family. She rather spends her time to go with her family. She loves her family so much. She doesn't want overlook the time to assemble with her family. She thinks that family is everything for her. They always give happiness and something the best for her. They always stay with her in any condition. So, Mia loves them so much ever after.

Therefore, she feels sad when she knows that her parent and her brother dead. Sometimes when she coma, she feels misses her family.

I stared miserably at my plate, looking out at the gloomy gray evening. I already missed my parents, Kim, and especially Teddy. He was at that fun stage, wanting to try new things and constantly asking "What's that?" and saying the most hilarious things. The day before I left, he informed me that he was "nine-tenths thirsty" and I almost peed myself laughing. Homesick, I sighed and moved the mass of meat loaf around my plate (Forman 42).

After her family died, she feels that she doesn't has spirit to stay alive. She lost her beloved people. Since her coma, she thinks that she cannot live without her family. She loves her so much. Until now, she never meets them, because they died. She misses them so much. She misses Teddy, when he asks something that he doesn't know, and everything funny about him that make me laugh over load. He is in fun stage now. She very loves him and now she misses him so much. In addition, she also misses her best friend, Kim. She never meets her after her accident. She loves not only her family but also her friends. So, it can be said that Mia is lover girl. She loves the people around.

3.1.2 Closed

The other characterization of Mia is a closed girl. It can be seen in the statements when she said to her parent that she wants to be a cellist, then her parents are laughing her.

But their reaction still stung—in ways that I never told them about, and in ways that I'm not sure they would've understood even if I had... (Forman 7)

...I was not like my outgoing, ironic dad or my tough-chick mom. And as if to seal the deal, instead of learning to play electric guitar, I'd gone and chosen the cello (Forman 7).

From the quotations above show that Mia has a closed characterization. Because she doesn't talk to the other about what he feels and what he thinks. She inclined to save her thought in herself. She is not like her Dad who outgoing to the other people. She never talks to the other people about her thought.

3.1.3 Timid

In this story, Mia is also described as a timid person. It seems in her behavior that she always feels unconfident in anything. The example is when she has the first recital, she feels unconfident. She afraid that she fails in her show.

Standing backstage, listening to other kids play scratchy violin and clunky piano compositions, I'd almost chickened out. I'd run to the stage door and huddled on the stoop outside, hyperventilating into my hands. My student teacher had flown into a minor panic and had sent out a search party (Forman 7).

She feels unconfident when she listens the other kids play violin and piano beautifully. She thinks that she cannot playing cello as beautiful as them. She feels panic and nervous to plays cello in the stage now. Then her father comes and sit down in the next her.

"You okay, Mia Oh-My-Uh?" he asked, sitting down next to me on the steps. I shook my head, too ashamed to talk. "What's up?" "I can't do it," I cried (Forman 8). She said to her father that she cannot do it. She cannot go to the stage and plays cello as well as he need. She feels afraid until she cried. Actually her father has got a recital present for her. It is for give support to Mia in her first recital of playing cello. But, Mia doesn't care about that because she panics and afraid.

"Give it to someone else. I can't go out there. I'm not like you or Mom or even Teddy." Teddy was just six months old at that point, but it was already clear that he had more personality, more verve, than I ever would. And of course, he was blond and blue-eyed. Even if he weren't, he'd been born in a birthing center, not a hospital, so there was no chance of an accidental baby swapping (Forman 8).

Mia said that she cannot go to the stage. She asks to her father to give the present to the other people. She feels that she cannot be a star. She is not like her Mom, her Dad, and also Teddy. Teddy has a good ability, not like her. She cannot do anything. She cannot like Teddy who was six months but already clear that he had more personality.

The other statements which shows that Mia has a timid personality is when

Mia will go to date with Adam.

I changed my clothes about six times. Teddy, a kindergartner back then, sat in my bedroom, pulling the Calvin and Hobbes books down from the shelves and pretending to read them. He cracked himself up, though I wasn't sure whether it was Calvin's high junks or my own making him so goofy (Forman 11).

Before go to date with Adam, she confuses to wear the clothes until she changed

about six times. Teddy who knows her sister, he cracked himself up. It shows that

she feels unconfident with herself. She unconfident with her style in every day.

She unconfident to be herself. So, she confuses to wear the clothes in order to

look beautiful.

3.2 Conflicts Undergone by Mia

In this analysis the researcher wants to analyze the conflict that faced by Mia as the main character of the novel *If I Stay*. In this novel Mia faced many conflicts. According to Pia and Thomas, conflict is a struggle or contest between people with opposing needs, ideas, beliefs, values, or goals (2). Conflict can appear when the people communicated with the other people in society. So, there are some kinds of conflict undergone by Mia as the main character of the story.

3.2.1 External Conflict

External conflict is a conflict that happens in one character with something outside himself. The external conflict that faced by Mia is the physical conflict (man vs. man). This form of external conflict occurs when a character struggles against another character. There are two physical conflict undergone by Mia. The first is between Mia and her best friend, Kim. Mia and Kim is a best friend. But, sometimes they get a problem that make them bicker. They hate each other because of some misunderstanding.

"Whatever," I said. "It's a stupid book." I didn't know why I'd said that because I'd actually loved the book and had talked to Dad about it; he was using it for his student teaching. I hated Kim even more for making me betray a book I loved. (Forman 22)

Their conflict begins when they get a group assignment to discuss about a book entitled *To Kill a Mockingbird*. Mia doesn't know about the reason why she hates to Kim. But, the researcher concludes that it's because Kim and Mia's opinion are different. Actually, Mia loves that book and had talked to Dad. Mia said to Kim that it's a stupid book just because she very angry and hate to Kim.

Therefore, Mia feels that she betrayed to that book because of Kim, then make she hated Kim even more.

This conflict related with Mia's personality. Mia has closed personality. She doesn't want to talk to the other person about her mind and herself in her life. She doesn't want the other people know about herself. In this case, her closed personality can make a conflict with the other people especially Kim as her best friend. She doesn't know that Mia loves that book and had talked to Dad, because Mia never talk to her about this. So, she thinks that it is fine if she uses the book to discuss.

"Fine. We'll do your idea, then," Kim said, and when we got a B minus, she seemed to gloat about our mediocre grade. After that, we just didn't talk. That didn't stop teachers from pairing us together or everyone in the school from assuming that we were friends. The more that happened, the more we resented it—and each other. The more the world shoved us together, the more we shoved back—and against each other. We tried to pretend the other didn't exist even though the existence of our nemeses kept us both occupied for hours. (Forman 22)

Since the accident above they are not talking to each other although their teacher and their friends pair them in any class activity. But, it's make them more resent and against each other. Actually they don't know why they hate each other. But then, they know the reason why they hate each other. The reason why Mia hate to Kim because she thinks that Kim was a Goody Two-shoes. She was annoying. She was a show-off. Moreover, Mia know that Kim said "Bitch" to her.

I felt compelled to give myself reasons why I hated Kim: She was a Goody Two-shoes. She was annoying. She was a show-off. Later, I found out that she did the same thing about me, though her major complaint was that she thought I was a bitch. And one day, she even wrote it to me. In English class, someone flung a folded-up square of notebook paper onto the floor next to my right foot. I picked it up and opened it. It read, *Bitch!* (Forman 22)

Mia hate to Kim even more when she knows that Kim said a dirty word to her. No one ever said to her like that. But their conflict is not in a long lasting. The maturity makes them understand that their conflict is a mistake and they become a best friend again. They forgive to each other. This accident makes their friendship closer and never separated ever after.

The second is a conflict between Mia and her boyfriend, Adam. Conflict between Mia and Adam occur when Adam graduated from high school, moved out of his parents' place and into the House of Rock, and started heating up with Shooting Star.

But things had changed when Adam moved into the House of Rock and started college, though not for the reasons I'd thought they would. At the beginning of the fall, just as Adam was getting used to college life, things suddenly started heating up with Shooting Star. The band was offered a record deal with a medium-size label based in Seattle and now were busy in the studio recording. They were also playing more shows, to larger and larger crowds, almost every weekend. Things were so hectic that Adam had dropped half his course load and was going to college part-time, and if things kept up at this rate, he was thinking of dropping out altogether. "There are no second chances," he told me. (Forman 65)

The relationship between Mia and Adam changed after Adam and her music group, Shooting Star become a popular band. Shooting Star's schedule is very dense until he thinks that he must be dropping out from his university, because he cannot divide the time to going to college and to his show. Every weekend he has a show in different place. This condition makes the relationship between Adam and Mia different with the last. They cannot spend time together, even they cannot meet up and watch the music together. Firstly, Mia doesn't mind to this condition but she doesn't know why suddenly this condition is different. She becomes mind after her prospect to Julliard.

I was genuinely excited for him. I knew that Shooting Star was something special, more than just a college-town band. I hadn't minded Adam's increasing absences, especially since he made it so clear how much *he* minded them. But somehow, the prospect of Juilliard made things different somehow it made me mind. Which didn't make any sense at all because if anything, it should have leveled the field. Now I had something exciting happening, too. (Forman 65)

The prospect of Mia in Julliard make the condition more serious. They will very hard to meet and it will make a problem in their relationship. Because Mia will very busy as an undergraduate student in Julliard and Adam with her business in Shooting Star, so they hard to communicate each other. A relationship will be fine if there is good communication both of them. But, if there is not good communication it will make a problem that make the relationship will be broke.

In the beginning of their relationship, music unites them. But know, music also dissociates them. Because of Adam's schedule in Shooting Star is over load and Mia's study of music in Julliard make a long distance between them.

"And come on, music brought you two together. That's what your father and I always thought. You were both in love with music and then you fell in love with each other. It was a little like that for your dad and me. I didn't play but I listened. Luckily, I was a little older when we met." I'd never told Mom about what Adam had said that night after the Yo-Yo Ma concert, when I'd asked him *Why me?* How the music was totally a part of it. "Yeah, but now I feel like it's music that's going to pull us apart." (Forman 67)

But their story almost same with Mia's parent who their love is also

because of the music. Her parent's love is come from their hobby of playing

music and the kinds of their favorite music are same until they have married. Actually music cannot dissociate them. The way of their life maybe different but they can choose the best way of their life. Therefore, long distance is not a barrier for a relationship.

The conflict between Mia and Adam related with her personality. In this story, Mia describes as a loving girl. She loves the people around especially Adam as her boyfriend. She doesn't want to leave her boyfriend because she loves him so much. Therefore, this problem above become a conflict for them. The conflict above makes Mia anxious. She afraid that Adam will leave her because of they cannot meet as before. She afraid that they break down because of long distance relationship.

3.2.2 Internal Conflict

Internal conflict is a conflict that a person struggles against some elements which are in their own personality, such as with his own soul, ideas of right or wrong, physical limitations, choices, etc. (Brooks 57). Internal conflict is usually called as psychological conflict. In this story, psychological conflict that faced by Mia is about choices. It occurs when Mia and her family go to Henry and Willow's house. Suddenly, on the way they have a car accident. Her father and her mother were die, but she cannot find teddy so she doesn't know how teddy's condition. While Mia, she coma but her soul is out of her body. She can see everything happen normally. She can see that her body is handled by paramedics and they said that she is still life. She is coma. I am pondering these things when the medic with the freckles and red hair who has been working on me answers my question. "Her Glasgow Coma is an eight. Let's bag her now!" she screams. (Forman 6)

Firstly, she thinks that she was died. But then, she finds her body and see

her condition that the blood from her chest has seeped through her shirt, skirt, and

sweater, and is now pooling like paint drops on the virgin snow. One of her legs is

askew, the skin and muscle peeled away so that she can see white streaks of bone.

Her eyes are closed, and her dark brown hair is wet and rusty with blood. After

that, she thinks that she was died. But, her opinion reject by one of the medic who

is stated that she is coma, she was not dead yet.

Actually, Mia doesn't believe that she is still life. She still confused about

what happen with her. She doesn't know that she dies or life.

Am I dead? I actually have to ask myself this. Am I dead? At first it seemed obvious that I am. That the standing-here-watching part was temporary, an intermission before the bright light and the lifeflashing-before-me business that would transport me to wherever I'm going next (Forman 6).

She asks to herself that is she died? Because everything seemed that she

died. She can stand here and watch everything that happen in this place. She can

see that her body handled by medics, her father and mother's body, and situation in

the place accident. But, she cannot feel everything in her body, she doesn't feel

sick. Moreover, she cannot communicate with other people.

Mia feels that it's like a dream. It's just a dream. She cannot believe that it

is real.

I spin away. This isn't right. This cannot be happening. We are a family, going on a drive. This isn't real. I must have fallen asleep in the car. *No!*

Stop. Please stop. Please wake up! I scream into the chilly air. It's cold. My breath should smoke. It doesn't. I stare down at my wrist, the one that looks fine, untouched by blood and gore, and I pinch as hard as I can. I don't feel a thing (Forman 5).

From the statement above the researcher know that Mia cannot accept this reality, that she is coma but her soul is out of her body. She thinks that it's just a dream, it is not real. She doesn't believe that her mom and her father died. They just go on a drive to go to Henry and Willow's house. She doesn't believe that this accident happened. She still confused about her condition. She thinks that she died, but if she died, why she can stand here and watch everything normally? Why nothing injuries in her body? Many things that make her confused about what happened with her.

Mia wants to meet someone to helps her to out from this condition. She wants to ask to the other people how she can back to her body? Is she can back to her body by herself or she must wait the doctor wake her up? But, she cannot find someone who has the same condition with her. No one else who out of the body like her. She also cannot communicate with other people in surrounding. She can see the people and everything happen in surroundings but the people cannot see her, and also cannot communicate with her. It can be proved in the following statements.

There are rows of operating rooms, all full of sleeping people. If the patients inside these rooms are like me, why then can't I see the people outside the people? Is everyone else loitering about like I seem to be? I'd really like to meet someone in my condition. I have some questions, like, what is this state I'm in exactly and how do I get out of it? How do I get back to my body? Do I have to wait for the doctors to wake me up? But there's no one else like me around. Maybe the rest of them figured out how to get to Hawaii (Forman 14).

Now, Mia cannot do anything. She is only a soul which out of her body.

Nothing that she can do besides stay and watch everything happens. She doesn't

know how the way to bring her back to the body.

Sometimes, Gran and Gramps come in to the room to know Mia's

condition. At that time, a nurse come and said to Gran and Gramps that actually

who are can determine her recovery is from herself only. Not because of the

doctors or because of medical devices.

She's not my nurse but she comes up to Gran and Gramps just the same. "Don't you doubt for a second that she can hear you," she tells them. "She's aware of everything that's going on." She stands there with her hands on her hips. I can almost picture her snapping gum. Gran and Gramps stare at her, lapping up what she's telling them. "You might think that the doctors or nurses or all this is running the show," she says, gesturing to the wall of medical equipment. "Nuh-uh. *She's* running the show. Maybe she's just biding her time. So you talk to her. You tell her to take all the time she needs, but to come on back. You're waiting for her." (Forman 25)

The nurse said to Gran and Gramps to talk to her in order to give support to Mia. Now, she need support from the family or from beloved people that she has. In this time, Mia get choices in her life. She must choose to bring her soul back to her body and continue her life, or she choose to die. It is a difficult choice but she must choose one. She very confuses to choose one of those choices. Actually, she knows that it is her life and she must determine this problem too. No one who can resolve her problem or choose a choice for her. But, many things are become the causes that make her confused to make a decision.

The first cause is come from her family. She cannot make a decision to live or die because of her beloved family. Her beloved family: Mom, Dad, and Teddy, they are not in here. She thinks that she cannot live without them. How am I supposed to decide this? How can I possibly stay without Mom and Dad? How can I leave without Teddy? Or Adam? This is too much. I don't even understand how it all works, why I'm here in the state that I'm in or how to get out of it if I wanted to. If I were to say, *I want to wake up*, would I wake up right now? I already tried snapping my heels to find Teddy and trying to beam myself to Hawaii, and that didn't work. This seems a whole lot more complicated. (Forman 27)

A car accident that befall her family make her Mom and Dad die, and she cannot find her brother, Teddy. While Mia, she still live but her soul out of her body, she is comma. Mia love her family so much. She always with them everywhere and every time. But now, Mia lost all of them. It is one of the reason why she cannot decide to choose one of two choices. She thinks that she is alone without her parent and her little brother. If she decides to stay, how she live without them? Who will accompany and help her in any condition? But, if she decides to die, actually she doesn't want to die. Because there are the other people who love her and still wait her to come back. She very confuses because some of most her beloved people leave her alone, but there are the people who love her want to stay.

Gran and Gramps are the people who love her so much and want her to stay. They love her so much.

"It's okay," he tells me. "If you want to go. Everyone wants you to stay. *I* want you to stay more than I've ever wanted anything in my life." His voice cracks with emotion. He stops, clears his throat, takes a breath, and continues. "But that's what I want and I could see why it might not be what you want. So I just wanted to tell you that I understand if you go. It's okay if you have to leave us. It's okay if you want to stop fighting." (Forman 57)

From the quotations above the researcher know that Gran and Gramps love her very much and they want her to stay, don't want to lose her. But, if Mia doesn't want to stay, they cannot do anything. They understand if Mia doesn't want to stay live. They allow if she wants to stop fighting and decide to go to die. They know that it is not easy for her, to struggle in her life. Gran and Gramps don't want Mia suffer from her comma in a long time. If she wants to stay, so bring her soul back soon. While if she doesn't want to stay and go to die, go away as soon as possible.

Then the second cause is because of love. Not only Gran and Gramps who love her and wants her to stay but also her beloved man, Adam and her best friend, Kim. Mia is very loved Adam and Kim, and in vice versa, Adam and Kim love her too. Adam is a man who become Mia's boyfriend. She very loves him and doesn't want to leave him in any condition. It is the one of the reason why Mia doesn't want to die.

I *need* Adam. I take a final look for him and Kim but they're not here, so I head back upstairs to the ICU (Forman 38).

The quotations above show that Mia love Adam so much. She need him in any condition, moreover in this condition. In this comma, she still remembers about Adam. Its indicate that Adam is one of the most important people in her life. Therefore, his presence beside her is very important. She need him to give support so, Mia has a spirit to struggle and continue her life. Because she thinks that if Adam here and stay with her, she doesn't feel lonely. She has a friend to accompany her to face any problem in her life.

It also seems on the statements when Kim ask to Mia about her condition, as follows.

Kim settles into the chair next to my bed. "How are you doing?" she asks. I'm not sure. I'm exhausted, but at the same time Adam's visit has left me ... I don't know what. Agitated. Anxious. Awake, definitely awake. Though I couldn't feel it when he touched me, his presence stirred me up anyhow. I was just starting to feel grateful that he was here when he booked out of here like the devil was chasing him. Adam has spent the last ten hours trying to get in to see me, and now that he finally succeeded, he left ten minutes after arriving. Maybe I scared him. Maybe he doesn't want to deal. Maybe I'm not the only chickenshit around here. After all, I spent the last day dreaming of him coming to me, and when he finally staggered into the ICU, if I had the strength, I would've run away (Forman 68).

Mia feels happy when Adam visit her, she also feels something confuse. She

doesn't know what this. Is it agitated, anxious, awake? But actually, the visited of

Adam make her spirit although she cannot feel it when he touches her. It makes

Mia has a spirit to stay and continue her life.

Besides Adam, Mia also has a best friend named Kim. Kim is a very good friend for Mia. Mia very love her and Kim is also love Mia very much. They have a friendship since they are in the senior high school, even up to now they still become a best friend. Kim is always ready for Mia in any condition. She always become the first person who know what are Mia needed.

I wish I could hug her. To thank her for always being one step ahead of what I need.

Of course Kim would go to Adam, to tell him in person as opposed to breaking the news over the phone, and then to bring him here, to me. It was Kim who knew that Adam was playing a show in Portland. Kim who must have somehow managed to cajole her mother into driving downtown (Forman 32).

The quotations above show that Mia is very love Kim and wants to hug her because she tells him about Mia's accident and bring Adam to visit Mia in the hospital. Kim always what are Mia's needed. She knows that in this condition Mia

is very need Adam to give support to her in order to make her come back to her

life as soon as possible. Although, Kim must do something to make Adam go to

visit Mia. Because actually Adam was playing a show in Portland.

Up to now, Kim always stay to accompany her. She always gives support to Mia in order to make Mia stay to live. She doesn't want to lost Mia. She doesn't want to lost her beloved best friend.

I know that Kim's telling me this to try to keep me alive. She probably doesn't realize that in a weird way, her remark frees me, just like Gramps's permission did. I know it will be awful for Kim when I die, but I also think about what she said, about not being scared, about jail being easy compared to losing me. And that's how I know that Kim will be okay. Losing me will hurt; it will be the kind of pain that won't feel real at first, and when it does, it will take her breath away. And the rest of her senior year will probably suck, what with her getting all that cloying your-bestfriend's-dead sympathy that will drive her so crazy, and also because really, we are each other's only close friend at school. But she'll deal. She'll move on. She'll leave Oregon. She'll go to college. She'll make new friends. She'll fall in love. She'll become a photographer, the kind who never has to go on a helicopter. And I bet she'll be a stronger person because of what she's lost today. I have a feeling that once you live through something like this, you become a little bit invincible (Forman 69).

Kim try to talk with Mia, tells some story about their life, about something happen when she is comma. Although, actually she knows all of the story that tells by Kim, but she cannot talk to her. She tells this in order to try to make keep her alive. Kim love her so much, more than the other. She doesn't want Mia die. She wants to stay with her every day and everywhere and face their problem together. It will be awful for Kim if Mia die. She will very sad and it's very bad for her. But, she tries to strong by said to Mia that she will be fine if she decides to go to die. It is doing by Kim because she doesn't want Mia feel sad. She wants Mia to keep spirit in face her problem now.

So that's why Mia confused to decide to bring her soul back to her body and stay alive, or to go to die. In one sides, she cannot live without her beloved family, and the other sides she still has many beloved people who love her and want her to stay alive and continue her life. And finally, she decides to stay alive.

She come back to her body when Adam visit and accompany her to make her

spirit and then she decides to stay alive.

Yo-Yo Ma continues to play, and it's like the piano and cello are being poured into my body, the same way that the IV and blood transfusions are. And the memories of my life as it was, and the flashes of it as it might be, are coming so fast and furious. I feel like I can no longer keep up with them but they keep coming and everything is colliding, until I cannot take it anymore. Until I cannot be like this one second longer. There is a blinding flash, a pain that rips through me for one searing instant, a silent scream from my broken body. For the first time, I can sense how fully agonizing staying will be. But then I feel Adam's hand. Not sense it, but feel it. I'm not sitting huddled in the chair anymore. I'm lying on my back in the hospital bed, one again with my body (Forman 74).

She comes back to her body when Adam comes and sit in beside her. He asks to her to stay alive, and never leave him in any condition. He said that he very loves her and he doesn't want to lose her. He plays Yo-Yo Ma and place a headphone on her ears, then lay an iPod down on her chest. This music makes her remember about her past event in her life. It makes she cannot hold back, she feels torture because of this condition and finally she decide to comeback. Suddenly, she can feel the touch of Adam's hand and she squeezed his hand. Adam can feel Mia's squeeze and he know that Mia wake up from her comma.

As the effect of the psychological conflict that is faced by Mia, she feels anxious. This anxiety comes because she doesn't know what will be doing. She doesn't know that she will stay alive or go to die. Since her coma, she is very anxious. She confuses that she must choose to stay alive or go to die. She feels anxious if she choose to stay alive, she afraid that she cannot live because her beloved family died. But if she chooses to die, she will lose her beloved people. It has relations with her personality. In this story, Mia describes as a loving girl. She loves the people around her, especially her family and her boyfriends. She need support from her beloved people to live in the world. Therefore, she thinks that she cannot live without her Mom, Dad, and Teddy.

3.3 Mia's Defense Mechanism

Defense mechanism is a set of system that tries to distort the reality to cope with the anxiety. One of the impact of the psychological conflict undergone by Mia is anxiety. The function of defense mechanism is to deny and distort reality which are too hard and painful to bear (Henry 187). There are some kinds of defense mechanism that is commonly used by human being to defend his self. Mia uses defense mechanism in many ways to cope her anxiety because of her conflict, that will analyze by the researcher in the following explanations.

3.3.1 Repression

Repression is mechanism that is performed to relieve anxiety with emphasis on impulse or desire. It's also can said as repress or hide feeling. The feeling that is felt by the people are repressed deeply in order to the other people don't know his problem (Minderop 33). In this novel, Mia face this kinds of defense mechanism to defense her psychological conflict.

Yo-Yo Ma continues to play, and it's like the piano and cello are being poured into my body, the same way that the IV and blood transfusions are. And the memories of my life as it was, and the flashes of it as it might be, are coming so fast and furious. I feel like I can no longer keep up with them but they keep coming and everything is colliding, until I cannot take it anymore. Until I cannot be like this one second longer (Forman 74). Repression is selective forgetting material associated with conflict and stress. From the quotations above we know that Mia tries to blocking her memories of her life. She wants to forget it because it makes her tortured. If she remembers about her memories of life in the past, she feels sad and she cannot go to die. She will remember about her beloved family who died: Mom, Dad, and Teddy. She also remembers all of the memories about her love, Adam. It can make her confuse and cannot decide to stay or leave. So, she forgets this memory in order to she can chose one of two choices.

3.3.2 Denial

Denial is believing that the problem doesn't exist or the unpleasant incident never happened (Tyson 15). Denial is often used by children toward off the painful reality and make it less threatening. In this story, Mia cannot accept the reality about her accident.

I spin away. This isn't right. This cannot be happening. We are a family, going on a drive. This isn't real. I must have fallen asleep in the car. *No! Stop. Please stop. Please wake up!* I scream into the chilly air. It's cold. My breath should smoke. It doesn't. I stare down at my wrist, the one that looks fine, untouched by blood and gore, and I pinch as hard as I can (Forman 5).

After Mia find her body and she knows about her condition, she shocks and she said that it is no real. She thinks that it just a dream when she sleeps in her car. It is because she stands here but she looks her body in the ditch with blood from her chest and her body full of injuries. While she stands here with a clean body doesn't hurt the slightest. So, she cannot accept this reality because it is like a dream, not real. This condition is impossible if occur in this reality life.

3.3.3 Fantasy

Fantasy a process a daydreaming or imagining to provide an escape from reality, with the satisfaction obtained and the achievements of the enjoyment that is imaginary or die as a hero of innocent (Munsinger 427).

When Mia sees Adam and Kim since her coma, she feels very happy and she said that she wants to hug her and give thanks because she brings Adam come here to visit her.

"I wish I could hug her. To thank her for always being one step ahead of what I need." (Forman 32).

It is just her imagine because it is impossible to happen. In this time, she still in coma and her soul out of her body like a ghost. She can look everything but she cannot touch everything, especially the people. She can look the people but the people cannot look her.

Then, Mia also said that she wants Adam to visit her and she imagine that she looks Adam comes and then she run to comes to him like in the film.

All day long, I've been imagining Adam's arrival, and in my fantasy, I rush to greet him, even though he can't see me and even though, from what I can tell so far, it's nothing like that movie *Ghost*, where you can walk through your loved ones so that they *feel* your presence (Forman 32).

From the quotations above show that Mia has an imagination about Adam. She imagines that Adam comes to visit her. Then, she rushes to greet him even though he can't see her. But, it just her imagination. It cannot be reality. She imagines that because she misses Adam so much. She wants to meet him to give her spirit to stay alive.

3.3.4 Reaction Formation

Reaction formation occurs when a person feels urge to do or say something and then actually he or she does or says something that is effectively the opposite of what they really want (Munsinger 426).

I don't want to see him now. I mean, of course I do. I ache to. But I know that if I see him, I'm going to lose the last wisp of peacefulness that Gramps gave me when he told me that it was okay to go. I'm trying to summon the courage to do what I have to do. And Adam will complicate things. I try to stand up to get away, but something has happened to me since I went back into surgery. I no longer have the strength to move. It takes all my effort to sit upright in my chair. I can't run away; all I can do is hide. I curl my knees into my chest and close my eyes (Forman 62).

Based on the quotations above we know that Mia said that she doesn't

want to meet Adam. But actually, she really need Adam. She said that because if

she meets Adam, she will feel confuse again. Because she feels enjoy when

Gramps said that okay if she wants to go. It will break if she meets Adam. She

will confuse because she very loves him and Adam make her wants to stay alive.

So, she said that to defense in her condition.

3.3.5 Displacement

Displacement is the shifting or changing the one's emotion or

unacceptable feeling to the others target when there is some reason why the first

target is not permitted or not available (Munsinger 426).

When she is comma and she look that her body was operation by the

doctors, she feels exhausted. Then she is doing something to cheer herself up.

Just for the sake of experiment, I wiggle my nose like Samantha on *Bewitched*. Nothing happens. I snap my fingers. Click my heels. I'm still here.

I decide to try a simpler maneuver. I walk into the wall, imagining that I'll float through it and come out the other side. Except that what happens when I walk into the wall is that I hit a wall (Forman 14).

Mia cheer herself up by doing something that she ever seen in a film. She tries to snap her finger, click her heels, and she still here. She tries to do that in order to make her move to the other place. But she cannot. The she makes the other experiments. She tries to walk into the wall in order to float through it and make her move in other place. But it cannot happen. She hit a wall. She does this experiment is to overcome her saturation in waiting her operation.

Five forms of defense mechanism that did by Mia above are to cope her anxiety because of her conflict that she confuses to choose to stay alive or go to die. In her coma, she doesn't know what will to do. Actually, Mia is a timid girl. She often feels nervous, fear, anxious, and unconfident. Therefore, Mia did the defense mechanism above because she feels anxious and unconfident to make a decision. She feels that, because she doesn't believe that she can live in the world again without her beloved family.