



# THE IMPLEMENTATION OF FULL DAY SCHOOL SYSTEM IN IMPROVING SPEAKING ABILITY AT MTs PLUS RADEN PAKU TRENGGALEK

(A Case Study at Second Grade of MTs Plus Raden Paku Trenggalek)

## THESIS

Submitted in partial fulfillment of the requirement for the degree of Sarjana Pendidikan Islam (S.Pd.I.) in Teaching English



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## STATEMENT OF THE ORIGINALITY OF *SARJANA* THESIS

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(Case Study at second grade of MTs Plus Raden Paku Trenggalek)**

Declares that the present *sarjana's* thesis's is original research undertaken by the researcher mentioned above for the English department, Tarbiyah Faculty, state Institute of Islamic Studies Sunan Ampel Surabaya. Theoretical contributions and findings in this study are my original work and have not been submitted for any degree in this or any other universities. If later it can be revealed that this *Sarjana's* thesis contains party or wholly plagiarized others' intellectual work of any kind, I will be ready to accept to accept the sanction established by the university on the matter.

Surabaya, September 15<sup>th</sup>, 2012

The Statement maker

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implementation of the full day school system is it can be one of the systems that emphasize on learning process. Full day school also concerns with the curriculum that contains of suitable timetable to the schedule sitting of subjects (Salim, 1998: 340).<sup>3</sup> Full-day school system does not just use the class as the media to learn, but also use a form of teaching integrated with the daily activities of students like playing, worship, meals and other activities.

By using full day school system, it is assumed that the effectiveness of good learning can be reached. Setyosari explains that effective learning is an effort done by the teacher to help people or student facilitate their learning. There are two aspects to make good learning effective: first, the learning itself. Learning is an effort that is done by a teacher to help students to be able to learn easier. Second, learning activity. It needs the whole preparation from the teacher, teaching materials, tools and supported environment. Thus, learning activity should be managed profesionally to get good product, good quality graduation and never give up to face the problem.<sup>4</sup>

Fullday school learning is an education system that aims to improve learning affectivity in the school. MTs plus Raden paku is one of school that uses this system. This school uses fullday learning system by giving many activities that aim to improve students' learning quality. Those activities can be internal activities inside the classroom or an external activities outside the class or school.

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<sup>3</sup> Ibid, p. 340

<sup>4</sup> Syosari, *Model Pembelajaran Konstruktivistik; Sumber Belajar, Kajian Teori dan Aplikasinya* (Malang: LP3UM, 2001), p. 18.

Some activities that aim to improve students' speaking ability are students get two new vocabularies to be memorized everyday. This activity is done every morning before entering school. Another activity is a discussion that is done once a week using formal language. On Sunday morning, conversation is also done to practise new vocabularies they have gotten in a week. It is done in pairs.

Furthermore, some reasons why researcher wants to analyze this school are: first, this school is a famous school in Trenggalek and has different learning system compared to other schools. Although this school is not a state school but it can compete with other state schools in Trenggalek.

Second, this school has a value for the society because this school is set in modern Islamic boarding school area that uses two foreign languages for daily communication: English and Arabic.

Based on the theoretical introduction that the researcher has stated in the previous paragraphs, the researcher will conduct a research for the second grade students. It attempts to know how the implementation of full day school system can improve students' speaking ability and to prove whether or not the implementation of full day school system can improve students speaking ability. Therefore, the researcher conducts the study by the title "The Implementation of full day school system in improving speaking ability (a case study at second grade of MTs Plus Raden Paku Trenggalek).











accordance with the responsibilities given. Teacher performance also includes a sense of responsibility that carry out their mandate, the profession adopted and moral responsibility as a teacher. Teachers' performance grouped into three aspect: (a) professional skills, (b) social skills, (c) the ability of personality. Those three aspects are seen from the performance of teachers before and after the full day school program. These aspects, before a full day program implemented, already looked well, so later after a full day program was implemented, teachers become more prepared and their performance is expected to increase. However the result showed that the performance of primary school teachers before and after a full day program implemented is the same even they though show increased performance.<sup>11</sup>

4. The Effects of Full Day versus Half Day: Review and Analysis of National and Indiana Data- by Jonathan A. Plucker, Center for Evaluation and Education Policy- January, 2004.

In essence, the results of this study are full-day school system aims to make learning more effective. Another result is some teaching shows that smaller class size implemented in the full day program is more effective than the bigger one.<sup>12</sup>

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<sup>11</sup> Fandi Hardhyono, Thesis: "*Performances of Primary School Teachers in Full-Day School Program*", (Faculty of Psychology Airlangga University Surabaya, 2009), p. 80.

<sup>12</sup> Jonathan A. Plucker, Ph.D, "*Review and Analysis of National and Indiana Data*", (Prepared for the Indiana Association of Public School Superintendents Information and Research Commission One North Capitol Avenue, Suite 1215 Indianapolis, IN 46204, January 09 2004), p. 38.





(laboratory), and other labels attached to the school that are assumed by the "school of excellence".<sup>17</sup>

After learning the history of full day school system that has been explained above, the next stage is to understand the sense of full day school. Before defining the full day school, firstly we describe the meaning of learning, so that between learning and full day school can be united as one subject that is easy to understand.

Learning defined as an effort to help facilitating the others in achieving knowledge. In particular, learning is an attempt conducted by teachers to help students to learn easily. Salim explained the term of full day school comes from English that means full, the day and the school. So, full day school means that teaching and learning process in a whole day which starts at 6.45 am -3.00 pm and it takes a rest every two hours. It is a school that its learning process runs all day starting in morning until evening.<sup>18</sup>

### **C. The Objectives of Full Day School**

Juvenile delinquency is increasingly rising. It can be seen from the reports in the mass media that often contains of various irregularities carried out by the students, such as free sex, drunk, and so forth. This case motivates parents to find a formal school that is able to provide positive activities for their children. They

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<sup>17</sup> Styosari, *Model pembelajaran Kontivistik, Sumber Belajar, Kajian Teori dan Aplikasinya*, (Malang: LP3U, 2001), p. 24

<sup>18</sup> Peter Salim, *Advance English-Indonesia Dictionary*. (Jakarta: 1988), p. 340







day program, as well as more time proportionately than half-day programs.<sup>22</sup> Finally, several studies have suggested that children get much benefit the most from full-day programs.<sup>23</sup>

According to Suharsimi Arikunto, in education organization the goal of education has been formulated in various goal levels, include:<sup>24</sup>

1. The purpose of National education
2. The purpose of Institution
3. The purpose of Curriculum
4. The purposes of Instruction (teaching).

All the purposes are a hierarchy sequence that are linked one to each other depends on the formula of their purpose, so, all these education purposes from basic level to university level should be started from the purposes of that national education.

So purpose of full day school programs is a result which expected by education system for intensification education in teaching and learning in school. The changes that have been mentioned are an important signal to find out an alternative solving. From this situation, some education practitioners work hard in order to find a new paradigm education in order to maximize children spare time, so that they argued that full day school needs to be applied.

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<sup>22</sup> Morrow, L. M., Strickland, D. S., & Woo, D. G. *Literacy Instruction in Half- and Whole- Day Kindergarten: Research to Practice*, (Newark, DE: International Reading Association, (1998), P. 76.

<sup>23</sup> Clark, P., & Kirk, E. All-Day Kindergarten. *Childhood Education*, (2000), p. 228

<sup>24</sup> Suharsimi Arikunto, *Managemen Pengajaran Secara Manusia*, (Bandung: Rineka Cipta, Ce t, II, 1993), p. 14









In full day school, a difficult lesson placed in beginning of day and an easy lesson placed in the last schedule or in the evening. The reason is students are more active and fresh in the morning, so the difficult lesson seems easy to study. Another reason is that students' mind still is fresh. But in the evening, students always feel tired and is not interested in doing activity and that problem will students' effect physical condition. Therefore, the easy lesson is placed in the last of day.<sup>33</sup>

#### **E. Characteristic of Full day School**

The most basic characteristic of full day school teaching for integrated curriculum process and integrated activity is a teaching form that is expected be train a high intellectual student who can combine creativity aspect and academic skills in a good and Islamic way.

The schools that apply full day school learning have various teaching practices. It could be from the duration side or the use of curriculum. According to its principle, it starts from religious aspect and good moral as important thing for future and its education assembly.<sup>34</sup>

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<sup>33</sup> Bobbi Departar, Mark Reardon & Sarah Singger Naurie, *Quantum Teaching Mempraktekan Quantum Teaching Diruang Kelas-Kelas*, (Kaifa Bandung: 2004), p. 4

<sup>34</sup> Romli, Moch, *Manajemen Pembelajaran Di Sekolah Dasar Full day School*, (Disertasi UM Malang, 2004), p. 18



























## CHAPTER III

### RESEARCH METHODOLOGY

#### A. Research Design

This research includes the type of case study using descriptive qualitative method. Case study has the characteristics stated by the experts as a study that is conducted intensively, detailed and in depth toward an organization, institution or certain phenomenon.<sup>48</sup> Case can be an individual, an institution or a group considered as a unit in the research.<sup>49</sup>

Correlating to the explanation, this research is a case study because of its characteristics. This study attempts to explore certain information about a phenomenon or case of a subject. The case of this research is the implementation of full day school system for improving speaking ability and the subject of students in second grade of MTs Plus Raden Paku Trenggalek.

Because this research is a case study, it uses descriptive qualitative method. Descriptive method is a method that researches the status of human, an object, a set of condition, a system of thought, or even a class of phenomenon at the

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<sup>48</sup> Suharsimi Arikunto, *Prosedur Penelitian Suatu Pendekatan Praktek* (Jakarta: PT. Rineka Cipta, 2006), pp. 31-32.

<sup>49</sup> Margono, *Metodologi Penelitian Pendidikan* (Jakarta: Rineka Cipta, 2007), p. 29

present.<sup>50</sup> Qualitative research is a research procedure which produces written or spoken descriptive data of research that is possible to observe.<sup>51</sup>

This research uses that method because it is appropriate to the objectives of the research which focus on the implementation of full day school, and in improving speaking ability. The results of the research emphasize more toward the data interpretation found in the field. The results are not written in the form of figures and tables with statistical measures, but it is illustrated in the form of describing words in narrative.

### **B. Subject of the Study**

The subject of this study was the students of second grade at MTs Plus Raden Paku Trenggalek. The headmaster and the English teacher who handled the classes were also the subjects of this research.

The researcher examined the entire students of second grade of MTs Plus Raden Paku Trenggalek because they saw able to speak English based on the preliminary study that the researcher did. Therefore, the researcher wants to prove whether the implementation of full day school could improve the quality of learning speaking at that school.

### **C. Population and Sample**

According to Sugiyono,<sup>52</sup> the population is groups of subject that is determined by the researchers to be studied and drawn the conclusions. The

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<sup>50</sup> Moh Nazir, *Metode Penelitian* (Bogor: Ghalia Indonesia, 2005), p. 54

<sup>51</sup> *Ibid.*, p. 36



















First is data reduction. It aims to reduce and to simplify dates, to elect the main thing, to focus on the important thing and to cut the useless data from the research. Then the researcher grouped it from some instruments (interview and documentation) based on the research problem.

Second is data display. It aims to explain the data by short explanation because qualitative research commonly uses narrative text.

Third is drawing conclusion/verification. The researcher concluded the result of his research he conducted based on data analysis he has.















7	Osis	1	1		
8	Scouts office	1	1		
9	guidance counseling	1	1		
10	School Health Unit	1	1		
11	Art gallery	1	1		
12	Teachers bathroom	6	6		
13	Men students bathroom	15	15	4	
14	Woman students bathroom	17	17		
15	Mosque	2	2		
16	Guard room	1	1		
17	Language room	2	2		
18	Other rooms	2	2		

## B. Research findings

### 1. The Implementation of Full Day School System in Improving Students Speaking Ability.

#### a. Activities of full day school in MTs Plus Raden Paku

Full day school which is applied in MTs Plus Raden Paku has a very long time schedule, but not all the formal activities provided. The researcher here has learned all the activities implemented in MTs Plus Raden Paku.

To find out all the activities of researchers has obtained data from the following observation:<sup>65</sup>

**Tabel IV**  
**Activities of Full Day School in MTs Plus Raden Paku**

NO	Time	Kinds of Activities
1	03.00-04.00	Wake up and prepare for praying Subuh
2	04.00-04.30	Praying Subuh
3	04.30-05.00	Reading holy Qur'an
4	05.00-05.30	Memorizing new vocabulary
5	05.30-06.00	Morning sport

<sup>65</sup> Observation on Saturday and Sunday, March 17<sup>th</sup> and 18<sup>th</sup>, 2012, at 07.00-07.00 am



























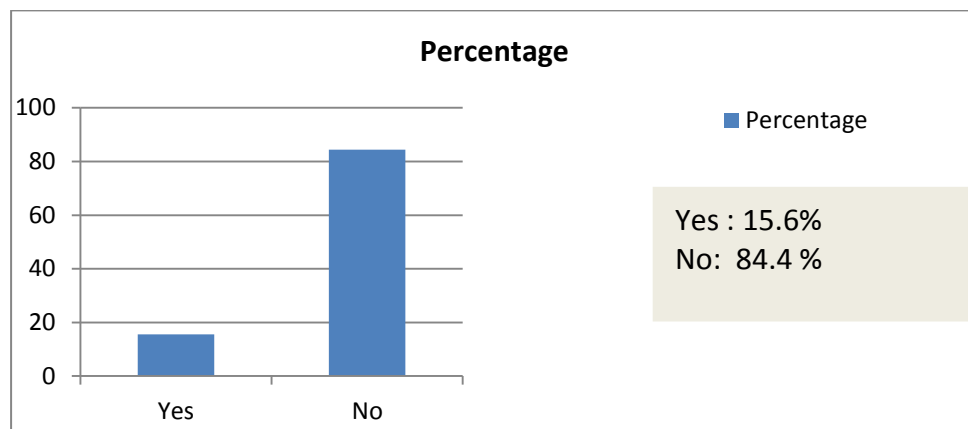






From the distribution of questionnaires that had been distributed to 45 respondents, the researcher gained the following data. 3 respondents (6.7%) said “yes”, while 42 respondents (93.3%) said “No”.

**Figure 3**  
**Students’ dared to speak English in front of class**



From the distribution of questionnaires that had been distributed to 45 respondents, the researcher gained the following data, 7 respondents (15.6%) stated "Yes", while 38 respondents (84.4%) said “No”.



























From the explanation above about the process of implementing full day school, MTs Plus Raden Paku that had some process of implementing full day school to improve students' speaking ability by providing a variety of activities that can make the students active, creative and intensive. In English lessons and to obtain optimal learning in full day school, it activities such as conversation, discussion, English speech and provision of new vocabulary

The second is about the place of full day school learning. MTs Plus Raden Paku gives many kinds of places for the activity of full day school. It is not only in the class but also out of the class. The places are in the class, terrace, hall, laboratory, library, computer laboratory, yard and roads.

The third is the facility for students. Also, from the activities done by students of MTs Plus Raden Paku serve the facilities for students. The facilities are library, laboratory, guidance, consult, UKS, art, sport, dormitory, kitchen, telephone station and shop.

Fourth is Kinds of full day school activities to improve speaking ability. From observation result shows that there are many kinds of full day school activity to improve students' speaking ability. They are conversation, discussion, English speech and provision new vocabularies.

The five is the time of full day school activities to improve speaking ability. The first, conversation is done every Sunday at 05.00-06.00. The second, discussion is every Saturday night at 19.30-21.30. Next, English



Ninth are Students' responses about the implementation of full day school system to improve speaking ability. From questionnaire distributed to 45 respondents, there are three parts that researcher research. Those are Students' speaking well, Students' confident and Mastering English Vocabulary.

from the findings that the data obtained by researchers having a difference of opinion between the English teacher and the students. English teacher said that the students' speaking ability can be improved with a full day school system , but the students are not able to speak English with a full day school system.

This disagreement arose because teachers have not been able to examine the students one by one to see the students' ability to speak English. teachers simply assume that the full day school system was able to improve the students speaking ability without seeing results. otherwise students feel that they have not been able speaking ability increases with the system.













