



# THE IMPLEMENTATION OF FULL DAY SCHOOL SYSTEM IN IMPROVING SPEAKING ABILITY AT MTs PLUS RADEN PAKU TRENGGALEK

(A Case Study at Second Grade of MTs Plus Raden Paku Trenggalek)

## THESIS

Submitted in partial fulfillment of the requirement for the degree of Sarjana Pendidikan Islam (S.Pd.I.) in Teaching English



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2012





















implementation of the full day school system is it can be one of the systems that emphasize on learning process. Full day school also concerns with the curriculum that contains of suitable timetable to the schedule sitting of subjects (Salim, 1998: 340).<sup>3</sup> Full-day school system does not just use the class as the media to learn, but also use a form of teaching integrated with the daily activities of students like playing, worship, meals and other activities.

By using full day school system, it is assumed that the effectiveness of good learning can be reached. Setyosari explains that effective learning is an effort done by the teacher to help people or student facilitate their learning. There are two aspects to make good learning effective: first, the learning itself. Learning is an effort that is done by a teacher to help students to be able to learn easier. Second, learning activity. It needs the whole preparation from the teacher, teaching materials, tools and supported environment. Thus, learning activity should be managed profesionally to get good product, good quality graduation and never give up to face the problem.<sup>4</sup>

Fullday school learning is an education system that aims to improve learning affectivity in the school. MTs plus Raden paku is one of school that uses this system. This school uses fullday learning system by giving many activities that aim to improve students' learning quality. Those activities can be internal activities inside the classroom or an external activities outside the class or school.

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<sup>3</sup> Ibid, p. 340

<sup>4</sup> Syosari, *Model Pembelajaran Konstruktivistik; Sumber Belajar, Kajian Teori dan Aplikasinya* (Malang: LP3UM, 2001), p. 18.

Some activities that aim to improve students' speaking ability are students get two new vocabularies to be memorized everyday. This activity is done every morning before entering school. Another activity is a discussion that is done once a week using formal language. On Sunday morning, conversation is also done to practise new vocabularies they have gotten in a week. It is done in pairs.

Furthermore, some reasons why researcher wants to analyze this school are: first, this school is a famous school in Trenggalek and has different learning system compared to other schools. Although this school is not a state school but it can compete with other state schools in Trenggalek.

Second, this school has a value for the society because this school is set in modern Islamic boarding school area that uses two foreign languages for daily communication: English and Arabic.

Based on the theoretical introduction that the researcher has stated in the previous paragraphs, the researcher will conduct a research for the second grade students. It attempts to know how the implementation of full day school system can improve students' speaking ability and to prove whether or not the implementation of full day school system can improve students speaking ability. Therefore, the researcher conducts the study by the title "The Implementation of full day school system in improving speaking ability (a case study at second grade of MTs Plus Raden Paku Trenggalek).









accordance with the responsibilities given. Teacher performance also includes a sense of responsibility that carry out their mandate, the profession adopted and moral responsibility as a teacher. Teachers' performance grouped into three aspect: (a) professional skills, (b) social skills, (c) the ability of personality. Those three aspects are seen from the performance of teachers before and after the full day school program. These aspects, before a full day program implemented, already looked well, so later after a full day program was implemented, teachers become more prepared and their performance is expected to increase. However the result showed that the performance of primary school teachers before and after a full day program implemented is the same even they though show increased performance.<sup>11</sup>

4. The Effects of Full Day versus Half Day: Review and Analysis of National and Indiana Data- by Jonathan A. Plucker, Center for Evaluation and Education Policy- January, 2004.

In essence, the results of this study are full-day school system aims to make learning more effective. Another result is some teaching shows that smaller class size implemented in the full day program is more effective than the bigger one.<sup>12</sup>

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<sup>11</sup> Fandi Hardhyono, Thesis: "*Performances of Primary School Teachers in Full-Day School Program*", (Faculty of Psychology Airlangga University Surabaya, 2009), p. 80.

<sup>12</sup> Jonathan A. Plucker, Ph.D, "*Review and Analysis of National and Indiana Data*", (Prepared for the Indiana Association of Public School Superintendents Information and Research Commission One North Capitol Avenue, Suite 1215 Indianapolis, IN 46204, January 09 2004), p. 38.

## **B. Full Day School**

### **1. The History and Definition of Full Day School**

The history of full day school emerged in the early 1980s in America. Firstly, it was just applied for kindergarten school, and then it developed to be applied to the elementary through senior high school.<sup>13</sup> There are some factors why most American people interest to put their children into full day school. They are described as follows:

- a. The growing number of parents, especially mothers who work and have children less than 6 years.
- b. The increasing number of preschool children who are accommodated in public schools.
- c. The increasing of television effects and parents' activities.
- d. Progress and modernity has developed in all aspects of life.

From the reasons explained above, most American people send their children to full day school because they want their children academic develops to higher level. Some students who have been joining to full day school showed better academic excellence. They also have better performances every time they follow the lesson without any significant adverse effects.<sup>14</sup>

Another history explains that full day school firstly applied in Uruguay. It is not called full day school but Full-time State School (FTS). FTS program was

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<sup>13</sup> [http://www. Fullday School. Com /](http://www.FulldaySchool.Com/) (Accessed on Oktober 07, 2011)

<sup>14</sup> [http://mkpd. Wordpress. \(menakar kapitalisasi fullday school\). Com.](http://mkpd.Wordpress.(menakar kapitalisasi fullday school).Com.) (Accessed on Oktober 07, 2011)



(laboratory), and other labels attached to the school that are assumed by the "school of excellence".<sup>17</sup>

After learning the history of full day school system that has been explained above, the next stage is to understand the sense of full day school. Before defining the full day school, firstly we describe the meaning of learning, so that between learning and full day school can be united as one subject that is easy to understand.

Learning defined as an effort to help facilitating the others in achieving knowledge. In particular, learning is an attempt conducted by teachers to help students to learn easily. Salim explained the term of full day school comes from English that means full, the day and the school. So, full day school means that teaching and learning process in a whole day which starts at 6.45 am -3.00 pm and it takes a rest every two hours. It is a school that its learning process runs all day starting in morning until evening.<sup>18</sup>

### **C. The Objectives of Full Day School**

Juvenile delinquency is increasingly rising. It can be seen from the reports in the mass media that often contains of various irregularities carried out by the students, such as free sex, drunk, and so forth. This case motivates parents to find a formal school that is able to provide positive activities for their children. They

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<sup>17</sup> Styosari, *Model pembelajaran Kontivistik, Sumber Belajar, Kajian Teori dan Aplikasinya*, (Malang: LP3U, 2001), p. 24

<sup>18</sup> Peter Salim, *Advance English-Indonesia Dictionary*. (Jakarta: 1988), p. 340

hope if their children participate in full day school, parents can prevent and reduce the tendency of children to the activities that lead to negative activities.<sup>19</sup>

According to Muhaimin, There are many reasons for using a full day school, including:<sup>20</sup>

First, the increasing number of single parent who have many activities (career parent) which give less attention to the children, particularly associated to the children activity after coming home from school. Parent leave house since 6 o'clock and go back home at night. They work for 5 days in a week and they get holiday on Saturday and Sundays. While children go to school at 6.30 o'clock in the morning and at 13.00 they go home. They study at school for 6 days and they got holiday only on Sunday.

Second, socio-cultural changes occur from an agrarian society toward civic industries. The changes are obviously very influential on the mindset and worldview of society. Advancement of science and technology are so rapid development, especially communication technology and information environment of urban life that lead towards individualism.

Third, socio-cultural changes affect the mindset and view of society. One characteristic of industrial society is a measure of success with the material. It is very influential on the pattern of community life, which ultimately influences the changing role. The roles of mother who was just a housewife, now required for a

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<sup>19</sup> Muhaimin, *Paradigma Pendidikan Islam*, (Bandung: Remaja Rosada Karya 2004), p. 168

<sup>20</sup> Ibid., p. 168



day program, as well as more time proportionately than half-day programs.<sup>22</sup> Finally, several studies have suggested that children get much benefit the most from full-day programs.<sup>23</sup>

According to Suharsimi Arikunto, in education organization the goal of education has been formulated in various goal levels, include:<sup>24</sup>

1. The purpose of National education
2. The purpose of Institution
3. The purpose of Curriculum
4. The purposes of Instruction (teaching).

All the purposes are a hierarchy sequence that are linked one to each other depends on the formula of their purpose, so, all these education purposes from basic level to university level should be started from the purposes of that national education.

So purpose of full day school programs is a result which expected by education system for intensification education in teaching and learning in school. The changes that have been mentioned are an important signal to find out an alternative solving. From this situation, some education practitioners work hard in order to find a new paradigm education in order to maximize children spare time, so that they argued that full day school needs to be applied.

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<sup>22</sup> Morrow, L. M., Strickland, D. S., & Woo, D. G. *Literacy Instruction in Half- and Whole- Day Kindergarten: Research to Practice*, (Newark, DE: International Reading Association, (1998), P. 76.

<sup>23</sup> Clark, P., & Kirk, E. All-Day Kindergarten. *Childhood Education*, (2000), p. 228

<sup>24</sup> Suharsimi Arikunto, *Managemen Pengajaran Secara Manusia*, (Bandung: Rineka Cipta, Ce t, II, 1993), p. 14









In full day school, a difficult lesson placed in beginning of day and an easy lesson placed in the last schedule or in the evening. The reason is students are more active and fresh in the morning, so the difficult lesson seems easy to study. Another reason is that students' mind still is fresh. But in the evening, students always feel tired and is not interested in doing activity and that problem will students' effect physical condition. Therefore, the easy lesson is placed in the last of day.<sup>33</sup>

#### **E. Characteristic of Full day School**

The most basic characteristic of full day school teaching for integrated curriculum process and integrated activity is a teaching form that is expected be train a high intellectual student who can combine creativity aspect and academic skills in a good and Islamic way.

The schools that apply full day school learning have various teaching practices. It could be from the duration side or the use of curriculum. According to its principle, it starts from religious aspect and good moral as important thing for future and its education assembly.<sup>34</sup>

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<sup>33</sup> Bobbi Departar, Mark Reardon & Sarah Singger Naurie, *Quantum Teaching Mempraktekan Quantum Teaching Diruang Kelas-Kelas*, (Kaifa Bandung: 2004), p. 4

<sup>34</sup> Romli, Moch, *Manajemen Pembelajaran Di Sekolah Dasar Full day School*, (Disertasi UM Malang, 2004), p. 18























## CHAPTER III

### RESEARCH METHODOLOGY

#### A. Research Design

This research includes the type of case study using descriptive qualitative method. Case study has the characteristics stated by the experts as a study that is conducted intensively, detailed and in depth toward an organization, institution or certain phenomenon.<sup>48</sup> Case can be an individual, an institution or a group considered as a unit in the research.<sup>49</sup>

Correlating to the explanation, this research is a case study because of its characteristics. This study attempts to explore certain information about a phenomenon or case of a subject. The case of this research is the implementation of full day school system for improving speaking ability and the subject of students in second grade of MTs Plus Raden Paku Trenggalek.

Because this research is a case study, it uses descriptive qualitative method. Descriptive method is a method that researches the status of human, an object, a set of condition, a system of thought, or even a class of phenomenon at the

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<sup>48</sup> Suharsimi Arikunto, *Prosedur Penelitian Suatu Pendekatan Praktek* (Jakarta: PT. Rineka Cipta, 2006), pp. 31-32.

<sup>49</sup> Margono, *Metodologi Penelitian Pendidikan* (Jakarta: Rineka Cipta, 2007), p. 29









## 2. Interview

The meaning of the interview is the process of obtaining information for research purposes by giving question then getting the answer and the procedure by making face to face conversation between the interviewer and respondent.<sup>54</sup> In this case the respondents were the headmaster, teachers and the second grade of MTs Plus Raden Paku Trenggalek.

The researcher used data collection technique because:

- a. The subject (respondent) was the person who was most knowledgeable about his/her own self.
- b. The what was stated by the subjects to the researcher was true and trustworthy.
- c. The interpretation of the subject to the questions asked by the researches was the same as what was referred by the researcher.<sup>55</sup>

Researcher used the unstructured interview because it was able to find in-depth information from the respondents. The researcher just more listened to what answer was given by respondents and he did not limit the explanation of the respondent. The purpose of this interview itself was to get more detailed information.

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<sup>54</sup> Sukmadinata, *Metode Penelitian Pendidikan*. p. 194

<sup>55</sup> Sugiyono, *Metode Penelitian Pendidikan...*p. 194









First is data reduction. It aims to reduce and to simplify dates, to elect the main thing, to focus on the important thing and to cut the useless data from the research. Then the researcher grouped it from some instruments (interview and documentation) based on the research problem.

Second is data display. It aims to explain the data by short explanation because qualitative research commonly uses narrative text.

Third is drawing conclusion/verification. The researcher concluded the result of his research he conducted based on data analysis he has.





































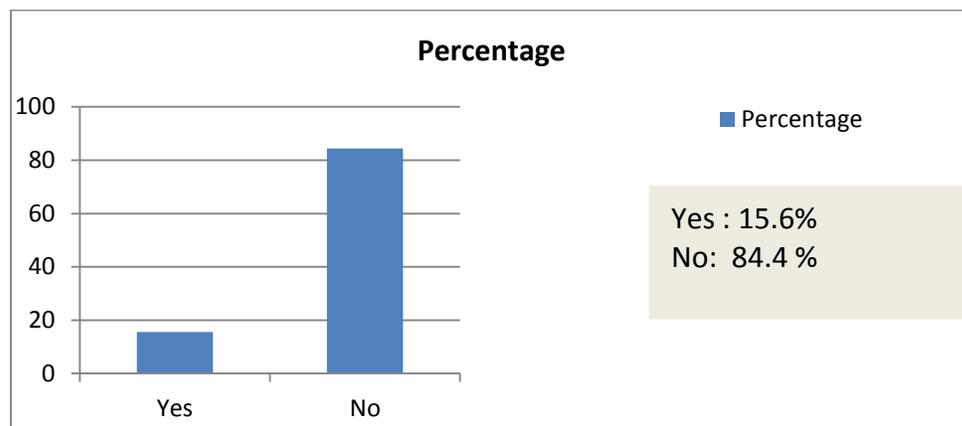






From the distribution of questionnaires that had been distributed to 45 respondents, the researcher gained the following data. 3 respondents (6.7%) said “yes”, while 42 respondents (93.3%) said “No”.

**Figure 3**  
**Students' dared to speak English in front of class**



From the distribution of questionnaires that had been distributed to 45 respondents, the researcher gained the following data, 7 respondents (15.6%) stated "Yes", while 38 respondents (84.4%) said “No”.























From the explanation above about the process of implementing full day school, MTs Plus Raden Paku that had some process of implementing full day school to improve students' speaking ability by providing a variety of activities that can make the students active, creative and intensive. In English lessons and to obtain optimal learning in full day school, it activities such as conversation, discussion, English speech and provision of new vocabulary

The second is about the place of full day school learning. MTs Plus Raden Paku gives many kinds of places for the activity of full day school. It is not only in the class but also out of the class. The places are in the class, terrace, hall, laboratory, library, computer laboratory, yard and roads.

The third is the facility for students. Also, from the activities done by students of MTs Plus Raden Paku serve the facilities for students. The facilities are library, laboratory, guidance, consult, UKS, art, sport, dormitory, kitchen, telephone station and shop.

Fourth is Kinds of full day school activities to improve speaking ability. From observation result shows that there are many kinds of full day school activity to improve students' speaking ability. They are conversation, discussion, English speech and provision new vocabularies.

The five is the time of full day school activities to improve speaking ability. The first, conversation is done every Sunday at 05.00-06.00. The second, discussion is every Saturday night at 19.30-21.30. Next, English



Ninth are Students' responses about the implementation of full day school system to improve speaking ability. From questionnaire distributed to 45 respondents, there are three parts that researcher research. Those are Students' speaking well, Students' confident and Mastering English Vocabulary.

from the findings that the data obtained by researchers having a difference of opinion between the English teacher and the students. English teacher said that the students' speaking ability can be improved with a full day school system , but the students are not able to speak English with a full day school system.

This disagreement arose because teachers have not been able to examine the students one by one to see the students' ability to speak English. teachers simply assume that the full day school system was able to improve the students speaking ability without seeing results. otherwise students feel that they have not been able speaking ability increases with the system.











