

CHAPTER I

INTRODUCTION

A. Background of the Study

'Literature' is a word with a qualitative implication, not just a neutral term for writing in general (Alexander 1). It is not only about the sequences of words, but also there is an implication imply in a literary work. Moreover, many cases found in a literary work. There are certain difficulties with so employing the term; but, in English, the possible alternatives, such as "fiction" or "poetry," are either already pre-empted by narrower meanings or, like "imaginative literature" or belles lettres are clumsy and misleading (Wellek and Warren 11). So, fiction is a part of imaginative literature because it is based on the author's imagination.

Broadly, speaking we use the world literature to mean compositions designed to tell stories, dramatize situations, express emotions, and analyze and advocate ideas (Roberts and Henry 1). It develops our mind and flies our imagination. It looks like real in a imagination. It makes us imagine how various people life. It also enlarges our symphaty.

Literature may be classified into four categories or genres. They are prose fiction, poetry, drama, and nonfiction prose. Usually the first three are classified as imaginative literature. They have much in common, but they also have distinguishing characteristic (Abrams and Greenblatt 2). In prose fiction, the

essence is narration. Fiction originally meant anything made up, crafted, or shaped, but today the word refers to prose stories based in the imagination of the author (2). The author is unimpeded to express his or her mind on his or her work. "The novelists can teach you more about human nature than the psychologists" is a familiar kind of assertion (Wellek and Warren 23). It depends on the author how the literary works be.

Like in English and American literary shows the work of novel and short story in fiction work. The term "novel" is now applied to a great variety of writings that have in common only the attribute of being extended works of fiction written in prose (Abrams 190). Novel is different from short story. Its magnitude permits a greater variety of characters, greater complication of plot (or plots), ampler development of milieu, and more sustained exploration of character and motives than do the shorter, more concentrated modes (190). There are many differences between novel and short story. In formality aspect, novel is longer than short story. Novel tells a story freely, more expansive, more detail, and more complex problems than short story. The element of novel is detail and more complex than short story, such as plot, theme, setting, unity, and character (Nurgiyantoro 9-14).

Although novel is a fiction, it represents a character about human nature more than psychology. E. M. Forster (*Aspects of the Novel*) speaks of the very limited number of persons whose inner life and motivations we know, and sees it as the great service of the novel that it does reveal the introspective life of the characters (Wellek and Warren 23). So, it can be taken every case experienced by the characters. Moreover, there are many moral values can be taken as a lesson for

life. In a typical work of fiction there are always many forces, both small and large, that influence the ways in which characters meet and deal with their problems (Roberts and Henry 55). It is often found in the story that characters face their problem in plot of the literary work and how the characters find the best solution for them.

In the story, usually focus on one or a few major characters who change and grow as a result of how they deal with other characters and how they attempt to solve their problem (Roberts and Henry 3). It describes a story usually concerned with a major problem that a character must face. It exists in a literary work, especially in a novel.

Like every human being, each work of literature has its individual characteristics; but it also shares common properties with other works of art, just as every man shares traits with humanity, with all members of his sex, nation, class, profession, etc. (Wellek and Warren 7). A novelist creates a certain character trait and personality as part of human psychology. The character in a novel is really important to be understood to reach a comprehensive understanding.

A character which is interesting to be discussed is Katya in the novel entitled *Rock Crazy* by Rochelle Weber. Weber lives in Volo, Illinois, with her elder daughter and granddaughter. She is a Navy veteran and holds a BA in Communications from Columbia College in Chicago with an emphasis on creative writing. Her first novel, *Rock Bound*, is available at Create Space, Smashwords, Amazon and BN.com. *Rock Crazy* is her second novel.

Rock Crazy is one of Weber's work. It tells about pregnant woman's struggle despite of her mental illness. She is Katya McGowan who has bipolar disorder. Bipolar indicated as two polars, they are manic and depressive (Halgin and Whitbourne 10). One characteristic of the disorder is dysphoric, too much sadness. And the other is euphoric, too much joyfulness. The basic of mood disorder is the concept of episode. Episode is limited time period when specific and strong symptom disorder happen. In some chances, people experience psychotic symptom like delusion and hallucination (9).

The other side is dysphoric, too much sadness. The sufferers experience major depressive episode, they feel like extreme desperation or lose their interest dramatically to the joyful aspect before. It involved too much sadness mood which disappointment intensity and sad normal intemperately happen in the daily life. They do psychomotor retardation or otherwise, the act frenziedly (Halgin and Whitbourne 4-6).

There is a greater genetic contribution to bipolar disorder than to unipolar disorder. Genetic influence is one of biological causal factors of bipolar disorder. Their result suggested that about 70 percent of the genetic liability for mania is distinct from the genetic liability for depression. It means that they are genetically susceptible to both depression and to mania (Nevid et al 257). It makes the main character worries about her child.

The only cure involves to get a brain surgery (has a microchip implanted in her brain) for her medication. Then she knew that she is pregnant. She does not want to be a robot. But, the doctor said that she cannot do this because of her

pregnancy. It is too dangerous and risk. She wants to have a healthy baby despite her mental illness. Her illness possibly inherit to her baby. She does not want her baby has mental illness like her. She also does not want to hurt anyone, even her baby. It motivates her to struggle for life. The sickness makes her struggle for defend her baby healthy and alive.

There is no previous study found about the struggle of sufferers because of their illness. That is why the study is becoming more interesting. Becoming sufferer of the illness is not easy. Sometimes, the illness limit their step to have a long live and achieve their goals. The sufferer have to struggle for their life. They need a motivation to struggling hard. It is not only for themselves but also for people around them.

In analyzing the character, the writer focus on the struggle of pregnant woman despite her mental illness. The writer analyze the main character's struggle to motivation. She has a strong motivation to struggle for her life. It is done to achieve her goal.

B. Statement of the Problem

According to the background of study above, the writer would like to find out more deeply from the main character in the story. In this case, the writer formulates the research question as follows:

1. How is Katya McGowan characterized in *Rock Crazy*?
2. How is Katya McGowan's struggle to have a healthy baby despite her condition?

C. Objective of the Study

According to the statement of problems above, the writer would like to propose the objective of study as:

1. To describe the characterization of Katya McGowan.
2. To describe Katya McGowan's struggle to have a healthy baby despite her condition.

D. Scope and Limitation

In order to prevent non-relevant problems, the study will be limited to the novel of *Rock Crazy* written by Rochelle Weber. The study focuses on the characters and their characterizations represented in the novel and the causes that influence the main character's behavior and thought. To answer the statement of problem stated above, Katya McGowan character and her characterization becomes the most important point to analyze. The study considers such aspects will be representative enough to reveal the character's problem as portrayed in *Rock Crazy* by Rochelle Weber using humanistic theory by Abraham H. Maslow.

E. Significance of the Study

This study aims to broaden the readers' point of view about aspect of motivation as well as provide distinctive explanation about the way an individual deals with certain motivation in his or her life. The writer does hope that it enriches the reader' development of knowledge in the literary theory which is related to woman. Therefore, the writer also intends to share spirit of woman struggle to all woman for the approach. Furthermore, this study also attempts to

give contribution to the study of literature particularly in English department, faculty of Adab in State Islamic University Sunan Ampel Surabaya.

F. Method of the Study

The study is library based. Therefore, it uses some books including the novel itself as the primary source, articles, journals, and online resources. In presenting the analysis mainly uses descriptive-analytical method. Here are the following steps:

1. Reading the novel to get the complete and well understanding on the whole story.
2. Selecting and collecting the data in form of narration and conversation from the novel related to the problem.
3. Analyzing the data collected by firstly categorizing them into two points, dealing with the statement of problems. Then, each point is analyzed using character, characterization and humanistic theory, which refers to the objective of the study.
4. Making conclusion based on the result of data analysis.

Methodology that is used is descriptive-qualitative. It tries to analyze how the main character's struggle to have a healthy baby despite her mental illness and what her motivation is. It makes possibility to have good data from the other source that possible helping.

G. Definition of Key Terms

To avoid any different perceptions between the researcher and the readers in understanding the study, it is essential to give some definitions of key terms used in this study. Here are the key terms explained:

Motivation	: drive that stimulates an action to reach a goal in live (Maslow 26)
Achieve	: to succeed in reaching a particular goal, status or standard, especially by effort, skill, courage, etc. (Oxford 10)
Struggle	: to do something to try very hard to do or achieve something that is difficult (Oxford 1186)
Bipolar Disorder	: a kind of disorder that is known by mood changing between extreme happy and depression in serious condition (Nevid et al 258)