CHAPTER I

INTRODUCTION

1.1 Background of Study

Literature is one of the forms of human expression of their life. It can be about their activities, experiences from what human have seen, heard, and felt in life.

According to Sutardi(2011:4), literary work is an expression of human that include of experiences, thoughts, feelings, ideas, spirit and belief in a form of illustration of life, which can arouse fascination with language and described in written form.

Rees (1973) stated that literature is writing that expresses and communicates thought, feelings & attitudes toward life. While Boulton (1980) defined literature as a functional perspective as the imaginative work that gives us Recreation, Recognition, Revelation, and Redemption. Although all the experts defined literature in a different perspective, those definitions can be summed up that literature expresses thoughts, feelings, ideas or other special aspects of human experiences (Ade, 2008).

Nurgiyantoro (2010: 03) in his book entitled *"Teori Pengkajian Fiksi"* says, the theme of literary work is always associated with the experience and the meaning of life. Through his work, the author offers specific meaning of life, invites the reader to see the meaning of life with the way by looking the problem as he looked.

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Literature also helps human being to understand the real life that happened around them. The author argues that based on the experience and observations of life. However, it is done selectively and established according with the objective which also incorporates elements of entertainment and enlightenment to the experience of human life.

Thus, Sutardi with the idea of literature as an expression of human experience, Rees with the idea that literature is writing expression and communication about thought, feelings and attitudes toward life. Nurgiayantoro with his idea of literature as commonly being associated with the experience and the meaning of life, Ade with the idea of literature as expression of thoughts, feelings, ideas or other special aspects of human experiences, all of which the writer uses, to confirms the statement that literature is one of the forms of human expression of their life.

One of the literary works that reflects human's life is a novel created by Paulo Coelho entitled *Adultery*. *Adultery* is a novel written by one of the most influential authors of this time: Paulo Coelho. He is the author of many international best seller novels such as *The Alchemist, Aleph, Eleven Minutes* and so on.

Paulo Coelho, the author of the *Adultery* novel, is unquestionably of the most successful authors of recent times, selling more than 100 million books in at least 150 countries internationally. Paulo Coelho has met with a lot of success; his books have been widely translated in a number of languages, earning him the prestigious

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Guinness World Record for most translated book by a living author and has received much honor (http://www.famousauthor.org/).

The novel that will be discussed in this thesis tells about the personality of a career woman as a journalist, with a husband that loves her very much and entered the list of richest people in Switzeland, and have two children and she has many reasons to be happy but she is suffered from a high depression due to trapped to the thing called routine activities. She felt a very strong depression that makes her unable to sleep every night, which is called insomnia and losing interest in one surrounding. Her depression also brought her to a kind of unlawful affair that she has done with her former boyfriend. This unlawful issue makes the writer interest to discuss *Adultery* deeply. From this short synopsis the writer raises into the thesis with the title **"**Linda's Unlawful Affair and Depression in Novel *Adultery* by Paulo Coelho".

1.2 Statements of Problem

Based on the background of the study, the statements of the problem are formulated as follow:

1. How is Linda's personality described in novel *Adultery* by Paulo Coelho?
2. What are the factors that trigger Linda's unlawful affair?

1.3 Objective of Study

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Based on the statement of the problem, the objectives of the study are formulated as follow:

1. To describe the personality of Linda in novel Adultery by Paulo Coelho
2. To find out the factors that cause the unlawful affair done by Linda

1.4 Significance of Study

By conducting this study, the writer hopes that this writing can help and give little information to other people or student especially to student who are interested in English and American literature. The writer also expects that the result of this study will ease the reader to understand one of Paulo Coelho's novel entitled *Adultery*. Through reading this thesis, the writer hopes that the reader will get a new knowledge about English literature.

1.5 Scope and Limitation

The writer specifies the discussion of this study into some topic, those are: Linda's personality only, and the factors that triggers Linda doing unlawful affair which is presented in *Adultery* by Paulo Coelho. So, the cope and limitation is refers to what have the writer written in the statement of problem.

1.6 Method of Study

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This study is descriptive qualitative research. In descriptive qualitative how the data are organized depends upon the researcher and how the data were rendered. Also, it is a library-based study. It means the writer will make use some reference such as books, article, magazines and journal either from hard copy or from online ones. The researches follow the following steps:

a. The writer reads the object that want to be analyzed as the primary data in order to comprehend and examine it well.
b. Selecting and collecting the data about the unlawful affair and depression in the novel that I have read. After I find all of the data about the unlawful depression, the writer select the data about it and investigate the factors that trigger Linda's unlawful affair and depression based on the theory psychology and depression
c. Analyzing the data collected by connecting with the theory.
d. Making conclusion based on the result of the data analysis.

1.7 Definition of Key Term

Depression :

A feeling tone of sadness generally brought on by a loss disappointment and frustration, Johnson (1980: 3).

Insomnia :

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A depressed person is hard to sleep. One always thinks about his problem. So, the brain cannot relax, it works all the time, Johnson (1980: 147).

Loss of interest:

One does not have spirit to interact with his surroundings. A depressed person ignores everything surround him. He loses their energy to do his hobbies or to do any activities of the society. One even ceases to interact with the society (ibid).

Unlawful affair :

Consensual sexual relations when one of the participants is legally married to another (Gerald N. Hill and Kathleen T. Hill. 1981).

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