

In this chapter, the researcher will explain about the main problem of the study. This all about the answering all of the three research question as stated in first chapter; what are the language productivity that King George VI has, what are the strategies in speech-language therapy given to King George and how is the process of speech-language therapy that King George VI gets. Not only that, there will be also a discussion session due to the relation about this study to real life.

This section will explain in details about all of the main problem such as the language productivity, the strategies in speech-language therapy and the process of speech-language therapy given to King George VI.

King George VI has to face his fate as the King in that period. In order to fulfill his fate, he has to meet a big fear in the early period of his leadership. He has to deliver some important speech that related with the English government. Some speech for a normal person like us is does not matter. But, for such a higher status and hold a big responsibility as a King, giving speech is the most difficult things for King George VI. His productivity of language is abnormal or it means

that he has a speech disorder. The researcher analyzed it by collected data as shown below. In the data, King George VI named as Bertie, his nickname in the movie.

4.1.1.1 Disfluency and Articulation Disorder

Data 1: Problem of frequent pause, repeating word ‘the’ and consonant added ‘k’.

In this section, we can see the first problem of Bertie that shows in the movie. It was happened when Bertie has to deliver a speech in front of public and it was his first time to speak publicly. In here, Bertie was given a paper contains a speech that he has to say in front of his civilization which he has to say it by microphone. Knowing that his voice will come loudly, he feels very nervous. This moment not only caused nervousness but also makes his speech disorder came up to public. It was clearly seen by people who hear it.

This is the script from the movie.

Bertie walks to the royal podium, approaches like a death march. He is frozen at the microphone. His neck and jaw muscles contract and quiver. After some minutes, he starts the speech..

Bertie: *I have received.. from his Majesty.. the.. K-K-K... the King... ek-ek-ek-ek....(silent)*

This is the data of his first speech in public. According to Ellen, one of the ways to recognize someone has a speech disorder is when he/she talking. He/she will take frequent pause when talking. As seen in the data above, the blank space/"...." in there means the pauses. So, we can see that Bertie makes frequent

pauses before finish to say one sentence/message. Not only that, repeating word appear in the dialogue (I sign it with the bold form); repeating the word “***the***” for twice.

From the narrative story, “Bertie walks to the royal podium, approaches like a death march. He is frozen at the microphone. His neck and jaw muscles contract and quiver”, it shows how frustrated Bertie was before delivering the speech. All the characteristics indicated that Bertie has disfluency or stuttering. Other speech disorder that is clearly seen in here is the articulation disorder. There is a consonant added, “**K-K-K**” before saying the word “**King**”; and in the last part of the sentence, “**ek-ek-ek....**”. It strengthens my analysis that Bertie also has an articulation disorder. This is a very short speech that he gave but some speech disorder existed in there.

Data 2: Problem of frequent pauses, repeating words ‘are’/’she’/’if’/’he’ and vowel added ‘a’.

This section shows another occasion which Bertie's speech disorder not only came up in public. Here, Bertie also finds some difficulties while he has to tell a story in front of his children. It is happened in a private room (Bertie's house), but it does not mean that his speech disorder not appears.

This is the script from the movie.

Bertie: *Oh, to fly away. Weren't they lucky!*

Margaret: *Now Papa, tell a story!*

Bertie: *Can't I be a penguin instead?*

consonants or even a word. The muteness is one of the indication that his speech disorder is serious problem.

Data 4: Problem of frequent pauses and consonant added ‘p’.

The dialogue below is the scene when Bertie has to give a Christmas greeting to his civilization as a command from his father. In here, Bertie has to deliver the giving through radio. He was handing a notes, he only needs to read it but his speech disorder blocked his job. He could not successfully finish the task. This is the script from the movie.

Bertie tries to read the King's speech.

Bertie: *Through the...wireless..*

King George V: *Get it out boy!*

Bertie: ...one of the...marvels of...

King George V: *“Modern” . Just take your time. Form your words carefully.*

Bertie: ...*Science... I am enabled... ek...*

King George V: *Relax! Just try it!*

Bertie: ...*this Christmas Day...* to speak to all my... *p-p...*

King George V: (Angry) *Do it!*

The fourth data shows how the speech disorder of Bertie always appears worst when he has to giving a speech. Even though he just needs to read a text, but he was failed to finish it. Pausing mode is longer than before (previous script) and consonants added “*p*”, exists again clearly in the dialogue which is a very short sentence. Stuttering makes Bertie difficult to finish read a text, no, but a sentence. In the movie also shown that he has difficulties in breathing while

single word. In the movie, his expression is like someone whose throat stuck by something

Data 8

While in this data, Bertie meets his old brother and debating about his brother's status as the new King after their father's died. This scene shows how Bertie's muteness came twice. By no reason, Bertie becomes hard to speak if the speaker is his own brother.

Bertie: *If you were... a common man, on what basis could you... possibly claim to be King?*

David: *Sounds like you've studied our wretched Constitution.*

Bertie: *Sounds like you haven't.*

David: *That's what this is about. Brushing up. Hence, the elocution lessons. That's the scoop around town.*

Bertie: *I'm trying to...* (Try to say something but failed and then **silent**).

David: *Yearning for a larger audience are we, B-B-B-B-Bertie?*

Bertie: *Don't...* (silent).

Even though repeated words and added consonants did not appear in here but pauses more always appear like usual. A very clear characteristic of disfluency. But, the seventh data shows that muteness appears more often than before. There was twice times that he unable to finish say something.

From all of the eight data I can conclude that Bertie or King George VI's language productivity is really bad because he had some speech disorders which affect his ability to speak very weak. The first disorder that appears is disfluency and its clearly seen along the dialogue. The characteristic of disfluency that existed in the

movie are pauses mode, repeated words, added extra sounds (meaningless), produced long voices and showed visible frustration expression when he want to speak. Almost all of the characteristics of stammer (people with disfluency or stuttering) are shown in Bertie. Then articulation disorder, appears some in the dialogue. It is indicated from the way he said consonants added when he speak. And after I analyzed it, the most often consonants added is when he has to say the word begins with letter “*k*”. He seems to be very difficult to say it fluently. The last is muteness. This worst speech disorder appears sometimes. Especially when Bertie having a bad feeling or mind. But, I also found the fact that Bertie can talk fluently in anger condition but is very rare to be seen.

4.1.2 The Strategies of Speech-Language Therapy Given to King George VI

As the explanation above, we know that King George VI has several speech disorder. There are disfluency, articulation disorder and muteness. According to Ellen, untreated speech disorders may cause a person to experience a great deal of anxiety when talking to people. Over time, this anxiety can trigger anxiety disorders or a phobia of speaking in public. Early treatment for anxiety can help to prevent the development of anxiety disorders.

In the movie, Lionel is the therapist who cure the king. As the data cited below, he gives the king some treatments or exercise due to overcome and reduce the speech disorder that the king has.

4.1.2.1 Muscles Strengthening Exercises

As cited in the data below, Lionel as the speech therapist is given breathing and muscles strengthening exercise to cure the speech disorder of Bertie.

This is the script from the movie.

Bertie: *Are you... are you... are you willing to do your part?*

Lionel: *Alright. You want mechanics? We need to **relax your jaw muscles** and **strengthen your tongue** by repeating tongue twisters. For example. “I am a thistle-sifter. I have a sieve of sifted thistles and a sieve of unsifted thistles. Because I am a thistle sifter.”*

Bertie: *Fine.*

What Lionel said is just appropriate like the theory from Ellen. Relax jaw muscles and strengthen tongue is one of the way to do muscles strengthening exercise. As stated on the script, Lionel has a unique form of sentences to strengthen the tongue muscles, by saying this words “*I am a thistle-sifter. I have a sieve of sifted thistles and a sieve of unsifted thistles. Because I am a thistle sifter.*” The sentences contain a lot of words begin with “**th**” and “**s**”. Those two syllable in phonology related with the role of our tongue to produce sounds.

For “**th**”, in phonology is categorize as ‘*dental fricative*’. It is a sound in which the flow of air out of the body is constricted by the tip of the tongue touching the inside of lower front teeth and the blade touching inside of the upper teeth. The air escape through the gap between the tongue and the teeth.

This will make Bertie's tongue muscles exercise a lot because his tongue needs to move up and down.

While “s” in phonology is an ‘*alveolar fricative*’ is the air escape through a narrow passage along the center of the tongue, and the sound produced is comparatively intense. So, Lionel understand that by saying those sentences repeatedly, he hope the king can reduce or overcome his speech disorder.

4.1.2.2 Breathing Strengthening Exercises

In this data below, explained how Lionel as the therapist will gives Bertie an exercise to strengthen his breathing. As we know that Bertie cannot control his breathing due to his nervousness. So, this kinds of exercise will helps Bertie to be able to control his breathing while speaking.

This is the script from the data

Lionel: *And you do have a flabby tummy. So, we'll need to spend some time **strengthening your diaphragm**. Simple mechanincs.*

As seen on the script, the word ‘*diaphragm*’ is an organ in our body that related with breathing matters. Is the part which can control our breathing. In the phonetic, some words need an extra breath to can produce some difficult consonants or vowels. So, Bertie needs this treatment to overcome his nervousness.

4.1.2.3 Phonetic Therapy

As I also analyzed in previous session, Lionel found that Bertie has some difficulties in saying some consonants such as “*t*”, “*m*”, “*g*”, “*p*”, “*c*”. And often failed in say the words begin with consonant “*k*”. It makes Lionel in one of his therapy session, gives Bertie some phonetic exercise. He commands Bertie to say some words begin with some difficult consonant that Bertie always feels as a burden. As the data below taken in the therapy session from the movie.

Bertie: *Mmm... mother.*

Lionel: *Shorten the humming each time. “Mother”.*

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Lionel: *A cow.*

Bertie: *A cow, a cow..*

Lionel: *A king.*

Bertie: *A.. a king..*

• • • • •

Lionel: *Father*

Bertie: *a.. a..*

Lionel: *Father. Name for the 'th'. Father.*

Bertie: *Father.*

Lionel: *Father.*

Bertie: *Father. Father. Father.*

Not only that, the second data below also proof that phonetic therapy is important to be given to Bertie. Bertie needs more phonetic therapy to makes him usual to move his tongue say some difficult consonant.

Lionel: *Why do you stammer so much more with David than you ever do with me?*

Bertie: *Because you're bloody well paid to listen!*

Lionel: *Bertie, I'm not a geisha girl.*

Bertie: *Stop trying to be so bloody clever!*

Lionel: *What is it about David that stops you speaking?*

Bertie: *What is it about you that bloody well makes... you want to go on about him, the whole bloody time?*

Lionel: *Vulgar but fluent. You don't stammer when you swear.*

Bertie: *Bugger off!*

Lionel: *Is that the best you can do?*

Bertie: *Well, bloody... bugger to you, you... beastly bastard.*

Lionel: *A public school prig can do better than that.*

Bertie: *Shit! Shit, shit, shit. Shit, shit, shit, shit, shit, shit, shit. Shit! Shit!*

Lionel: *Yes, defecation flows trippingly from the tongue?*

Bertie: *Because I'm angry!*

Lionel: *Do you know the “F” word?*

Bertie: *F...F-Fornication?*

Lionel: *Oh Bertie.*

Bertie: *Fuck. Fuck, fuck, fuck, fucking fuck! Fuck, fuck and bugger! Bugger, bugger, buggedy, buggedy. Buggedy, fuck, fuck, ass!*

Lionel: *Yes!*

Bertie: *Balls, balls, fuckety shit!*

Lionel: *You see! Not a hesitation!*

Bertie: *Willy, shit and fuck! And tits.*

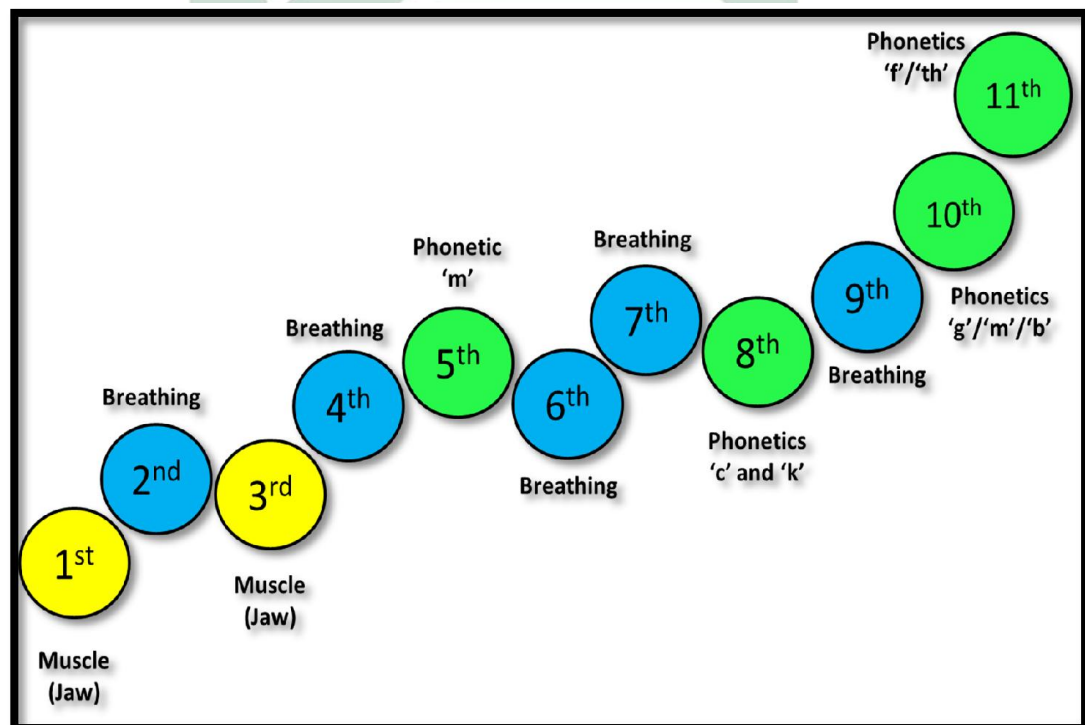
As Lionel found that Bertie did not stutter when swearing, so in that therapy session, Lionel ordered Bertie to say some swear words. Especially the words with consonant “*f*”, as we know in phonology its categorized as ‘*labiodental*’. ‘*Labiodental*’ (from labia lip and dental teeth) fricative is a sound in which the flow of air out of the body is constricted by upper teeth to the lower lip, creating turbulence for the air, but not stopping its passage out of the mouth.

So, based on the first and second data, Lionel will give a language therapy which relates with phonetic syllable. This phonetic matter is appropriate with the therapy treatments suggested by Ellen Koslo. Not only that, some exercises like an exercise to strengthen the muscles in the face and throat, to control the

breathing while speaking, an exercise for strengthening the muscles, to control breathing helps to improve the way our words sound and an exercise to do more fluent speech. All of that will explain below with the process itself.

4.1.3 The Process of Speech-Language Therapy Given to King George VI

The Diagram of the Steps of Speech-Language Therapy



4.1.3.1 Jaw Muscle Strengthening Exercises

In the movie, these two treatments are given in the first and third session of the therapy. These kinds of therapy are one of the ways to do muscles strengthening exercise. Especially muscles in the mouth.

Bertie: *Ayayyayaayyayayaa.... (While shaking hands)*

Lionel: *Feel the loosens of the jaws*

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(Shaking mouth)

Bertie: *Ayyayyayayayayya*.....

When saying “*ayayayayya*” the mouth will be open, moving up and down. This treatment as said in the dialogue will make his muscles in jaws and throat relax. When all of those relax, it can help him easily to produce sound.

4.1.3.2 Breathing Strengthening Exercises

This kind of treatment gave in the second session of the therapy. It is one of the exercises to strengthening Bertie's breathing.

(Jumping and shaking shoulders)

Lionel: *Good. Little bounces. Loose. Shoulders loose. Shoulders loose.*

As Ellen said, one of the treatments to cure speech disorder is by doing an exercise to control breathing. In jumping, our lungs automatically will be able to control breathing and then it helps Bertie to get a good perspiration when talking.

The next higher level of the therapy. This exercise is more difficult than the previous one.

(Laying on the carpet)

Lionel: *Take a nice **deep breath**. Expand the chest. Puts your hands onto your ribs. Deeper. Good. How do you feel?*

Bertie: Mmm... mother.

Lionel: Shorten the humming each time. “Mother”.

Bertie: Mmmmm....

In phonology, the syllable “*m*” categorized as bilabial sounds. It does not need to much energy for Bertie to say this consonant but at least it can warming up his mouth muscles. Consonant “*m*” is produces when the lips are brought together. By the movement of both lips, it can be warming up the king to be usual to start speaking. This is one of the exercises to do more fluent speech.

Data 2: Produce consonants ‘c’/‘k’/‘g’/‘m’/‘b’/‘f’/‘th’.

Phonetic therapy also given in the next session of the therapy. Lionel though that it is very important for the king to make him usual to produce some consonants which he always feels it as a burden. This is given in the eight, tenth and eleventh session of the therapy.

Lionel: A cow.

Bertie: A cow, a cow..

Lionel: A king.

Bertie: A.. a king..

• • • • •

Bertie: (Scream) **Gah! Mah! Bah!**

• • • • •

Lionel: Father

Bertie: a.. a..

Lionel: Father. Name for the ‘th’. **Father.**

Bertie: Father.

Lionel: Father.

Bertie: Father. Father. Father.

Phonetic therapy given lot in this session. Seems Lionel puts too much attention about Bertie's disfluency and articulation disorder. As we noted in previous chapter that Bertie has difficulties to say some words and added so like "*k*". So, in this session, he trained to be more usual to produce difficult consonant like "*c*" in the "*cow*", "*k*" in the "*king*", consonant "*f*" and syllable "*th*" in the "*father*". And "*g*" in "*gah*", "*m*" in "*mah*", "*b*" in "*bah*", to make him usual produce bilabial sound.

Data 3: Practice consonants ‘b’/‘s’/‘f’ and ‘t’ through swear words.

In the last session of the therapy, which Lionel found it on unpredictable moment, phonetic therapy given again in a swear word form. It is happened when Bertie comes to his therapist, Lionel, and sharing his feeling about his brother. Bertie's anger makes him says some swear words fluently. So, Lionel use that moment to continuing his phonetic therapy in an unique way.

This is the script from the movie.

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Bertie: Because you're bloody well paid to listen!

Lionel: Bertie, I'm not a geisha girl.

Bertie: Stop trying to be so bloody clever!

Lionel: What is it about David that stops you speaking?

Bertie: What is it about you that bloody well makes... you want to go on about him, the whole bloody time?

Lionel: Vulgar but fluent. You don't stammer when you swear.

Bertie: Bugger off!

Lionel: Is that the best you can do?

Bertie: Well, bloody... bugger to you, you... beastly bastard.

Lionel: A public school prig can do better than that.

Bertie: Shit! Shit, shit, shit. Shit, shit, shit, shit, shit, shit, shit. Shit! Shit!

Lionel: Yes, defecation flows trippingly from the tongue?

Bertie: Because I'm angry!

Lionel: Do you know the “F” word?

Bertie: F...F-Fornication?

Lionel: Oh Bertie.

Bertie: Fuck. Fuck, fuck, fuck, fucking fuck! Fuck, fuck and bugger! Bugger, bugger, buggedy, buggedy. Buggedy, fuck, fuck, ass!

Lionel: Yes!

Bertie: Balls, balls, fuckety shit!

Lionel: You see! Not a hesitation!

Bertie: Willy, **shit** and **fuck!** And **tits.**

We can see from the script that the swear words contains some of the important consonants that Bertie felt as a burden, such as “**b**” in the words “**bugger**”, “**bloody**”, “**buggedy**” and “**balls**”; “**s**” in the word “**shit**”; “**f**” in the word “**fuck**”; and consonant “**t**” in the word “**tits**”.

4.2 Discussions

As researcher found in 4.2 that King George VI has a very weak ability to speech due to his several speech disorder such as disfluency, articulation and muteness. His higher status makes him hold a big responsibility to the government. One of his obligation is to giving speech, but he always failed to do the job. But then, he did not give up and finally success to finish a king's speech in the last scene of the movie. All is effort was paid.

Speaking is one of the essential ability that a person must has in order to gain a better social life. Through good communication, we are able to have a good relationship with people. As its cited in the Surah Al-Ahzab 70;

يَا أَيُّهَا الَّذِينَ ءَامَنُوا اتَّقُوا اللَّهَ وَقُولُوا قَوْلًا سَدِيدًا ﴿٧٠﴾

“O you who have believed, fear Allah and speak words of appropriate justice”.

And it is also in hadiths narrated by Abu Huraira: Allah's Apostle said, *"Whoever believes in Allah and the Last Day should talk what is good or keep quiet, and whoever believes in Allah and the Last Day should not hurt (or insult) his neighbor..."* Sahih Bukhari: Volume 8, Book 76, Number 482. So, how important our speaking in life.