# PREPARATION FOR PARENTHOOD IN GRAEME SIMSION'S *THE ROSIE EFFECT*

# **THESIS**



BY: FITRI ARINIL CHAQ REG. NUMBER: A03216017

ENGLISH DEPARTMENT
FACULTY OF ARTS AND HUMANITIES
UIN SUNAN AMPEL SURABAYA
2020

# **DECLARATION**

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I am the undersigned below:

Name : Fitri Arinil Chaq NIM : A03216017

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# PREPARATION FOR PARENTHOOD IN GRAEME SIMSION'S THE ROSIE $\it EFFECT$

By Fitri Arinil Chaq Reg. Number: A03216017

Approved to be examined by the Board of Examiner, English Department, Faculty of Arts and Humanities, UIN Sunan Ampel Surabaya.

Surabaya, 26 July 2020

Thesis Advisor

Sufi Ikrima Saadah, M.Hum NIP. 201603318

Acknowledged by: The Head of English Department

Dr. Wahju Kusumajanti, M.Hum NIP.197002051999032002

#### **EXAMINER SHEET**

This thesis has been approved and accepted by the Board of Examiners, English Department, Faculty of Arts and Humanities, UIN Sunan Ampel Surabaya on 26 July 2020.

The Board of Examiners are:

Examiner 1

Sufi Ikrima Saadah, M.Hum.

NUP: 201603318

Examiner 3

Abu Fanani, M.Pd.

NIP: 196906152007011051

Examiner 2

Dr. Wahju Kusumajanti, M.hum.

NIP: 197002051999032002

Examiner 4

Suhandoko, M.Pd

NIP: 198905282018011002

Acknowledged by:

The Dean of The Faculty of Art and Humanities

Sunan Ampel Surabaya

gus Aditoni, M. Ag.

6210021992031001



# KEMENTERIAN AGAMA UNIVERSITAS ISLAM NEGERI SUNAN AMPEL SURABAYA PERPUSTAKAAN

Jl. Jend. A. Yani 117 Surabaya 60237 Telp. 031-8431972 Fax.031-8413300 E-Mail: perpus@uinsby.ac.id

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Nama	: FITRI ARINIL CHAQ
NIM	: A03216017
Fakultas/Jurusan	: ADAB DAN HUMANIORA SASTRA INGGRIS
E-mail add	lress : fitri.arinilchaa@gmail.com
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#### **ABSTRACT**

Chaq, F. A (2020). *Preparation for Parenthood in Graeme Simsom's The Rosie Effect. Thesis.* English Department. UIN Sunan Ampel Surabaya.

Advisor: Sufi Ikrima Saadah, M.Hum.

Keywords: parenthood, lifestyle, education, gender role, spirituality.

In this thesis, the researcher analyses Graeme Simsion's novel *The Rosie Effect*. It focuses on analysing Don and Rosie as the main character who is preparing for parenthood due to their unplanned pregnancy. This research also analysed the effect of preparation for parenthood in Don's and Rosie's relationships.

This research applied a descriptive method. There is eight-factor of preparation for parenthood; those based on Walker and Avant historical perspective, culture, law, gender, spirituality, education, lifestyle, and life course journey.

The result of the study is the writer found that during Don's and Rosie's unplanned pregnancy they experience preparation in the lifestyle changes, emotional, and hormonal change, those changes influence their relationship. Meanwhile, the effect of preparation for parenthood in Don's and Rosie's is that they learn to solve their problem by sharing parental responsibility.

#### **ABSTRAK**

Chaq, F. A. (2020) Persiapan Menjadi Orang Tua di The Rosie Effect karya Graeme Simsion. Sastra Inggris, UIN Sunan Ampel Surabaya.

Penasihat: Sufi Ikrima Saadah, M.Hum.

Kata kunci: orang tua, gaya hidup, pendidikan, peran gender, kerohanian.

Dalam skripsi ini, penulis menganalisis novel dari Graeme Simsion *The Rosie Effect*. Yang fokus menganalisis Don dan Rosie sebagai tokoh karakter utama dalam mempersiapkan kehamilan yang tidak direncanakan. Penelitian ini juga menganalisis dampak persiapan menjadi orang tua di hubungan Don dan Rosie.

Penelitian ini mengunakan metode deskriptif. Ada delapan faktor dalam persiapan menjadi orang tua yaitu: perspektif sejarah, budaya, hukum, jenis kelamin, kerohanian, pendidikan, gaya hidup, dan tujuan hidup.

Hasil dari penelitian ini peneliti menemukan dalam kehamilan yang tidak direncanakan di Don dan Rosie, mereka mendapatkan perubahan gaya hidup, hormon, dan emosi yang mempengaruhi hubungan mereka dan menjad imasalah dalam hubungan mereka. Namun dampak dari persiapan menjadi orang tua di hubungan Don dan Rosie diatasi dengan belajar membagi tanggung jawab dalam menjadi orang tua.

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#### **CHAPTER 1**

#### INTRODUCTION

This chapter presents the background of the study, statement problem, significant of the study, scope and limitation, definition key terms and research method.

### 1.1 Background of the study

Being parents is an experience that usually happens in real human life. Nomaguchi & Milkie, (2003)said that parenthood is a complex and multi-face life event of the human real life in society. Usually, new parents all over the world still feel unprepared for the reality of parenthood. So before being parents need to prepare their readiness for being parents. According to Mansfield, there are two important aspects during the preparation of parenthood. The first aspect is personal preparation. Parenthood needs to prepare its readiness. 'Being ready' to have children is very personal. It means that the mother and father must accept a somewhat limited social life, which is different from life without children. The second aspect is material preparation. This means that the couples need to prepare their financial needs or their home to welcome for a child (Mansfield, 1993).

According to Blesky and Pensky (1988), the transition for parenthood may cause a decline in satisfaction for both husbands and wives. The family changes from a marriage relationship became a family relationship. The expectation of being parents can also have a significant impact on the comfort of the transition.

Moreover, Gloria (1997) said that pregnancy is the appropriate time for

preparation for women and men becoming parents. They need to prepare to experience delivery, labour, and child-rearing. The most significant preparation usually is necessary for a first-time mother and father. The education of parenthood will reveal pleasant feelings and unknown facts about parenthood. Women and men need to understand well how to become a parent so they can resolve the problem better.

Preparation for parenthood in the second child may be different from the first time parenthood. It may also be different in the case of an unplanned and planned pregnancy. The unplanned pregnancy, for example, may involve unexpected or precocious changes that may add stress and change the role statuses on the couple's relationship. It means that preparation for parenthood is essential to prepare the readiness and ability for women and men (Leathers and Kelley, 2000).

The explanation above may indicate that preparation of parenthood is an example of the problem that happens in society. It can be appointed in literary work such as in the novel *The Rosie Effect* by Graeme Simsion, this novel reflects a particular problem that happened in social reality, especially in preparation for parenthood. This novel was published on September 24, 2014, it becomes an internationally best-selling novel, and the rights have been sold in 24 other territories international sales are more than one million copies.

Graeme Simsion is a former business and information technology consultant who decided at the age of fifty to become an author. He lives in Melbourne Australia with his wife Anne, a published author and a professor of

psychiatry. It is through his wife that Graeme got the writer's understanding of the story as well as of psychiatry. Thus, this novel is also dedicated to her.

The Rosie Effect is one of the literary works that can be analyzed in the context of preparation for parenthood. The novel tells about named Don Tillman who got serious about finding a life partner. He dreamt of having a perfect match. However, he ended up falling in love with Rosie Jarman the world's most incompatible woman based on Don's criteria. Don Tillman and Rosie were newly married when they encountered a new and unplanned project, which is Rosie being pregnant. When Don and Rosie moved to New York City, Don was willing to make a few adjustments to his rigidly structured lifestyle. However, nothing could have prepared him for the arrival of Bud (baby under development, the name Don calls the unborn baby). He is certainly not prepared for parenthood. Moreover, Rosie is worried about being a mother because she has no role model for how being a mother, after all, she lost her mother when she was 10 years old.

This research aims to identify preparation for parenthood in Graeme Simsion's best-selling novel *The Rosie Effect*. Since its first publication in 2014, the novel has become the subject of many researchers. The discussions cover various topics. The first previous study present by M.J. Conaway (2017). Titled *An Ethical Analysis of The Rosie Effect* by Graeme simsion's. This essay analyses the ethical issue that presents in the novel *The Rosie Effect*. The researcher found that there is three ethical issues that presents in the novel; ethical challenges, numerous and violations. The second previous study present by Cees Kan (2014). Titled *The Positive Message of The Rosie Effect*. This research analyses the

message present in the novel *The Rosie Effect*. The researcher found that the great value that presents in *The Rosie Effect* novel is its positive message about the possibility of experiencing romantic love despite autism. The last is Buhnila, (2014) entitle *Parenthood in Pride and Prejudice*, discussed the bad education that parents such as Mr and Mrs Bennet provided to their daughters instead of good quality education.

The researcher is concerned with analyzing the main characters in *The Rosie Effect* novel, which are Don Tillman and Rosie Jarman in the context of the Preparation for Parenthood. Rosie's unplanned pregnancy became a problem in their relationship which is relatable in social life. Don feels that he is still not ready for being a father and Rosie's afraid because she did not have a role model of being a mother. Thus, this research is going to analyze how Don and Rosie prepare for parenthood. The analysis also covers the effect of the preparation in their relationship. By doing so, this research is trying to picture the real problem in human life, especially for married couples that prepare for parenthood.

Therefore, the researcher conducts this research by the title "Preparation for Parenthood of Don and Rosie in Graeme Simsion *The Rosie Effect*."

### 1.2 Problems of the Study

Related to the background of the study, the researcher will focus on discussing Don and Rosie's preparation for parenthood. In this research, this study formulates the research question follows:

1. How do Don and Rosie prepare for parenthood in Graeme Simsion's *The Rosie Effect*?

2. How does the preparation for parenthood affect Don's and Rosie's relationshipin Graeme Simsion's *The Rosie Effect*?

#### 1.3 significance of the study

The finding of this study is expected to give benefit and additional knowledge to the researcher and the reader. The readers are expected to know about the preparation for parenthood in the novel *The Rosie Effect* by Graeme Simsion. Then, the result of this research is expected to give inspiration and also advantage to another researcher that will do the same study for another novel.

# 1.4 Scope and Limitation

Scope of this research is to analysis the main characters on *The Rosie*Effect written by Graeme Simsion. They are Don Tillman and his wife Rosie

Jarman who should prepare their parenthood due to the unplanned pregnancy. The study limits its discussion on Don and Rosie's preparation for parenthood and the effect of preparation in their relationship.

#### 1.5 Definition of Key Terms

There are some important terms used in this study. The terms should be defined to avoid misinterpretation in the analysis They are;

1.5.1 Parenthood: a parent is someone with their responsibility regarding a given child. So long as parents fulfil requirements to educate, nourish, and provide healthcare for their children. They decidewhat that their children studies, eats, play or with whom they can have an interaction. Parenthood is the responsibility to take care of their children safety.

- 1.5.2 Lifestyle: someone's way of living or style of living that a person or a particular group of people usually do that reflects the attitude and value or the habit, tastes, moral standards that together constitute the mode of living of an individual or a group in the society.
- 1.5.3 Gender role: a way of appearing and behaving that meets cultural expectations based on an individual's gender. People have been expected to fit into either a male or female gender role. A role is a function of expected behaviour pattern. The term gender is used to specifically refer to societal expectations of engaging in either stereotypical masculine behaviour of stereotypical feminine behaviour.
- 1.5.4 Education: a process of learning, teaching, training to improve knowledge and information and also develop skills. Education may useful for someone to be more expert in doing something.
- 1.5.5 Spirituality: the state or quality of being dedicated to God, religion, or spiritual things or values as contrasted with material or temporal ones.

#### 1.6 Research Method

This part discusses the aspects of dealing with the research method which are used to analyze the novel. The use of an appropriate method in conducting research is very important because the research method is an organized way to achieve the aim of the research. Therefore, the researcher discusses the research design, data sources, data collection, and data analysis.

#### 1.6.1 Research Design

The researcher uses library research to answer the research problem.

Library research is the way to obtain the data by studying books and other sources in the library. This method is used to find references to support analysis. The writer uses some references such as books, journals, articles, thesis, and websites that relate to the subject analysis. This research also uses descriptive qualitative research methods to explain the result of the analysis in the form of words and sentences.

#### 1.6.2 Data Sources

In this research, there was two data sources: primary and secondary data. The primary data taken from the novel *The Rosie Effect* that written by Graeme Simsion in 2014. Then, the secondary data taken from some literary critics, journals, books, articles, and websites related to the novel and explanation about preparation for parenthood.

# 1.6.3 Data Collection

The researcher uses some steps to collected the data for the research. The first step read critically the novel of Graeme Simsion's *The Rosie Effect* to get the complete and well understanding of the whole of the story. At least three times or more to get full comprehension and understanding on the whole of the story. The second step make a note to the words, dialogue, phrase, sentences, or paragraph that related to the preparation for parenthood. The third step selected and collected the data from the novel that related to the statement problem which is divided into two types: Don's and Rosie's preparation for parenthood and the effect of preparation for parenthood in Don and Rosie relationship.

#### 1.6.4 Data Analysis

After collected the data, the researcher continues the research to analyze the data collected by used structural approach and conflict theory. There are some steps to analyze the data. The first step, the researcher identifies the preparation for parenthood in the unplanned pregnancy from the main character Rosie and Don in *The Rosie Effect* by Graeme Simsion's. To analyze the data, the researcher identify the kinds of preparation for parenthood in Don and Rosie, the conflict of Don and Rosie during their unplanned pregnancy and the effect of preparation for parenthood in Don and Rosie relationship during the pregnancy. The second step, the researcher elaborates some information related to the research problem and keeps the data needed only. The third step is analysing the data using preparation for parenthood concept. Then, the last step makea conclusion based on the result of data analysis.

#### **CHAPTER II**

#### THEORETICAL FRAMEWORK

To know how the preparation for parenthood in Don's and Rosie's marriage, the researcher uses Walker's and Avant's concept of preparation for parenthood. However, the researcher does not use all the theory, but only selects some of the concepts, which are related to this study. This theory helps to understand the preparation for parenthood in *The Rosie Effect* and the effect of preparation for parenthood in Don's and Rosie's relationship and how they live in the society.

# 2.1 Preparation for Parenthood

Preparation for parenthood is usually studied within sociology, psychology, and health professional practice, specifically in the health in the pregnancy, in the term of parenthood sessions and the birth of the baby. However, there are so many case reports about parents who are feeling unprepared, especially in the first pregnancy in the relationship. For becoming mothers and father, they will feel stress and guilty, so they need to prepare their parenthood to ensure that they are ready to become parents(Nomaguchi&Milkie, 2003).

The preparation for parenthood needs to measure the readiness of men and women in the pregnancies and after the pregnancies. It is very important because it will give an impact on the infants, society at large, and the lives of the parents themselves. Professionals in pregnancy need to identify men and women in the pregnancy who are unprepared in their parenthood to decrease worse effects and

increase the quality of life for both parents, and their children. It means that for preparing the parenthood, men and women need to support each other and need the education of preparation for parenthood itself (Crnic, Gaze & Hoffman, 2005)

Mothering is a lifetime responsibility for women. Being a mother means that they will take care of their children for a lifetime. The transition for parenthood is one of the concepts central to nursing, although mother's transition for parenthood is most often studied rather than the transition to fatherhood (Meleis, 1975). Being a mother contains a feeling of complete love for the infant, satisfaction and pride. Satisfaction will show as pleasure in being parents, and the emotional closeness to their children. Being satisfied and confident also meant that parents need to share the concerns of childcare, and feeling of mutual solidarity and togetherness with their partner. It meant that experiencing and having the opportunity to rest as breastfeeding mother satisfaction and confidence were related to self-esteem and health in the trimester of pregnancy(Blair & Hardesty, 1994).

Pregnancy and childbirth are a special event in women's lives and indeed in the lives of their families. Pregnancy is a time for preparation that is accompanied by anxiety and apprehension for the mother who is pregnant for the first time. Women need to be encouraged, helped, and educated to seek self-care during the antenatal period to have safe motherhood and healthy child and also to prevent complications during pregnancy. A woman who is pregnant for the first time also will feel pleasant and happy toward her childbirth. At the same time,

women may have false beliefs, knowledge, and attitudes regarding childbearing especially in the social set up(Rathnam, 1999).

Walker and Avant (2011) listed some factors in the preparation for parenthood, they are, historical perspective, culture, law, gender, spirituality, education, lifestyle, life course journey.

# 2.1.1 Historical perspectives of parenthood.

Historical perspectives of parenthood are the perspectives of how the family is viewed in society, which is as a unit. Father is the family leader whose responsibility is to ensure family welfare, physical, mental, and financially (Aldous, 1998). Father work outside of the home and the mother work within the home. In current societies, a family can be structured as single-parent, merged family, same-sex parents, and adoptive parents(Habenstein&Olon, 1992).

Moreover, the way mothers and fathers spend their time has changed dramatically in the past half-century. Father are doing more housework and child care and mother more paid work outside the home. Neither has overtaken the other in their traditional realms, but their roles are converging. Father and mother share parental responsibility together (Robinson & Milkie, 2011).

#### 2.1.2 Culture and preparation for parenthood.

The issue of culture in society was also related in the preparation for parenthood. According to Levi-strauss (1947) and Schneider (1980), parental relations and kinship is a cultural product. Different culture needs to be understood based on different individual lives, which will result in different

preparation for parenthood since the realities and needs might vary. The value passed by the previous parents for the future ones might as well affect the preparation for parenthood(Hofstede, 2011)

#### 2.1.3 Law and parenthood

Raphael &Leff, (2010)defines parents as someone legalized as a mother and father. They have the responsibility more than for planning the pregnancy and giving birth to the child. Different social context, new reproductive technology and family structure. Enlarge the definition of parents into adoptive parents, foster, surrogates, and biological procreators.

The term parent may denote different things, for example, a person may become a parent naturally by birth or a person may become a parent legally, by for example adoption. There may also be no legal or blood relationship between a child and parent (Garner, 2011)

# 2.1.4 Gender and preparation for parenthood

Gender also affects preparation for parenthood. Simon (1992) suggests that parenthood is more significant for woman's self-conceptions rather than men's. Men tend to see fathering as something they do rather than they are, just as other study points out that fathers are to help rather than to share parental responsibility(Stueve&Pleck, 2001).

Hall (1992) explains that mothers might feel that their lives had become far more restricted since the pregnancy and the birth of the babies. Mothers might also feel resentful about the lack of support and help from their partners. Women

expressed awareness that life had changed and that there was no turning back.

However, a feeling of stress was also caused by hormonal and emotional change.

In this situation, a father needs to share the responsibility and support their wife.

Meanwhile, Andreson (1996)adds that a father viewed parenting as a partnership for a mother. They felt acceptable by the mother to take responsibility as a father. Like women, men experienced extensive changes in their life. Trying to understand the new condition, fathers became confused because of a lack of guidelines and role models. Fatherhood also was conveyed as being the economic provider for the family. For some men fatherhood was exercised by supporting the women.

Gender is defined as one's belief about how women and men should act and how each creates their femininity/masculinity (Belsky & Kelley, 1994). When applied to the context of parenthood, it focuses on how parenthood develops a gendered division of labour, largely by reforming wives responsibility, not as husband routines.

Gender role equality in both the workplace and at home has made parenthood problematic. According to Bernhardt and Goldscheider (2006) attitudes towards gender roles that assign the responsibility for home and family to the woman in traditionalism increased the likelihood that men became parents over in twentieth century period, but did not affect this transition for women because there are a several things that men can't help, for example in the breastfeeding situation. That's why in this era women and men should share

equally in the responsibilities for children and home, however women still take the main responsibility as a mother.

#### 2.1.5 Spirituality and preparation for parenthood

Boyatizies, Dollahite, and Marks (2006) suggest how the behaviour of individuals in society might be affected by perceptions, meaning, and believe they are referred to as 'spiritual paradigm.' It has been argued that spirituality forms the base of how life is lived in society and how results are made. Murray-swank (2003) described how spiritual principles often require individuals to approve their role as parents that engage in ritual traditions among themselves and with their children. They described this as a congregation of care and faith.

#### 2.1.6 Education and preparation for parenthood

Education serves a significant role to improve the preparation for parenthood. Parr (1998) argued that pregnant women can access new information regarding parenthood through pregnancy. Women in the moment of pregnancy used to think about who would likely be beneficial for her and their child, such as a service and who would deliver this service. There is a wide range of experts that might be useful in preparation for parenthood, such as infant care professionals, family therapists, and financial advisor. Midwives are ideally situated to provide increased support while preparing excited, prospective, and new parents for preparation of parenthood. Parents that access information with having a consultation in a health professional or searching the information toward pregnancy in the website or ask the information in the people that expert in

theparenthood through the pregnancy also helps to increase the knowledge about parenthood and make them more ready in the transition for parenthood.

#### 2.1.7 Lifestyle preparation for parenthood

Women and men might have different lifestyles from before until during the preparation for parenthood. They will change their lifestyle better than before the preparation. This would contain a change to improve their health. Women, especially may optimise healthy eating, and start to consume vitamin to make sure the pregnancy, the baby, and herself are in a good condition. These changes can make a difference in the general health of the parents as well as in the health of their babies. Dodd and Robinson (2009) suggest that women plan a pregnancy to provide their opportunity for a lifestyle change. The lifestyle change also influences in the father's life, a father needs to ensure his readiness to provide the financial needs and take responsibility in their family. Regarding the development of the baby, women conduct health-related behaviour which keeps the well-being of the unborn child. Lifestyle change also influences the couple's life because they got a new human being in their relationship.

# 2.1.8 Preparation for parenthood: a life-course journey

According to Riedmann (2008), Preparation for parenthood is a development from the couple's relationship to consisting of a series in the step of their life that has unique challenges and dilemmas. These steps include the effect of new parenthood and child care issues, the decision to become mother and father, or choice regarding modes of birth. Becoming a parent means that one

previous life from a woman and man will change; they may need to prepare for their new life with the babies. For example, a woman needs to prepare their hormonal, emotional, and physical change in the pregnancy. For a man as a father, he needs to learn about the prominence of having an active role and commit to sharing the responsibility when it derives to childcare.

In a planned pregnancy, Parke (1996), explains that parenthood may start long before the real pregnancy. It is a process from whether and when the couple wants to have a child. Moreover, Smith (1999) argued how women can use pregnancy to prepare psychological preparation for wife in the pregnancy situation. Pregnancy is an important preparatory period. Pregnant woman in his study used their engagement for taking on their new roles and a new identity as a mother.

Mansfield (1993) also explains that preparation for parenthood is like a life journey and the couple needs to have their preparation. It means that the couple needs to prepare their readiness of being father and mother. Parents need to understand their responsibility of being parents to take care of their children. Mother and father also need to understand that to prepare for parenthood mean each individual must accept that they will have a rather limited social life dissimilar from their life without children.

# 2.2 Antecedents and Consequences

Preparation for parenthood is not static. Therefore, preparation for parenthood differs among cultures, societies and nations that relate to all

individuals of mother and father in the preparation for parenthood. This idea has identified the following antecedents such as:

- A self-evaluation of the individual of father and mother in the preparation for parenthood to make sure their enthusiasm for parenthood (Mansfield, 1993).
- The individual of mother and father in the preparation for parenthood understand and feel the requirement to become a parent (Mansfield, 1993).

Meanwhile, the consequences are:

- Preparation for parenthood is possible to affect the lives of the parents, father and mother, the society, the baby as a whole in the form of a better quality of life for all involved (Guterman et al., 2009).
- Preparation for parenthood supports father and mother to feel more knowledgeable through the transition for parenthood (Borg Xuereb, 2012).
- Preparation for parenthood allows for father and mother to be interested in changing (Mackey, 2003)

#### 2.3 Review of Related Study

To broaden the knowledge about this research. The researcher intends to reviews some previous studies which have a relation with this research in some aspects. The first previous study present by M.J. Conaway (2017). Titled *An Ethical Analysis of The Rosie Effect* by Graeme simsion's. This essay analyses the ethical issue that presents in the novel *The Rosie Effect*. The researcher found that there isthree ethical issues that presents in the novel; ethical challenges, numerous and violations.

The second previous study present by Cees Kan (2014). Titled *The Positive Message of The Rosie Effect*. This research analyses the message present in the novel *The Rosie Effect*. The researcher found that the great value that presents in *The Rosie Effect* novel is its positive message about the possibility of experiencing romantic love despite autism.

The last reviews a relevant study written by Rachel Kitchens BA Hons (2010). Titled *Parenthood: An Analysis of Parenting Discourses Produced in Australia in The Inter-War Years* from Murdoch University. This thesis analyzes parent education literature produced in Australia in The Inter-War Years using Marxism and parenting point of view.

The similarity between the previous study and this research is in the subject matter that is parenthood experience towards the character inside of the literary work or the novel *The Rosie Effect*. The differences between the previous study and this thesis are the researcher focuses on analyses the main character Don's and Rosie's in preparing for parenthood in an unplanned pregnancy that will relatable in the social life.

#### **CHAPTER III**

#### PREPARATION FOR PARENTHOOD IN THE ROSIE EFFECT

This chapter presents the main point of this research based on the statement of the problems. This chapter is divided into two sections. The first section is about preparation for parenthood in *The Rosie Effect* by Graeme Simsion, the second section is about the effect of preparation for parenthood in Rosie's and Don's relationship.

# 3.1 Don's and Rosie's Preparation for Parenthood

Preparation for parenthood is useful to measure the readiness of mother and father in the pregnancies and after the pregnancy. It happens to Don and Rosie when they know that they get an unexpected pregnancy. They prepare for parenthood to ensure their readiness in their new life with the baby. That is why Don and Rosie need to prepare their parenthood during pregnancy.

Preparation for parenthood will be different in the case of planned and unplanned. It also happened in Rosie and Don when they got unplanned pregnancy. After Rosie and Don Tilman getting married, they want to concerns their dreams. Rosie is seriously going to college and doing her thesis and Don is teaching on the campus. However, when they enjoy their marriage Don and Rosie get shocked by the unplanned pregnancy. Don and Rosie do not plan their pregnancy yet. That is why this event becomes a problem in Rosie and Don. Rosie and Don get stress in their transition for parenthood and the preparation of becoming a parent.

'Perhaps because I was now older and more stable, or because my unconscious mind wanted to protect my relationship with Rosie, I has a few seconds to rationally'

'Are you okay, Don?' said Rosie.

The answer was a definite no, but I did not attempt to voice it. All mental resource were diverted to implementing my emergency plan. (17)

The quotation above shows that Don and Rosie still feel unprepared with the pregnancy, especially Don, who feels that he is not ready yet for being a father because pregnancy is still not planned in their relationship. However, he is said that he will make an emergency plan, which means that they will prepare for unplanned pregnancy in their relationship. They will make sure that they are ready for being parents.

#### 3.1.1 Lifestyle Changes

Before Don and Rosie become parents they prepare their parenthood to measure their readiness. In the preparation for parenthood, parents may get lifestyle change. It also happens in Don and Rosie. They experience lifestyle change in the preparation for parenthood. Being a parent means they must accept that they will have a rather limited social life different from their life without children. Mother and father need to understand their responsibility for being new parents to take care of their children. It means that parent needs to prepare their lifestyle changes in the transition for parenthood(Mansfield, 1993).

First, the formulation we're pregnant contradicted basic biology. It implied that my state had somehow changed as well as Rosie's. Rosie would surely not have said 'Dave pregnant.' Yet, according to the definition implicit in her statement, he was. Second, pregnancy was not scheduled. Rosie has mentioned it as a factor in

her decision to cease smoking, but I assumed that she had simply used the eventual possibility of pregnancy as motivation. (15)

The quotation abovemeans that Don and Rosie prepare their lifestyle change in health issue. Don feels shocked when Rosie said that she was pregnant and they still not plan for pregnancy yet. Rosie decides to cease smoking. The decision to cease smoking is also the type of preparing health in pregnancy. Don also said that pregnancy can be a motivation to cease smoking because Rosie and Don need to take care of the health of babies. To cease smoking is the preparation strategy to change Rosie's bad habit of smoking.

I explained to Rosie that many drugs could cross the placental wall, and cited several examples, along with descriptions of the deformities they could cause. I did not think Rosie was likely to take any of them, and I was only earlier, but she closed the door. At that point, I realized there was one drug that she had taken. I opened the door

- 'What about alcohol? How long have you been pregnant?'
- 'About three weeks, I guess. I'm going to stop now, okay?'(25)

The quotation above shows that Don asks Rosie to not consume drugs because drugs give disadvantages for pregnancy. Drugs could cross the placental wall and cause bad things to the baby. Don worries if Rosie consumes drugs, it will give disadvantages for her health and the babies. It means that Don asks Rosie to change her lifestyle by not consuming drugs anymore to keep the baby's health. Rosie also said that she is going to stop consuming alcohol from now. It means that she agrees to change her bad habit in the pregnancy situation to keep the health of the baby and make her husband not worries about her health and the baby.

'Have you smoked any cigarettes? Ro marijuana?' Rosie had given up smoking less than a year ago and had occasionally relapsed typically in conjunction with alcohol consumption.

'Hey, stop freaking me out. No. You know what you should be worried about?' (26)

Mother should keep her health to make sure that the children are healthy in the pregnancy because the mother's health can influence the baby. Rosie had given up to smoking less than a year ago. The issue of lifestyle in preparation for parenthood are highlighted in this case. There is an indication that Don asks Rosie to keep the health of the baby and herself by not consuming cigarettes and alcohol means that their lifestyle before and after the pregnancy.

'I recommend a virgin colada'

What's that supposed to mean?

'Definitely not.' Eve<mark>rybody laughed.</mark> I elaborated. 'it is like a pine colada nut non-alcoholic.'

'Non-alcoholic. What's that supposed to mean'

'What?

'Pregnant women should not drink alcohol. If you're only overweight, I can serve you an alcoholic cocktail, but I require clarification.'(44)

Don as a husband and new father here reminds Rosie that she should not drink alcohol to keep her health and babies. Because pregnant women should not drink alcohol. This case indicates the lifestyle and education in preparation for parenthood. Mother and father need to understand well something gives the dangerous for pregnancy or the baby and something that has advantages for mother and baby in the pregnancy or after the pregnancy. That is why parents need to prepare the education of preparation for parenthood and also change their lifestyle before and afterpregnancy.

'What are you cooking?' she asked. 'Is that fish?' I've been craving something smoked all day. I thought being pregnant was making me want to smoke again. Which weird. But the smoked fish is brilliant. You blackened it and cooked it in beer, right? You read my mind.' She dropped her phone-free handbag on the floor and hugged me. (55)

The quotation above also indicates the gender role in preparation for parenthood. Don as the husband gives support and attention for his wife by cooking fish for her. Don also prepares the health of baby and mother by ensuring that his wife consumes healthy food. Don supports Rosie in the pregnancy because usually pregnant women will have emotional and hormonal changes. If the husband is supportive of her it will make the emotional and hormonal change of a mother getting better. That's why in the gender role issue, the husband also has an important position to support and share the responsibility with their wife in the pregnancy.

'I assume health reasons.'

'If I was that worried about my health, I wouldn't have been a smoker. I'd go to the swimming pool. And sustainability wouldn't matter.'

'You don't eat meat for ethical reasons?'(165)

Men as husband and father should support women in the pregnancy because women usually experience emotional and hormonal changes. During the pregnancy, many women are further motivated to adhere to the mentioned lifestyle changes to give the best possibilities to their baby. In this situation, the attention and support of their husband are very important for wives. Don also gives his support to Rosie to take care of her health. Even actually Rosie feels

unhappy with her lifestyle changes in pregnancy situation. Don always gives his support and asks Rosie to take care of her health.

'I try to do the right thing by the planet. I don't have to impose my views on other people. I watch you and gene scoff down half a cow and I don't say anything. I've at least got the excuse of eating for a second person.'

'Perfectly reasonable. Protein-'

'Fuck protein. Fuck people telling me what to eat and when to exercise and how to study and to go to yoga, which I'm doing with Judy anyway. And no, it's not Bikram yoga, it's the right sort of yoga for pregnancy. I can work that out for myself.'(166)

The quotation above also shows the lifestyle changes in preparation for parenthood. Woman in the pregnancy does not only need to consume healthy food but they also need to keep their physical health with always doing physical exercise, for instance, yoga. The quotation above shows that Rosie still not ready for lifestyle changes in the consuming healthy food or doing physical exercise especially in yoga but she does them anyway.

Rosie laughed. 'I don't think so, I mean, Don has to work. And ...' I was interested to hear what other reasons Rosie might cite for my not being able to look after Bud, but gene interrupted.

'So who's going to look after it?'

'I'll take her-or him-with me.' (76)

The quotation above indicates that Rosie prepares to plan how her life with her husband and baby after the baby born. Rosie said that she will take care of her children in their home with her and Don will work outside. The issue described labour among all family member. Father worked outside of the house and mother worked within the house to take care of their children and keep their house safety

and they will take the responsibility of being parents together. What Rosie said to indicate that Rosie realizes that her life will change after the baby born.

- 'Are you confident of my ability to perform as a father?'
- 'Of course, Don. Are you?'
- 'Have you been crying?'
- 'I didn't think you'd noticed. Just last night when it all got on top of me and you were out with Dave. It's got nothing to do with you not being a good father.' (105)

Don feels that he is not confident with his ability for being a father. He feels that his habit indicates that he is not being a good father. This case shows a lifestyle in preparation for parenthood. Father and mother need to understand that their life will change before and after they have children. They will have the responsibility to take care of their children and family. But in this situation, Don does not feels confident if he will be a good father because of his habit. It means that he needs to prepare and understand the lifestyle changes in preparation for parenthood before and after they have children with change his bad habit.

'Don, one day soon you're going to have a child of your own. You'll understand how far you'd go to protect your relationship with him or her?'

'Of course. I encouraged you to make a maximum effort to solve the problem.' (216)

Being a parent means that one previous life will change. The relationship is not only as wife and husband but also as father and mother with their children. Father and mother will have the responsibility to take care of their children. They also need to make sure their readiness as a new role model of their children. In this case, Rosie makes sure that Don is ready for being a father and understand well his responsibility to protect his relationship with their children or with her.

#### 3.1.2 Education and Preparation for Parenthood

In the preparation for parenthood, Don and Rosie as new parents need to look for the information towards the pregnancy and parenthood. According to Parr (1998), pregnant women are usually possible to access new information regarding parenthood through pregnancy. Woman in the moment of pregnancy uses to think about who would be likely useful for her and their child. There is a wide range of experts that might be useful on preparation for parenthood such as infant care professionals, family therapists and financial advisor. It also happens in Rosie's and Don's life. They prepare the education for preparation for parenthood to get new information toward the pregnancy and parenthood.

A communal meal was scheduled for Tuesday evening. I reminded Rosie in the morning as I suspected her unreliability at keeping appointment had been exacerbated by pregnancy 'Don't you forget,' she said. 'I've got the sonogram booked today.' The problem had accumulated. I had made a list of eight critical items. (157)

In education and preparation for parenthood father and mother need to understand that they have to decide a better conclusion in the pregnancy. For example, to receive information concerning parenthood during pregnancy. Parents need to understand what gives the benefit for baby and mother, so they need to involve health professional. That's why the sonogram booking that Don and Rosie planned indicates that they prepare education in preparation for parenthood.

'Is there a problem?' I asked Rosie the next morning.

'I was going to ask you the same thing,' she said. 'you were in the bathroom for over an hour.'

Copying the sonogram picture of bud onto tile 13 had been more difficult them reproducing a line diagram from the internet. But it

seemed sensible to use the actual picture. Rosie was right: it would have been interesting to watch the moving scan.

'No problem,' I said. 'maintaining the wall tiles.'.(164)

The previous explanation shows that coming to health professional indicates education in preparation for parenthood. Don and Rosie go to a health professional to ensure that their baby is healthy. It also shows that Don and Rosie prepare their parenthood and prepare how to become a parent by taking their responsibility to take care of their baby.

'Lydia and I are saying the same thing. You need to think more about supporting Rosie. No matter what she's saying about being independent, she needs your help.'

'Why would she lie?'

'She's not lying, not deliberately. She's got this idea of herself as wonder women. Or maybe she thinks you don't want to help. Or can't help'

'So I need to demonstrate a contribution to the pregnancy proses?'

'Support. Taking an interest. Being there....' (124)

The quotation above shows that Don tells Gene and Lydia about Rosie and her pregnancy and ask the suggestion from them to solve the conflict that Don and Rosie face. It indicates that Don looks for the information about women emotional and hormonal change and what he should do in Rosie's situation.

I explained how the Lesbian Mother Project would provide me with valuable knowledge relevant to parenthood.

'Good work,' said gene. 'You can tell her how to do motherhood as well as psychology.' He put his hands up in dual stop signs. 'I'm being sarcastic. From the project, wonderful, but surprise her with your skills rather than beating her over the head with your knowledge' (182)

Don learns from the lesbian mother project to know about motherhood. This indicates that Don seeks education in preparation for parenthood. Don learns how to become a supportive husband to treat and support his wife in the pregnancy. Learning the knowledge that is relevant to parenthood also helps the father and mother to ensure their readiness for being parents and planning the pregnancy and the born of the baby.

'I've scheduled the full day off. To attend the second sonogram examination.' I said. I had not mentioned it previously to maximize the impact of my improved level of participation. A surprise. (217)

The previous hows that sonogram examination is also as a type of preparation for parenthood in the health professional that indicates education in preparation for parenthood issue. This quotation also shows that Don will accompany Rosie to attend the second sonogram examination and schedule the full day off for her. It means that Don takes his responsibility as a father to go with Rosie that indicates Gender role in preparation for parenthood issue and also learn the knowledge of pregnancy to protect the health of a baby by attending sonogram examination.

'The problem with Phil has been resolved. They're a friend.' Even as a friend I said it, I remembered Gene's observation about childhood problems.

'It doesn't change the past, it changes her subconscious.'

<sup>&#</sup>x27;So what do I do?'

<sup>&#</sup>x27;That's always the hard part.' I was concluding that psychology research needed to give more attention to problem-solving.

<sup>&#</sup>x27;Keep working on being a father. Maybe try to discuss the issue with Rosie. But not in the terms I've used'(232)

The quotation above shows that Don asks Gene about the observation of childhood problems to get the information childhood problems, it may help Don in solving the problem during his fatherhood. Don also look for psychological research to solve his problem with Rosie. It means that Don looks for the information during the transition for parenthood to be more knowledgeable in solving the problem in the preparation for parenthood.

## 3.1.3 Life Course Journey

The decision to become a parent means that one previous life will change. It also happens to Don and Rosie when they get to prepare a new life after the baby is born. Women and men need to prepare their new life with their babies. For example, women need to prepare their hormonal, emotional, and physical change in pregnancy. For men as a father need to learn about the prominence of having an active role and to commit to sharing the responsibility. Parents also need to prepare their new journey after the baby born (Riedmann, 2008). In this situation, Don and Rosie also prepare their new life in the pregnancy or new life with the baby.

A spreadsheet is the obvious too for (1) through (3), and if (4) is complex, as it would be in preparing for the existence of a new human being and providing for its need over many years, project planning software is appropriate. I was unaware of any spreadsheet and Gantt chart for a baby project. (16)

Don and Rosie also prepare the coming of their baby. Because being a parent means that they will change their journey of life. Rosie and Don are a couple who will become father and mother and they will have a new human being

in their relationship that needs to take care of. Therefore they need to prepare their readiness, even actually the pregnancy was not expected in their relationship.

Rosie and Don prepare for how to become parents, the emotional preparation to make sure if they are ready for being parents. They also prepare that there will be another new human being in their relationship. Their relationship is not only as a wife and husband but also as a father and mother with their children.

'A baby under development.'

'Right.'

'Perfect. We can refer to it as the Baby Under Development. B.U.D.'

'Bud? It makes him sound like a seventy-year-old man. It's a 'he.' 'ignoring gender, it's statistically likely Bud will reach the age of seventy, assuming successful development in which the statistics are based, such as the nuclear holocaust, a meteorite of the kind that caused the dinosaur extinction—' (34)

The quotation above shows that Don and Rosie prepare how to call the unborn baby. The issue of life course journey in preparation for parenthood is highlighted in this case. This stage includes the decision to become parents, choices regarding modes of birth or discussion on how the preparation if the baby is born.

'I'm pregnant, and I've got a lot of stuff going on. I walked past the counsellor today and she said, just casually, 'I heard the news; any time you want to have a chat.' Shit, I can barely keep my head straight with what I'm doing and she's talking about something that's months away.' (96)

The quotation above shows that Rosie feels stress when she knows that she is pregnant. It is because Rosie and Don unplanned the pregnancy. This case indicates a life course journey in preparation for parenthood because before the

pregnancy father and mother usually plan their pregnancy including the decision become parents. Father and mother need to make sure that they are ready for being parents. But in this case, Don and Rosie get unplanned pregnancy. It means that they unprepared their pregnancy, which will give stress to them. That's why parents need to prepare their readiness for being a parent and use pregnancy itself as psychological preparation for parenthood.

The stroller I had ordered arrived in my absence. Rosie had unpacked it and now insisted we return it.

'Don you know I'm not into frilly baby stuff, but this is like some sort of industrial-military... tank. The Hummer of prams.'

'World's safest stroller.' I meant this literally. (196)

The previous chapter explains that there are two important aspects required for preparation for parenthood, which include personal preparation. It means that the father and mother need to prepare their readiness for being new parents. The second aspect is material preparation, which means that the father and mother need to prepare the material thing that the baby needs. From the quotation above shows that Don prepares a baby stroller. It means that he prepares the material preparation for the baby before the baby is born. This case indicates a life course journey in preparation for parenthood.

'We're talking about his birth. Anyway, it stands for Baby Under Development. First: he's not under development anymore, he's an actual baby, and second: he won't always be a baby.'

'Unfortunately, Hud isn't a name.'

'Hud?' said Rosie.

'Human under Development.'

'It's the name of a prophet. An Islamic prophet. You're not the only one who knows stuff.'

'Unacceptable. Blatant connection to religion is inappropriate.'

'Short for Hudson, maybe,'

'Perfect solution.' (340).

The responsibility as parents is not only to protect the pregnancy but also plan the birth of the baby and protect their children until they grow up to be smart and healthy. In the life course journey issue, mother and father need to plan before and after the baby is born, for example; baby's name. Don also discusses the baby's name with his wife. In the previous quotation show that they call their baby as BUD which stands for a baby under development. However, Don and Rosie discuss again if they will call the baby as HUD, or human under development. It means that Don and Rosie plan the parenthood for after the baby is born.

'Okay, okay. I was thinking that the baby, speaking in the future tense, could sleep in the living room. Until we can find a bigger place'

'Of course. We should buy Bud a fold-up bed'

'What? Don, babies sleep in cribs.'

'I was thinking of later. When it's big enough for a bed shop tomorrow.'

'We don't need a bed yet. We don't even need to buy the crib for a while. Let's wait till we know that everything's okay.'(34)

The quotation that Don and Rosie discuss the place for the baby to sleep.

Don said that they should buy a fold-up bed for the baby but Rosie said that they don't need because babies sleep in cribs, but they also don't need to buy the crib until everything's okay. This situation shows that Don and Rosie prepare a bed for the baby, it means that they prepare the material preparation in the life course journey of the baby and the parents after the baby is born.

I was stunned. 'you'll take Bud to Colombia-to the hospital?'

By the time Bud was born, Rosie would be working with actual patients-people riddled with infectious diseases- in situations where a baby underfoot could cause life-threatening disasters. Her approach seemed impractical and irresponsible. (76)

The quotation above shows that Rosie plans the place of the birth of the baby. Rosie said that she plans to give birth in the Colombia hospital. But Don worries that it will endanger Rosie and the baby if they get an infection from any diseases. It means that she prepare a life course journey of the babies after the pregnancy. They prepare the place of the baby's birth and also prepare the health of the mother and the baby after pregnancy. And how Don worried about the health of Rosie and the baby means that he tries to be a supportive husband for Rosie in the preparation for parenthood.

Finally, she said, 'what are we going to do?

'You indicated you would return to Australia,' I said. 'obviously I will provide financial support for Bud as per convention.'

'I mean, now. I can stay here.'

'of course.' I was not going to make Rosie homeless. She had no close friends in New York besides Judy Esler. And I did not want the Eslers to know about the separation yet. I still had an irrational hope that the problem would be resolved. I'll stay with Dave and Sonia temporally.' (256)

The quotation above shows that Don said that he will provide financial support for Bud. It means that Don prepares the material preparation for Bud to provide the financial needs in the preparation for parenthood. Don also prepares for Rosie if she would return to Australia because Don feels that she is not happy in New York. After all, she does not have a close friend.

## 3.1.4 Gender Role

Gender role influences preparation for parenthood in Don's and Rosie's unexpected pregnancy. Don tries to be a supportive husband to make sure that Rosie feels that she is not alone in the pregnancy situation. It shows that the father viewed parenting as a partnership for the mother (Andreson, 1996). Don also views himself as a partner of Rosie and gives his support and shares parental responsibility.

'I recommend a virgin colada'

What's that supposed to mean?

'Definitely not.' Everybody laughed. I elaborated. 'it is like a pine colada nut non-alcoholic.'

'Non-alcoholic. What's that supposed to mean'

'What?

'Pregnant women should not drink alcohol. If you're only overweight, I can serve you an alcoholic cocktail, but I require clarification.'(44)

The quotation above highlights the gender role. In this case, the father or husband need to give support to their wife in the moment of pregnancy by giving their attention to the health of the mother and baby. Don here tries to give her attention to Rosie with making sure Rosie consume healthy food and stop consuming food that will give disadvantages for the baby and mother.

'all men are. Worried they'll lose their wives to the baby. Worried they'll never have sex again. Worried they won't cut it.'

'I'm not average. I expect I will have unique problems.'

'And you'll solve them in your own unique way' (70)

The quotation above shows that Don feels worried that he will lose Rosie after the baby is born because Rosie will only focus on the baby and forget to care for him anymore. The previous chapter has already explained that women usually

more concern with the relationship with the baby than their relationship with their husband. Women usually feel more closeness with the baby because women pass pregnancy and nursing situation. That's why in this time, it is possible that their husband feels they lose their wives because their wives focus on their baby. This case indicates gender role because it shows how the act of each gender in the preparation for parenthood.

I had switched from riding my new bike to accompanying her on the subway to increase contact time. I reminded myself the deception is temporary and in support of a surprise are positive; Rosie had not revealed my birthday-weekend excursion to the Smithsonian. I stepped into the bathroom to prevent Rosie in interpreting my body language (47)

The quotation above shows that Don riding her new bike to accompanying Rosie on the subway to increase contact time. This situation indicates that Don plays a role as Rosie's husband to accompany Rosie and also protect Rosie in the pregnancy. This case indicates the gender role because Don as a husband and father act to protect his family and give support to his wife.

Rosie hugged me again. I was hugely relieved. I had undertaken a major, risk-prone project, solving multiple problems simultaneously, with complete success. I had cut the Gordian knot. Rosie's only negative reaction was to the use of the smallest room as our bedroom, as predicted by Dave. But then she said, 'you gave me the biggest room for my office. And of course, we'll need an extra bedroom'. (55)

The quotation above shows that Don gives Rosie the biggest room for her office. Means that Don tries to make Rosie happy in the pregnancy. Because usually women will get hormonal and emotional change and make her more sensitive in the pregnancy. That's why Don tries to make Rosie not stress in the

pregnancy. This situation indicates the gender role issue because Don as a husband try to give his attention and support to Rosie in the pregnancy and make her feel happy.

'And what do you see as your role?'

'In what respect?'

'I'm thinking, with Rosie studying full-time and working part-time, you might need to help with the baby.'

'We've discussed it. Rosie requires zero assistance.'

Lydia turned to Sonia. 'Are you comfortable with all that? Is that what you think?' (74)

The quotation above that Gene suggests to Don that he needs to help Rosie to take care of the baby when Rosie is studying and working and Don said that they have discussed it. Usually, the responsibility to take care of the baby at home will be taken by the mother, and their husband will work outside. But Don here understands that Rosie should be studying outside the home, which means that he should take care of the baby. This situation indicates a gender role issue because it shows each gender prepares to take their responsibility together in the preparation for parenthood.

Rosie laughed. 'I don't think so, I mean, Don has to work. And ...' I was interested to hear what other reasons Rosie might cite for my not being able to look after Bud, but gene interrupted.

'So who's going to look after it?'

'I'll take her-or him-with me.' (76)

Rosie said that Don has to work and she will take the baby with her.

Even actually Rosie is still studying in the campus and dreams to be a

woman worker, but when she knows that she will become parents she

changes her life course journey and decides to take care of the baby in their

house. It viewed gender perspective in the society that women work in their house to take care of their children and men work outside the house to provide the material needs. This situation also shows in Don's and Rosie's relationship, when Rosie decides to change their life course journey after baby born.

'Lydia and I are saying the same thing. You need to think more about supporting Rosie. No matter what she's saying about being independent, she needs your help.'

'Why would she lie?'

'She's not lying, not deliberately. She's got this idea of herself as wonder women. Or maybe she thinks you don't want to help. Or can't help'

'So I need to demonstrate a contribution to the pregnancy proses?'

'Support. Taking an interest. Being there....' (124)

The quotation above shows that Lydia suggests to Don that he needs to support Rosie in the moment of pregnancy because women usually will get hormonal and emotional change and make them more sensitive. This situation makes women need support and attention from their husband to makes them feel that there are so many people who care about her. That's why Lydia suggests Don to take interest in Rosie because Rosie gets stress during her pregnancy. The support from Donindicates gender role in the preparation for parenthood because men usually play a role to give support and taking interest in their wife in the pregnancy.

I could not blame her for dishonesty. I was guilty of a far greater ongoing deception about Lydia situation for much the same reactions to protect Rosie from distress and both Bud and her from the harmful effects of excess cortisol. Rosie had not wanted to hurt me by saying she didn't want me in the apartment with her. There were numerous alternative solutions I could have presented-and

would have. Perhaps she had chosen to lie rather than listen to them. (165)

The quotation aboveshows that Don wants to protect Rosie from distress and protect Rosie and Bud from the harmful effects of excess cortisol. This situation indicates gender role issue because when Don protects his wife and children it shows his masculinity to make sure his family safe. The quotation above also shows that Rosie feels stress in the moment of pregnancy. It also indicates the gender role because a woman usually feels more closeness with the baby rather than men. Rosie thinks a lot about the baby and make her feel stress that's why this situation highlights the gender role issue.

'I can see why, Don, support isn't about telling Rosie what to do. If you want me to be blunt, the problem's with you. Instead of telling her how to be a mother, maybe you should be doing some preparation for being a supportive father.' (170)

The quotation above shows that Lydia said that Don needs to give attention to Rosie and prepares for being a supportive father. This situation indicates that Don prepares his parenthood in the sense of gender role. Men in the parenthood are viewed as the partner for women to take parental responsibility. In the moment of pregnancy, men need to be asupportive husband for their wife and taking interest in her. That's why Lydia Don suggests to support Rosie and prepare for being a supportive father for their children.

Of course! The baby would have two parents, and I had been focusing all my energies on optimizing the performance of one. I was amazed that I had not seen the problem earlier, but as a scientist, I recognized that paradigm shifts appear obvious only in retrospect. Also, I had been focused on doing whatever seemed

necessary to prevent Lydia giving me an adverse report, under the assumption that there was no actual problem with me as a prospective parent. But recent criticism from Rosie were evidence that Lydia's original judgment was correct. My respect for her has increased dramatically.

I jumped to my feet. 'Brilliant! Problem solved. I need to gain fatherhood'. (171)

The quotation above shows that Don is looking for the solution to solve their problem to make sure that Rosie does not feel stress anymore in the pregnancy. It indicates the gender role issue because men in society usually have the responsibility to take care of their family. Don here also takes care of his wife and children in the moment of pregnancy with making sure Rosie's emotional health.

'You can tell her how to do motherhood as well as psychology.' He put his hands up in dual stop signs.

'I'm being sarcastic. You do not want to tell her how to be a mother. If you learn something from project, wonderful, but surprise her with your skills rather than beating her over the head with your knowledge.' (182)

The quotation above showsthat Don looking for information about parenthood and pregnancy in the lesbian mother project. It indicates gender role issue because Don as husband and father is taking his responsibility to look for the information so that he can know how to do parenthood. Don also can share his knowledge with Rosie.

Dave was shocked.

'You and Rosie? You're kidding me. I mean, I knew you were having some problems, but no worse than Sonia and me.'

'She's prioritized the baby over our relationship. Which is leading to marriage failure.'

George laughed.

'Sorry, not laughing at you. But welcome to the real world. I wouldn't say your marriage is over just because she's behaving like every woman. It's in their genes, isn't it Gene Genie?' (229)

Don feel that Rosie prioritized the baby over their relationship. This situation indicates the gender role issue because women usually feel more closeness with the baby rather than men. It because women pass the pregnancy and nursing situation that why she has an emotional connection with the baby rather than men. That's why it is possible if Rosie will prioritize the baby over her relationship with Don.

'It won't always be easy, and your fathers have to support your partner choice to breastfeed,' said Heidi.

'Or not, 'I added, since the word choice implies an alternative.

'I'm sure you'd agree, Don that breastfeeding is always the preferred option.'

'Not always. There are numerous factors that may affect the decision. I recommend a spreadsheet.'

'But one huge factor is the immunity that breastfeeding gives to the child. We need a very strong reason to deny our child the best immune system.'

'Agreed,' I said. (249)

The quotation above shows that Heidi suggests to Don that he should support Rosie as a partner to choice breastfeed because breastfeeding will give the best immune system for a child. In this situation, the support from the husband is needed to make sure that the wife will not feel stress in the moment of breastfeeding.

Honestly was not included in the list, but was obviously a desirable attribute. I had hoped that when the playground incident was resolved. I could share it with Rosie. But it was an instance of wired behaviour, and weird behaviour was no longer acceptable' (254)

The quotation above shows that Don thinking about a playground incident. He hopes that the playground incident was solved he could share it with Rosie. This situation shows that Don worried if Rosie in the pregnancy if she knows that Don has a problem in the playground incident. As a husband, Don hid his problem to not make Rosie stress in the pregnancy. This case indicates the gender role issue because Don acts his role as a husband to not make Rosie stress in the pregnancy.

'You indicated you would return to Australia,' I said. 'obviously I will provide financial support for Bud as per convention.'

'I mean, now. I can stay here.'

'of course.' I was not going to make Rosie homeless. She had no close friends in New York besides Judy Esler. And I did not want the Eslers to know about the separation yet. I still had an irrational hope that the problem would resolved. I'll stay with Dave and Sonia temporally.' (256)

The quotation above shows that Don allows if Rosie would to return in Australia because Don feels that Rosie is not happy in New York because she doesn't have a close friend. This case indicates the gender Role issue because Don as a husband acts his role to make his wife happy in the pregnancy. This quotation also shows that Don will provide the financial needs for Bud and Rosie. It also indicates the gender Role because Don takes his responsibility as a father to provide the material needs in his family.

'You were trying to help, but I need to find my own way. And for once Gene is right—it's a biological thing. Mothers are more important than father, at first, anyway.'

'Of course. But your focus on the baby has reduced your interest in our relationship, due to simple dilution of time and energy marriage has deteriorated.'(323)

The quotation above shows that Rosie knows that Don is trying to help her. This situation indicates the gender role issue. Men are viewed as a partner for women to give support and also help to share parental responsibility. It also happens to Don. He helps Rosie in the moment of pregnancy eventhough Rosie wants to find her way in motherhood. This quotation also shows that Rosie focuses on the baby more than Don focuses on the baby. It also indicates the gender role issue because the mother is usually more interested in the baby than the father. Even Rosie's interest in the baby reduces her interest in the relationship with her husband.

'That's the point. Now that you're going to be occupied with Bud. I should take total responsibility for our relationship. For organizing activities, obviously subject to baby requirements.'
Relationships can't be one person's responsibility. It takes two.'(324)

The quotation above shows that Don will take total responsibility in their relationship. This situation indicates gender role because Don viewed his masculinity as a husband to take responsibility in the relationship. Even Rosie said that they will take responsibility together.

'Don, I think you're wired differently. It worked with the two of us, but I don't think you're designed to be father. I'm sorry to put it like that, but I sort of thought you'd come to the same conclusion.' (325)

The quotation above shows that Rosie feels that Don is still not prepared to be a father. It indicates the gender role issue because usually, women are more interested in preparation for parenthood rather than men. That why in this case Rosie wants Don to prepare gender role in the preparation for parenthood and prepare the responsibility for fatherhood.

# 3.2 The Effect of preparation for parenthood in Rosie's and Don's relationship.

Preparation for parenthood is possible to affect the lives of women and men in the pregnancy situation. In the preparation, women and men will get a new situation which they never know before. A new father and mother get different lives from before they prepare for parenthood. Rosie and Don also experience the effect during the preparation for parenthood in their relationship. Preparation for parenthood may give limited social life which is different from before.

## 3.2.1 Problem in Don and Rosie relationship

Don and Rosie get the problem in their relationships during the preparation for parenthood. It happen because of Don and Rosie still not ready for the adaptation of being parent.

- 'There is no problem with Rosie. The problem is with me.'
- 'What happened?' Sonia asked again.
- 'I had a meltdown. I failed to control my emotions.'
- 'You lost it?'
- 'Lost what?'
- 'You don't say that in Australia? Did you lose your temper?'
- 'Correct. I have some sort of psychiatric problem. I've never told Rosie.' (19)

The quotation above shows that Don gets the problem because he knows that his wife is pregnant and he is still not ready to have children because the pregnancy is still unplanned. Rosie has to finish her thesis and Don is still not ready to be a father. This situation gives the effect on Don's psychiatric problem. Don feels that he can't control his emotions after he knows that Rosie is pregnant.

'Lydia and I are saying the same thing. You need to think more about supporting Rosie. No matter what she's saying about being independent, she needs your help.'

'Why would she lie?'

'She's I need to demonstrate a contribute to the pregnancy process?'

'Support. Taking an interest. Being there. That's all Lydia and I are looking for. And, Don?' (124)

The quotation above shows that Lydia and Jane give their suggestion to Don that he needs to give his support to Rosie, to take an interest and be there for Rosie. Simon (1992) argued that in the preparation for parenthood, women and men need to support each other, especially men need to support his wife in the pregnancy and sharing parental responsibility. Don realizes that he needs to give her attention and support to Rosie and makes his wife happy.

'I can see why, Don, support isn't about telling Rosie what to do. If you want me to be blunt, the problem's with you. Instead of telling her how to be a mother, maybe you should be doing some preparation for being a supportive father.' (170)

The quotation above shows that Don feels that the way he supports Rosie in the pregnancy situation is to tell her what to do, to remind her to keep her health, to consume vitamin or not to consume alcohol and smoke. However, he does not prepare to be a father himself. That's why it becomes a conflict in his relationship. Rosie hopes that Don also prepares for being a father.

'I suspect it goes a bit deeper than that. But if you want a specific answer to the question 'What did I do wrong?' then it's ultrasound. You should have gone. That's the point where Rosie started to wonder if you really wanted to be a father. Not whether you were capable, which is another matter, but whether you were even interested.'

'How can you be so certain?'

'I'm the head of a psychology department, you've already confided in me about you own doubts, which Rosie will surely have picked up on, and I'm aware that Rosie's own background includes a problematic father situation,'

'That problem was solved.'

'Don, problems that originate in childhood are never solved.' (202)

Don and Rosie experience problem in their relationship because of the pregnancy. Rosie sometimes feels that too much attention from Don makes Rosie feel stressed, she also worries about her ability to being a mother and wonders that Don does not want to be a father. This situation makes their relationship more roasted rather than before pregnancy.

Gene confirmed my analysis the following evening. Rosie had been planning to end our marriage.

'It was only because last night at the restaurant reminded her why you two got together in the first place that she stopped short. But that's not the problem.'

'Agreed. The problem is not my suitability as a partner. It's my suitability as a father.' (228)

Rosie and Don had some argument that createsa problem in their relationship. The quotation above shows that Don said if the problem is not his suitability as a partner. Don is not prepared to be a father because the pregnancy is never planned. The conflict between Don and Rosie because of pregnancy makes Rosie plan to end their relationship. It shows that the pregnancy and preparation for parenthood create the problem in their relationship until Rosie has planned to end their marriage.

Dave was shocked.

'You and Rosie? You're kidding me. I mean, I knew you having some problem, but no worse than Sonia and me.'

'She's prioritized the baby over own relationship, which is leading to marriage failure.' (229)

Rosie's wondering about Don if he does not want to be a father is not the only problem in their relationship. Rosie also prioritized the baby over her relationship with Don. Because she thinks that Don doesn't want to be a father, she decides to end her relationship with Don. Rosie worries because of the baby and makes her initiating to end their marriage.

'Her mother died when she was ten. Even if her mother—mother's love—wasn't perfect. Rosie had no chance to find out. So she went looking for a perfect father, who didn't exist. Of course, and then she found a perfect husband.'

'I'm not perfect.' I said.

'In your own way, you are. You believe in love more than any of us. There's no gray with you' (231)

Rosie's mother died when she was ten. It made her feel that she can't be a perfect mother because she does not have the role model for being a mother. So she expected that her husband can be a perfect father for their children because Don is a perfect husband for Rosie. But when Rosie feels that actually, Don is not ready for being a father and Don doesn't believe his ability for being one. Thus, makes Rosie worried about that. This situation becomes a problem in their relationship in the preparation for parenthood.

She interrupted. 'Don't say any more. Don't talk about faults. I was the one who got pregnant without talking to you. I think I know what you're going to say. I've been thinking the same thing. I know how had you've tried. But this relationship has always been about two independent people who had fun together, not about a conventional family.'

'Why did you got pregnant, the?'

'I guess because having a baby is so important to me, and I had a fantasy that we could be parent together. I didn't think it through.'(255)

The quotation above shows that Rosie thinks that having a baby is so important for her. That makes her having a fantasy that they will have a perfect family and could be parents together. She knows that Don has tried to be a father but the problem is they solve the problem independently. They don't discuss together and solve the problem together. Meanwhile, Stueve and Pleck (2001) said that the father and mother need to share parental responsibility, especially in the pregnancy situation. It is because a pregnant mother will get the emotional and hormonal change that she needs the support from her husband and family. Don here, only thinks his problem and solves by himself, rather than discuss the problem together with his wife.

'Don, I so appreciate what you're trying to do, but think about it. You're really engaged with this baby. Not emotionally. You're engaged with me. I believe that. I believe that you love me. But it's not what I need right now. Please, just go home. I'll skype you as soon as I arrive.' (310)

The quotation above shows that Rosie feels that Don does not engage emotionally with the baby. She knows that Don loves Rosie so much but Rosie also wants Don to be interested with the baby. It shows that the situation of transition for parenthood when Don feels that he is still not ready for becoming a parent makes his relationship with his wife have a problem. The emotional and hormonal change in the pregnancy also influences of Don's and Rosie's relationship.

'On my part. Regarding my role. Relationship number two was your relationship with Bud. Because it was new, I endeavoured to contribute to it. Via dietary and personal maintenance recommendations that you reasonably considered to be interference. I was annoying.'

'You were trying to help, but I need to find my own way. And for once Gene is right—it's a biological thing. Mothers are more important than father, at first, anyway.'

'Of course. But your focus on the baby has reduced your interest in our relationship, due to simple dilution of time and energy marriage has deteriorated.'(323)

The quotation also shows that Rosie wants Don to be interested in the baby like he is interested in their relationships. Rosie thinks the relationship is not only about Don and Rosie but also with the baby. Every mother will expect that their husband is interested with their baby but Don here still feels that he is not ready for becoming a father. He is also interested in the problem of their relationship more than his focus on the baby. This case also indicates that the preparation for parenthood between Rosie and Don affects their relationship.

'I think it matters more for you, Don, because you haven't connected with the baby. You haven't talked about the third relationship. You're still focused on you and me. Most men transfer some of their love to their children.' Said Rosie. (325)

Don wants to fix the problem in the relationship between him and Rosie and it makes Rosie feels that he has not connected with the baby. Rosie also said that most of the men transfer some of their love for their children. It means that she thinks that Don only focuses on his relationship with Rosie. Therefore, it makes Rosie feel that he is not interested in the baby.

# 3.2.2 Don and Rosie Feel Stress in Preparation for Parenthood

The preparation for parenthood give the affect in Don and Rosie. They get stress because of preparing their parenthood.

There was no logical reason why a forty-year-old psychiatrist and thirty-year-old postgraduate medical student would be suited to the same neighbour-hood as a fifty-year-old psychiatrist and a fifty-two-year-old potter who had acquired their dwelling before prices escalated. (2)

The quotation above shows that Rosie still doing her postgraduate medical thesis. However in this situation she get unplanned pregnancy. It possible that Rosie will get stress in the pregnancy situation because she get hormonal and emotional change when she feel confuses with her thesis.

There was exactly one exception to Rosie's disorganized approach. That exception was a variable. By default it was her medical studies, but currently it was her PhD thesis on environmental risks for the early onset of bipolar disorder. She had been granted advanced status in the Colombia MD program on the proviso that her thesis would be completed during the summer vacation. The deadline was now only two months and five days away.

The quotation above also shows Rosie make the deadline to finish her thesis before the summer vacation. That's why when she know that she get unplanned pregnancy she feel very confuses because she thinking twice about the pregnancy and thesis. It is possible that in this situation makes her easily get the problem with her husband during the pregnancy.

'No, I haven't been taking steroid. But you're making me stressed. Stress creates cortisol, which is a steroid hormone; cortisol crossed the placental wall; high levels of cortisol in babies are associated with depression in later life.' (26)

Stress in the situation of pregnancy does not only happen in Don but also happens in Rosie. It also happens because of the hormonal problem. Don feel worries about Rosie's pregnancy, so he gives his attention to Rosie. However, Rosie feels that Don gives too much attention and it makes Rosie feel stress. This situation makes Rosie and Don have a conflict in their relationship.

Problem solving requires time. But time was limited. The beer was due to arrive within twenty-four hours. The superintendent would probably accost me by tomorrow evening. And Jerome could attempt an act of revenge at any time. Gene was about to arrive and Bud was only thirty five weeks away. What I required was a means of cutting the Gordian knot: a single action that would solve most or all of the problems at once.

I arrived home to find Rosie asleep, and decided to consume some alcohol to encourage creative thinking. As I reshuffled the contents of the fridge to access the beer, the answer came to me, the fridge! We would get a bigger fridge. And all other problems would be solved. (45)

The quotation above shows that Don feels stress because of the problem after he knows that Rosie was pregnant. She decides to consume alcohol to encourage creative thinking. This situation means that Don gets a problem because Don and Rosie get unplanned pregnancy.

'No, her mother is dead, she's passed, hence being here not possible, her father is unable to be here as he owns a gym a fitness center, which require his presence.'

Lidya made a note. 'How old was she when her mother died?'

'Ten.'

'How old is she now?'

'Thirty-one.'

'Professor Tillman. I don't know if this makes any sense to your mind, but what we have is first-time mother, an independent professional high achiever, an overachiever, loss of mother before the age of eleven, no role model, no supports, and a husband who hasn't a clue about any of this. As a professor, as an intellectual, can you see the point I'm making?'

'No.'

'Your wife is a sitting duck for postnatal depression. For not coping. For ending up in a hospital. Or worse. You're not doing anything to prevent it and won't see it if it happens.' (100)

Rosie feels stress because of her pregnancy. And Don worries because of Rosie. Rosie lost her mother when she was ten-years-old. Her father had to focus on his fitness canter. It made her lost her role model as a mother, Rosie does not know how to prepare for parenthood and her husband does not understand about Rosie's problem. It makes Rosie stressful.

We talked about our plans. Rosie had accepted my theory of three relationship and was willing to trial my approach to division of responsibilities, my performance with the lesbian mother's baby had given her reassurance that I would be able to relate emotionally to Bud. I warned her that it might take some home.

'That's fine,' she said. 'I guess I was worried that you would somehow mess up my relationship with him or her.' (337)

At the end of the novel. Don makes the plans of three relationships. The relationships between Don and Rosie, the relationship between Don and the baby, and the relationship between Rosie and the baby. Don also would try to be able to relate emotionally to the baby. And Rosie is very interested when she knows that Don also will focus on the baby.

## **CHAPTER IV**

## **CONCLUSION**

Based on the analysis of the preparation for parenthood in Don's and Rosie's relationships, the researcher finds that Don and Rosie deal with their unplanned pregnancy in four concepts of preparation for parenthood. The first thing Don and Rosie prepare is their lifestyle changes. Don and Rosie prepare for parenthood by changing their habit to be better than before the pregnancy. For example, eat healthy food, consuming a vitamin that will give advantages for mother and baby during the pregnancy. The issue of lifestyle change also means that Don and Rosie need to change their bad habit to increase the mother's and the baby's health. For instance, stop the consumption of alcohol and smoking. Even though Rosie feels unhappy with their lifestyle change, but they still do the lifestyle change for the health of baby and mother.

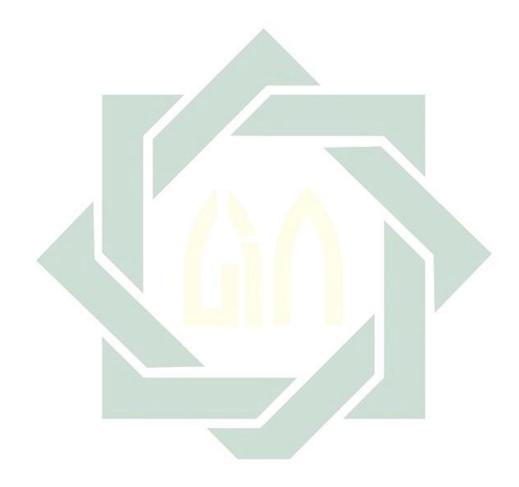
The second thing Don and Rosie prepare is seeking education for parenthood. They prepare their parenthood by searching for information about the pregnancy and how to become parents. Don here, searches for the information through the lesbian mother project. Don interviews the lesbian mother to know the information about parenthood, so Don can be the supportive husband and he can share the parental responsibility during parenthood with Rosie. Don also looking for the information about Rosie's emotional and hormonal changes in Gene and Lydia and to solve Don's and Rosie's problem towards the pregnancy. Don and Rosie also search the information about the health of the baby and mother through the health professional.

The third preparation for parenthood in Rosie's and Don's unexpected pregnancy is to prepare their life course journey for the baby and their relationship. In this case, Don and Rosie also prepare the existence of the children after the baby born. For example, they do the material preparation such as buy the baby's stroller, and they also prepare the baby's name. It means that Don and Rosie have the preparation in life course journey during their unplanned pregnancy to prepare how their relationships with the baby after the baby born.

The last concept of preparation for parenthood in Rosie's and Don's unplanned pregnancy is to prepare the gender role. In this case, Don as husband prepares his responsibility to take care of his wife and children in the preparation for parenthood. As a man, Don also tries to solve their problem in the pregnancy and shows his masculinity to protect her wife and children in the pregnancy. Rosie as a mother also indicates the gender role in the preparation for parenthood with interesting the baby rather than Don. Rosie also shows more ready for being a parent rather than Don.

This research also analyzed the effect of preparation for parenthood in Don's and Rosie's relationships. The preparation for parenthood affects Don's and Rosie's relationships because they experience the lifestyle, emotional and hormonal change during the pregnancy. That is why it makes their relationship has a conflict. Because they get unplanned pregnancy Don feels that he is still not ready for being a father and Rosie worries about that. Don is also more interested in his relationship with Rosie rather than his relationship with the baby. The

conflict also happens because Don and Rosie tend to solve their problem independently without discussing with each other.



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