

**JAMES'S PERSONALITY DEVELOPMENT DEPICTED IN
JAMES BOWEN'S *A STREET CAT NAMED BOB* NOVEL**

THESIS



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ABSTRACT

Putri, R.A. (2022). *James's Personality Development Depicted in James Bowen's A Street Cat Named Bob Novel*; English Department, Faculty of Arts and Humanities. UIN Sunan Ampel Surabaya. Advisor: Dr. Wahyu Kusumajanti, M.Hum

Keywords: New criticism, Bob, James Bowen, Personality development

This study discusses the main character, James, who changed from bad to a better person after meeting Bob. This study aims to explain the personality of James Bowen before meeting Bob, James' personality development after meeting Bob, and also to reveal how the influence of Bob on James's personality development.

In conducting this research, the researcher uses New criticism as the theory to analyze James's characterization and Personality development theory uses to analyzed James's Personality development. This study uses a qualitative method to analyze the novel and *A Street Cat Named Bob* by James Bowen as the primary data source. The researcher collects the data through quotes in the novel that uses to explain what the main character goes through until he becomes a better person.

The results obtained from this study, the personality of James Bowen before he meets Bob are: disobedient, apathetic, impressionable, pessimistic and shy. After meeting Bob, James's personality development are obedient, helpful and responsible, optimistic, and sociable. The factor that influences James's personality development is Bob the cat which is strong motivation for James.

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ABSTRAK

Putri, R.A. (2022). *James's Personality Development Depicted in James Bowen's A Street Cat Named Bob Novel*. English Department, Faculty of Arts and Humanities. UIN Sunan Ampel Surabaya. Pembimbing: Dr. Wahyu Kusumajanti, M.Hum

Keywords: Teori kritik baru, Bob, James Bowen, Perkembangan kepribadian

Penelitian ini mendiskusikan tokoh utama bernama James yang berubah dari buruk menjadi orang yang lebih baik setelah bertemu Bob. Penelitian ini bertujuan untuk menjelaskan kepribadian James sebelum bertemu Bob, Perkembangan kepribadian James setelah bertemu Bob dan juga untuk mengungkap bagaimana pengaruh Bob pada perkembangan kepribadian James.

Dalam melakukan penelitian ini, peneliti menggunakan teori kritik baru untuk menganalisis kepribadian James dan teori pengembangan kepribadian untuk menganalisis pengembangan kepribadian James. Penelitian ini menggunakan novel James Bowen yang berjudul *A Street Cat Named Bob* sebagai sumber data utama untuk dianalisis dengan cara metode kualitatif. Peneliti mengumpulkan data melalui kutipan pada novel yang akan digunakan untuk menjelaskan apa saja yang dilakukan tokoh utama sampai ia menjadi pribadi yang lebih baik.

Hasil yang didapat dari penelitian ini, kepribadian dari James Bowen sebelum bertemu Bob yaitu: Pembangkang, apatis, mudah terpengaruh, pesimis dan pemalu. Setelah ia bertemu Bob: Penurut, penolong dan bertanggung jawab, optimis, dan bersosialisasi. Faktor yang memengaruhi perkembangan kepribadian James yaitu si kucing Bob yang menjadi motivasi kuat bagi James.

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CHAPTER I

INTRODUCTION

1.1. Background of the Study

According to Ellis (1989, p.30), literature is the expression of human imagination and one of the primary means by which a culture transmits itself. Literature can be defined as an expression of human feelings, ideas, imagination, thoughts, and emotions applied in a beautiful language whose purpose is to entertain the readers. Literature can also consist of the author's experiences. Literature can be the medium of expression for humans to communicate what they feel, think, experience to the readers. (Meilana, 2016, p.5).

In literary works, it can be known through the character's experiences in the story is having personality development. According to Allport (1937, p.48), personality is dynamic, and changes in the organization and structure of behavior may occur over time. The stages of development of human personality formed start from childhood to adulthood. The personality of every person can change because of some factors that influence them. According to Levinson (1978, p.3), animal companions substantially impact personality development during middle childhood and old age. Hurlock (1974, p.105) states that the factors of personality development include the family, the school, the peer group, mass media, religion, and the person's occupation. The relative importance of these molding sources varies from one age group to another and from one person to another.

One literary work that presents a topic about the author's experiences is the novel entitled *A Street Cat Named Bob*. It tells about the personality changing of the author, James Bowen, after he met Bob. The novel is James Bowen's work. This novel is the best-selling book, and it was successfully adapted into a film with the same title. This novel was published in 2012, and it tells the true story of the author, James Bowen, who is a busker former and recovering drug addict who had his life transformed became better when he meet a street cat. James found the cat at his flat when he underwent a drug recovery program. He felt compassion for the cat because he saw the cat being injured. Considering James is a busker and does not have much money, he still wants to help the cat because he does not want the cat suffering the same thing as his dead kitten. Day by day, their relationship became closer, and James give named the cat, Bob. Bob follows James anywhere he goes. When James went to busking, Bob followed him. On the way to Covent Garden, Bob attracts people's attention with his charm and cuteness. Knowing that people like Bob, some began to talk with James and fuss at Bob. James, who rarely talks with people, feels ridiculous because he never is noticed by people when he is busking—in contrast, while busking with Bob, James earns much more money than usual. Bob also makes James focus on his rehabilitation by doing some activity with him. Finally, James forgot his addiction to the drug and decided to clean from a heroin addict. Bob makes James's life become better.

From the explanation above, the researcher chooses the novel *A Street Cat Named Bob* by James Bowen as the research data because this novel contains a lot

of moral messages. As the main character in this novel, James teaches us that our deficiency is not an obstacle to help and share with fellow living beings, especially animals. The novel is interesting to analyze because the researcher feels curious about how a cat can change a person's personality. The researcher uses New criticism theory and also personality development by Elizabeth Hurlock in this study. New criticism theory is related to this novel because the researcher will present the personality of James. Personality development theory is used to analyze how James' personality develops after meeting Bob and how Bob can be the factor that influences James's personality development.

Some of the previous studies use the new criticism theory for analyzing this novel. The researchers have not found issues related to James's personality changes to become a better person influenced by a cat. So the researcher wants to show how James changes as a better person after meeting a cat named Bob. Previous research has discussed the intrinsic elements that just explained the main point, like the summary of the plot, characterization, setting, and moral values. The researcher found two previous studies that discussed the novel *A Street Cat Named Bob*. This study was conducted by Olivia (2017). She analyzed a brief explanation of intrinsic elements such as setting, character, plot, and theme in the novel. Another research is conducted by Enikeeva D.KH (2021), She analyzed the lexical grammatical transformations of the same novel.

Based on the discussion above, the researcher would like to conduct a study on the issue of the author's experience reflected in his work *A Street Cat Named Bob*.

1.2. Statement of the Problems

1. How is James described before he meets Bob?
2. How does Bob influence James's personality?
3. How is James's personality development after influenced by Bob?

From the research question above, there are three objectives of the study as follows :

1. To portray James's personality before he found Bob.
2. To find out how Bob influences James's personality development.
3. To depict James's personality development after being influenced by Bob.

1.3. Significance of the study

The researcher hopes this study can contribute theoretically and practically. Theoretically, this study can provide insights into how a cat, Bob, influences James's personality development in literary work. Practically, the researcher wants to contribute to the development of literary studies. It might help reference future researchers who will analyze *A Street Cat Named Bob* novel by James Bowen. There are few studies about *A Street Cat Named Bob* novel, but there are still many issues to investigate. It can be analysis about the roles of pet attachment towards the character or analysis of intrinsic and extrinsic elements of the novel and so on. For the following study, who wants to research *A Street Cat Named*

Bob novel, The researcher hopes that more researchers will want to use the novel as their research issue.

1.4. Scope and Limitation

The scope of this study focuses on the novel entitled *A Street Cat Named Bob*. The limitation of the study is the description of James's personality development becoming a better person after being influenced by Bob.

1.5. Research method

The method that the researcher will use for this study is the qualitative method. The qualitative method is used for researchers to describe the findings of the research.

1.5.1. Data Source

The researcher will use two kinds of data sources: primary data source and secondary data source. The primary data source is from *A Street Cat Named Bob* novel by James Bowen, and the secondary data source is from the internet, e-book, journals, books from the library, and some articles.

1.5.2. Data Collection

There are several steps that the researcher used to collect the data :

1. The researcher read the novel three times to understand its content by interpreting it using a data table.
2. The researcher collected data on James' personality development.
3. The researcher classified the data collected in number 2 above

1.5.3. Data Analysis

After collecting the data, the researcher will analyze the data by following the steps below:

1. The researcher divided the discussion into three parts: James's personality before meeting Bob, Bob influenced James's personality development, and James's personality development after being influenced by Bob.
2. The researcher discussed James's personality before he meet Bob, How Bob's influenced James's personality, and how James's personality development after being influenced by Bob.
3. In the final step, the researcher concluded the discussion.



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CHAPTER II

REVIEW OF LITERATURE

In this part of the chapter, the researcher gives a brief explanation about the theories that would be used to analyzed James's personality development in *A Street Cat Named Bob* novel.

2.1. New Criticism

New criticism is the theory that personal responses and the historical background should not influence. (Crowne, cited in Ardianto, 2016, p.12) . According to Tyson (2006, p.137), the term of new criticism is the formal elements of the text, such as symbols, images, characterization, plot, setting, etc. New criticism supports literary interpretations because the new critics introduced to America and called it "close reading." New criticism is common practice to analyze a literary text which was focused on the biography of the author's life. It means that new criticism is often termed as close reading. (Tyson, 2006, p.137-138). The researcher will analyze the character and the characterization using a new criticism theory.

2.1.1. Character

Character is a literary element. (Literature, 2015, p.353). Characters are the life of literature, which means that characters have an essential role that must exist because the character is part of intrinsic elements in a literary work. According to Aristotle, Character is "secondary" to what he calls the "first essential" or

"lifeblood" of tragedy the plot. That character is included "for the sake of the action" (Bennet, 2004, p.60). A character is a figure that appears in literary works such as poetry, novels, and drama (Barnet, 1988, p.46). The figure can be a person or animal with moral quality and certain tendencies, such as expressing what they say and do (Abrams, 1999, p.76). According to Murphy (1972: 161-173), he divided into nine ways that an author tries to present the character's personality to the reader, first is the personal description. In the personal description, the author presents directly the detail of the physical appearances of the characters. The second is the character as seen by another, the author describes the character based on the opinion of other characters. The third is a past life, the characterization can be analyzed through a past life. The reader can learn something about a character's past life by a hint given by the author in the story. The past life of the character reflects through direct statements seen in the person's thought, conversation, or through the medium of another character. Fourth is speech, the author gives some understanding of the character directly through what the character says. Fifth is the conversation to the others, the author describes the conversation between the character through other characters and it gives some hints to the description of particular. Sixth is through reactions, the author gives the reader a hint by representing the character's reactions to particular situations and events. Seventh is through direct comment, the author explains or comments on a person's character straightly without any medium. Eight is mannerism, the author depicts a character's mannerism by the description of the character's habits and behaviors. And the last is from thought, the author

gives the reader straight information of what a character is thinking about, what is on the character's mind, and what the character feels.

There are four types of character: flat character, round character, static character, and dynamic character. According to Perrine (1985, p.66-69), a dynamic character is a person who changes over time, usually as a result of resolving a central conflict or facing a major crisis. A dynamic character is the same as a round character, but the dynamic character is like the development of character personality. The developing character undergoes a permanent change in some aspect of character, personality, or outlook. The change may be a large or a small one: it may be for better or for worse, but it is something important and basic, it is more than a change in condition or a minor change in opinion.

One of the types is the character, the writer will use the dynamic character as the theory to analyze James's personality development. James is categorized as a dynamic character because he changes to become better after he met Bob. James begins to change step by step become a better person. The change from one trait to a new trait shows James as a dynamic character.

2.1.2. Characterization

Characterization is a name for the methods a writer uses to reveal a character's values, feelings, goals, etc to readers. Jones (1968, p.84) states that characterization is the depiction of clear images of a person or figure in the story. It means that characterization is the way that the writer uses to represent the personality of a figure or character of a person or other being creatures.

Characterization is one of the intrinsic elements of literary work that is important because, through characterization, the author knows and understands the character in literary works.

2.2. Personality Development

Hurlock (1974, p.6) defines that the word "personality" is derived from the Latin "persona," which means "mask." She pointed out that personality is a person's essence, a person's thoughts and feelings, and a person's overall psychological composition. These will be revealed through his speech or her speech and behavior. According to Allport (1961, p.7), personality is the dynamic organization of the psychophysical systems within the individual, which determines his characteristic behavior and thoughts. Another statement by Feist (2009, p.4) explained that personality is a relatively permanent feature and a pattern of unique characteristics, which gives a person the consistency and personality of behavior.

Hurlock (1974, p.19) stated that individual personality development is the result of learning in social relations with people inside and outside the family. In addition, socialization and every value in life affect personality. People will change throughout their lives. It is because of their unique personalities. Not completely satisfied. Therefore, they are always eager to change their personality (p.108). Hurlock (1974, p.119) states that the awareness of personality development usually comes from parents, friends, teachers, and others who talk

about his or her bad personality. She explained that personality changes have three characteristics. The explanation would be described below :

1. Better vs. Worse

It is not an uncommon phenomenon for a person's personality to begin to change, become good or bad, or vice versa. It depends on how they react to a condition in their environment at a specific time. Changes can be physical or social. A person successfully adjusts to positive values, such as more self-confidence, there will be better changes. On the contrary, if failure comes to his life, he adjusts it to negative values. He will enter negative emotions, such as inadequacy and low self-esteem. It will produce confrontation, defensive reaction, depression, and other negative behavior. In ordinary people, in adolescence and middle age, personality deterioration is more common. Disappointment occurs at this age, and adolescents are disappointed because they do not get the appearance and character they want. Similar things are also true. In middle age, people realize that some wishes will never be realized. (Hurlock, p.120-121)

2. Quantitative versus Qualitative

Hurlock states that qualitative changes completely replace a desirable trait with an undesirable one or vice versa. They usually do not even occur in the first few years of life. In the case of qualitative changes, an individual appears that another characteristic has replaced his particular characteristic through what is desired. In contrast, quantitative changes mean that the already existing properties are strengthened or weakened. In this life, an individual needs social acceptance.

In order to fulfill it, a person has to strengthen the treatment he wants and weaken the undesirable to attempt. Quantitative changes can give the impression that the person has changed their personality pattern. (Hurlock, p.108-109)

3. Slow versus Rapid

Changes are seemed as slow if they may be perceptible, while rapid changes are comfortably obvious to all. For a slow change, they may be scarcely substantial because the process of change needs a long time. Personality commonly changes pass slowly and step-by-step. It is due to the process of addiction breaking and relearning. People must attempt to stop the addiction that's already embedded earlier and learn the new addiction as the change. Rapid change, which might be steady, is due to an endocrine or neurological upset. Some sicknesses are commonly followed through rapid character change. (Hurlock, p.122)

Hurlock (1974, p.125-128) states that several conditions are responsible for personality change. It is divided into eight factors. Those points will be explained below:

1. Physical Changes

Physical changes may also come from maturation and decline, illness, injuries, or a few different situations. Physical change makes a person need to regulate that situation to his self-idea. Hurlock gives an explanation for it "Marked bodily adjustments, mainly if they arise rapidly, do now no longer supply the man

or woman time to regulate smoothly; and as a result, they have more have an impact on his self-idea than slow or minor adjustments." (p.124).

2. Changes in the environment

Changes in the environment might also produce adjustments in the man or woman's self-idea and his characteristic behavior. Hurlock explains that a new environment will cause development or not depending on "whether or not the personality movements towards equilibrium with its environment and while the movement happens." (p.125)

3. Changes in Significant People

Significant people will impact a person's character change in order that person can encourage him or herself to extrude that character. When the considerable people of the person have changed, the man or woman can grow the self-motivation in converting his or her character. The adjustments depend upon the distinction of the mindset and the value of the considerable people with different individuals. The incredible distinction shows the significant adjustments in character to the individuals (p.126)

4. Changes in Social Pressure

Intense social pressures inspire adjustments in positive elements of the character. Everyone has the choice to be regular with inside the society in which she or he lives. When the social pressures now no longer permit a person to be regular within society, the man or woman will extrude his or her character. The

more potent social strain for a person, the better his motivation to extrude. In adds" (p.127)

5. Changes in Roles

Changes in roles have a significant effect on the person. If the adjustments are extra favorable, the person's character might be higher. The adjustments rely upon how the brand new roles are appropriate with the person's desires or now no longer. (p.127)

6. Strong Motivation

When the motivation to enhance the character sample is powerful enough, adjustments may be effected. People usually need to extrude the character to improve their social relationships and earn extra social acceptance. If the society does not receive the individual, he or she can be able to extrude his or her character to be better (p.127)

7. Changes in Self-Concept

Changing one's self-idea requires notable self-insight. This approach that someone needs to have the ability and inclined to peer himself as he is, now no longer as he would love to be or as others understand him. Hurlock mentions numerous situations that affect the adjustments withinside the self-idea. First, the usage of introspection to peer oneself as one is. Second, self-disclosure to the ones for whom one has admired and self-belief as a manner of gaining new self-insight. Third, converting from a surrounding that fosters a destructive self-concept and

ignores the surroundings' destructive component. Fourth, the affected person exercise in looking to see oneself consistent with the brand new self-idea till one turns acquainted with it likes it, advert accepts it. (p.128)

8. Psychotherapy

After a person has been motivated, she or he is attempting to change the self-idea or even change the terrible habit. Then, she or he additionally to discover a new concept approximately him or herself. "Psychotherapy is primarily based totally on the belief that a poorly adjusted man or woman could make higher modifications if she or he is helped to increase an extra favorable self-idea. (p.129)"

Based on the explanation about the theory of personality development above, The researcher will analyze James's personality development using the personality development theory by Elizabeth Hurlock.

2.3. Previous Studies

The researcher found some previous studies from the novel entitled A Street Cat Named Bob. The first study is from Olivia (2017), who briefly explains the intrinsic elements of the novel, such as settings, characters, plot, and theme. She also describes the extrinsic elements, such as the summary of the biography author.

The second is an article from Russian, Enikeeva D.Kh (2021), which analyzes the lexical, grammatical transformations. The article is devoted to

considering the use of lexical and grammatical transformation in the translation of the description of the urban environment in a literary work named *A Street Cat Named Bob* novel.

The researcher found the differences from those two previous studies above. None of them analyze personality development on James and how Bob as the factors that influence James's personality development in the novel entitled *A Street Cat Named Bob* using the theory of Personality Development.



CHAPTER III

ANALYSIS

In this part of the chapter, the researcher wants to analyze the personality of James before he meeting Bob, Bob's influence James's personality, and James's personality development after influenced by Bob in the novel entitled *A Street Cat Named Bob* by James Bowen.

3.1. James's Personality Before Meeting Bob

This part will describe James's personality before he meets Bob. Bob is the cat that James found in his flat. Then, James adopted him because he felt compassion towards the cat. The main character itself is the author of this novel. He is James Bowen. He was born in Surrey, England. "I was born in Surrey, but my family moved to Melbourne when I was three." (Bowen, 2012, p.30).

James tells about his life journey from childhood to adulthood through this novel, which has changed a lot in his story. Before he met Bob, His behavior was worse. In this novel, he described an only child in a wealthy family. Unfortunately, when he was three years old, his parents divorced, and he followed his mother to live in Australia. "My mother and father had separated by this time. While my father stayed in Surrey, my mother got away from all the aggravation by landing a job selling for Rank Xerox, the photocopying company, in Melbourne." (Bowen, 2012, p.30). Based on the background of his story, His mother permanently moved house since he was a kid until he became a teenager. From this case, James's behavior becomes worse when he has

problems during his adolescence. Several points below will explain the main of James's personality before he meets Bob.

3.1.1. Disobedient

During James before meeting Bob, He became a bad person. The cause is that he was bullied, had problems with his parents, and had difficulty adapting to a new environment because he always moved house. Previously, since James's parents had separated when he was three years old, his mother always moved house.

His first move was in Melbourne after his mother separated from his father, "While my father stayed in Surrey, my mother had got away from all the aggravation by landing a job selling for Rank Xerox, the photocopying company, in Melbourne" (Bowen, 2012, p.30). After two years, he returned to move from Melbourne to Western Australia. "My mother had itchy feet, however, and within about two years we had moved from Melbourne to Western Australia. We stayed there for about three or four years until I was nine or so." (Bowen, 2012, p.30). The desire to stay alone in western Australia was lost because he moved back to the UK and to Sussex near Horsham when he was nine years old. "The chances of me settling into life in Australia disappeared when I was nine, and we moved back to the UK and Sussex, near Horsham. (Bowen, 2012, p.31). Not long ago, while James lived in England, When James was around 12 years old, he moved again to Western Australia. "I was just getting back into life in the northern hemisphere when we had to move yet again – back to Western Australia when I was around twelve." (Bowen, 2012, p.31).

James claims that he never stayed long in one place and always moved house because his mother kept selling and buying houses all the time. In his teenage years, his

mother traveled continuously due to her job. He had never had a family home. It made James get stressed, so he began doing some bad things. According to Melissa Moreno, A Talkspace therapist, frequent moves can bring up some uncomfortable feelings such as anxiety and impact one's ability and desire to build and maintain relationships. Other research claims that the more frequently a child moved, the more likely they were to report feelings of unhappiness and dissatisfaction, as well as fewer quality social relationships overall (Journal of Personality and Social Psychology, 2010, cited in talkspace.com).

After a too much-moved house, James never had any friends who would stay with him, remembering he always moved a lot. It was hard to fit in at school. He has difficulty adapting to a new environment. "The trouble was that I didn't have any friends. I found it very hard to fit in at school, mainly, I think, because we'd moved a lot." (Bowen, 2012, p.31). James began to feel that some problems came to him when he lived in Quinns rock. "This time we ended up in a place called Quinn's Rock. It was there that I think a lot of my problems really began." (Bowen, 2012, p.31).

When he lived in Quinns Rock, he got bullied there because of his good British accent and his behavior rated overly friendly by his friends. His friends do not like James at the time. One day, his friends have stoned him, which caused him to suffer a concussion on his way home. "I probably stuck out with a British accent and my eager to- please attitude. I was a sitting target, really. One day, they decided to stone me. I got a concussion after being bombarded on the way home from school." (Bowen, 2012, p.32).

After he got bullied, he felt his condition became worse because of his discrepancy with his stepfather, Nick. He didn't like his stepfather at the time. In his opinion, He thought that Nick was a prick. "Things weren't helped by the fact that I didn't get on at all with my stepfather at the time, a guy called Nick. In my teenage opinion, he was a prick – and that was what I called him ."(Bowen, 2012,p.32).

By the time when James was around 14-15 years old, He decided to quit school because he could not stand his bullying. James had apparently grown tired of the bullying from his friends, and he couldn't take it anymore. Risk factors for being the victim of bullying include having a low understanding of emotional or social interactions, a tendency to become upset easily, or already suffering from anxiety or depression. (Medicinet.com) . The impact of being bullied that James accepted like he gets stressed, emotional changing until he decided to quit school because he had no strength to continue his school. At the time, James was tired too with his discrepancy towards his stepfather, and he felt he could be more independent." by the time I was in my mid-teens I'd pretty much quit school. I left because I was just sick to death of the bullying I encountered there. I didn't get along with Nick either. And I was very independent-minded." (Bowen,2012,p.33).

Never imagined before, after he went through that incident, he got stressed and became disobedient. James was doing some immoral acts, and then he got into drugs. He tried to blot out his chaotic feelings by sniffing glue, which is a kind of drug. According to Haresh Tulsidas, MBBS, MRCP (UK), Department of Internal Medicine, Singapore General Hospital, "Inhalant use which includes glue-sniffing, is widely prevalent. A large number of heroin addicts and IV drug abusers have a past history of

inhalant use, which is more common in those from a lower socioeconomic background, particularly those from chaotic, broken homes and abusive families”. He began using drugs from a kid that he met. When he was doing that, he felt it was an act of letting off from the harsh reality that he had.

After James got addicted to it, his worst act was followed by more addiction to other kinds of drugs, like smoking dope and sniffing toluene.

“I became a tearaway, a wild kid who was always out late and always defying my mother. Predictably, I got into drugs, at first sniffing glue, probably to escape from reality. After that, I started smoking dope and sniffing toluene, an industrial solvent you find in nail varnish and glue. It was all connected, it was all part of a cycle of behavior, one thing led back to another, which led back to another and so on.” (Bowen 2012, p.33)

From the quotation above, it can be seen that James tells about when he was a teenager that he became a rebellious boy. According to his statement, His first rebellious acts are defied his mother, who was always out late and then got into drugs. The reason why he became rebellious is first that he often moved house. The impact that James experienced was difficulty in adapting to a new environment, and it is hard to make friends. He once tried to make friends, but he seemed overly nice to his friends and caused them to dislike James at the time. Then he ended up being abused by his friend. The impact of being a bullying victim the symptoms may be physical, emotional, and behavioral. Research shows that bullies and their victims are also at risk for having ADHD. (Medicine.net). James suffers after he gets bullied by his friends because he gets stressed, self-destructive like taking drugs, behavioral and emotional changes like defying her mother. He also suffered anxiety that caused him not to want to go to school

anymore, and he decided to quit school in his mid-teens. He also had mental illness like ADHD, which was caused by bullying.

“My mother tried her hardest to get me off drugs. She could see the damage I was doing – and the even worse problems I was going to cause myself if I didn’t kick the habits I was forming. She did all the things mothers do. She went through my pockets trying to find drugs and even locked me in my bedroom a few times. I learned to pick them really easily with a Bobby pin. They just popped out and I was free. I wasn’t going to be hemmed in by her-or anyone else for that matter. We argued even more then, of course, and inevitably things went from bad to worse.” (Bowen 2012, p.33-34)

The quotation above explains that James tells about his mother, who tried to get him to stop taking drugs. She was worried about James that if her son got addicted to it. She tried everything way in order to make James stay away from the drug. She tried to find the drugs in James’s pocket, and she ever locked James in his bedroom. But unfortunately, Her effort to make James stop consuming the drugs failed. James always rebelled against his mother to stay able to consume the drugs. He became a rebellious boy who always rebelled when his mother punished him for the examples of his behavior towards his mother when his mother punished him by locking him in his bedroom. He tried to escape by opening the lock with a bobby pin. He had been willing to do everything ways to consume the drugs again. He considered choosing to rebel and argue with his mother because he wanted to continue to consume drugs. In his opinion, the drug helped him calmer and forgot his problems. Since that time, his rebellion has worsened, and he liked to argue with his mother.

Hurlock (1953, p.108) states the reason why behavioral problems often happen in early youth is because young people are in the process of developing a unique personality and demanding freedom that generally does not work. In James’s case, he seems difficult

to advise by his mother because he was still searching for identity. He was stressed by the problems he was facing at the time. He began influenced by his environment, which eventually plunged him into drugs. He was forced to self-destruct because he could not bear the problems he was facing. In his opinion, Drugs become an escape from his problem because he feels that it can give a solution for him. This is because using the drug can give him the effect of being confident, happy, and energized, even if only for a moment. Therefore, James becomes addicted and chooses to rebel against his mother because he just wants to feel calm from the drug itself.

At the age of 18 years old, James decided to lived at his half sister's house in London. "Around my eighteenth birthday, I announced that I was going to move back to London to live with my half-sister from my father's previous marriage. It marked the beginning of the downward spiral." (Bowen, 2012, p.34). He wants to have a new life and wants to pursue his dreams of being a musician. But all his plans failed. His half-sister kicked him out because of his rebellious acts. The reason why he kicked from his half-sister's house. First, his brother-in-law doesn't like his appearance, and secondly, James never contributes to household bills.

"My brother-in-law hadn't taken too kindly to my arrival. As I say, I was a rebellious teenager who dressed like a Goth and was – probably – a complete pain in the arse, especially as I wasn't contributing to the household bills". (Bowen 2012, p.36).

He was ever to work as a bartender, but unfortunately, not long ago, he was fired because of his unattractive appearance. His boss displaced him from his job as a bartender after covering for other people's holidays during Christmas 1997. "The first I'd been able to get had been working as a bartender. But my face hadn't fitted, and they'd sacked me after using me to cover for other people's holidays during Christmas 1997."

(Bowen, 2012, p.36). At the time, he had no money and just stayed on there without contributing to the household bills. Knowing that he was so annoying, his step-sister finally kicked James out from her house.

“The one thing that might have saved me was going back to Australia, I had a return ticket but lost my passport two weeks before the flight. I had no paperwork and, besides, I didn’t have the money to get a new one. Any hope I had of getting back to my family in Australia disappeared. And so, in a way, did I. The next phase of my life was a fog of drugs, drink, petty crime – and, well, hopelessness. It wasn’t helped by the fact that I developed a heroin habit. I took it at first simply to help me get to sleep at night on the streets. It anaesthetised me from the cold and the loneliness. It took me to another place. Unfortunately, it had also taken hold of my soul as well. By 1998 I was totally dependent on it.” (Bowen 2012, p.36-37)

The quotation above explains that James tells his condition after being kicked out of his half-sister’s house. He decided to return to Australia, but, unfortunately, the chance for James to return to Australia was gone. He lost his chance to return there because of his carelessness of losing his passport two weeks before the flight. James’s financial condition at the time began to shrink, and he could not get a new passport. “I had no paperwork and, besides, I didn’t have the money to get a new one.” (Bowen, 2012, p.36). Then, he became a nomad. First, he started sleeping at his friend’s house. The next day, he moved again to another place carrying his sleeping bag, and he kept on finding someplace where he could stay. His bad acts became worse. He tried some kinds of crime, like drinking alcohol, and also got into a heroin habit when he was 19 years old in 1998. James admits that after consuming heroin, it makes him anesthetized from the night cold and the loneliness. He can also hallucinate in another place. It means that he was truly helped by the existence of drugs to escape from all his problems. Long after he consumes it, heroin makes James become extremely addicted. Heroin is a depressant drug

– it slows down certain functions of a person's brain and nervous system. Some of the immediate effects of heroin include feelings of well-being and relief from physical pain. (<https://www.betterhealth.vic.gov.au/health/healthyliving/heroin>).

The effect of heroin has a certain disturbing function on James's brain. He feels like hallucinating into another place that makes him better and makes him forget all his problems. He is not just involved in crimes like taking drugs. He was also ever shoplifting to fulfill his needs and drug. When you are homeless or have a drug habit, you find easy options to make money. And, to be honest, few things are easier than shoplifting. The first time I did it to pay for my habit was in 2001 or 2002, something like that. (p.143). When drug users like James become addicted, it will not be easy to stop consuming it. This is evident from James's action, who committed shoplifting in order to continue heroin. He can not just let go because the effects of the heroin itself have made him become addicted.

3.1.2. Apathetic

Another characterization of James before he meets Bob is being an apathetic person. It can be proved that he was in a lot of trouble and became a drug addict. He did not want to care about anything and did not want to listen to any suggestions or advice from anyone, including his mother. He just wants to take care of himself and never has a feeling of worry towards anyone and himself.

“My Mum got me to go to a psychiatrist at one point. They diagnosed me with everything from Schizophrenia, manic depression to ADHD, or Attention Deficit Hyperactivity Disorder. Of course, I thought it was all bullshit. With the benefit of hindsight I can see that my mother must have been worried sick. She must have felt powerless and terrified of what was going to happen to me. But I was oblivious to other people's

feelings. I didn't care and I didn't listen to anyone.”(Bowen 2012, p.34)

From the quotation above, it can be seen that James's mother was worried about him. Knowing his behavior had become worse, his mother decided to take James to the psychiatrist. James was diagnosed with some mental illnesses like Schizophrenia and Manic Depression to ADHD. According to Nevid (2005, p.160), ADHD is a neurodevelopmental disorder characterized by symptoms of inattention, impulsivity, and locomotor hyperactivity. In contrast, Schizophrenia is a serious mental illness that affects the brain and causes strange and disturbing thoughts, perceptions, emotions, movements, and behaviors. People with schizophrenia may seem like they have lost touch with reality, which causes significant distress for the individual, their family members, and friends (Videback, 2008). Another statement from Chaplin J.P (1981) stated that Schizophrenia is a common term for a group of psychotic reactions characterized by withdrawing from emotional distractions in life, affections, and depending on the type.

Previously, before James was diagnosed with Schizophrenia, he was a drug user. He shows the symptoms that lead to Schizophrenia. He was ever hallucinating and acted rude towards his mother. Besides knowing the dangers of mental illness that he had, he still did not care and thought that it was all nonsense. Judging from his behavior that regards having mental illnesses, James is an apathetic person. He did not want to care that his mother was worried about his condition. He did not want to hear any statement from the psychiatrist.

Knowing something wrong with her son, James's mother sent her son to Christian charity accommodation, hoping that his son's life would be better there. But the result was the opposite. James did not participate in any positive activity while he stayed there.

“The situation got so bad between us that, for a while, I lived in Christian charity accommodation. I just passed my time away there, taking drugs and playing guitar. Not necessarily in that order.”(Bowen 2012, p.34)

From the quotation above, it can be seen that James tells about when he lived in Christian charity accommodation. He says that when he lived there, his behavior became worse. He did not do any positive activity there. He started to take drugs again and just passed the days by playing guitar. He was truly reticent about all that happened in his surroundings. He seemed less spirit and didn't want to follow the activity there. Based on his action that didn't want to do positive activity and not being productive in there, he was an apathetic person. He became so absorbed in his own life that he did not want to pursue other activities there.

“During that period, it didn't occur to me to contact anyone in my family. I had disappeared off the face of the earth and I didn't really care. I was too wrapped up in surviving. Looking back at the time now, I can only imagine that they must have been going through hell. They must have been worried sick.” (Bowen 2012, p.37)

Based on James's statement above, since he became homeless and Heroin addict in 1998, He never talked and contacted his family during the period. He truly did not care about his family, who were worried about him. Seeing his condition that he became severely addicted to drugs, James felt clumsy at making contact with his family. The

situation at that time has been worse. James started pulling away from everyone, including his family. But not long ago after that, when around Christmas appeared, he began venturing to make contact with his father, but his father was mad at him. "I had made contact with my father when I'd arrived in London but hadn't spoken to him in months. It was around Christmas time that I decided to give him a call. His wife -my stepmother-had answered the phone. He refused to come to the phone and kept me waiting for a few minutes, he was so angry with me...I made some pathetic excuses but he just shouted at me. He shouted and screamed at me for fully five minutes. I realize now it was a mixture of release and anger." (p.37-38).

James tried to explain what really happened to his father but his father kept scolding him and would not to listened what James was saying. His father is mad at him because of James's behavior which suddenly disappears and makes him and James' mother feel worried. Knowing his father was really mad at him, James began to realize that his explanation wouldn't be heard by his father. Finally, He chose to end the call. His mother ever met James when she visited London. She met for a couple of times to know his condition. "Again, I hadn't even considered that somebody else might have been concerned about me..... At that point in my life, I really didn't care. (p.239). James tells a lie to his mother. James did not want to make his mother concerned about him. Then he makes the decision that he is living alone and just concerned about himself.

"There would have been a time when I'd have thrown the letter straight into the dustbin. I'd have been defiant and stubborn and too proud to take a handout from my family." (Bowen 2012, p.237)

Some of the other statements from James that show he is an apathetic person is when he gets a letter from his mother. His mother wanted to know his condition, but he chose to avoid her letter. His mother offered him to return to Australia, but he more chose to live independently in England. When he got the letter from his mother, he threw it away and did not care what his mother did for him. He seemed stubborn and reticent that he did not want to communicate with his family again.

3.1.3. Impressionable

The next characterization of James when he before meeting Bob, he described as an impressionable person. He easily follows bad acts from other people, like for example, when he was involved in a drug. First, he knew the drug is from a kid that he met. At the time, his feelings were chaotic. He was surrounded by many problems. Suddenly, without thinking twice that it was dangerous for him, he tried sniffing glue. Originally, when he did it, he just did not get addicted to it. But the more he became curious to do it, he became addicted and tried some other kinds of drugs.

“Predictably, I got into drugs, at first sniffing glue, probably to escape from reality. I didn't get addicted to it. I only did it a couple of times after seeing another kid doing it. But it was the start of the process.” (Bowen 2012, p.33)

Based on the quotation above, it shows that James was his first time dealing with the drug. James admits that his bad behavior during adolescence increased. His behavior got worse. He became more and more curious about trying other kinds of drugs which just helped him to escape his bad reality. First, he tried sniffing glue. He claims that He did not get addicted, but as time went on, He became curious to try some other kind of

drug, then he continued to try some other variety of drugs. He was easily affected by the actions of other people.

“That period of my life lasted a year or so. I'd eventually been picked up off the streets by a homeless charity. I ended up on what's known as the vulnerable housing list, which qualified me as a priority for sheltered accommodation. The problem was that, for the best part of the next decade, I ended up living in horrendous hostels, B&Bs, and houses, sharing my space with heroin and crack addicts who would steal anything that wasn't nailed down. Everything I had was stolen at some point. I had to sleep with my most important possessions tucked inside my clothes. Survival was all I could think about. Inevitably, my drug dependency got worse.” (Bowen 2012, p.38)

The quotation above shows that James talks about his experience living in a homeless charity. He lived in a place called vulnerable housing. He said that charity is a priority for sheltered accommodation. James once lived in Horrendous hostels, B&B's, and houses. He lived there and shared his space with a heroin addict who would steal anything. His stuff was stolen by some people who were living with him. Living like a nomadic on the streets, James just thought about survival. When he began sleeping, He was always careful with some people who liked to steal anything. He tells us that his drug dependency got worse because he lived with people who were addicted to heroin during his life there. He could not control himself and eventually slipped into the drug again. Judging from his behavior, it was difficult to control himself to stay away from the drugs. James was an impressionable person.

“The problem was that she was on drugs as well, and she was co-dependent. It really didn't help me – or her – as we struggled to kick our habits. When one of us was trying to get clean, the

other one was using them and vice versa. So it made it really difficult for me to break the circle.” (Bowen 2012, p.82)

Another quotation that describes James as an impressionable person is judging from his actions that he could not control himself from the drugs when he joined the group band, which is some of them were drug users. In 2002, when he was 23 years old, he got off the streets and lived in sheltered accommodation in Dalston. There, he met people who shared their passion for music. Finally, they decided to form a band. They named it "Hyperfury." Their band success managed to put out two albums. The first came out in September 2003 collabs with another band named Corrosion. The names of the songs are called "Onslaught" and "Retaliator." After releasing their first album, in March 2004, James and his friends managed to put out the second album six months later. They were named the second album called *Profound Destruction Unit*, which featured three songs with the title "Sorry," "Profound," and another version of "Retaliator. " "We managed to put out two albums. The first came out in September 2003 with another band, Corrosion. It was called *Corrosion vs. Hyper Fury* and featured two pretty heavy tracks, called 'Onslaught' and 'Retaliator.' We followed that up six months later in March 2004 with a second album called *Profound Destruction Unit*, which featured three songs, 'Sorry,' 'Profound' and another version of 'Retaliator.'" (p.81)

In order to make the band more hype and famous, his friend and James finally decided to team up with a guy called Pete from Corrosion band and started to make their independent label named *Corrupt Drive Records*. James thought it would not work when his band and Corrosion cooperated because he had a problem with his band and

corrosion collabs. Some of the people in Corrosion are drug users. Moreover, James already wanted to keep out of those drugs. But because he was easily affected by his surroundings, he had difficulty breaking the addiction. One of the drug users is his friend. Her name is Belle. At the time, they had a brief relationship together. Behind her behavior towards James, she was nice to him. Belle was on drugs. James felt that the situation got worse because Belle was a Co-dependent on their label. James had difficulty kicking his habit of drugs. Finally, in 2005, James decided to out from the band and accepted that the band was a hobby, not a way of living. "By 2005, I'd accepted that the band was a hobby, not a way of making a living." (p.83).

3.1.4. Pessimistic

Another characterization of James before he met Bob shows that he was pessimistic when he was stuck in many problems. He felt that it was all his mistakes that he made. He became pessimistic that he could not solve his problems and hesitant about being a good person. "I was angry. I felt like I hadn't had the best breaks." (p.33). After James did some bad acts like taking drugs, defying his mother, and doing some other crimes, he became pessimistic that he could not reform himself to be a good person. He is prone to blaming himself because he hasn't been able to do any good action for himself.

"How was I now going to earn money? No one was going to give me a job. It wasn't because I was stupid; I knew that. Thanks to the IT work I'd done when I was a teenager back in Australia, I was fairly knowledgeable when it came to computers. There wasn't even any point in me applying to do a training course in computing because they wouldn't accept me. Officially I was still on a drug rehabilitation program. I was living in sheltered accommodation and didn't even have an O

level to my name. They wouldn't and probably couldn't – touch me with a bargepole. All in all, I was a non-starter when it came to getting a normal job. Whatever normal is.” (Bowen 2012, p.155)

Another quotation that shows James is a pessimistic person is when he tries to get a job. It can be seen that he feels hesitant if he will not be accepted for any job in England. He did not want to try it. He reasoned that he was still in rehabilitation and expected that no one job would hire him. He also reasoned that if he applied to do a training course in computing, he would not be accepted because he was on a rehabilitation program. He was dispirited after he got fired when he was working as a bartender because of his unattractive appearance.

3.1.5. Shy

Another characterization found in James's character before he meets Bob is shy. He rarely talks to anyone and does not want to start it first. He still wanted to talk with someone, but in order hand, he became a closer person and did not want to tell his true story to his mother. He also has difficulty interacting with some people. There is no doubt in my mind that we moved home way too much, and it was not suitable for a growing child. It made it very hard for me to become socially adept. At school, it was tough to make friends, and I was always trying too hard. (p.31)

“I had to politely excuse myself after a couple of minutes. No sooner had the latest admirer gone away than the same thing was happening again– and again, I'd barely go three feet without being stopped by someone who wanted to stroke or talk to Bob. It was a bit ridiculous.” (Bowen 2012, p.62-63)

Some of the moments that show James as shy person are when people surround him as he walks toward the usual pitch for busking. At the time, he first invited bob to

busk with him. He put bob on his shoulder. He knew that people who passed him became interested in him and Bob. Then, one of them interacts with Bob and talks with James. Meanwhile, James feels ridiculous because he had rarely talked to people previously. At the time, He still wanted to interact with people, but on the other hand, he was awkward and felt uncomfortable because the people who came to him were more crowded than he wanted to interact with Bob.

“Most of all, it had been hard because I had been invisible. Most people just didn't give me the time of day. They would do all they could to avoid me, in fact. That's why I had turned to busking, at least then I had my music to attract people's attention and let them know I was actually a living, breathing creature. And even then most of them ignored me.” (Bowen 2012, p.158)

The quotation above shows that James talks about his work experience as a big issue seller magazine before he decided to become a busker. At the time, he worked as a magazine seller around 2001 or 2002. He tells about his difficulty with selling the magazine. He admits that he had a close personality, making it difficult to interact with people. He also says that he got some abuse from people who passed him, and he feels that he does not have the strength to continue the job. Then, he resigned from his job as a big issue magazine seller. He lost his self-confidence because of abuse, and He also did not have the expertise because he hard to be open with people. After he resigned from his job as a seller, he chose to go busking. In his opinion, busking is a job that requires the need to talk and interact with anyone who passes him.

“I'd spun her a story about having formed a band in London and said I wasn't going to come back to Australia while we were 'trying to make it big. I stuck to that story when I met her in the pub. I hadn't felt great about telling her a pack of

lies, but I didn't have the courage or the strength to tell her that. I was sleeping rough, hooked on heroin, and basically wasting my life away. "(Bowen 2012, p.237-238)

Another quotation that tells James is close person is when his mother invites him to talk for a while. At the time, he was in a homeless condition. He wanted to see his mother, but he did not want to open up to his mother. He chose to tell a lie to avoid his mother being worried about him. He did not want to tell her his actual condition towards his mother. At the time, he only told his mother that he was in good condition and wanted to live independently.

3.2. Bob's Influence on James's Personality

In this part, the researcher will explain the factor that influence James's personality. James change his personality become better after he met Bob. The factor are dominant support from Bob. Bob is the street cat that James found accidentally in his flat. James decided to raise him because he felt compassionate towards the conditions that looked pitiful. James helps him, and then Bob begins to trust James as his owner. They are getting closer and be of benefit to each other. It means that Bob already has an owner, and his life is guaranteed by James, while James got the motivation and support through Bob. According to Levinson (1972, p.3) states that for many individuals, association with animal companions has a therapeutic value and contributes to self-understanding. The association with animals has influenced individual personality development and the personality and culture of many preliterate peoples. Since Bob came into James's life, James began to change because of the many benefits he got through Bob. Previously, when James was a teenager, he seemed indifferent and did not care about the psychiatrist who diagnosed him because the effect

of his mental illness he suffered at the time like schizophrenia caused such feelings of apathetic towards anything. Knowing at the time James's mind was still unstable when diagnosed mental illness which caused him easily make a choice and choose to indifferent with his condition.

3.2.1. Bob's behavior

The encounter between James and Bob for the first time, the cat makes James feel that the cat could be a friend. James does not have someone to accompany him in his flat. Knowing that he lived independently at his flat during his rehabilitation program, He needed a support system for accompanying him while living there."As I listened to his gentle purring in the dark, it felt good to have him there. He was a company. I'd not had a lot of that lately." (p.13). James feels confident beside Bob. Before he meet Bob, he felt lonely in his flat, he just lived there alone. When he met Bob, he feels Bob could accompany him, and he assumed that Bob could be his friend. While Bob was snoring near James, he got quietness and felt comfort from those cat's snoring. He felt quiet when he listened to it. Cats purring has benefited humans. A cat purrs within a range of 20-140 Hz, which is medically therapeutic for humans' illnesses. A cat's purr can not only lower stress, but it can also help labored breathing, lower blood pressure, help heal infections, and even heal bones.

(<https://www.akcreunite.org/catsimprovementalhealth/#:~:text=A%20cat%20purrs%20within%20a,infections%2C%20and%20even%20heal%20bones.>)

Allan states in his research entitled *Cardiovascular reactivity and the presence of pets, friends and spouse*, he confirmed that having a pet can improve health by lowering

blood pressure. After James raising Bob, he get some benefits from him. Bob makes him more relaxed passing his days. Bob's purring may seem to reduce the stress that James had. Previously, In 2007, James decided to begin making his life better by making a plan he would be clean from drugs. James said that his move to the flat in Tottenham was a crucial part of the process while he was on a rehabilitation program. James hoped that he would be given a second chance through a rehabilitation program to make his life better than his previous life. Anyone who wants to achieve something or wants to make their life better surely needs a support system. It could be from fellow humans or other living creatures. Here, James needs a friend to accompany him when he feels lonely. Since he met Bob, he felt that Bob could be a support system as his friend.

Bob is the reason why James focuses on having a better life besides his rehabilitation program. Bob was able to make James forget his drug addiction. Since he decided to raise Bob, he had some other responsibilities like doing other activity with Bob, like feeding him every day, taking care of him when he was sick, fulfilling his needs, and so on. The attachment between James and bob became close, and Bob was already trusting him as his owner. "I don't know why, but the responsibility of having him to look after i gave me a rush of energy. I had something positive to do for someone other than myself."(p.23). James tells that he has another activity that he had never done previously. He feels that taking care of Bob is the positive activity he did while under the rehabilitation program. The activity with Bob makes James forget his addiction to heroin. He is motivated to be able to make himself better than previously. Slowly but surely, he turns into a useful and kind person towards himself, anyone, and Bob. When James was in rehabilitation treatment, Bob helped him. He gives James the strength to

focus on it by doing some activity with Bob. "He was a godsend in other ways too. For a start, he gave me something to do. I still had to feed him, which I did regularly...He didn't seem to want to leave my side.Bob. "(p.229). When James was in rehabilitation treatment, Bob helped him. He makes James awake in suffering the symptoms of methadone.

"At other times he would just sit with me, purring away, rubbing his tail on me and licking my face every now and again. As I slipped in and out of a weird, hallucinatory universe, he was my sheet anchor to reality." (Bowen 2012, p.228)

From the quotation above, It shows that Bob's actions that makes James in order to kept awake and well in dealing with the side effect of methadone. Sometimes James felt unconscious and fell asleep. At the same time, James was not feeling well because after using methadone. Bob made James to kept awake by accompanying him in his side. Bob kept James feeling awake. He approached James by bringing his head closer to James then snoring softly beside James. He also clawed at James if James didn't seem to move. "But I had my secret weapon. Bob did annoy me at certain points. At one stage, I was lying as still and quiet as possible, just trying to shut out the world. All of a sudden, I felt Bob clawing at my leg, digging into my skin quite painfully." (p.231)

Another proof that Bob has changed James becomes a better person is when James has difficulty interacting with people. When James worked with Bob, he became more enthusiastic and more confident in doing his job. James did not invite Bob to work with him at first,. Bob itself wants to follow James if he wants to go out. "As I was about to shut the door behind me, Bob bolted towards me and followed me out into the corridor and towards the staircase." (Bowen, 2012, p.76). For the first time, when Bob

follows James, he took Bob in his shoulder and makes people who passing him interested with Bob. He seems calm and here, Bob attracts people's attention. Some of people are interested in Bob makes them talk with James. Some of them interact with James to talk about Bob. Bob also helps James to earn more money than usual when he works alone without Bob.

Even though he got a lot of money while working with Bob, he never exploited Bob. "I wasn't going to exploit our relationship by demanding he come along with me every day. He was my companion, not my employee!" (Bowen, 2012, p.77). James will leave Bob in his flat and put some snacks and putting TV for Bob." But then, one day, as I went through the normal routine, he just shuffled off behind the sofa for a bit then went and laid down underneath the radiator. I put some snacks in a bowl to keep him going for the rest of the day. I'd heard that putting the TV on made pets feel less lonely when their owners were out." (Bowen, 2012, p.90) With Bob, he had the spirit to do good things for himself.

"Having bob with me gave me a chance to interact with people. They would ask where Bob came from, and i'd explain how we got together and how we were making money to pay our rent, food, electricity, and gas bills. People would give me more of a fair hearing and begin to see me in a different light. Seeing me with my cat softened me in people's eyes."(Bowen 2012, p.93)

The quotation above shows that James feels Bob made himself change to become sociable person. He becomes friendly towards people. He also gets many friends because of Bob. He becomes popular and more people know him because of Bob. "So, Bob's popular in Spain?" "Si, si," another one of the boys said. " Bob es una

estrella en Espana. He is a star in Spain." I was shocked.." (Bowen, 2012, p.272). When he works on the street, James feels protected by Bob. Previously, he abused people when he worked on the street. He feels that he has been dehumanized. After he meets Bob, he feels confident and has a strength that makes him more self-confident within interacting with people around him.

"Bob wasn't just changing people's attitudes to me: he was changing my attitude to others as well. Bob's arrival in my life had dramatically changed all that. I'd suddenly taken on an extra responsibility, another being's health and happiness, which were down to me." (Bowen 2012, p.94)

From the quotation above, James says that Bob becomes a mediator on changing people's attitudes and attitudes. He feels that his attitude has changed to become a better person since Bob came into his life. Previously, he was less on spirit towards his drug dependency programs. However, since Bob exists, he was motivated by the cat because Bob had already given him more benefits, like helping him earn money when he is working. Bob attracts people's attention, and finally, they want to interact with James. Bob also makes James more become open up towards his mother. According to *psychology today*, cats can also help release oxytocin for human, which is associated with the feeling of being in positive minds. That is the point that James always be happy and having positive minds while he lived with Bob. He become more better after having Bob.

3.3. James's Personality After Meeting Bob

In this part, the researcher wants to analyze the personality development of James. The latter changed from a bad person to a better person after he met a cat that he accidentally found in his flat. According to Hurlock (1974, p.91) in her book, someone will have a good or bad personality depending on how they learn to behave. The human's personality always has possibilities to change. It depends on how humans want to change and the factors that influence them. In the story, *A Street Cat Named Bob*, his personality changes, and he becomes a good person when James meets Bob. Based on the explanation previously that about the characteristics of the changing personality development, there are better versus worse, quantitative versus qualitative, and slow versus rapid. Here, James successfully changed his bad behavior to good after meeting a previously found cat in his flat. He does not change quickly. His personality change has gone through several stages. He experienced significant changes starting from he was a teenager to adulthood. Before meeting Bob, he planned to stop using drugs, but none supported him. He lost his passion for changing. He feels that his behavior has changed since Bob came into his life in adulthood. "I spent a big chunk of my life proving those words. I was given a lot of opportunities, sometimes daily. I failed to take any of them for a long time, but then all that changed in early spring 2007, when I befriended Bob. Looking back on it, something tells me it might have been his second chance too. I first met Bob on a gloomy Thursday evening in March. (Bowen, 2012, p.6).

At the time, he was twenty-eight years old and no longer to tramp on the street. He rented a flat in Tottenham. To pay his rent, he works as a busker every day. "To help pay the rent, I'd started busking in Covent Garden. It wasn't much, but it helped put food on the table and pay the gas and electricity. It also helped to keep me on an even keel."

(p.40). In that flat, James met Bobby accidentally. Actually, he doesn't want to raise Bob because he did not want to burden himself by taking extra responsibility for the cat, considering that his own life was in underprivileged "I couldn't just pick up a cat and take him home with me, even if all the signs pointed to the fact it was homeless. I'd barely moved into this place by myself and was still trying to sort out my flat. What if it did belong to the person living in that flat? They weren't going to take too kindly to someone carrying off their pet, were they? Besides, the last thing I needed right now was the extra responsibility of a cat. I was a failed musician and recovering drug addict living a hand-to-mouth existence in sheltered accommodation. Taking responsibility for myself was hard enough." (Bowen, 2012, p.7). He just wanted to focus on his rehabilitation and having a better life. He assumed that taking care of himself was more than enough. He felt hesitant if taking care of that cat failed because taking care of himself was harder, even less than taking responsibility for the cat. But when his empathy appears after seeing the cat's condition very pitiful, and to avoid the same fate as his previous kitten, he finally decides to raise the cat.

3.3.1. Obedient

Before he met bob, James was a disobedient person. He had never been friendly towards anyone and himself. He committed some crimes, like drinking alcohol, defying his mother, getting out late, shoplifting, and becoming a heroin addict. He was also once bad towards his mother. But after he met Bob, he became an obedient person who wanted to follow anything for his kindness and for Bob. This quotation below will describe James's behavior become obedient through his act towards someone or something else.

“I took the day off work the next day to make sure Bob was OK. He was supposed to be supervised for forty-eight hours after the operation to ensure there weren't any side effects. Although I needed the money, I could never have forgiven myself if something had gone wrong. So I stayed in the flat for twenty-four hours for Bob watch.” (Bowen 2012, p.48-50)

The quotation and conversation between James and the nurse above explain that James follows what the nurse says to suggest taking care of Bob after being neutered in forty-eight hours or two days. Previously, James had taken bob to the vet to be neutered. He did that because bob showed hyperactivity. James knows from the cat's behavior that he likes to tear up some stuff. And he also complied with the vet's suggestion to neuter Bob. "get that done when you have a chance," The vet advised. "He should be neutered quite soon as well. We offer a free neutering scheme for strays. "Given the way the tom tore around the flat and was so lively with me, I nodded in agreement. (Bowen, 2012, p.21). After Bob was neutered, The nurse explained that cats would be groggy depending on each cat. Some cats bounce back immediately. Others take longer. The cats are normally within 48 hours. The cat will probably lose his appetite for eating tomorrow, but it will return fairly soon. The nurse informed James that he could contact her again if something happened that made him feel worried. Concern about Bob, James decided to take a moment off busking to give him treatment until he healed completely and ensure no side effects after being neutered.. Judging from his acts that he wants to do it and following the suggestion given by the nurse, He is an obedient person. He did not want anything bad to happen to bob after being neutered. He chose to comply with the suggestion from the nurse

to take care of Bob in twenty-four hours to make sure that Bob was fine after being neutered. Previously, as explained before he met bob, he claimed that he didn't care and listened to any suggestions and advice from anyone. After he met Bob, he changed and became an obedient person.

“Today, he could tell i was serious. ‘Won’t be easy, James,’ he said.

‘Yeah, I know that.’

‘You’ll need to take a drug called Subutex. We can then slowly decrease the dosage of that so that you don’t need to take anything,’ he said.

‘OK,’ I said.

‘The transition can be hard, you can have quite severe with drawal symptoms,’ he said, leaning forward.

‘That’s my problem,’ I said. ‘But I want to do it. I want to do it for myself and for Bob.’(Bowen 2012, p.160-161)

The conversation between James and his counselor above explains that James truly wants to clean from heroin-addicted. His counselor had already explained that the transition that must be to do for James is hard. He wants to do anything for Bob, even though the damage of becoming clean from heroin was hard. However, James truly wants to do it for himself and Bob because Bob makes his life feel better than previously. He was following all the suggestions from his counselor. Judging from his acts, following the suggestion, although it is difficult, he is categorized as an obedient person. Previously, he was difficulty controlling himself to stay away from drugs. He was alone, and no one supported

him to clean from drugs. But now, since he got support from Bob, he can do it with zeal and determination. He was more passionate about living out his days when he was under the rehabilitation program.

“One of the many rules that you have to follow as a Big Issue seller is that you stick to selling your papers at your designated spot...I was 100 percent in agreement with the rule. I wouldn't have liked it if someone had started walking around next to my pitch waving Big Issues around.” (Bowen 2012, p.192)

Another quotation that explains James is an Obedient person is when he became a big issue magazine seller. He was truly obeying the rules for being the seller of Big Issue. He does that because he wants to get work and to fulfill his needs and Bob's needs. Previously, he was a busker. Unfortunately, he was not allowed to work again because he was caught busking in some forbidden place in the area of London Street. The guardian has warned him but he still violates. Then he decided to work as a significant issue seller and truly work honestly and obey all the rules. He did it because, in his opinion, that job is one of the jobs that will just recruit an team member from a homeless person.

3.3.2. Helpful and Responsible

Another characterization that occurs after he meets Bob, the researcher finds the personality change of James from being an apathetic person to a helpful and responsible person.

“Sitting in the flat with him that Sunday evening, I made a decision. "That's not going to happen to you," I said. "I'm taking you to a vet. "I decided to get up early the next morning and take him to the nearest RSPCA centre, ...I set my alarm early and got up to give the cat a bowl of mashed biscuits and tuna.” (Bowen 2012, p.18-19)

The quotation above shows that James wants to help Bob. He finds Bob in a pitiful condition. He explains the condition of the cat was piteous. The coat of the cat was patchy and bald. And he looked starving." he was enjoying the attention. His coat was patchy and bald. And he was clearly hungry." (Bowen, 2012, p. 6). Knowing the bad condition that occurred to the cat, James decided to take him to the vet to have a health checkup. Previously, he gave the cat food and some milk and then sterilized the abscess with alcohol. But, he did not stop at that point. He did not want the cat in bad happen. Thinking of his kitten, who died when he was a kid, he did not want the cat to suffer the same fate as his kitten. Finally, he helped the cat to check the condition in the RSPCA. The Royal Society for the Prevention of Cruelty to Animals (RSPCA) operates in England and Wales that promotes animal welfare.

Previously before he met Bob, James was an apathetic person who did not care about anything. But, after he met Bob, he would do anything, even if his life was underprivileged. Knowing that he has been a cat lover since he was a kid, his compassionate behavior towards cats still exists, and he has empathy when he meets a cat who is in bad condition.

"I had a friend staying with me at the time, a guy called Dylan, who I'd met way back when I was with the band. He'd been kicked out of his previous accommodation when he'd refused to pay an excessive new rent by some unscrupulous landlord. He needed a floor to sleep on for a couple of weeks. I'd been there myself, so I couldn't refuse him. He had begun sleeping on my sofa." (Bowen 2012, p.140)

Another quotation that shows James is helpful is when he helps his friend, Dylan, whom he met back when joining the band. His statements above explained that his friend had been kicked out of his shelter accommodation. Then, Dylan becomes homeless, and James helps him by staying in his flat. Previously, James was in the same shelters with Dylan, but in 2007 he decided to move from the place and lived in the flat located in Tottenham. "By the spring of 2007, the plan was that I would eventually start weaning myself off that and get completely straight. The move to Tottenham flat was a key part of that process. It was an ordinary apartment block full of ordinary families." (p.39-40). James feels pity for his friends because he had felt the bitterness of life when he lived on the street and in some shelters. He did not want his friend suffering the same thing that he had. Then, he helped his friend by letting him stay for a while in his flat.

Previously, when James met Bob, he became an apathetic person who did not care and listened to everything. Since he met Bob, he has become a responsible and helpful man. He wanted to do anything for Bob, including his daily needs and taking care of him when he was sick. James had already fulfilled all the needs of Bob, starting from his daily needs, like feeding him, buying him a collar and harness, neutering him, and also giving him safety while he invited Bob when he was busking. He also wants to help his friend, Dylan, stay in his flat for a while.

"There's no way I'm letting you go anywhere for at least a fortnight, not until you finish your course for medicine. No one else is going to make sure you take your tablets, are they?". He wasn't a house cat, but for the short term, I was determined to look after him as best I could." (Bowen 2012, p.23-26)

Another proof that shows James changed from an apathetic person to a responsible man is that the quotation above explains that James was taking care of Bob. James took responsibility for the healing cat and said he would not let the cat leave until the treatment and his medicine were done. Looking at the cat's condition, who is still sick, James should stay with the cat in his flat for a while until his condition looks better. Judging from his action to the cat that wants to be responsible until he gets better, he is categorized as a responsible man. He didn't want the cat to feel the pain like what his kitten had experienced." a day's wages, but I had no choice, I couldn't let my new friend down." (Bowen, 2012, p.22). James tells about he had a new responsibility in his life. Before he met Bob, his responsibility was only to take care of himself and. Now, since he met bob, he feels that he has a new responsibility. "I had a new responsibility in my life and an extra mouth to feed-a a rather hungry one. "(Bowen, 2012, p.75).

Another of James's statements that indicate he was pessimistic was when he lost his job as a busker. He should find another job to make money as soon as possible because he now has another responsibility, Bob. "I didn't have the luxury of being able to wait for something to turn up. I needed to make money to look after myself and Bob." (Bowen, 2012, p.156)

“My Mum came to the airport with me and waved me off on my way to Melbourne, where I spent some time with my godparents.They offered to help me out financially and even to find my work in Australia. But again, I had to explain that I had responsibilities back in London.” (Bowen 2012, p.249)

The quotation above explains that James wants to leave Australia after living at his mother's house. His mother offered him to live there and help him out financially. However, he rejected it because he still had a responsibility to take care of Bob in England. He does not want to leave Bob even though he offering financial by his family in Australia. He still remembers that he has Bob in England. He will take care of Bob as he can do.

3.3.3. Optimistic

Another statement from James that the researcher finds in his story changes from a pessimist to an optimistic person. Previously, he became a pessimistic person when he was a teenager.

"I was confident at this point that I could do it. But at the same time, I had an awful niggling feeling that I could fail and find myself wanting to score something that would make me feel better. But I just kept telling myself that I had to do this. I had to get over this last hurdle."(Bowen 2012, p.224)

From the quotation above, it can be seen that James talks about his concern about being clean of heroin. While he lived with Bob, he felt that he had found some calmness in his life. Bob accompanies him and makes James do some new activities. It makes James forget his past problems. Before Bob came into his life, he was living alone in his flat and felt that has no support at the time. Since Bob came into his life, he became confident when Bob accompanied him. He admits that he feels getting better and wants to do some positive activities while with Bob. He got some positive thoughts to become better than previously and

began to reform his past, and he was so confident that he could change himself for better than ever.

"But I was able to fend those thoughts off pretty easily. This was my chance to kick it, maybe my last chance. I had to stay strong; I had to take it: diarrhea, the cramps, the vomiting, the headaches, the wildly fluctuating temperatures, all of it. (Bowen 2012, p.230)

The quotation above, it shows that James was in a drugs consultation. Previously, he came to his counselor to discuss his matter. He wants to get clean of the heroin habit. His counselor agreed with James's decision, and then he gave him the last doses of methadone. Methadone is a synthetic opioid used to help heroin addicts to stop taking heroin. (www.nhs.uk/medicines/methadone/).

His counselor explains to James the symptoms behind the use of methadone. Even though the symptoms and the damage sounded terrifying to him, he still decided to go against everything and be optimistic about what good things would happen. He felt optimistic that he would heal thoroughly from the heroin habit.

3.3.4. Sociable

Furthermore, the last personality development of James that the researcher finds is he changes from shy to sociable person. Before James met Bob, he was an shy person. He rarely talks to some of the people who pass by him. "No one had engaged me in conversation on the streets around my flat in all the months I'd lived here.(Bowen,2012,p.78). He has difficulty interacting with people around him. According to his statement, he never started a conversation with anyone who

lived in the flat. "Walking down Neal Street, once again, people were stopping us all the time. I was happy to let them fuss over Bob, within reason."(p.79). James was on the way to busking. Suddenly, on the way to Covent Garden, he was approached by some people who passed him. They seemed interested in Bob and wanted to interact with Bob. James starts to open up to all the people who want to interact with Bob. He is happy and feels grateful when people approach him. Judging from his actions that let people interact with bob, James became friendly and open-up towards people.

"At first, we didn't talk in great depth about things, but in time I began to open up. Then one night, as we sat on the veranda, watching the sun go down, I had a couple of drinks, and suddenly it all came out. It wasn't a big confession. There was no Hollywood drama. I just talked . . . and talked." (Bowen 2012, p.246)

Another quotation that describes that James became sociable is when he decided to accept his mother's offer to homeward to Australia. Based on the quotation above, it shows that James tells us about how he began to be open up to his mother. In 2008, he decided to go homeward bound in Australia after getting a letter from his mother. He had already changed after he met Bob. He feels that Bob makes him more confident and better than previously. Finally, he decided to go to Australia to meet his mother. Arrived in Australia, James was greeted warmly by his mother. He stayed there for a while because he still had bob in England. There, he started to be open with his mother. He told her everything about his experience during his adolescence. His mother felt guilty at the time, but James tried to explain it. It was all his mistake. After they pass through the drama,

then their conversation becomes mild. James tells that he adopted a cat and showed some of Bob's photos to his mother.

3.3.5. James's Personality Development.

From the discussion above, it can be concluded that James's personality changes. His behavior changes step by step. He changes indirectly and gradually starting from adolescence until he meets Bob. James had changed his personality from worse to better.

Before meeting Bob, he was disobedient. He used to defy his mother. He did not want to contribute household bills while he lived in his half-sister's house, always out late and doing some crimes like taking drugs, shoplifting, and drinking alcohol. After the meeting with Bob, he becomes obedient. He wants to clean from the drug. He wants to follow the suggestion of other people and wants to obey his job's rules.

Another change is he was apathetic to a responsible and helpful person. He felt nonchalance about his diagnosis of mental illness (Schizophrenia, ADHD). He did not want to do some positive activity during living in Christian charity accommodation. He did not want to contact his family. He just wanted to take care of himself and ignored the letter from his mother. After the meeting with Bob, he becomes a responsible and helpful person who wants to help his friend, Dylan, and takes responsibility for Bob.

In the past, before he met Bob, he was a pessimistic person who was Hesitant that he could change to be better and felt hesitant that he could not get a

job in England. After he meets Bob, he becomes Optimistic, who has self-confident hopes that he can clean from heroin and have the self-confidence to pass the effect of methadone.

The last of James's personality development changed from being shy to sociable. He became shy, likes feeling clumsy to meet people who want to talk with him. He was difficulty interacting with people. He was difficulty in opening up with his mother. After he met Bob, he become sociable who began to be open and friendly towards people and opened up to his mother.



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CHAPTER IV

CONCLUSION

4.1 Conclusion

In this chapter, the researcher will conclude the results from the discussion in the previous chapter about James's personality development and Bob the cat as the influence on James's personality development. James Bowen, who successfully transformed, became a better person after meeting Bob, the cat he found accidentally in his flat. Before he meets Bob, he has bad attitudes towards his mother and other people.

The researcher found James's personality before he meet Bob. He became disobedient, apathetic, impressionable, pessimistic, and shy. The caused why James had bad behaviors like that is he often moved house, which made it difficult to adapt to a new environment and to have friends. He tried to make friends but ended up getting bullied. He also does not get along with his stepfather. The problems made him stressed. He became disobedient, defying his mother for taking the drugs and always out late. His bad behavior occurred when he lived in his half-sister's house. He did not want to contribute household. Then, he was kicked out of the house and became homeless. His bad behavior became worse, like heroin addiction, and he also did shoplifting to stay close with the drug and drink alcohol. Another of James's personality is being an apathetic person who did not want to listen to any suggestion or advice from anyone. At the same time, he diagnosed suffered some mental illness likes Schizophrenia and ADHD. His mother transferred him to Christian charity accommodation to make James

feel better, but James didn't want to follow any positive activities. He also did not care about his parents that worried him while he became homeless. He decided to live independently and refused his mother's offering to go back to Australia. He was impressionable that quickly took a drug from his surroundings. He was pessimistic that he doubted if he could not change his life to be better and doubts not getting a job while he became homeless and a drug addict. The last of James's personality before he meets Bob is shy. It was difficult to interact with people and be close to his mother.

After James met Bob, he became an obedient person who wanted to follow the suggestion and advice from other people. He became helpful and responsible who wanted to take care of a cat and help his friend, Dylan, stay in his flat even though his life was underprivileged. He became Optimistic that had the self-confidence to clean from heroin during his rehabilitation program. He also became sociable who wanted to interact with other people and open up to his mother.

There is a factor that influences James, Bob, the cat. Bob makes James focus on his rehabilitation program and forget his addiction by doing some activities with the cat. Bob also becomes a companion while James is lonely. Bob makes James more self-confident in living his day. Bob also makes James becomes popular and friendly towards people through his attraction.

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