

**PENGARUH *HARDINESS* DAN RESILIENSI TERHADAP
SUBJECTIVE CAREER SUCCESS GURU**

SKRIPSI

Diajukan Kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk
Menyusun Skripsi dalam Program Studi S-1 Psikologi (S.Psi)



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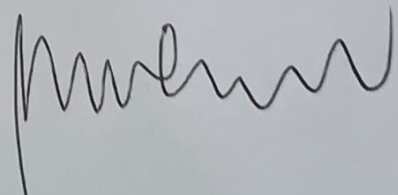
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INTISARI

Guru dalam mencapai *subjective career success*, perlu memiliki tujuan karier, pemahaman karier dan peluang karier yang dialaminya. Meskipun begitu permasalahan akan muncul dalam karier guru, sehingga memerlukan kepribadian yang tangguh dan tahan banting untuk menyikapi dan mengatasi stressor atau situasi di bawah tekanan yang terjadi pada karier yang dijalannya. Ini sebagai reaksi dan mengevaluasi kariernya selama ini untuk mencapai kesuksesan karier secara subjektif. Tujuan dari tulisan ini adalah untuk melakukan penelitian mengenai peran *Hardiness* terhadap *subjective career success* pada guru. Metode yang digunakan dalam penelitian ini adalah studi kuantitatif dengan teknik pengambilan sampel yaitu *probability sampling* yang dilakukan pada 94 subjek guru di Indonesia. Analisis data menggunakan uji linier berganda, antara *Hardiness* dan resiliensi terhadap *subjective career success*. Hasil analisis data menunjukkan bahwa hipotesis dari penelitian ini terdapat pengaruh antara *Hardiness* dan resiliensi terhadap *subjective career success* pada guru. Saran untuk penelitian berikutnya agar dapat mencari variabel lain untuk mengembangkan *subjective career success*.

Kata kunci : guru, resiliensi, *Hardiness*, kesuksesan karier subjektif



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ABSTRACT

Teachers in achieving subjective career success, need to have career goals, career understanding and career opportunities they experience. Even so, problems will arise in a teacher's career, so it requires a tough and resilient personality to address and overcome stressors or situations under pressure that occur in the career he is living. This is a reaction and evaluates his career so far to achieve career success subjectively. The purpose of this paper is to conduct research on the role of Hardiness on subjective career success in teachers. The method used in this research is a quantitative study with a sampling technique, namely probability sampling conducted on 94 teacher subjects in Indonesia. Data analysis using multiple linear tests, between Hardiness and resilience on subjective career success. The results of data analysis show that the hypothesis of this study is that there is an influence between Hardiness and resilience on subjective career success in teachers. Suggestions for future research to look for other variables to develop subjective career success.

Keyword : *teacher, resilience, Hardiness, subjective career success*



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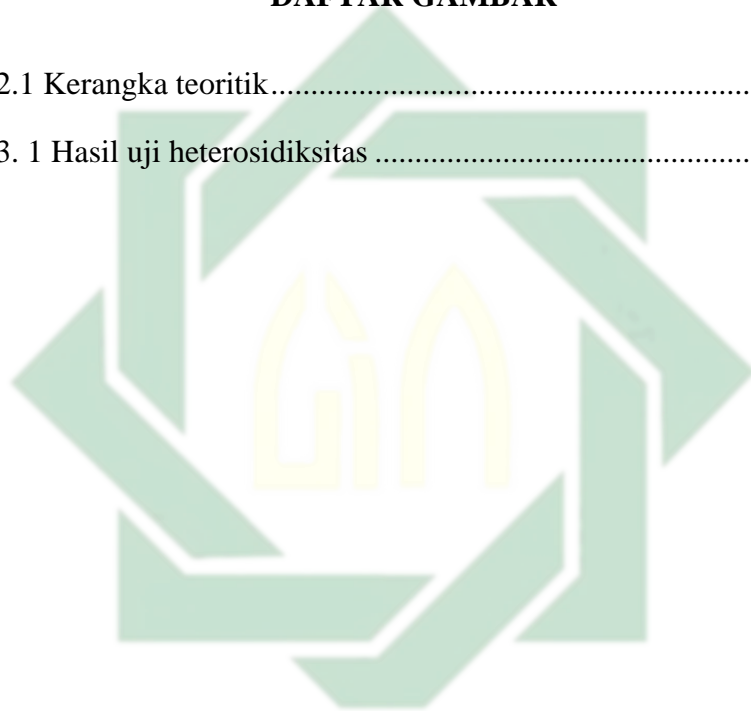
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