

**RESILIENSI SEBAGAI MODERATOR PENGARUH ADVERSE
CHILDHOOD EXPERIENCES TERHADAP LIFE SATISFACTION PADA
EMERGING ADULTHOOD DI KOMUNITAS BROKEN HOME**

SKRIPSI

Diajukan kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk
Memenuhi Salah Satu Persyaratan dalam Menyelesaikan Program Strata Satu (S1)
Psikologi (S.Psi)



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FAKULTAS PSIKOLOGI DAN KESEHATAN
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2024**

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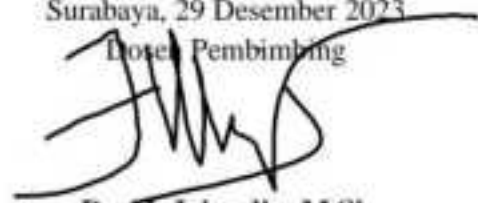
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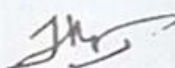
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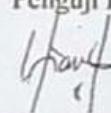
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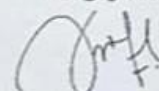
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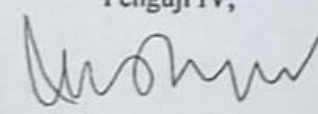
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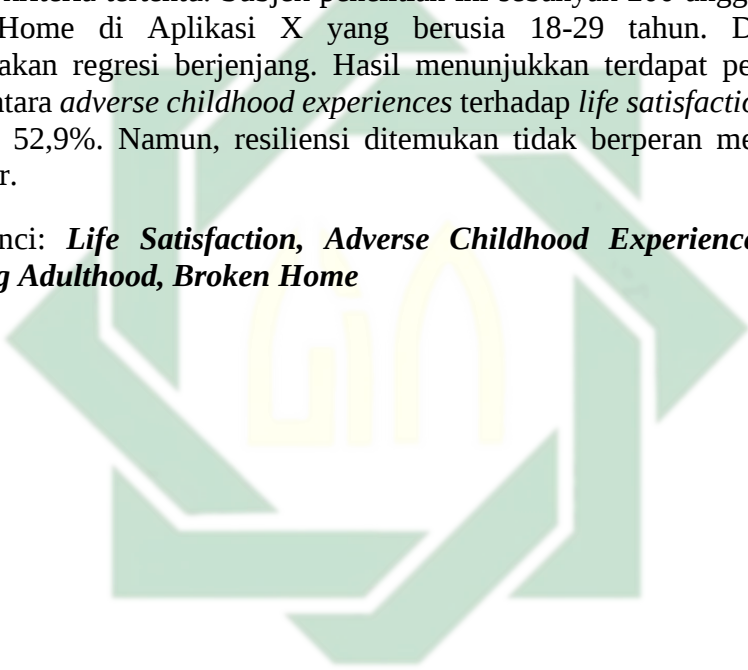
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INTISARI

Life satisfaction adalah pandangan subjektif yang melibatkan situasi kehidupan saat ini dengan standar ideal yang telah ditetapkan. Individu yang memiliki kepuasan hidup rendah dapat menyebabkan berbagai gangguan mental. Penelitian ini bertujuan untuk mengetahui pengaruh pengalaman buruk masa kanak-kanak terhadap *life satisfaction* saat berusia *emerging adulthood*. Selain itu, untuk mengetahui peran resiliensi sebagai variabel moderator. Penelitian ini menggunakan pendekatan kuantitatif dengan teknik *purposive sampling* dengan beberapa kriteria tertentu. Subjek penelitian ini sebanyak 200 anggota Komunitas Broken Home di Aplikasi X yang berusia 18-29 tahun. Data dianalisis menggunakan regresi berjenjang. Hasil menunjukkan terdapat pengaruh secara negatif antara *adverse childhood experiences* terhadap *life satisfaction* dengan nilai R-Square 52,9%. Namun, resiliensi ditemukan tidak berperan menjadi variabel moderator.

Kata Kunci: ***Life Satisfaction, Adverse Childhood Experiences, Resiliensi, Emerging Adulthood, Broken Home***



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ABSTRACT

Life satisfaction is a subjective view that involves the current life situation with predetermined ideal standards. Individuals who have low life satisfaction can cause various mental disorders. This research aims to determine the effect of adverse childhood experiences on life satisfaction during emerging adulthood. Apart from that, to determine the role of resilience as a moderator variable. This research uses a quantitative approach with a purposive sampling technique with certain criteria. The subjects of this research were 200 members of the Broken Home Community on Application X who were aged 18-29 years. Data were analyzed using multilevel regression. The results show that there is a negative influence between adverse childhood experiences on life satisfaction with an R-Square values of 52.9%. However, resilience was found not to play a role as a moderator variable.

Keywords: *Life Satisfaction, Adverse Childhood Experiences, Resilience, Emerging Adulthood, Broken Home*



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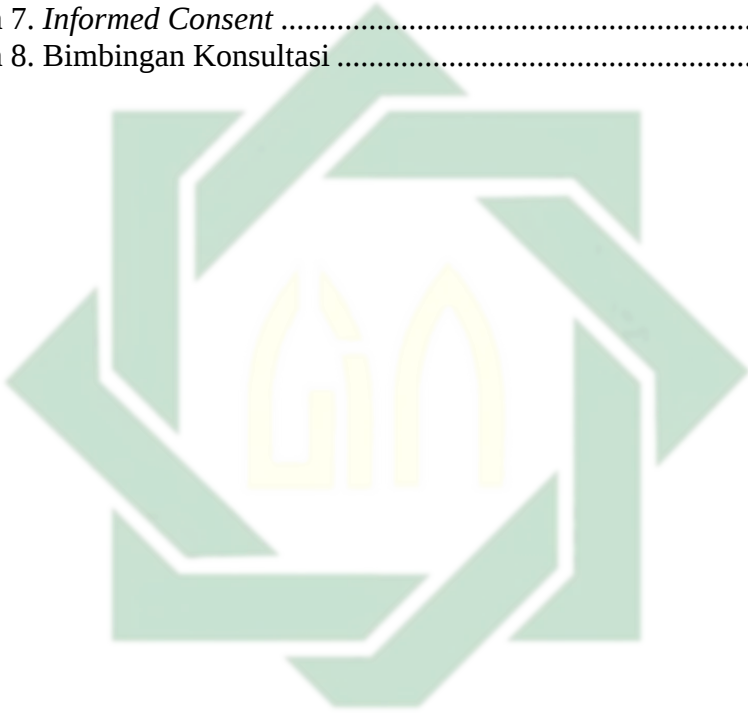
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