

**PENGARUH CIRI KEPERIBADIAN *NEUROTICISIM* DAN
CONSCIENTIOUSNESS TERHADAP *PARENTAL BURNOUT***

SKRIPSI

Diajukan Kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk
Memenuhi Salah Satu Persyaratan dalam Menyelesaikan Program Strata Satu

(S1) Psikologi (S.Psi)



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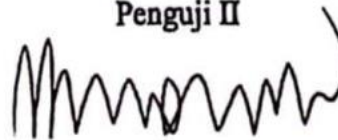
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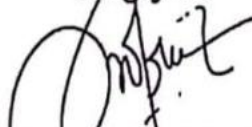
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ABSTRACT

Parental burnout is a condition of fatigue and boredom felt by parents in raising children which gives rise to emotional distance from children and feeling tired with their role as parents. This research aims to determine the personality characteristics of neuroticism and conscientiousness towards parental burnout in mothers who have children ages 2-6 years and live in Surabaya, East Java. This research uses a correlational quantitative method using multiple regression analysis technique. There are three scales of measuring instruments used in this research, namely Parental Burnout Assessment, IPIP BFM-50 Neuroticism Dimension, and IPIP BFM-50 Conscientiousness Dimension. The research results show that there is a significant influence of neuroticism and conscientiousness on parental burnout.

Keywords: Parental Burnout, Neuroticism, Conscientiousness



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