

**PENGARUH *FRIENDSHIP QUALITY* DAN *MATTERING* TERHADAP
LONELINESS PADA INDIVIDU *BROKEN HOME***

SKRIPSI

Diajukan kepada Universitas Islam Negeri Sunan ampel Surabaya untuk
Memenuhi Penyusunan Skripsi dalam Program Strata Satu (S1) Psikologi (S.Psi)



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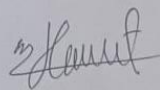
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INTISARI

Loneliness adalah perasaan subjektif dimana seseorang merasakan perbedaan dengan lingkungan sosial yang diinginkan dengan keadaan sebenarnya. Penelitian ini bertujuan untuk mengetahui pengaruh *quality friendship* dan *mattering* dengan *loneliness* individu *broken home*. Penelitian ini menggunakan metode kuantitatif dengan Teknik *purposive sampling* dengan responden sebanyak 349 responden dengan latar belakang *broken home* di aplikasi X. Pengumpulan data dilakukan secara online melalui google form yang disebarakan melalui komunitas *broken home* di aplikasi X dari usia 18-29 tahun dan berdomisili Surabaya. Dimana data yang didapatkan dianalisis melalui regresi linear ganda. Hasil penelitian ini menunjukkan bahwa terdapat *quality friendship* dan *mattering* masing masing memberikan pengaruh secara negatif terhadap *loneliness*. Selain itu, *quality friendship* dan *mattering* secara bersama-sama berpengaruh terhadap *loneliness*. hasil tersebut menunjukkan bahwa *quality friendship* dan *mattering* termasuk variabel pembentukan *loneliness*

Kata kunci: *loneliness, quality friendship, mattering, broken home*



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ABSTRACT

Loneliness is a subjective feeling where someone feels a difference with the desired social environment with the actual situation. This study aims to determine the effect of quality friendship and mattering on loneliness in broken home individuals. This study uses a quantitative method with a purposive sampling technique with 349 respondents with a broken home background on the X application. Data collection was by online via a google form distributed through the broken home community on the X application from the ages of 18-29 years and domiciled in Surabaya. Where the data obtained were analyzed through multiple linear regression. The results of this study show that there is quality friendship and mattering, each of which has a negative influence on loneliness. In addition, quality friendship and mattering together affect loneliness. The results show that quality friendship and mattering are among the variables that form loneliness

Keywords: loneliness, quality friendships, mattering, broken home



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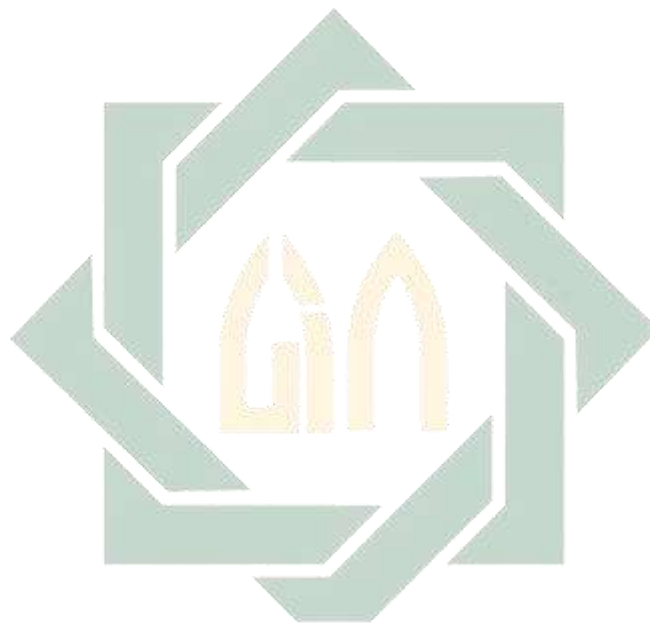
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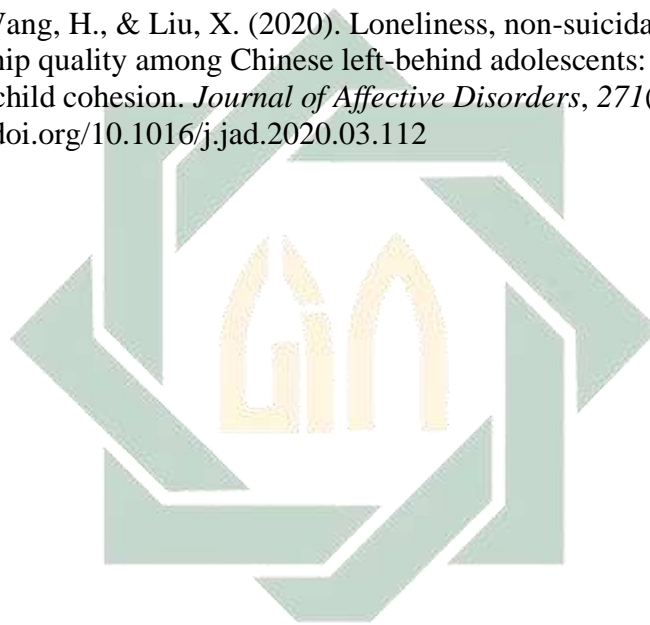
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