

**SPEAKING ANXIETY OF EFL STUDENTS IN
ENGLISH LANGUAGE EDUCATION
DEPARTMENT
THESIS**

Submitted in partial fulfillment of the requisite for the degree of
Sarjana Pendidikan (S.Pd) in Teaching English



**UIN SUNAN AMPEL
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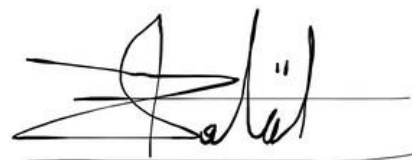
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ABSTRACT

Syamudra, Zakaria Panji. (2025). Speaking Anxiety of EFL Students in English Language Education Department. A Thesis. English Education Department, Faculty of Tarbiyah and Teacher Training, Sunan Ampel State Islamic University, Surabaya. Advisor I: Dr. Irma Soraya, M.Pd, Advisor II: Rakhmawati, M.Pd.

Keyword : Anxiety , Foreign Language Anxiety, Speaking Anxiety , Level of Anxiety, Causes of Anxiety

This research focuses on the problem of speaking anxiety experienced by ELED or English Language Education Department students at UINSA, especially within the context on EFL or English as a Foreign Language environment. The necessity of my conducted research is based on the fact that speaking anxiety stands significant obstacle that can disrupt the smoothness of communication and the manner of English education, both orally within classroom condition and during presentations, thus impacting the frequency of English use by students. Qualitative research is used as research approach, while using the Foreign Language Classroom Anxiety Scale (FLCAS) and interviews to explore the Level of anxiety and underlying causes of speaking anxiety. The evidences showed that the student stage or levels of speaking anxiety have some kind of type from low to upper, with the majority of students experiencing anxiety at moderate to upper levels. The main factors causing anxiety are Shortage of self-sureness and concern about negative judgment from others, followed by limited vocabulary mastery and previous negative experiences in oral communication within English. These results suggest the need for pedagogical strategies that build students' confidence and reduce anxiety-inducing situations in English-speaking activities.

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ABSTRAK

Syamudra, Zakaria Panji. (2025). Kecemasan Berbicara Mahasiswa EFL di Jurusan Pendidikan Bahasa Inggris. Skripsi . Pendidikan Bahasa Inggris, Fakultas Tarbiyah dan Keguruan , Universitas Islam Negeri Sunan Ampel. Surabaya. Advisor I: Dr. Irma Soraya, M.Pd, Advisor II: Rakhmawati, M.Pd.

Keyword : Kecemasan, Kecemasan Bahasa Asing, Kecemasan Berbicara, Tingkat Kecemasan, Penyebab Kecemasan

Penelitian ini berfokus pada masalah kecemasan berbicara yang dialami oleh mahasiswa Jurusan Pendidikan Bahasa Inggris (ELED) di UINSA, khususnya dalam konteks lingkungan EFL (Bahasa Inggris sebagai Bahasa Asing). Pentingnya penelitian yang saya lakukan ini didasarkan pada fakta bahwa kecemasan berbicara merupakan hambatan signifikan yang dapat mengganggu kelancaran komunikasi dan proses pendidikan bahasa Inggris, baik secara lisan dalam kondisi kelas maupun selama presentasi, sehingga berdampak pada frekuensi penggunaan bahasa Inggris oleh mahasiswa. Pendekatan penelitian yang digunakan adalah penelitian kualitatif, dengan menggunakan Foreign Language Classroom Anxiety Scale (FLCAS) dan wawancara untuk mengeksplorasi tingkat kecemasan dan penyebab mendasar dari kecemasan berbicara. Temuan menunjukkan bahwa tahap atau tingkat kecemasan berbicara mahasiswa bervariasi dari rendah hingga tinggi, dengan mayoritas mahasiswa mengalami kecemasan pada tingkat sedang hingga tinggi. Faktor utama penyebab kecemasan adalah kurangnya rasa percaya diri dan kekhawatiran akan penilaian negatif dari orang lain, diikuti oleh penguasaan kosakata yang terbatas dan pengalaman negatif sebelumnya dalam komunikasi lisan menggunakan bahasa Inggris. Hasil ini menunjukkan perlunya strategi pedagogis yang membangun kepercayaan diri mahasiswa dan mengurangi situasi yang memicu kecemasan dalam kegiatan berbahasa Inggris.

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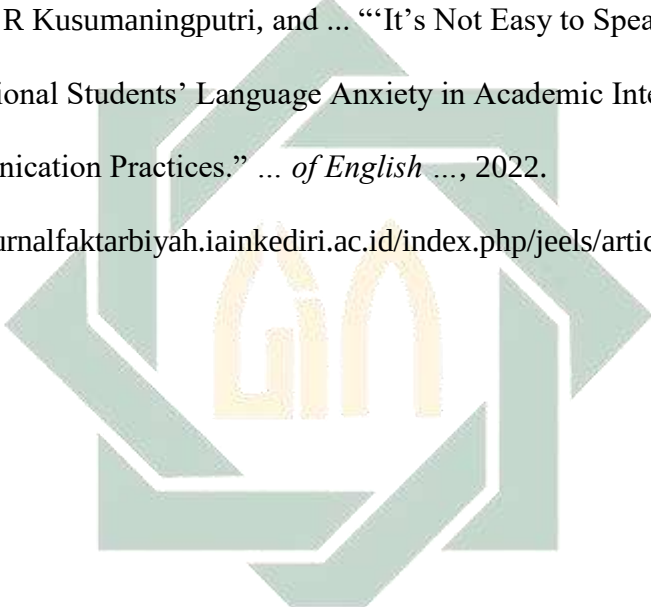
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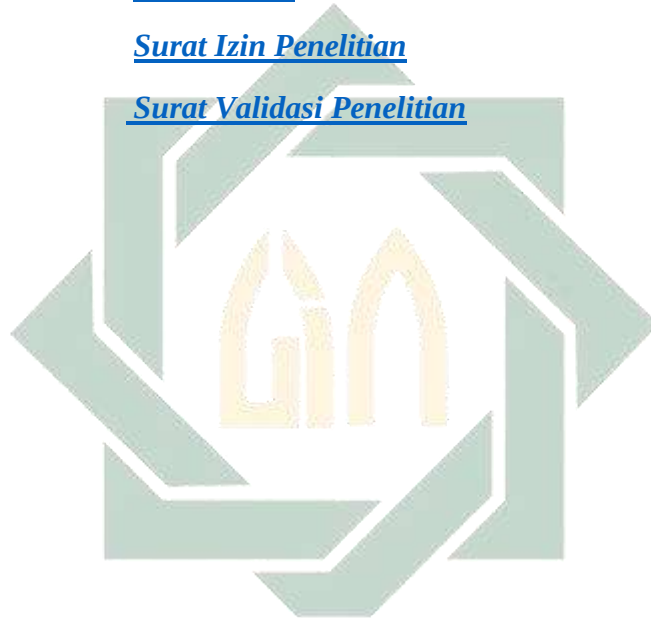
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Appendix

<i>Appendix 1</i>	<i>Quisioner (FLCAS)</i>
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