

***ADVERSITY QUOTIENT* PADA RELAWAN PASCA-BENCANA ERUPSI
GUNUNG SEMERU**

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FAKULTAS PSIKOLOGI DAN KESEHATAN
UNIVERSITAS UIN SUNAN AMPEL SURABAYA**

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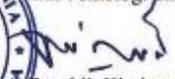
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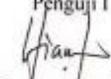
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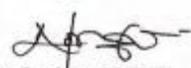
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ABSTRACT

Communities affected by the post-disaster eruption of Mount Semeru experience significant psychological pressure that requires continuous adaptive capacity and resilience. This study aims to explore the dynamics of Adversity Quotient among disaster-affected community members following the eruption of Mount Semeru. This research employed a qualitative approach with a phenomenological design. The participants consisted of five disaster survivors who are actively involved in an environmental community in the relocation area of Lumajang Regency, selected using purposive sampling. Data were collected through in-depth interviews, observations, and documentation. Data analysis was conducted using the interactive model of Miles and Huberman. The findings indicate that the dynamics of Adversity Quotient are reflected through four core dimensions: control, ownership, reach, and endurance. Participants demonstrated the ability to regulate emotions and maintain psychological stability in crisis situations, assume moral and social responsibility in post-disaster contexts, limit the psychological impact of disaster-related adversity on other life domains, and develop sustained resilience through learning and meaning-making processes. These findings suggest that Adversity Quotient among disaster survivors is dynamic and evolves through lived experiences, social engagement, and post-disaster meaning construction.

Keywords: *adversity quotient, psychological dynamics, disaster survivors, mount semeru eruption,*

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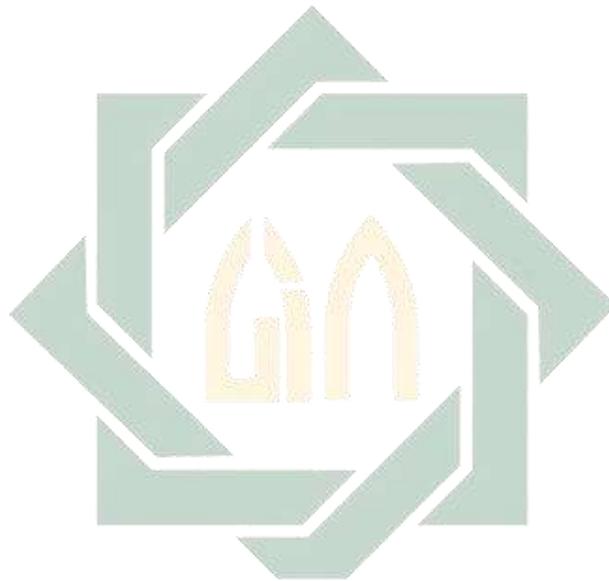
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