

**PRAKTIK QUR'ANIC HYDROTHERAPY UNTUK PENYEMBUHAN
PENYAKIT: ANALISIS RESEPSI MASYARAKAT DALAM TRADISI
YASINAN**

(Studi Living Qur'an di Pondok Pesantren Ngalah Pasuruan)

TESIS

Diajukan untuk Memenuhi Sebagian Syarat
Memperoleh Gelar Magister dalam Program Studi
Ilmu Al-Qur'an dan Tafsir



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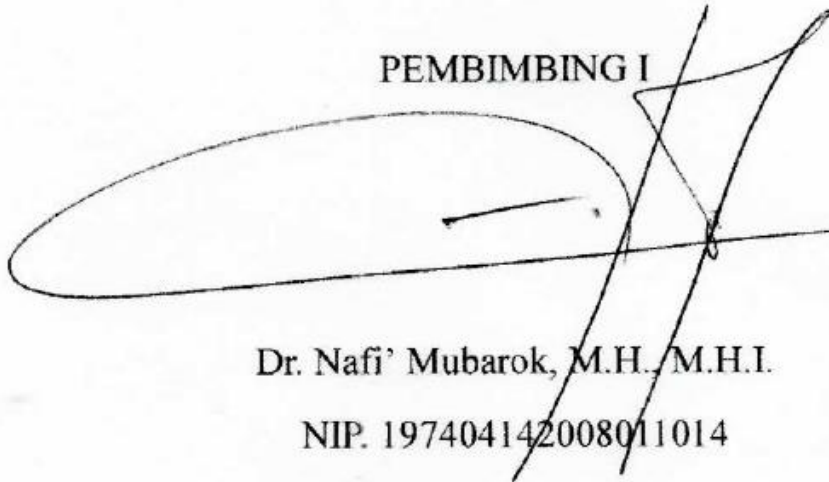
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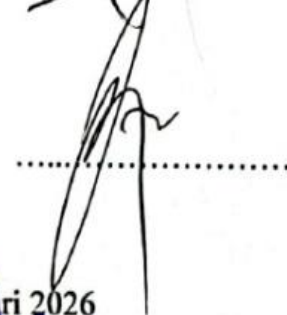
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ABSTRAK

Ahmad Miftahus Sudury, 2025, PRAKTIK QUR'ANIC HYDROTHERAPY UNTUK PENYEMBUHAN PENYAKIT: ANALISIS RESEPSI MASYARAKAT DALAM TRADISI YASINAN (Studi Living Qur'an di Pondok Pesantren Ngalah Pasuruan).

Penelitian ini dilatarbelakangi oleh masih dominannya pandangan masyarakat Muslim yang memahami al-Qur'an sebatas teks ritual sehingga fungsi penyembuhan (syifā') yang terkandung dalam ayat-ayatnya belum dimaknai secara komprehensif. Selain itu, terjadi perbedaan persepsi di kalangan umat Islam mengenai kedudukan al-Qur'an, apakah sebagai kitab petunjuk spiritual semata atau juga sebagai media pengobatan. Fenomena penggunaan ayat-ayat al-Qur'an untuk penyembuhan, seperti melalui ruqyah atau air yang dibacakan doa, masih minim dikaji secara ilmiah terutama melalui perspektif Living Qur'an. Berangkat dari persoalan tersebut, penelitian ini bertujuan untuk menganalisis makna resepsi masyarakat terhadap praktik Qur'anic Hydrotherapy dalam tradisi yasinan serta mengkaji dampaknya terhadap kehidupan masyarakat pesantren berdasarkan teori Living Qur'an dan Teori Konstruksi Sosial.

Penelitian ini menggunakan metode kualitatif dengan pendekatan studi pustaka (library research), diperkuat oleh teknik dokumentasi dan beberapa data wawancara. Sumber data diperoleh dari literatur ilmiah, karya-karya terkait Living Qur'an, dan pengamatan terhadap praktik keagamaan di Pondok Pesantren Ngalah. Analisis dilakukan secara deskriptif-analitis untuk mengungkap bentuk resepsi dan proses konstruksi makna dalam komunitas pesantren.

Hasil penelitian menunjukkan bahwa masyarakat Pondok Pesantren Ngalah memaknai Qur'anic Hydrotherapy sebagai manifestasi al-Qur'an sebagai living text yang bekerja secara transformatif dalam pengalaman keagamaan. Resepsi masyarakat terbagi dalam tiga kategori utama: resepsi estetis yang tampak pada penghormatan dan pengalaman spiritual dalam tradisi yasinan; resepsi fungsional yakni keyakinan bahwa air yang dibacakan ayat al-Qur'an membawa manfaat fisik, psikologis, dan spiritual; serta resepsi ideologis yang memandang praktik ini sebagai warisan tradisi pesantren yang relevan lintas zaman. Dampak hydrotherapy meliputi aspek fisik, psikologis, spiritual, sosial, dan moral, serta terbentuknya konstruksi sosial melalui proses eksternalisasi, objektivasi, dan internalisasi. Dengan demikian, Qur'anic Hydrotherapy tidak hanya berfungsi sebagai praktik penyembuhan, tetapi juga sebagai elemen budaya dan identitas keagamaan yang mengakar dalam kehidupan masyarakat Pondok Pesantren Ngalah.

Kata Kunci: *Qur'anic Hydrotherapy, Living Qur'an, Resepsi Masyarakat, Tradisi Yasinan, Konstruksi Sosial.*

ABSTRACT

Ahmad Miftahus Sudury, 2025, THE PRACTICE OF QUR'ANIC HYDROTHERAPY FOR HEALING ILLNESSES: AN ANALYSIS OF COMMUNITY RECEPTION WITHIN THE YASINAN TRADITION (A Living Qur'an Study at Pondok Pesantren Ngalah Pasuruan).

This research is grounded in the fact that many Muslims still perceive the Qur'an primarily as a ritual text, thus its function as a source of physical and spiritual healing (*syifā'*) has not been comprehensively understood. Additionally, differing perceptions emerge among Muslim communities regarding the status of the Qur'an—whether it serves solely as a spiritual guide or also functions as a medium of healing. The phenomenon of using Qur'anic verses for therapeutic purposes, such as in *ruqyah* or water infused with Qur'anic recitation, remains insufficiently studied from an academic perspective, particularly within the framework of the Living Qur'an. Responding to these issues, this study aims to analyze the meanings constructed by the community in their reception of Qur'anic Hydrotherapy within the yasinan tradition, as well as to examine its impacts on the daily life of pesantren communities based on Living Qur'an theory and Social Construction Theory.

This study employs a qualitative method with a library research approach, strengthened by documentation techniques and selected interview data. The sources include scholarly literature, works on the Living Qur'an, and observations of religious practices at Pondok Pesantren Ngalah. The analysis is carried out descriptively and analytically to uncover forms of reception and processes of meaning construction within the pesantren community.

The findings indicate that the Ngalah community perceives Qur'anic Hydrotherapy as a manifestation of the Qur'an as a living text that plays a transformative role in religious experience. Community reception emerges in three main forms: aesthetic reception—reflected in spiritual reverence and emotional depth during yasinan; functional reception—where Qur'anic water is believed to provide physical, psychological, and spiritual benefits; and ideological reception—where the practice is viewed as a pesantren heritage that remains relevant across generations. The impacts of hydrotherapy include physical relief, psychological calmness, spiritual elevation, social cohesion, and moral strengthening. Through the processes of externalization, objectivation, and internalization, Qur'anic Hydrotherapy becomes a socially constructed practice embedded within community identity. Thus, Qur'anic Hydrotherapy functions not only as a healing practice but also as a cultural and religious identity deeply rooted in the life of the Ngalah pesantren community.

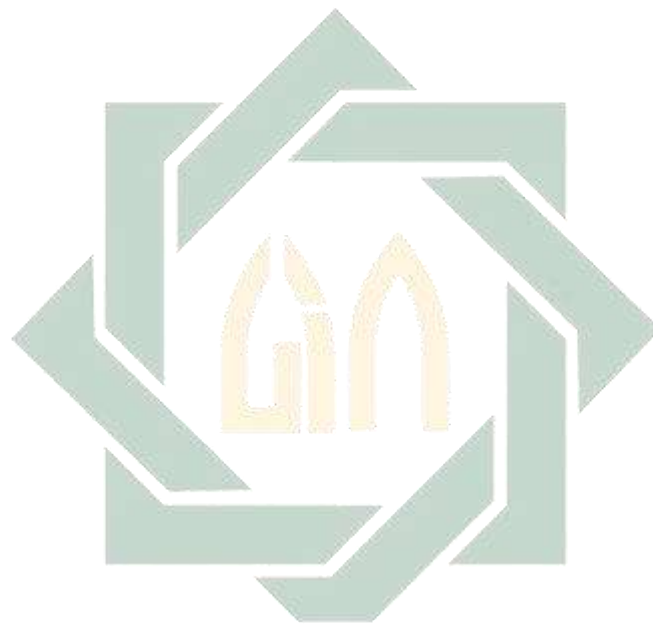
Keywords: *Qur'anic Hydrotherapy, Living Qur'an, Community Reception, Yasinan Tradition, Social Construction.*

DAFTAR ISI

LEMBAR PERNYATAAN PERSETUJUAN PUBLIKASI KARYA ILMIAH UNTUK KEPENTINGAN AKADEMIS	ii
SURAT KETERANGAN BEBAS PINJAM	iii
PERNYATAAN KEASLIAN	iv
PERSETUJUAN PEMBIMBING	v
PENGESAHAN TIM PENGUJI TESIS	vi
MOTTO	vii
ABSTRAK	viii
ABSTRACT	ix
KATA PENGANTAR	x
DAFTAR ISI	xii
DAFTAR GAMBAR	xv
DAFTAR TABEL	xvi
DAFTAR TRANSLITERASI	xvii
BAB I	1
PENDAHULUAN	1
A. Latar Belakang Masalah	1
B. Identifikasi dan Batasan Masalah	5
C. Rumusan Masalah	7
D. Tujuan Penelitian	7
E. Kegunaan Penelitian	7
1. Manfaat Teoretis	7
2. Manfaat Praktis	8
F. Kerangka Teori	8
G. Penelitian Terdahulu	10
H. Metode Penelitian	14
1. Jenis dan Pendekatan Penelitian	15
2. Lokasi Penelitian	15
3. Jenis dan Sumber Data	15
4. Teknik Pengumpulan Data	16

5. Analisis Data	17
I. Sistematika Pembahasan.....	17
BAB II.....	19
QUR'ANIC HYDROTHERAPY PERSPEKTIF LIVING QUR'AN DAN TEORI KONSTRUKSI SOSIAL	19
A. <i>Qur'anic Hydrotherapy</i>	19
B. <i>Living Qur'an</i>	31
C. Teori Konstruksi Sosial Peter L. Berger dan Thomas Luckman	44
BAB III.....	55
PRAKTIK QUR'ANIC HYDROTHERAPY DALAM TRADISI YASINAN DI PONDOK PESANTREN NGALAH	55
A. Deskripsi Pondok Pesantren Ngalah	55
1. Sejarah.....	55
2. Profil	58
a. Gambaran Umum	58
b. Visi dan Misi Pondok	58
c. Motto & Asas	59
d. Logo	59
e. Lembaga Pendidikan	60
f. Aktifitas Kegiatan Santri	61
g. Struktur Kepengurusan	63
h. Organisasi.....	64
i. Sosio Demografis	65
B. Tradisi Yasinan Pondok Pesantren Ngalah	68
1. Pola Pembacaan Surah Yasin Dalam Tradisi Yasinan	71
2. Prosesi Pelaksanaan Yasinan Di Pondok Pesantren Ngalah.....	72
BAB IV	75
QUR'ANIC HYDROTHERAPY DI PONDOK PESANTREN NGALAH PERSPEKTIF LIVING QUR'AN DAN TEORI KONSTRUKSI SOSIAL	75
A. Respon Masyarakat Terhadap Qur'anic Hydrotherapy di PP Ngalah.....	76
B. Dampak Praktik <i>Qur'anic Hydrotherapy</i> Perspektif Teori <i>Living Qur'an</i>	87

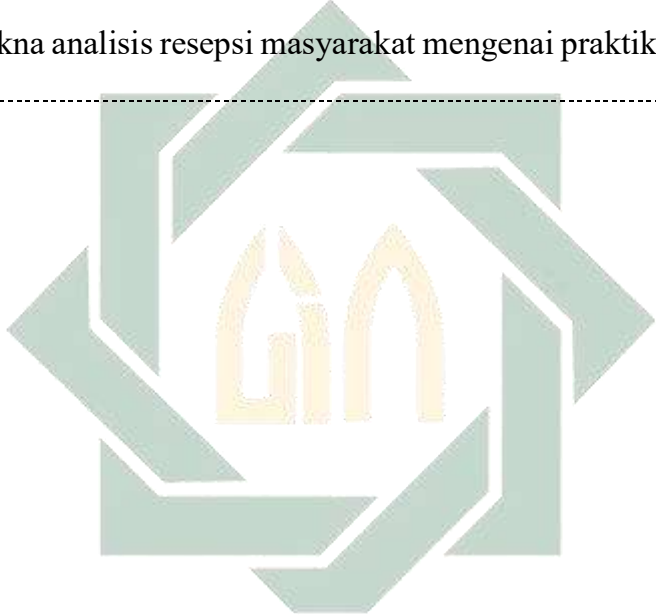
BAB V	103
PENUTUP.....	103
A. Kesimpulan	103
B. Saran.....	104
C. Implikasi.....	104
DAFTAR PUSTAKA.....	105
DAFTAR RIWAYAT HIDUP.....	116



UIN SUNAN AMPEL
S U R A B A Y A

DAFTAR GAMBAR

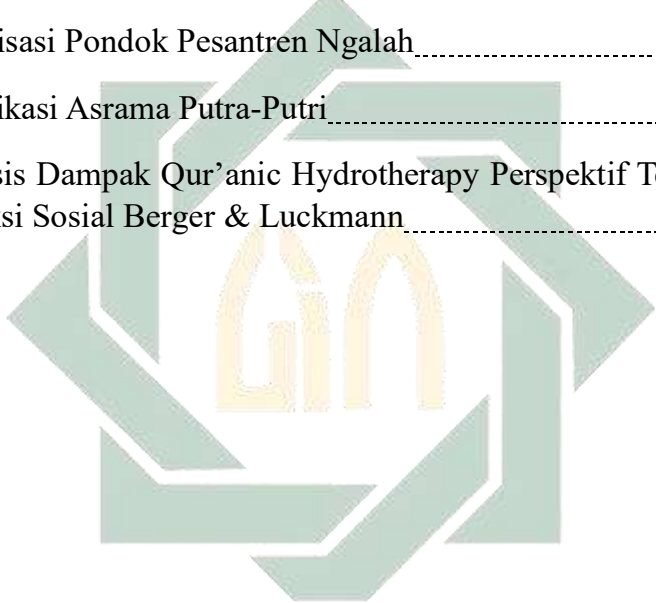
Gambar 1.1: Diagram Alir Kerangka Teori.....	10
Gambar 2.1: Keterkaitan Manusia, Alam dan Tuhan.....	31
Gambar 2.2: Diagram Alir Pemikiran Berger dan Luckman.....	52
Gambar 3.1: Logo Resmi Pesantren Ngalah (Berwarna, Hijau Pupus, Hitam Putih)	60
Gambar 3.2: Tradisi Yasinan di PP. Ngalah.....	74
Gambar 4.1: Makna analisis resepsi masyarakat mengenai praktik Yasinan di Pondok Pesantren Ngalah.....	87



UIN SUNAN AMPEL
S U R A B A Y A

DAFTAR TABEL

Tabel 2.1: Diagram Alir Pemikiran Berger dan Luckman.....	53
Tabel 3.1: Jadwal Kegiatan Harian.....	61
Tabel 3.2: Jadwal Kegiatan Mingguan.....	62
Tabel 3.3: Jadwal Kegiatan Bulanan.....	62
Tabel 3.4: Jadwal Kegiatan Tahunan.....	63
Tabel 3.5: Struktur Kepengurusan.....	64
Tabel 3.6: Organisasi Pondok Pesantren Ngalah.....	65
Tabel 3.7: Klasifikasi Asrama Putra-Putri.....	66
Tabel 4.1: Analisis Dampak Qur'anic Hydrotherapy Perspektif Teori Living Qur'an & Teori Konstruksi Sosial Berger & Luckmann.....	101



UIN SUNAN AMPEL
S U R A B A Y A

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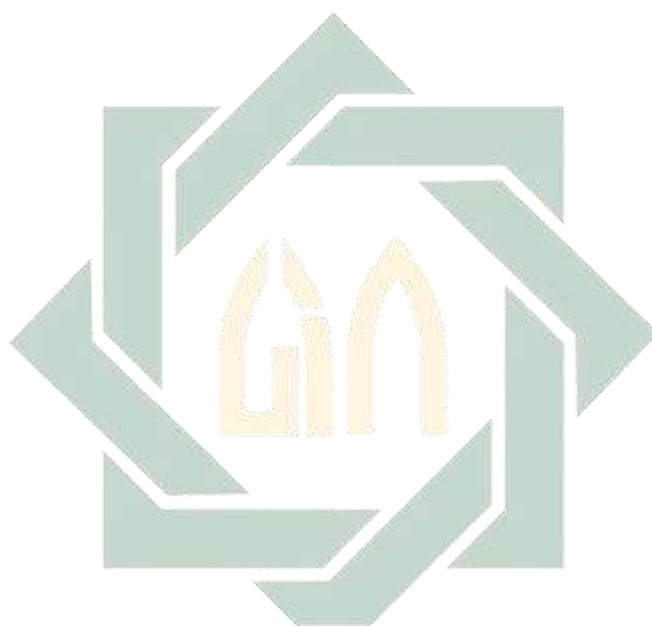
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