

**EXPLORING ENGLISH EDUCATION PRE-SERVICE
TEACHERS' PERCEPTIONS ON THE USE OF SELF-
REFLECTION IN
THEIR TEACHING PRACTICES**

THESIS

Submitted in partial fulfillment of the requirements for the Degree of
Sarjana Pendidikan (S.Pd) in English Teaching



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ABSTRACT

Febrian, Muhammad Fikri. (2025). *Exploring English Education Pre-service Teachers' Perception on the Use of Self-reflection in Their Teaching Practices*. Thesis. English Language Education Department, Faculty of Tarbiyah and Teacher Training, UIN Sunan Ampel Surabaya. Supervisor I: Dr. Irma Soraya, [M.Pd](#), Supervisor II: Dr. Rizka Safriyani, [M.Pd](#).

Keyword: *Perception, Pre-service English Teacher, Self-reflection, Teaching Practices*

This study aims to explore the perceptions of pre-service English teachers regarding the use of self-reflection in teaching practice. This study uses a qualitative research method with data collection techniques using interviews with pre-service English teachers at UIN Sunan Ampel Surabaya. The findings of this study indicate that pre-service English teachers have a good understanding of self-reflection as an evaluative tool to improve classroom management skills, including the use of effective communication, and learning strategies. Self-reflection is considered a critical process that is useful in helping pre-service teachers identify weaknesses and strengths, evaluate student responses, and design effective learning strategies. The participants of this study used a variety of self-reflection methods, including using reflective journals, video recordings, and feedback from peers or supervisors. The findings of this study emphasize the importance of integrating reflection training into the teacher education curriculum in order to support professional development and good teaching readiness.



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ABSTRAK

Febrian, Muhammad Fikri. (2025). *Eksplorasi Mengenai Persepsi Mahasiswa Pendidikan Bahasa Inggris Prajabatan terhadap Penggunaan Refleksi Diri dalam Praktik Mengajar Mereka*. Skripsi. Program Studi Pendidikan Bahasa Inggris, Fakultas Tarbiyah dan Keguruan, UIN Sunan Ampel Surabaya. Pembimbing I: Dr. Irma Soraya, [M.Pd](#), Pembimbing II: Rizka Safriyani, [M.Pd](#).

Kata Kunci: *Persepsi, Guru Bahasa Inggris Prajabatan, Refleksi Diri, Praktik Mengajar*

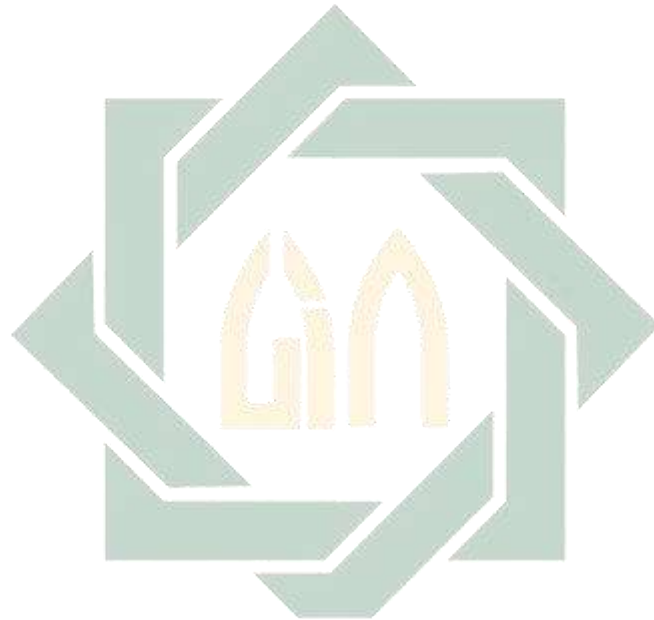
Penelitian ini bertujuan untuk mengeksplorasi persepsi dari guru bahasa Inggris prajabatan mengenai penggunaan refleksi diri dalam praktik mengajar. Penelitian ini menggunakan metode penelitian kualitatif dengan teknik pengumpulan data menggunakan wawancara bersama guru bahasa Inggris prajabatan yang ada di UIN Sunan Ampel Surabaya. Temuan dari penelitian ini menunjukkan bahwa para guru bahasa Inggris prajabatan memiliki pemahaman yang baik mengenai refleksi diri sebagai alat evaluatif untuk dapat meningkatkan kemampuan manajemen kelas, meliputi penggunaan komunikasi yang efektif, dan strategi pembelajaran. Refleksi diri dianggap sebagai sebuah proses kritis yang memiliki kegunaan dalam membantu guru prajabatan untuk mengetahui kelemahan dan kelebihan, mengevaluasi respon dari siswa, dan juga merancang strategi pembelajaran yang efektif. Para partisipan dari penelitian ini menggunakan berbagai macam metode refleksi diri, termasuk menggunakan jurnal reflektif, rekaman video, serta umpan balik dari teman ataupun dari dosen pembimbing. Temuan dari penelitian ini menegaskan terhadap pentingnya adanya integrasi dari pelatihan refleksi dalam kurikulum pendidikan guru demi dapat mendukung perkembangan profesional dan kesiapan mengajar yang baik.



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