

**A SYSTEMATIC LITERATURE REVIEW OF THE
IMPLEMENTATION AND CHALLENGES OF
APPLYING THE AUDIO-LINGUAL METHOD TO
IMPROVING SPEAKING SKILLS**

THESIS

Submitted in partial fulfillment for the degree of Sarjana Pendidikan (S.Pd) in
Teaching English.



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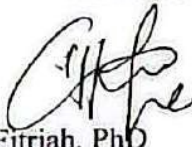
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ABSTRACT

Rizqiyatul Maulidah (2025). *A Systematic Literature Review of The Implementation and Challenges of Applying The Audio-Lingual Method to Improving Speaking Skills*. A thesis. English Language Department, Faculty of Tarbiyah and Teachers Training. UIN Sunan Ampel Saurabaya. Supervisor 1: Sigit Pramono Jati, Ph.D. Supervisor 2: Fitriah, PhD.

Speaking abilities are crucial for language learners to communicate effectively, articulate ideas, and develop self-confidence. Teachers play a crucial role in helping students develop these abilities by using effective teaching strategies. The application of the Audio-Lingual Method (ALM) to enhance students' speaking abilities and the difficulties encountered in its implementation are examined in this study using a systematic literature review (SLR) approach of papers published between 2020 and 2025. The findings demonstrate that ALM is used to apply systematic techniques, such as drills, memorizing language structures, question-and-answer sessions, roleplaying, substitution drill, chain drill, and games and songs. These techniques successfully assist pupils in internalizing sentence structures and enhancing their speaking fluency. ALM adoption is hampered by many issues, including poor student confidence, a lack of learning resources, time constraints, and a decline in motivation due to repetitive practice. According to the study, ALM can imaginatively enhance students' speaking abilities, accompanied by a supportive learning environment.

Keywords: implementation, challenges, audio-lingual method, speaking skills

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ABSTRAK

Rizqiyatul Maulidah (2025). *A Systematic Literature Review of The Implementation and Challenges of Applying The Audio-Lingual Method to Improving Speaking Skills*. A thesis. English Language Department, Faculty of Tarbiyah and Teachers Training. UIN Sunan Ampel Saurabaya. Supervisor 1: Sigit Pramono Jati, Ph.D. Supervisor 2: Fitriah, PhD.

Kemampuan berbicara sangat penting bagi pelajar bahasa untuk berkomunikasi secara efektif, mengartikulasikan ide, dan mengembangkan kepercayaan diri. Guru memainkan peran penting dalam membantu siswa mengembangkan kemampuan ini dengan menggunakan strategi pengajaran yang efektif. Penerapan Metode Audio-Lingual (ALM) untuk meningkatkan kemampuan berbicara siswa dan kesulitan yang dihadapi dalam penerapannya dikaji dalam penelitian ini dengan menggunakan pendekatan tinjauan literatur sistematis (SLR) terhadap makalah yang diterbitkan antara tahun 2020 dan 2025. Temuan menunjukkan bahwa ALM digunakan untuk menerapkan teknik-teknik sistematis, seperti latihan, menghafal struktur bahasa, sesi tanya-jawab, bermain peran, substitution drill, chain drill serta permainan dan nyanyian. Teknik-teknik ini berhasil membantu siswa dalam menginternalisasi struktur kalimat dan meningkatkan kefasihan berbicara mereka. Penerapan ALM terhambat oleh banyak masalah, termasuk kepercayaan diri siswa yang rendah, kurangnya sumber daya pembelajaran, keterbatasan waktu, dan penurunan motivasi karena latihan yang berulang-ulang. Menurut penelitian, ALM secara imajinatif dapat meningkatkan kemampuan berbicara siswa, disertai dengan lingkungan belajar yang mendukung.

Kata kunci: implementasi, tantangan, metode audio-lingual, kemampuan berbicara

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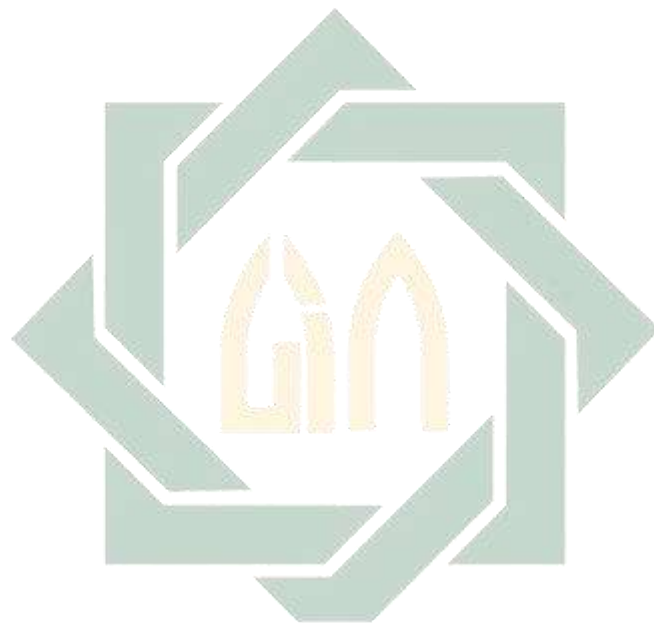
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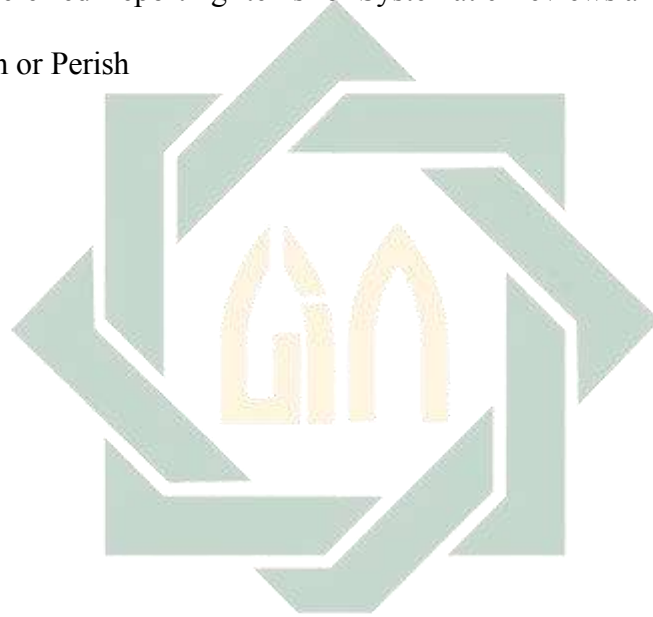
1. Picture 1: PoP for collecting the data



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LIST OF ABBREVIATIONS

1. SLR: Systematic Literature Review
2. ALM: Audio-Lingual Method
3. CLT: Communicative Language Teaching
4. TBLT: Task-Based Language Teaching
5. TPR: Total Physical Response
6. PRISMA: Preferred Reporting Items for Systematic Reviews and Meta-Analyses
7. POP: Publish or Perish



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