

**PENGARUH KELEKATAN PADA AYAH DAN REGULASI EMOSI
TERHADAP RESILIENSI REMAJA PEREMPUAN**

SKRIPSI



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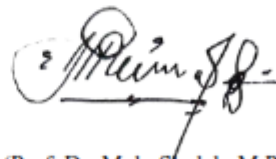
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ABSTRACT

*This study aims to analyze the influence of father attachment and emotion regulation on the resilience of adolescent girls. The study employs a quantitative correlational approach using a non-probability sampling technique, specifically convenience sampling. The sample consists of 205 adolescent girls aged 13–18 years residing in East Java Province, with the number of respondents meeting the minimum requirement based on G*Power analysis. The instruments used include the Inventory of Parent and Peer Attachment (IPPA) to measure father attachment, the Emotion Regulation Questionnaire for Children and Adolescents (ERQ-CA) to assess emotion regulation, and the Connor-Davidson Resilience Scale (CD-RISC 25) to measure resilience. Data were analyzed using multiple linear regression. The results indicate that father attachment and emotion regulation have a significant effect on the resilience of adolescent girls, both partially and simultaneously. These findings highlight that a secure emotional relationship with fathers and adaptive emotion regulation abilities are important protective factors in strengthening adolescent girls' resilience in facing developmental challenges.*

Keywords: Resilience, Father Attachment, Emotional Regulation, Adolescent Girls

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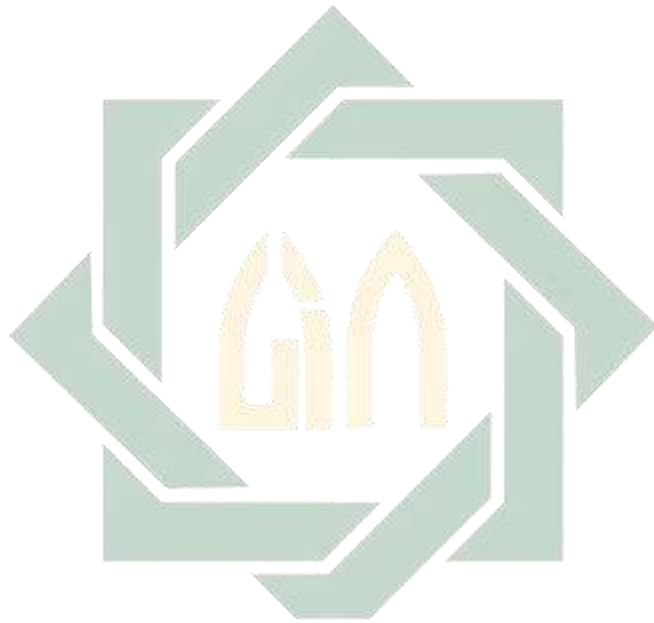
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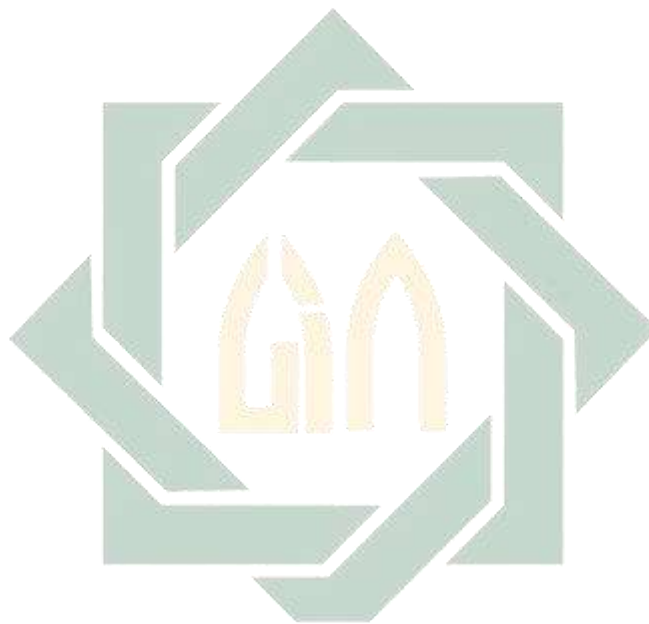
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