

**PENGARUH *FAMILY COMMUNICATION* TERHADAP *FAMILY RESILIENCE* MELALUI *SOCIAL SUPPORT* PADA KELUARGA YANG MENJALANI *LONG DISTANCE RELATIONSHIP***

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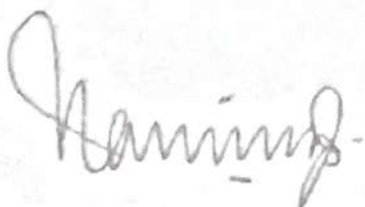
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## INTISARI

Keluarga yang menjalani hubungan jarak jauh berpotensi memiliki ketahanan keluarga (*Family Resilience*) yang baik apabila memiliki komunikasi keluarga (*family communication*) yang baik dan mendapatkan dukungan dari sekitarnya (*social support*). Tujuan penelitian ini adalah untuk menguji dan menganalisis apakah terdapat pengaruh antara komunikasi keluarga terhadap ketahanan keluarga melalui dukungan sosial pada keluarga yang mengalami hubungan jarak jauh karena bekerja. Penelitian ini menggunakan pendekatan kuantitatif dengan analisis mediasi terhadap 261 anggota keluarga di karasidenan Madiun yang berhubungan jarak jauh karena ditinggal bekerja oleh salah satu anggota keluarganya dengan teknik *accidental sampling*. Pengumpulan data menggunakan form kuisioner online dari tiap-tiap instrumen variabel dan analisis data dilakukan dengan analisis mediasi menggunakan PROCESS MACRO. Hasil analisis data menunjukkan bahwa *Family Communication* terhadap *Family Resilience* adalah sebesar  $0,000 < 0,05$  dan nilai koefisien effect sebesar 1,9252, *Social Support* terhadap *Family Resilience* adalah sebesar  $0,000 < 0,05$  dan nilai koefisien effect sebesar 0,3422, *Family Communication* berpengaruh terhadap *Family Resilience* melalui *Social Support* dengan nilai koefisien efek tidak langsung sebesar 0,3832 dan batas rentang atas dan bawah yang tidak melewati angka nol.

**Kata Kunci:** hubungan jarak jauh, dukungan sosial, ketahanan keluarga, komunikasi keluarga

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## ABSTRAK

*Families undergoing long-distance relationships have the potential to develop good family resilience if they maintain effective family communication and receive adequate social support. This study aims to examine and analyze the influence of family communication on family resilience, mediated by social support, among families experiencing long-distance relationships due to work. This study employed a quantitative approach with mediation analysis involving 261 family members in the Madiun Residency who are in long-distance relationships because one member works away from home. Data were collected using online questionnaires for each variable instrument through an accidental sampling technique. The data were then analyzed using mediation analysis with the PROCESS Macro. The results indicated that the effect of Family Communication on Family Resilience was significant ( $0.000 < 0.05$ ) with an effect coefficient of 1.9252. Similarly, the effect of Social Support on Family Resilience was significant ( $0.000 < 0.05$ ) with an effect coefficient of 0.3422. Furthermore, Family Communication significantly influenced Family Resilience through Social Support, yielding an indirect effect coefficient of 0.3832, with the upper and lower bounds of the confidence interval not crossing zero.*

**Keywords:** *long-distance relationship, social support, family resilience, family communication.*

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