

**PENGARUH *SELF-COMPASSION* DAN *FRIEND QUALITY* TERHADAP  
*HOMESICKNESS* SANTRI**

Diajukan Kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk  
Memenuhi Salah Satu Persyaratan dalam Menyelesaikan Program Strata Satu (S1)  
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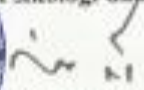
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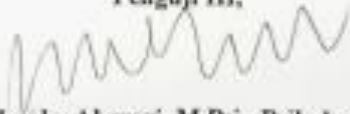
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## INTISARI

Homesickness merupakan salah satu masalah yang sering ditemukan pada santri di pesantren yang berpotensi mengganggu penyesuaian diri di lingkungan baru. Penelitian ini bertujuan untuk menguji peran *self-compassion* dan *friend quality* terhadap *homesickness* pada siswa di lingkungan pesantren. Populasi dalam penelitian ini sebanyak 320 santri yang kemudian menggunakan rumus Slovin dengan taraf kesalahan 5% diperoleh sampel sebanyak 178 santri. Teknik sampling *non-probability sampling* menggunakan *purposive sampling*. Metode yang digunakan dalam penelitian ini yaitu metode kuantitatif korelasional dengan menggunakan teknik analisis data yaitu uji asumsi klasik analisis berganda. Terdapat tiga instrument yang digunakan, yaitu skala *homesickness questionere*, *Self-Compassion Scale*, dan *Friendship Quality Scale*. Hasil dari penelitian ini menunjukkan bahwa *self-compassion* dan *friend quality* secara simultan memberikan pengaruh signifikan terhadap *homesickness* santri. Hasil ini bermanfaat bagi pesantren untuk lebih meningkatkan *self-compassion* yang dimiliki santri dan memperhatikan lingkup pertemanan yang baik di sekitar pesantren.

**Kata Kunci :** *homesickness, self-compassion, friend quality, santri*



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## **ABSTRACT**

*Homesickness is one of the problems often found in Islamic boarding school students which has the potential to interfere with their adjustment to a new environment. This research aims to examine the role of self-compassion and friend quality on homesickness students in the Islamic boarding school environment. The population in this study was 320 students. Then using the Slovin formula with an error rate of 5%, a sample of 178 students was obtained. The non-probability sampling technique uses purposive sampling. The method used in this research is a correlational quantitative method using data analysis techniques, namely the classic multiple analysis assumption test. There are three instruments used, namely the homesickness questionnaire scale, Self-Compassion Scale, and Friendship Quality Scale. The results of this research show that self-compassion and friend quality simultaneously have a significant influence on students' homesickness. These results are useful for Islamic boarding schools to further improve the self-compassion of students and pay attention to the scope of good friendships around the Islamic boarding school.*

**Kata Kunci:** *homesickness, self-compassion, friend quality, students at the Islamic boarding school*



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