

**MONICA LEWINSKY’S POWER DYNAMICS AND SELF-  
RESILIENCE IN THE “*SHAME AND SURVIVAL*” ARTICLE**

**THESIS**



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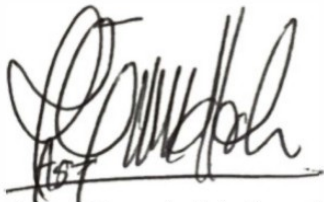
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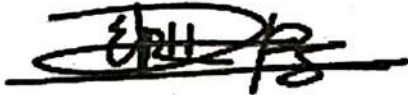
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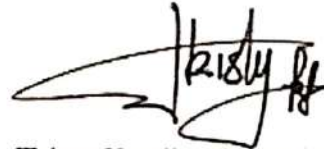
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## ABSTRACT

Puteri, Y. A (2024). *MONICA LEWINSKY'S POWER DYNAMICS AND SELF-RESILIENCE IN THE "SHAME AND SURVIVAL" ARTICLE* English Literature Department, Faculty of Adab and Humanities, UIN Sunan Ampel Surabaya. Advisors: (I) Roudlotul Jannah, M. App. Ling (II) Murni Fidiyanti, M.A.

This research examines the representation of power dynamics and resilience in Monica Lewinsky as depicted in her 2014 Vanity Fair article, "*Shame and Survival*." The primary research question is: How does Monica Lewinsky construct her narrative in the article "Shame and Survival"? This study provides a comprehensive and systematic subject analysis using a qualitative approach.

Data collection involved downloading the article, which was then analysed to identify discourses reflecting Lewinsky's intentions in writing. The analysis categorised instances of discourse that showcased Lewinsky's experiences of power dynamics and resilience. The researcher identified 13 significant data points from "Shame and Survival," illustrating the power structures Lewinsky encountered and her resilience in response to these challenges.

The findings suggest that Lewinsky's article serves as a "bounce back" or reclaiming of her narrative in response to the older narrative that had significantly affected her life. Additionally, the research uncovered recurring themes of shame, resilience, power dynamics, and the impact of media on personal lives. This study confirms that Lewinsky's "Shame and Survival" article reveals complex power structures and her struggle to maintain resilience amidst intense social and media pressure.

**Keywords:** Power Dynamic, Resilience, Monica Lewinsky, Shame, Survival, Media.

## ABSTRAK

Puteri, Y A. 2024. *DINAMIKA KEKUASAAN DAN KETANGGUHAN DIRI MONICA LEWINSKY DALAM ARTIKEL "SHAME AND SURVIVAL"*. Program Studi Sastra Inggris, Fakultas Adab dan Humaniora, UIN Sunan Ampel Surabaya. Pembimbing: (I) Roudlotul Jannah, M. App. Ling (II) Murni Fidiyanti, M.A.

Penelitian ini mengkaji representasi dinamika kekuasaan dan ketahanan pada diri Monica Lewinsky yang digambarkan dalam artikel Vanity Fair tahun 2014 berjudul "Shame and Survival." Pertanyaan penelitian utama adalah: Bagaimana Monica Lewinsky membangun narasinya dalam artikel "Shame and Survival"? Dengan menggunakan pendekatan kualitatif, penelitian ini memberikan analisis yang komprehensif dan sistematis terhadap topik tersebut.

Pengumpulan data dilakukan dengan mengunduh artikel yang kemudian dianalisis untuk mengidentifikasi diskursus yang mencerminkan maksud Lewinsky dalam menulisnya. Analisis ini mengkategorikan diskursus yang menunjukkan pengalaman Lewinsky terkait dinamika kekuasaan dan ketahanannya. Peneliti menemukan 13 poin data penting dari "Shame and Survival," yang menggambarkan struktur kekuasaan yang dihadapi Lewinsky dan ketahanannya dalam merespons tantangan tersebut.

Hasil penelitian menunjukkan bahwa artikel Lewinsky berfungsi sebagai bentuk "bounce back" atau upaya untuk merebut kembali narasinya sebagai respons terhadap narasi lama yang berdampak besar pada hidupnya. Selain itu, penelitian ini menemukan tema-tema berulang seperti rasa malu, ketahanan, dinamika kekuasaan, dan dampak media pada kehidupan pribadi. Studi ini menegaskan bahwa artikel "Shame and Survival" milik Lewinsky mengungkap struktur kekuasaan yang kompleks serta perjuangannya untuk mempertahankan ketahanan di tengah tekanan sosial dan media yang kuat.

**Kata Kunci:** Dinamika Kekuasaan, Ketahanan, Monica Lewinsky, Rasa Malu, Bertahan, Media

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