

**CAUSES OF MARITAL CONFLICTS RELATIONSHIP IN
ALAIN DE BOTTON'S NOVEL *THE COURSE OF LOVE***

THESIS



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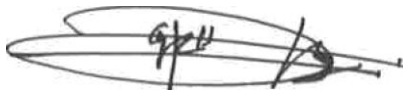
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ABSTRACT

Aziza, N. L. (2024). *Causes of Marital Conflicts Relationship in Alain De Botton's Novel The Course of Love*. English Literature Department, Faculty of Adab and Humanities, UIN Sunan Ampel Surabaya. Advisors: (I) Sufi Ikrima Sa'adah, M.Hum., (II) Itsna Syahadatud Dinurriyah, MA.

The purpose of this study is to find out the types of causes of marital conflicts and analyze how the characters face or resolve the cause of conflicts depicted in the novel *The Course of Love* by Alain de Botton. The novel *The Course of Love* tells the love story of Rabih and Kirsten, a married couple who have been married for 13 years. The novel explores various aspects of marital relationships such as the beginning of falling in love, the challenges faced before and after marriage, and how to keep love and households afloat. The novel elaborates how success in love requires a deep understanding of oneself and one's partner, as well as a readiness to commit and grow together. In this study, the author answers the formulation of the problems in this research, namely (1) How are marital conflicts in Rabih's relationship portrayed in the novel *The Course of Love*? (2) What is the factor that causes conflicts in Rabih's marital relationship portrayed in the novel *The Course of Love*? (3) How does Rabih deal with the causes of marital conflict in the relationship?

This study uses a qualitative descriptive method. This method is used to describe and get a valid picture of marital conflict in relationships that occur in the novel *The Course of Love*. The analysis is related to the causes of marital conflict that occurs in the novel therefore this research uses new criticism since the analysis is about the conflict that occurs in the novel. The data are collected from the narratives and conversations from the novels, that depicted the conflict in Rabih's relationship and how to deal with the conflict. Related to the object of research in the novel by Alain de Botton by marking sentences, in several paragraphs that show marital conflict in the relationship.

The results show that the marital conflict in Rabih's relationship included adultery, emotional strain, financial imbalances, and infidelity. The cause of marital conflict in Rabih's relationship is due to the presence of the following: differences of opinion, avoiding the problem, lies, infidelity, high expectations, and negative thinking. Rabih faced the causes of marital conflict in relationships in the following stages of resolution: consultation with therapists, being more mature for a better future and being more ready for marriage life (reflecting on marriage, the process that happens after marriage).

Keywords: human relationship, literature, novel, relationship.

ABSTRAK

Aziza, N. L. (2024). *Penyebab Konflik dalam Hubungan Pernikahan dalam novel The Course of Love Karya Alain de Botton*. English Literature Department, Fakultas Adab and Humaniora, UIN Sunan Ampel Surabaya. Pembimbing: (I) Sufi Ikrima Sa'adah, M.Hum., (II) Itsna Syahadatud Dinurriyah, MA.

Tujuan dari penelitian ini adalah untuk mengetahui jenis-jenis penyebab konflik pernikahan dan menganalisis bagaimana para tokoh menghadapi atau menyelesaikan penyebab konflik yang digambarkan dalam novel *The Course of Love* karya Alain de Botton. Novel *The Course Of Love* menceritakan kisah cinta Rabih dan Kirsten, pasangan suami istri yang telah menikah selama 13 tahun. Novel ini mengeksplorasi berbagai aspek dalam hubungan pernikahan seperti awal mula jatuh cinta, tantangan yang dihadapi sebelum dan sesudah menikah, serta bagaimana menjaga cinta dan rumah tangga tetap bertahan. Novel ini menguraikan bagaimana kesuksesan dalam cinta membutuhkan pemahaman yang mendalam tentang diri sendiri dan pasangan, serta kesiapan untuk berkomitmen dan bertumbuh bersama. Dalam penelitian ini, penulis menjawab rumusan masalah dalam penelitian ini, yaitu (1) Bagaimana konflik perkawinan dalam hubungan Rabih digambarkan dalam novel *The Course of Love*? (2) Apa faktor yang menyebabkan konflik dalam hubungan pernikahan Rabih yang digambarkan dalam novel *The Course of Love*? (3) Bagaimana cara Rabih menghadapi penyebab konflik pernikahan dalam hubungannya?

Penelitian ini menggunakan metode deskriptif kualitatif. Metode ini digunakan untuk mendeskripsikan dan mendapatkan gambaran yang valid mengenai penyebab konflik pernikahan dalam hubungan yang terjadi dalam novel *The Course of Love*. Analisis yang dilakukan terkait dengan konflik pernikahan yang terjadi dalam novel tersebut sehingga penelitian ini menggunakan kritik baru karena analisis yang dilakukan terkait dengan konflik yang terjadi dalam novel tersebut. Data yang dikumpulkan berupa narasi dan percakapan dari novel, yang menggambarkan konflik dalam hubungan Rabih dan bagaimana menghadapi konflik tersebut. Terkait dengan objek penelitian dalam novel karya Alain de Botton dengan menandai kalimat-kalimat, dalam beberapa paragraf yang menunjukkan konflik pernikahan dalam hubungan tersebut.

Hasil penelitian menunjukkan bahwa konflik perkawinan dalam hubungan Rabih meliputi perzinahan, ketegangan emosional, ketidakseimbangan emosional, ketidakseimbangan keuangan, dan perselingkuhan. Penyebab konflik pernikahan dalam hubungan Rabih disebabkan oleh adanya beberapa hal berikut: perbedaan pendapat, menghindari masalah, kebohongan, perselingkuhan, ekspektasi yang tinggi, dan berpikir negatif. Rabih menghadapi penyebab konflik pernikahan dengan melakukan beberapa tahapan penyelesaian sebagai berikut: konsultasi dengan terapis, menjadi lebih dewasa untuk masa depan yang lebih baik, dan menjadi lebih siap menuju kehidupan pernikahan (melakukan refleksi tentang pernikahan, proses yang terjadi setelah pernikahan).

Kata Kunci: hubungan manusia, novel, sastra, hubungan.

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