

**PENGARUH *PEER INFLUENCE* DAN IMPULSIVITAS TERHADAP
RISK-TAKING BEHAVIOR PEROKOK AKTIF WANITA**

Diajukan Kepada Universitas Islam Negeri Sunan Ampel Surabaya untuk
Memenuhi Salah Satu Persyaratan dalam Menyelesaikan Program Strata Satu (S1)
Psikologi (S.Psi)



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INTISARI

Perokok aktif wanita semakin menunjukkan keberanian untuk merokok, tidak memperdulikan pandangan negatif yang akan diterima mengingat hal tersebut masih dianggap sebagai hal yang negatif bagi masyarakat apabila dilakukan oleh wanita. Hal tersebut menunjukkan kondisi *risk-taking behavior* perokok aktif wanita yang tinggi. *Risk-taking behavior* adalah kesengajaan ataupun ketidaksengajaan individu dalam berperilaku yang menimbulkan adanya kemungkinan kerugian atau kecelakaan. Penelitian ini bertujuan untuk mengetahui pengaruh *peer influence* dan impulsivitas terhadap *risk-taking behavior* perokok aktif wanita. Subjek penelitian ini merupakan perokok aktif wanita di Perguruan Tinggi se-Surabaya, yang melibatkan 349 perokok aktif wanita. Metode dalam penelitian ini adalah metode kuantitatif korelasional dengan menggunakan teknik analisis regresi linier berganda. Terdapat tiga instrumen yang digunakan dalam penelitian ini, yaitu skala *Risk-Taking 18 Questionnaire*, *Resistance to Peer Influence Scale (RPI)*, dan *The Short UPPS-P (SUPPS-P)*. Hasil penelitian menunjukkan bahwa *peer influence* dan impulsivitas masing-masing menunjukkan pengaruh yang signifikan terhadap terbentuknya *risk-taking behavior*. Namun, kekurangan pada penelitian ini adalah sampel yang digunakan terlalu kecil sehingga perlu diperluas agar data yang diperoleh lebih representatif.

Kata Kunci : *risk-taking behavior, peer influence, impulsivitas*

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ABSTRACT

Active female smokers are increasingly showing the courage to smoke, not caring about the negative views they will receive considering that this is still considered a negative thing for society if done by women. This shows that the risk-taking behavior of active female smokers is high. Risk-taking behavior is an individual's intentional or unintentional behavior that creates the possibility of loss or accident. This research aims to determine the influence of peer influence and impulsivity on the risk-taking behavior of female active smokers. The subjects of this research were active female smokers at universities in Surabaya, involving 349 active female smokers. The method in this research is a correlational quantitative method using multiple linear regression analysis techniques. There are three instruments used in this research, namely the Risk-Taking 18 Questionnaire scale, Resistance to Peer Influence Scale (RPI), and The Short UPPS-P (SUPPS-P). The research results show that peer influence and impulsivity each show a significant influence on the formation of risk-taking behavior. However, the weakness of this research is that the sample used was too small so it needed to be expanded so that the data obtained was more representative.

Keywords : risk-taking behavior, peer influence, impulsivity

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