

**CAROLINE'S JOURNEY
IN ACHIEVING HER TRANSCENDENCE
IN SARAH PENNER'S *THE LOST APOTHECARY*
THESIS**



**UIN SUNAN AMPEL
S U R A B A Y A**

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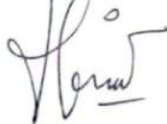
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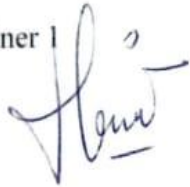
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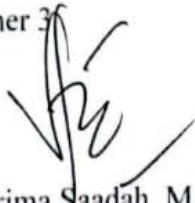
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ABSTRACT

Afandi, P. G. (2025). *Caroline's Journey in Achieving Her Transcendence in Sarah Penner's The Lost Apothecary*. English Literature Department, Faculty of Adab and Humanities, UIN Sunan Ampel Surabaya. Advisors: (I) Itsna Syahadatud Dinurriyah, MA., (II) Dr. Wahyu Kusumajanti, M.Hum.

The main purpose of this study is to examine the characterization of Caroline Parcellwell. It also studied her steps and decisions she took to achieve her transcendence to become an individual with her own identity in the novel *The Lost Apothecary* by Sarah Penner. This study focuses on two topics that direct the discussion, namely: (1) How is Caroline described in *The Lost Apothecary*? (2) How does Caroline decide to achieve her transcendence in *The Lost Apothecary*?

This study uses descriptive qualitative methods to depict situations, phenomena, and events in depth and detail based on qualitative data. This study analyzes the narrative, words, and dialogue describing how Caroline is described and her decisions to achieve her transcendence. The data was collected by reading the novel repeatedly and selecting relevant data to be then analyzed using the theory of new criticism and existentialist feminism to find out the characterization of Caroline and what steps and decisions she takes to achieve her transcendence.

The result of this study shows that Caroline's journey in *The Lost Apothecary* is a process of transformation from a woman who is initially dependent and obedient to the traditional role as a wife and is seen as "the other" who has the characteristics of being passive, submissive, and dependent into a woman who is able to free herself from shackles and unhappiness of her married life and is able to find her desires and identity. Caroline's changes are visible when she finds an old vial, which arouses her curiosity about the origin of the vial, from that, she re-explored her interest in history, then decides to continue her education in a master's program and chooses to divorce from James. All of these give her the courage to step forward and symbolize her liberation and the steps she takes to strengthen her autonomy. With her courage to continue and rebuild her life, this is her achievement of transcendence, which succeeds in overcoming James' view of her, achieving freedom as an independent individual, as well as marking her struggle against patriarchal oppression or domination.

Keywords: injustice, freedom, married life, woman's identity

ABSTRAK

Afandi, P. G. 2025. *Perjalanan Caroline dalam Mencapai Transendensinya dalam The Lost Apothecary Karya Sarah Penner*. Program Studi Sastra Inggris, Fakultas Adab dan Humaniora, UIN Sunan Ampel Surabaya. Pembimbing: (I) Itsna Syahadatud Dinurriyah, MA., (II) Dr. Wahyu Kusumajanti, M.Hum..

Tujuan utama dari penelitian ini adalah untuk mengkaji karakterisasi Caroline Parcewell. Hal ini juga mempelajari Langkah-langkah serta keputusan yang diambilnya untuk mencapai transendensinya menjadi seorang individu dengan identitasnya sendiri dalam novel *The Lost Apothecary* karya Sarah Penner. Penelitian ini berfokus pada dua topik yang mengarahkan pembahasan, yaitu: (1) Bagaimana Caroline dijelaskan dalam *The Lost Apothecary*? (2) Bagaimana Caroline memutuskan untuk mencapai transendensinya dalam *The Lost Apothecary*?

Penelitian ini menggunakan metode kualitatif deskriptif untuk menggambarkan situasi, fenomena, dan peristiwa secara mendalam dan rinci berdasarkan data kualitatif. Studi ini menganalisis narasi, kata-kata, dan dialog yang menggambarkan bagaimana Caroline digambarkan dan keputusannya untuk mencapai transendensinya. Data-data dikumpulkan melalui membaca novel secara berulang kali dan memilih data-data yang relevan untuk kemudian dianalisis dengan menggunakan teori new criticism dan existentialis feminisme untuk mengetahui karakterisasi caroline dan bagaimana langkah dan keputusan yang ia ambil untuk meraih transendensi.

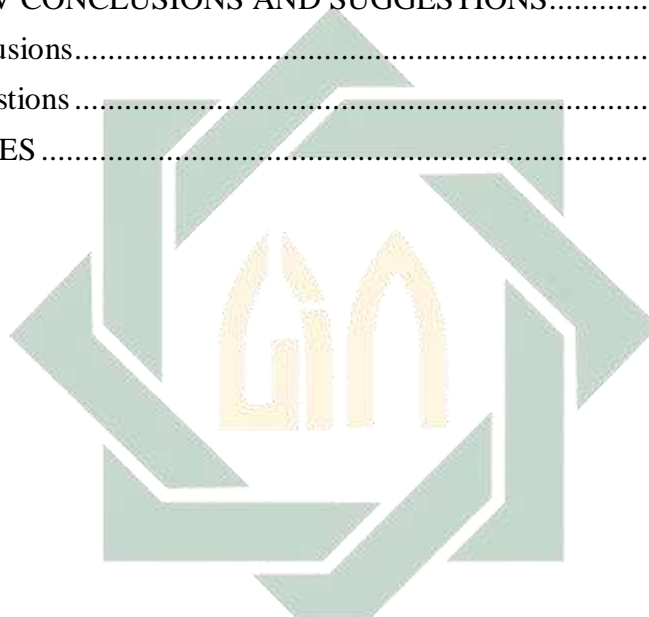
Hasil penelitian ini menunjukkan bahwa perjalanan Caroline dalam *The Lost Apothecary* merupakan sebuah proses transformasi dari seorang perempuan yang awalnya bergantung dan patuh pada peran tradisional sebagai seorang istri dan dipandang sebagai “yang lain” yang memiliki karakteristik pasif, penurut, dan bergantung menjadi seorang perempuan yang mampu melepaskan diri dari belenggu dan ketidakbahagiaan kehidupan pernikahannya serta mampu menemukan keinginan dan jati dirinya. Perubahan yang dialami Caroline terlihat ketika ia menemukan sebuah botol tua, yang menggugah rasa ingin tahunya tentang asal muasal botol tersebut, dari situlah ia kembali menggali minatnya terhadap sejarah, kemudian memutuskan untuk melanjutkan pendidikannya di program magister dan memilih untuk bercerai dari James. Semua itu memberinya keberanian untuk melangkah maju dan melambangkan pembebasannya serta langkah-langkah yang diambilnya untuk memperkuat otonominya. Dengan keberaniannya untuk melanjutkan dan membangun kembali hidupnya, inilah pencapaian transendensinya, yang berhasil mengatasi pandangan James terhadapnya, meraih kebebasan sebagai individu yang mandiri, sekaligus menandai perjuangannya melawan penindasan atau dominasi patriarki.

Kata Kunci: ketidakadilan, kebebasan, kehidupan pernikahan, identitas perempuan

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