PENGARUH *GROWTH MINDSET* DAN *SELF-REGULATED LEARNING* TERHADAP *ACADEMIC BUOYANCY* PADA SANTRI DI *ISLAMIC BOARDING SCHOOL* PUTRI

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INTISARI

Tujuan penelitian ini adalah menguji hubungan *growth mindset* dan *self-regulated learning* dengan *academic buoyancy* pada santri di *islamic boarding school* putri. Penelitian ini menggunakan metode kuantitatif korelasional. Data dikumpulkan dengan menyebarkan angket kepada 112 santri di *islamic boarding school* putri. Data yang telah terkumpul dianalisis dengan teknik analisis regresi berganda. Hasil penelitian menunjukkan *growth mindset* tidak berhubungan dengan *academic buoyancy*, sementara *self-regulated learning* dapat berhubungan langsung dengan *academic buoyancy*, tetapi secara simultan *growth mindset* dan *self-regulated learning* berhubungan dengan *academic buoyancy*. *Growth mindset* memberikan sumbangan pengaruh sebesar 2.9%. Sementara sumbangan pengaruh *self-regulated learning* terhadap *academic buoyancy* santri di *islamic boarding school* putri sebesar 14%.

Kata kunci: *growth mindset, self-regulated learning, academic buoyancy*

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ABSTRACT

This purpose of this study is to examine the relationship between growth mindset and self-regulated learning on academic buoyancy in female students at islamic boarding school. This research is employs a quantitative correlational model. Data was collected by distribusing questionnaires to 112 female students at islamic boarding school. The collected data was analyzed using multiple regression analysis. The results indicate that there was no relation between growth mindset and academic buoyancy, while self-regulated learning can be directly related to academic buoyancy, but simultaneously both growth mindset and self-regulated learning significantly related to academic buoyancy. Growth mindset contributes 2.9% to the variation in academic buoyancy. In contrast, self-regulated learning contributes 14% to the academic buoyancy of female students.

Keywords: Growth Mindset, Self-Regulated Learning, Academic Buoyancy

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