

***POST-TRAUMATIC GROWTH PADA WANITA DEWASA AWAL KORBAN  
INTIMATE PARTNER VIOLENCE (IPV)***

**SKRIPSI**



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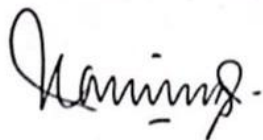
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## ABSTRACT

*Post-traumatic growth is a process of positive change that develops after an individual successfully overcomes a traumatic event that shatters their fundamental outlook on life. In early female victims of Intimate Partner Violence (IPV), the violent experience has the potential to cause various psychological impacts but can also encourage post-traumatic growth. This study aims to explore the process of post-traumatic growth, the supporting factors, and the impacts felt by early adult female victims of Intimate Partner Violence (IPV). This study used a qualitative approach with a phenomenological method. The research informants consisted of three early adult females aged 18-40 who had experienced Intimate Partner Violence (IPV) in the domestic sphere. Data collection was conducted through in-depth interviews with the three victims and their three significant others, which were then analyzed thematically. The results show that the post-traumatic growth process has stages of shattered assumption, rumination, and meaning-making that vary throughout the journey. This process results in post-traumatic growth supported by factors such as social support, spirituality, emotional control, self-motivation, and adaptive coping. Post-traumatic growth impacts the development of dimensions of personal strength, relating to others, new possibilities, appreciation of life, and individual spiritual change.*

**Keywords:** *Post-traumatic growth, early adult women, Intimate Partner Violence (IPV)*

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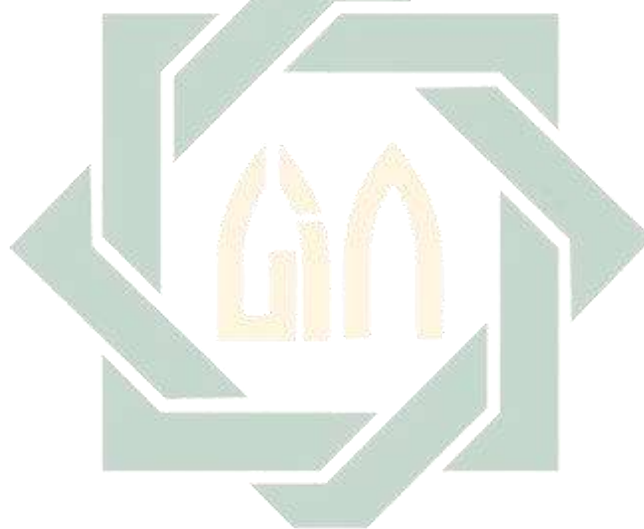
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