

**DEFENSE MECHANISMS OF ŌBA YŌZŌ IN THE NOVEL
“NO LONGER HUMAN” BY OSAMU DAZAI: A
FREUDIAN PSYCHOANALYSIS
THESIS**



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DEFENSE MECHANISMS OF ŌBA YŌZŌ IN THE NOVEL “NO LONGER HUMAN” BY OSAMU DAZAI: A FREUDIAN PSYCHOLINGUISTIC ANALYSIS

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ABSTRACT

Nada, M. (2026). *Defense Mechanisms Of Ōba Yōzō In The Novel “No Longer Human” By Osamu Dazai: A Freudian Psychoanalysis*. English Literature Department, Faculty of Adab and Humanities, UIN Sunan Ampel Surabaya. Advisors: (I) Dr. Endratno Pilih Swasono, M.Pd.

This study analyzes the defense mechanisms of Ōba Yōzō in Osamu Dazai's novel *No Longer Human* through a Freudian psychoanalysis approach. The research aims to identify the types of defense mechanisms experienced by the protagonist, examine how these mechanisms are reflected through linguistic expressions and narrative style, and explain the relationship between psychological conflict.

This study employs a qualitative descriptive research design. The primary data consist of words, phrases, sentences, dialogues, and narrative passages taken from the novel that indicate psychological conflicts and defense mechanisms. The data are collected through a close reading technique by carefully reading the novel multiple times, identifying relevant textual evidence, and categorizing the data systematically. The analysis is based on Sigmund Freud's theory of defense mechanisms and psychoanalyss perspectives as a reflection of cognitive and emotional states.

The findings reveal that Ōba Yōzō experiences several defense mechanisms, including repression, denial, projection, rationalization, regression, reaction formation, sublimation, and displacement. These psychological defenses are reflected through linguistic features such as confessional tone, self-reference patterns, figurative language, negative diction, fragmented narration, and expressions of anxiety and insecurity. The study also shows that Yōzō's language functions as a medium for expressing unconscious conflict, emotional instability,

and social alienation. Through the integration of psychoanalysis, this research demonstrates that literary complex psychological processes and internal struggles experienced by fictional characters.

Keywords: defense mechanisms, Freudian psychoanalysis, Ōba Yōzō, *No Longer Human*, Osamu Dazai.



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ABSTRAK

Nada, M. (2026). Mekanisme Pertahanan Ōba Yōzō Dalam Novel “No Longer Human” Karya Osamu Dazai: Analisis Psikoanalisis Freudian. Jurusan Sastra Inggris, Fakultas Adab dan Humaniora, UIN Sunan Ampel Surabaya. Pembimbing: (I) Dr. Endratno Pili Swasono, M.Pd.

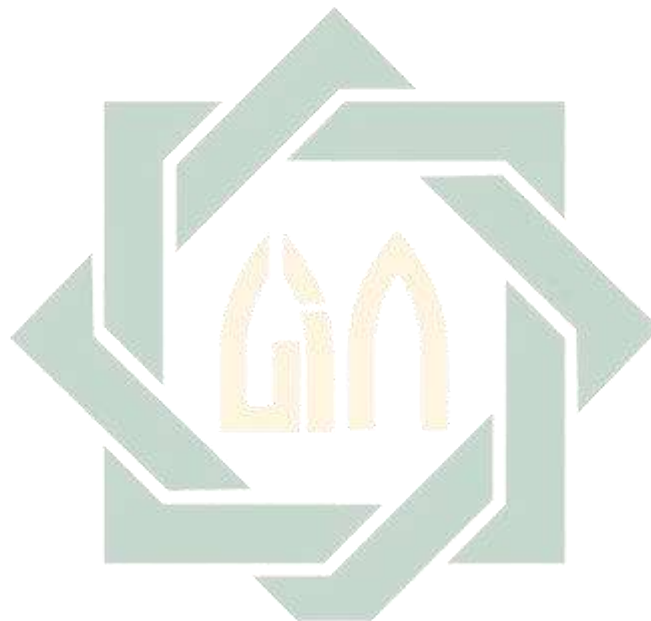
Studi ini menganalisis mekanisme pertahanan Ōba Yōzō dalam novel Osamu Dazai, *No Longer Human*, melalui pendekatan psikolinguistik Freud. Penelitian ini bertujuan untuk mengidentifikasi jenis-jenis mekanisme pertahanan yang dialami oleh tokoh utama, meneliti bagaimana mekanisme ini tercermin melalui ekspresi linguistik dan gaya naratif, serta menjelaskan hubungan antara konflik psikologis dan penggunaan bahasa.

Studi ini menggunakan desain penelitian deskriptif kualitatif. Data primer terdiri dari kata-kata, frasa, kalimat, dialog, dan bagian naratif yang diambil dari novel yang menunjukkan konflik psikologis dan mekanisme pertahanan. Data dikumpulkan melalui teknik membaca cermat dengan membaca novel beberapa kali, mengidentifikasi bukti tekstual yang relevan, dan mengkategorikan data secara sistematis. Analisis didasarkan pada teori mekanisme pertahanan Sigmund Freud dan perspektif psikolinguistik mengenai bahasa sebagai refleksi keadaan kognitif dan emosional.

Temuan penelitian mengungkapkan bahwa Ōba Yōzō mengalami beberapa mekanisme pertahanan, termasuk represi, penyangkalan, proyeksi, rasionalisasi, regresi, pembentukan reaksi, sublimasi, dan perpindahan. Pertahanan psikologis ini tercermin melalui fitur linguistik seperti nada pengakuan, pola rujukan diri, bahasa kiasan, diksi negatif, narasi yang terfragmentasi, dan ekspresi kecemasan dan rasa

tidak aman. Studi ini juga menunjukkan bahwa bahasa Yōzō berfungsi sebagai media untuk mengekspresikan konflik bawah sadar, ketidakstabilan emosional, dan keterasingan sosial. Melalui integrasi psikoanalisis dan psikolinguistik, penelitian ini menunjukkan bahwa bahasa sastra dapat mengungkapkan proses psikologis kompleks dan pergumulan internal yang dialami oleh tokoh fiksi.

Kata kunci: mekanisme pertahanan, psikoanalisis Freud, Ōba Yōzō, No Longer Human, Osamu Dazai



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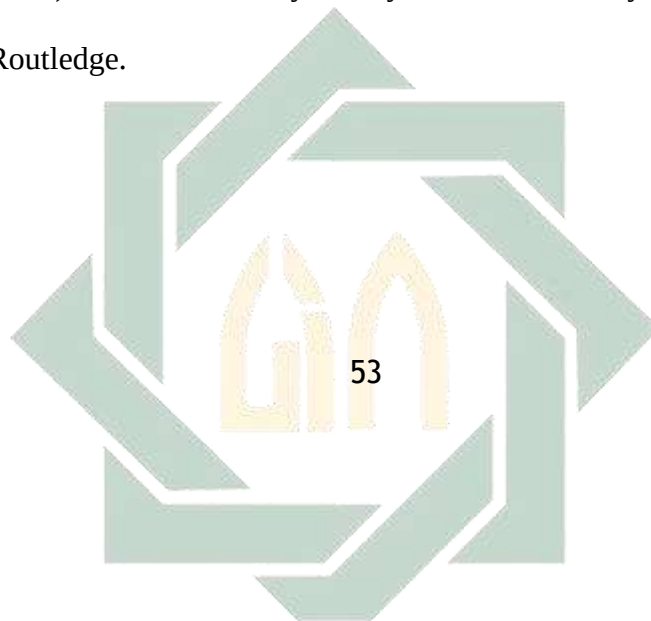
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