

**PENGARUH *GROWTH MINDSET* DAN *GRIT* TERHADAP *CAREER*
DECISION MAKING SELF-EFFICACY SISWA SMA DI SIDOARJO**

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INTISARI

Siswa SMA masih menunjukkan keraguan dalam menentukan pilihan karier yang tercermin dari rendahnya *career decision making self-efficacy*. Penelitian ini bertujuan untuk mengetahui pengaruh *growth mindset* dan *grit* terhadap *career decision making self-efficacy* siswa SMA di Sidoarjo. Penelitian ini menggunakan pendekatan kuantitatif dengan populasi siswa SMA kelas XI dan XII di Kabupaten Sidoarjo. Sampel penelitian berjumlah 397 siswa yang diperoleh menggunakan teknik accidental sampling. Pengumpulan data dilakukan menggunakan *Career Decision Making Self-Efficacy Scale*, *Dweck Mindset Instrument*, dan *Grit-O Scale*. Data dianalisis menggunakan regresi linier berganda. Hasil penelitian menunjukkan bahwa *growth mindset* dan *grit* berpengaruh signifikan terhadap *career decision making self-efficacy*, baik secara parsial maupun simultan. Temuan ini menunjukkan pentingnya penguatan *growth mindset* dan *grit* dalam meningkatkan kesiapan pengambilan keputusan karier siswa.

Kata Kunci : *career decision making self-efficacy*, *growth mindset*, *grit*, siswa SMA

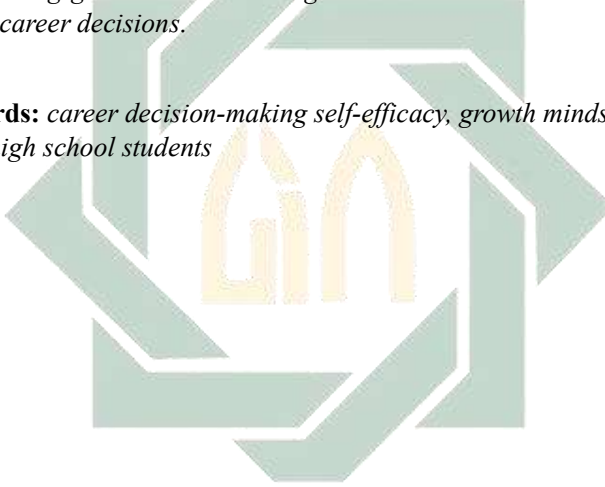


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ABSTRACT

Senior high school students still experience uncertainty in making career choices, which is reflected in low levels of career decision-making self-efficacy. This study aimed to examine the effect of growth mindset and grit on the career decision-making self-efficacy of senior high school students in Sidoarjo. The study employed a quantitative approach with a population consisting of eleventh- and twelfth-grade senior high school students in Sidoarjo Regency. A total of 397 students were selected as research participants using accidental sampling. Data were collected using the Career Decision Making Self-Efficacy Scale, the Dweck Mindset Instrument, and the Grit-O Scale. The data were analyzed using multiple linear regression analysis. The results indicated that growth mindset and grit had a significant effect on career decision-making self-efficacy, both partially and simultaneously. These findings highlight the importance of strengthening growth mindset and grit to enhance students' readiness in making career decisions.

Keywords: *career decision-making self-efficacy, growth mindset, grit, senior high school students*



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