

HALAMAN JUDUL

**KETAHANAN KELUARGA PEKERJA MIGRAN INDONESIA (PMI)
DI MATARAMAN JAWA TIMUR: KONSTRUKSI TEORI
RESILIENSI, RELASI GENDER, DAN *MAQĀṢID AL-USRAH*
DALAM KERANGKA KEBIJAKAN PELINDUNGAN PMI**

DISERTASI

Diajukan untuk Memenuhi sebagian Persyaratan Memperoleh
Gelar Doktor Studi Islam



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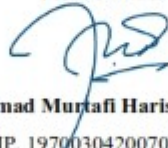
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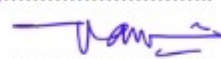
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ABSTRAK

Judul : Ketahanan Keluarga Pekerja Migran Indonesia (PMI) di Mataraman Jawa Timur: Konstruksi Teori Resiliensi, Relasi Gender, dan *Maqāṣid Al-Ushrah* dalam Kerangka Kebijakan Pelindungan PMI
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Kata Kunci : Ketahanan keluarga, pekerja migran Indonesia (PMI); relasi gender; *maqāṣid al-ushrah*

Fenomena Pekerja Migran Indonesia (PMI) di Mataraman Jawa Timur menjadi strategi keluarga untuk mengatasi keterbatasan ekonomi, namun juga memunculkan tantangan terhadap relasi keluarga, peran gender, dan keberlanjutan fungsi rumah tangga, sehingga memerlukan kajian ketahanan keluarga yang tidak hanya berfokus pada aspek ekonomi, tetapi juga dimensi relasional, kultural, dan normatif-hukum. Penelitian ini bertujuan untuk: (1) merekonstruksi model ketahanan rumah tangga PMI di wilayah Mataraman Jawa Timur, (2) menganalisis dinamika relasi gender dalam keluarga PMI sebagai proses adaptasi dan negosiasi peran, serta (3) mengintegrasikan prinsip *maqāṣid al-ushrah* dengan kerangka pelindungan PMI sebagaimana diatur dalam UU No. 18 Tahun 2017.

Penelitian ini menggunakan pendekatan kualitatif dengan metode fenomenologi. Informan dipilih melalui teknik purposive dan snowball sampling, melibatkan 34 keluarga PMI yang menjalani relasi keluarga jarak jauh. Data dikumpulkan melalui wawancara mendalam, observasi partisipatif, dan dokumentasi, kemudian dianalisis secara induktif melalui kategorisasi tematik dan triangulasi. Kerangka teoretik yang digunakan meliputi teori *family resilience* dari Froma Walsh, teori relasi gender Fatima Mernissi dan Nawal El Saadawi, serta konsep *maqāṣid al-ushrah* dari Jamaluddin 'Athiyyah.

Hasil penelitian ini menunjukkan bahwa (1) Ketahanan keluarga Pekerja Migran Indonesia (PMI) di wilayah Mataraman Jawa Timur dibangun melalui keyakinan keluarga, pola organisasi rumah tangga yang fleksibel, serta komunikasi emosional dan instrumental yang intensif dalam merespons tantangan ekonomi, jarak, dan perubahan peran akibat migrasi, serta diperkuat oleh dukungan keluarga besar, jaringan komunitas desa, dan nilai budaya–religius. (2) Relasi gender dalam keluarga PMI bertransformasi ketika perempuan berperan dalam pengambilan keputusan ekonomi dan kepemimpinan domestik, sementara laki-laki berperan dalam pengasuhan dan kerja domestik. Perubahan ini tidak menghapus patriarki, tetapi menjadikannya lebih adaptif melalui pembagian peran simbolik dan praktis yang dinegosiasikan sesuai kebutuhan keluarga dan konteks migrasi. (3) Integrasi prinsip *maqāṣid al-ushrah* dengan norma pelindungan PMI dalam UU No. 18 Tahun 2017 berfungsi sebagai pelindungan eksternal yang menjaga ketenangan batin, kelekatan emosional, dan keharmonisan relasi keluarga lintas jarak, sehingga membentuk model ketahanan keluarga PMI yang bersifat integratif, adaptif–kolaboratif, dan menggabungkan dimensi psikososial, relasi gender, spiritualitas, serta pelindungan hukum.

ملخص البحث

العنوان	: صمود أسر العمال المهاجرين الإندونيسيين (PMI) في ماتارامان، جاوة الشرقية: دراسة تركيبية لنظرية الصمود ، والعلاقات بين الجنسين، ونوايا الأسرة في إطار سياسة حماية العمال المهاجرين الإندونيسيين.
المؤلف	: محمد خيرى رضوان
المروج	: الأستاذ الدكتور الحاج أحمد زهرى، الماجستير : الدكتور أحمد مرتفي حارس، الماجستير.
الكلمات الرئيسية	: صمود الأسرة، العمال المهاجرون الإندونيسيون (PMI)، العلاقة بين الجنسين، مقاصد الأسرة

لقد أصبح ظاهرة العمال المهاجرين الإندونيسيين (PMI) بمنطقة ماتارامان جاوة الشرقية منها بليتار وتولونج أجونج وترينجاليك وبونوروغو استراتيجية اقتصادية للعائلات الريفية منذ زمن بعيد. وتؤكد التحديات بين تعزيز الاقتصاد واستقرار الأسرة على ضرورة إجراء دراسة معمقة حول صمود أسر العمال المهاجرين الإندونيسيين. ويهدف هذه البحث إلى: (1) تحليل وإعادة بناء نموذج صمود أسر العمال المهاجرين في ماتارامان جاوة الشرقية لتقديم منظور جديد، (2) دراسة ديناميكية العلاقة بين الجنسين في العمال المهاجرين لنقد الدراسات السابقة التي تؤكد على العبء المزدوج للمرأة والأزمة في دور الرجل، و(3) دمج مقاصد الأسرة والقانون رقم 18 لعام 2017 ملء الفراغ في الدراسات التي كانت تفصل بين الأبعاد القانونية والنظرية الاجتماعية لشرح صمود أسر العمال المهاجرين الإندونيسيين.

استخدم هذا البحث المنهج الكيفي بطريقة الظاهرية التي اختارها المشاركون من خلال العينات الهادفة والكرات الثلجية، شملت 34 أسرة من العمال المهاجرين الذين تربطهم علاقة بعيدة. جمعت البيانات بطريقة المقابلة العميقة والملاحظة بالمشاركة والتوثيق، ثم حُللت بشكل استقرائي من خلال تصنيف موضوعي وتثليث البيانات. والإطار النظري الذي استخدمه الباحث هو نظرية الصمود

الأسري لفروما والش ونظرية العلاقة بين الجنسين لفاطمة مرنيسي، ومقاصد الأسرة من جمال الدين عطية.

أظهرت نتائج البحث أن (١) تتشكل مرونة أسر العمال المهاجرين الإندونيسيين في منطقة ماتارامان بجاوى الشرقية من خلال المعتقدات الأسرية، وأنماط التنظيم المنزلي المرنة، والتواصل العاطفي والعملي المكثف في مواجهة التحديات الاقتصادية، والمسافة، وتغير الأدوار نتيجة للهجرة، ويتعزز دعم الأسرة الممتدة، وشبكات المجتمع القرية، والقيم الثقافية والدينية. (2) تشهد العلاقات بين الجنسين في أسر العمال المهاجرين تحولاً عندما دورت النساء اتخاذ القرارات الاقتصادية والقيادة المنزلية، بينما دور الرجال في رعاية الأسرة والأعمال المنزلية. لا يقضي هذا التغيير على النظام الأبوي، ولكنه يجعله أكثر تكيفاً من خلال تقسيم الأدوار رمزيا وتطبيقا الذي تفاوضها وفقا من إحتياجات الأسرة وسياق الهجرة. (3) إن دمج مبدأ مقاصد الأسرة مع معايير حماية العمال المهاجرين الإندونيسيين في القانون رقم 18 لسنة 2017 يعمل كحماية خارجية التي تحافظ على السلام الداخلي والترابط العاطفي والوثام في العلاقات الأسرية عبر المسافات، وبالتالي تشكل نموذجاً لمرونة الأسرة في أسر العمال المهاجرين الإندونيسيين يكون تكاملياً وتكيفياً وتعاونياً، ويجمع بين الأبعاد النفسية والاجتماعية والعلاقات بين الجنسين والروحانية والحماية القانونية.

UIN SUNAN AMPEL
S U R A B A Y A

ABSTRACT

Title : The Resilience of Indonesian Migrant Workers (PMI) in Mataraman, East Java: A Comprehensive Analysis of Resilience Theory, Gender Dynamics, and Maqāṣid Al-Usrah in the Context of PMI Protection Policy
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Keywords : Family resilience, Indonesian migrant workers (PMI), gender relations, *maqāṣid al-usrah*,

The phenomenon of Indonesian Migrant Workers (*Pekerja Migran Indonesia* or PMI) in the Mataraman region of East Java serves as a family strategy to overcome economic constraints. However, it also presents challenges to family relations, gender roles, and the sustainability of household functions. Consequently, this necessitates a study on family resilience that focuses not only on economic aspects but also on relational, cultural, and normative-legal dimensions. This study aims to: (1) analyze and reconstruct the resilience models of PMI families in Mataraman East Java to offer a new perspective; (2) analyze the dynamics of gender relations within PMI families as a process of role adaptation and negotiation; and (3) integrate the principles of *maqāṣid al-usrah* with the PMI protection framework as regulated in Law No. 18 of 2017.

This research employs a qualitative approach with a phenomenological method. Informants were selected through purposive and snowball sampling techniques, involving 34 PMI families experiencing long-distance family relationships. Data were collected through in-depth interviews, participatory observation, and documentation, and analyzed inductively through thematic categorization and triangulation. The theoretical framework draws on Froma Walsh's family resilience theory, gender relations theories by Fatima Mernissi and Nawal El Saadawi, and the concept of *maqāṣid al-usrah* proposed by Jamaluddin 'Athiyyah.

The finding of this indicate that: (1) The resilience of Indonesian Migrant Worker (PMI) families in the Mataraman area of East Java is built through family beliefs, flexible household organization patterns, and intensive emotional and instrumental communication in responding to economic challenges, distance, and changing roles due to migration, and strengthened by extended family support, village community networks, and cultural-religious values. (2) Gender relations in migrant workers are transformed when women take on economic decision-making roles and domestic leadership, while men are involved in domestic parenting and work. These changes do not remove patriarchy, but make them more adaptive through the division of symbolic and practical roles that are negotiated according to the needs of the family and the context of migration. (3) The integration of the principle of *maqāṣid al-usrah* with the norms of PMI protection in Law No. 18 of 2017 functions as an external protection that maintains inner peace, emotional attachment, and harmony of family relations across distances, thus forming a model of PMI family resilience that is integrative, adaptive-collaborative, and combines psychosocial dimensions, gender relations, spirituality, and legal protection.

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