

**VANESSA'S CLAIRVOYANT ABILITY AND COPING
STRATEGIES IN ROSELLE LIM'S *VANESSA YU'S*
MAGICAL PARIS TEA SHOP
THESIS**



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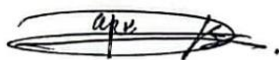
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ABSTRACT

Haliza, I. N. (2026). *Vanessa Clairvoyant Ability and Coping strategies in Roselle Lim's Vanessa Yu's Magical Paris Tea Shop* English Literature Department, Faculty of Adab and Humanities, UIN Sunan Ampel Surabaya. Advisors: (I) Ramadhina Ulfa Nuristama, M.A., (II) Sufi Ikrima Saadah, M.Hum.

This study aims to analyze the representation of Vanessa Yu's clairvoyant ability and the Coping strategies she develops in response to the psychological burden associated with that ability in Roselle Lim's *Vanessa Yu's Magical Paris Tea Shop*. Vanessa Yu is portrayed as a young Chinese American woman who possesses an inherited clairvoyant gift that enables her to foresee future events through tea. Although this supernatural ability is accepted as a natural part of reality within her family and community, Vanessa perceives it as a source of emotional distress because her visions frequently reveal tragic events, loss, and suffering. Based on this background, this study addresses two research questions: (1) how Vanessa Yu's clairvoyant ability is represented in the novel, and (2) how Vanessa Yu copes with the psychological burden caused by her clairvoyant ability.

This study employs a descriptive qualitative method. The primary data source is Roselle Lim's *Vanessa Yu's Magical Paris Tea Shop*, while secondary data are obtained from books, journal articles, previous studies, and other scholarly sources related to magical realism, psychoanalysis, coping strategies, and literary criticism. The data consist of words, phrases, sentences, dialogues, narrative descriptions, internal monologues, and character actions relevant to the representation of Vanessa's clairvoyance and her coping strategies. The collected data are analyzed using W. B. Faris's theory of magical realism and Sigmund Freud's psychoanalytic theory.

The findings reveal that Vanessa's clairvoyant ability is represented as an inherited gift, a supernatural phenomenon, an ability integrated into everyday life, and a source of psychological burden. Through the framework of magical realism, clairvoyance is portrayed as a natural element that coexists with ordinary reality and is accepted without rational explanation. The study also finds that Vanessa employs three dominant coping strategies to cope with the psychological pressure caused by her ability: denial, avoidance, and rationalization. These mechanisms function as psychological strategies that help her manage anxiety, insecurity, emotional instability, and emotional distress resulting from her visions of the future. Overall, the study demonstrates that supernatural abilities represented through magical realism can generate significant psychological conflict and influence the coping strategies developed by literary characters.

Keywords: magical realism, coping strategies, psychoanalysis, clairvoyance, Vanessa Yu.

ABSTRAK

Haliza, I. N. 2026. *Representasi Kemampuan Clairvoyance Vanessa Yu dan strategi koping Diri dalam Novel Vanessa Yu's Magical Paris Tea Shop Karya Roselle Lim*. Program Studi Sastra Inggris, Fakultas Adab dan Humaniora, UIN Sunan Ampel Surabaya. Pembimbing: (I) Ramadhina Ulfa Nuristama, M.A., (II) Sufi Ikrima Saadah, M.Hum.

Penelitian ini bertujuan untuk menganalisis representasi kemampuan clairvoyance yang dimiliki Vanessa Yu serta strategi koping yang dikembangkan sebagai respons terhadap beban psikologis yang ditimbulkan oleh kemampuan tersebut dalam novel *Vanessa Yu's Magical Paris Tea Shop* karya Roselle Lim. Vanessa Yu digambarkan sebagai seorang perempuan muda keturunan Tionghoa-Amerika yang memiliki kemampuan clairvoyance warisan keluarga yang memungkinkannya melihat peristiwa-peristiwa di masa depan melalui teh. Meskipun kemampuan supernatural tersebut diterima sebagai bagian yang wajar dalam kehidupan keluarga dan komunitasnya, Vanessa memandangnya sebagai sumber tekanan emosional karena penglihatannya sering kali menampilkan peristiwa tragis, kehilangan, dan penderitaan. Berdasarkan latar belakang tersebut, penelitian ini berfokus pada dua rumusan masalah, yaitu: (1) bagaimana kemampuan clairvoyance Vanessa Yu direpresentasikan dalam novel, dan (2) bagaimana Vanessa Yu menghadapi beban psikologis yang disebabkan oleh kemampuan clairvoyance tersebut.

Penelitian ini menggunakan metode deskriptif kualitatif. Sumber data primer penelitian adalah novel *Vanessa Yu's Magical Paris Tea Shop*, sedangkan data sekunder diperoleh dari buku, artikel jurnal, penelitian terdahulu, dan berbagai sumber ilmiah lainnya yang berkaitan dengan realisme magis, psikoanalisis, strategi koping, dan kritik sastra. Data penelitian berupa kata, frasa, kalimat, dialog, deskripsi naratif, monolog internal, serta tindakan tokoh yang berkaitan dengan representasi kemampuan clairvoyance Vanessa dan strategi koping yang digunakannya. Data yang terkumpul dianalisis menggunakan teori realisme magis W. B. Faris dan teori psikoanalisis Sigmund Freud.

Hasil penelitian menunjukkan bahwa kemampuan clairvoyance Vanessa direpresentasikan sebagai kemampuan yang diwariskan, fenomena supernatural, kemampuan yang terintegrasi dalam kehidupan sehari-hari, serta sumber beban psikologis. Melalui kerangka realisme magis, kemampuan tersebut digambarkan sebagai unsur yang menyatu dengan realitas sehari-hari dan diterima tanpa memerlukan penjelasan rasional. Penelitian ini juga menemukan bahwa Vanessa menggunakan tiga mekanisme koping yang dominan, yaitu penyangkalan (denial), penghindaran (avoidance), dan rasionalisasi (rationalization), untuk menghadapi tekanan psikologis yang ditimbulkan oleh kemampuannya. Mekanisme-mekanisme tersebut berfungsi sebagai strategi psikologis yang membantunya mengelola kecemasan, rasa tidak aman, ketidakstabilan emosional, dan tekanan emosional yang muncul akibat penglihatannya terhadap masa depan. Secara keseluruhan, penelitian ini menunjukkan bahwa kemampuan supernatural yang direpresentasikan melalui realisme magis dapat memunculkan konflik psikologis

yang signifikan dan memengaruhi strategi koping yang dikembangkan oleh tokoh sastra.

Kata Kunci: realisme magis, strategi koping, psikoanalisis, kemampuan clairvoyance, Vanessa Yu.



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